The College of Health and Human Services was formed in 1994 in order to provide quality education for professional practice in a variety of areas associated with health and human services. The college aspires to the highest standards of educational excellence, blending a professional perspective with a liberal arts and science foundation.

Within the College of Health and Human Services are the School of Nursing, the School of Hospitality, Sport and Tourism Management, the Department of Human Services, the Department of Kinesiology and Health Promotion, and the Department of Athletic Training Education Program.

The college is committed to meeting the challenges of the next decade; hence, it emphasizes quality teaching and values scholarly activity. The college is committed to the development of its students into knowledgeable, caring, responsive and self-directed individuals able to meet the health and human caring needs of a diverse and complex society through change, advocacy and leadership within their communities.

As part of ongoing planning and evaluation, the College of Health and Human Services regularly evaluates student learning outcomes for each degree program.

Athletic Training Education Program

The mission of the undergraduate Athletic Training Education Program (ATEP) at Troy University is to provide quality didactic and clinical experiences to entry-level athletic training students through the development and utilization of interactive instructional methods and exposure to a variety of clinical education experiences and allied health professionals.

In 1989, funding for the preliminary development of an ATEP at Troy University was obtained through Alabama Sports Medicine and in-kind gifts. The Athletic Training Education Program leads to a Bachelor of Science degree within the College of Health and Human Services. The Athletic Training Education Program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE), 2201 Double Creek Drive, Suite 5006, Round Rock, TX 78664. www.caate.net.

Bachelor of Science in Athletic Training Education

The Bachelor of Science in Athletic Training Education consists of two components: (1) pre-athletic training education courses and (2) Athletic Training Education Program courses (first, second and third year). All students must complete the courses for pre-athletic training education and the Athletic Training Education Program as described in the University catalog. The pre-athletic training education courses must be completed and approved by the ATEP director before a student is eligible for admission to the Athletic Training Education Program. All students must make formal application to the Athletic Training Education Program and meet all admission requirements. Completion of pre-athletic training education courses does not guarantee admission into the Athletic Training Education Program. Consult with the program director of Athletic Training Education Program.

School of Hospitality, Sport and Tourism Management

The mission of the School of Hospitality, Sport, and Tourism Management is to prepare students to become future leaders and scholars in hospitality, sport and tourism management by providing exemplary integrative and experiential academic preparation in a collaborative environment, to conduct seminal research that impacts the hospitality, sport, and tourism industries on a local, national, and global level, and to provide professional and community service.

The total experience within the School of Hospitality, Sport and Tourism Management facilitates students to have an exceptional fundamental education, engagement in service learning experiences, exposure to working professionals, and career preparation through internships. As a result, students are provided a competitive advantage in a job market that is projected to double in the next decade.

The School of Hospitality, Sport and Tourism Management prepares students for a variety of positions in the hospitality, sport and tourism industries. The goal of the faculty and School is to create an integrated academic learning environment for analyzing and resolving the challenges in the deliverance and business of hospitality, sport and tourism. The faculty and staff are committed to providing support for student achievement. Students can enter the hospitality, sport and tourism industries with exceptional knowledge, professional preparation, and the confidence to assume leadership positions.

The School of Hospitality, Sport and Tourism Management offers three undergraduate concentrations: (1) Hospitality Management, (2) Sport Management, and (3) Tourism Management. The focus of the undergraduate program is to provide a comprehensive educational experience and to train students for entry into the sport management, leisure services, and/or tourism and hospitality occupations at the professional level.

The Hospitality Management concentration prepares students for careers in hotels, restaurants, resorts, conference centers, casinos, retail businesses, and other entertainment related businesses.

The Sport Management concentration prepares students for careers in interscholastic, intercollegiate, professional, and recreational sports, program directors (recreational and/or fitness), marketing and promotions directors, event managers, facilities directors, corporate sales directors, directors of ticketing and financing, compliance directors, sport retail managers and sales representatives, athletic directors, and other sport related business organizations.

The Tourism Management concentration prepares students for careers in convention and visitors bureaus, chamber of commerce, meeting planners, event coordinators, outfitters, recreation facilities/activities, resorts, tourism associations, destination marketing organizations, conference centers, national and state parks, theme parks, historic sites, sport events, festival/event organizers, and other tourism related businesses.

Department of Human Services and Rehabilitation/Department of Social Work

Case Management Minor
A minor in Case Management is offered to students who desire a basic understanding of the process and foundational skill sets necessary to provide case management services in a variety of settings.

Human Services Major
The purpose of the human services major is twofold: (1) to prepare the graduate for entry level positions in a myriad of human services delivery systems where specialized training is not required, and (2) to prepare students for graduate education. The
The Physical Education (P-Human Services Minor

A minor in human services is offered to students who desire basic understanding of the human services delivery system.

Rehabilitation Major

The baccalaureate rehabilitation major is listed on the Registry of Undergraduate Programs by the Council on Rehabilitation Education. The purpose of the undergraduate rehabilitation major is twofold: (1) to prepare graduates for entry level professional rehabilitation positions both in the public and private sectors, and (2) to prepare students for graduate education in general and, in particular, graduate education in rehabilitation. The curriculum is built upon a strong liberal arts base designed to provide the student with an understanding of human behavior within the context of the social environment; an understanding of social service resources and social policy planning and analysis particularly as related to client systems served by rehabilitation professionals; understanding of skills needed to become a consumer of practice research and an ability to evaluate one’s own practice effectiveness; an understanding of rehabilitation theory and issues; skills in the assessment of disability; basic skills in effective communication with client systems; skills in the use of vocational information systems; the development of intervention strategies in human problems; and the development of skills to support action programs for disabled client populations. A 12-credit-hour field practicum is required (minimum of 500 clock hours).

Social Work Major

The social work program is accredited by the Council on Social Work Accreditation and program graduates are eligible to sit for social work licensure examination. Social work licensure is required in the state of Alabama for those in the practice of social work. The principle educational objective of the social work program is the preparation of graduates for beginning level generalist social work practice. The curriculum is designed to provide the beginning-level practitioner an ability to apply an eclectic knowledge base guided by professional values; to use a wide range of intervention skills to target any-sized client system (micro to macro); to use an ability to resolve interpersonal and social problems; and an ability to evaluate one’s own practice effectiveness; an ability to apply an eclectic intervention skills to target any client system; and to assume the role of generalist social worker effectively, under supervision, within social service delivery organizational structures while employing a wide range professional roles. A 12-credit-hour field practicum is required (minimum of 500 clock hours).

Department of Kinesiology and Health Promotion

One of the oldest departments on campus, Kinesiology and Health Promotion consists of two undergraduate degree options (teaching and non-teaching) and boasts more than 250 majors in the department. The department offers scientifically based programs for students who want to work with people, enjoy activity, and gain satisfaction in enhancing the quality of life of others. The curricular emphasis is on the professional preparation of students for careers in teaching, athletic administration, recreation management, fitness, health and sport club management. High schools and colleges, professional and recreational sports agencies and arenas, hospitals, rehabilitation centers, city parks and recreation, state and national parks, commercial agencies, health clubs and fitness centers are among the many organizations where our students find employment after graduation.

The Physical Education (P-12) course of study focuses on the study of human movement as it relates to the cognitive, affective, and psychomotor domain of teaching and learning, as well as the facets related to health and physical education.

School of Nursing

The School of Nursing programs are designed to develop expertise necessary for the practice of nursing in a complex, changing health care system. Faculty are well qualified, and the ASN, BSN, and MSN programs are accredited by the National League for Nursing Accrediting Commission (3343 Peachtree Rd. NE, Suite 550, Atlanta, Ga. 30326, 404-975-5000) and approved by the Alabama Board of Nursing. Degree programs are offered at the associate (ASN), baccalaureate (BSN), master’s (MSN) and doctoral (DNP) levels. Mobility options are available for registered nurses seeking to earn a bachelor’s, master’s or doctoral degree(s) in nursing. For more information, visit the School of Nursing website at www.troy.edu.

Students are accepted for admission to the ASN (Montgomery Campus) and BSN (Troy Campus) programs in the spring and fall semesters. The ASN degree may be completed in five semesters. The BSN degree may be completed in four years. Registered nurses may receive advanced placement in the online RN-BSN/MSN track of the BSN Program. For information related to progression from RN-BSN/MSN track to the Clinical Nurse Specialist, Family Nurse Practitioner, or Nursing Informatics Specialist tracks in the MSN Program or the DNP program, consult the Graduate Catalog. Admission to the School of Nursing is selective, based on established criteria for each program.

All students must maintain current CPR certification, professional liability insurance and proof of annual physical examination when enrolled in clinical nursing classes. Professional liability insurance must be purchased through the School of Nursing. Students are responsible for their own medical care if needed in the clinical setting and must have health insurance. Students must abide by Centers for Disease Control, HIPAA, and OSHA guidelines. Students must present titers reports for Hepatitis B, measles, mumps, rubella, and varicella zoster. Drug screening and criminal background information are required before students may attend clinical course practicums. Standardized achievement tests are required at various points in the undergraduate programs of learning.

Students in the School of Nursing must comply with legal, moral and legislative standards in accordance with the Alabama Board of Nursing Administrative Code. A student may be denied permission to write the licensing examination to become a registered nurse (RN) if he/she has been convicted of a felony.

Challenge examinations are available for various courses for students who meet the eligibility criteria. No nursing course may be audited before it is taken for credit.

Many nursing courses have additional laboratory fees. These fees are printed in the schedule of classes.

Admission is competitive. All students who meet minimum requirements may not be admitted.

ATHLETIC TRAINING EDUCATION PROGRAM

Specialized General Studies Requirements

This degree has special general studies requirements. Students should see the ATEP program advisor along with this catalog.

Requirements for admission to the Athletic Training Education Program:

1. Students must possess an overall 3.0 GPA as well as a 3.0 GPA in all athletic training core courses to be considered for admission.

2. All student applicants applying for the Athletic Training Education Program must have completed AT 1101, BIO 1100 and L100, MTH 1112, CHM 1142 and L142, and ENG 1101 and 1102 with a GPA of 3.0 or better.

3. The Athletic Training Education Program (ATEP) accepts completed applications for program admission twice a year. The due dates are April 1 and July 1 of each academic year. Applicants applying by the April 1 deadline will receive priority and the July 1 applicants...
will receive consideration only if there are slots available after the April 1 program admission process is complete. Admission to the ATEP is selective and completed applications do not guarantee admission into the ATEP. Enrollment is limited due to the availability of resources.

4. All students must be interviewed by the Athletic Training Education Board of Admissions as a component of the application process. Student applicants must also submit three letters of recommendation and have documented a minimum of 40 observation hours under a certified athletic trainer prior to being considered for admission into the ATEP.

5. All transfer student applicants must complete the equivalent of BIO 1100 and L100, MTH 1112, CHM 1142 and L142, ENG 1101 and ENG 1102 with a minimum GPA of 3.0 prior to admission into the ATEP. AT 1101 must also be completed under the same criteria; however, it must be taken at Troy University. Transfer students must go through the same application process as Troy University students.

6. Each student accepted into the ATEP must submit a signed agreement stating that he/she accepts the invitation and responsibility connected with the ATEP.

Progression in the Athletic Training Education Program:
1. Students who are accepted into the ATEP begin course progression in the fall semester of the acceptance year.
2. All students must maintain current CPR for the Professional Rescuer, First Aid, and AED certifications. Professional liability insurance must be purchased annually through the Department of Athletic Training. Proof of physical examination Hepatitis B vaccine, TB skin test, and current tetanus immunization must be on file when enrolled in the ATEP. Students are responsible for their own medical care if needed in the clinical education setting.
3. Achievement tests are required at various points in the student’s educational experience.
4. Because of the costs of the Athletic Training Education Program, students are responsible for essential items of personal equipment, uniforms, Hepatitis B Vaccine Series, liability insurance cost, and travel.
5. Students must maintain an overall 3.0 GPA as well as a 3.0 GPA in all athletic training core courses.
6. Students must earn a C or better in all athletic training core courses. If a student earns a D or F in any ATEP courses, he/she must repeat that course.

Academic Probation Policy
Once a student’s GPA has fallen below a 3.0, in either the ATEP core courses or overall, the ATEP director will place the student on academic probation. The student will have one academic semester to raise the GPA to the program criteria. If the student does not meet this standard, he/she will no longer be able to progress in the ATEP and will be released from the program.

Athletic Training Education Program Technical Standards for Admissions
The Athletic Training Educational Program at Troy University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Educational Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills and competencies of an entry-level athletic trainer, as well as meet the expectations of the program’s accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the Athletic Training Educational Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the program’s technical standards does not guarantee a student’s eligibility for the BOC certification exam.

Candidates for selection to the Athletic Training Educational Program must demonstrate the following:
1. The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function and coordination to perform appropriate physical examinations using accepted techniques, and to accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds. This includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak English at a level consistent with competent professional practice.
4. The ability to record the physical examination results and a treatment plan clearly and accurately.
5. The capacity to maintain composure and continue to function well during periods of high stress.
6. The perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
8. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the athletic training education program will be required to verify that they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

The Troy University Department of Athletic Training will evaluate a student who states that he/she could meet the program’s technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws.

If a student states that he/she can meet the technical standards with accommodation, then the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation. This determination includes a review of whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety or the educational process of the student or the institution, including all coursework, clinical experiences and internships deemed essential to graduation.

Course Requirements
The course work involves a six-semester sequence beginning with the fall semester of admission into the program. This sequence is developed as a progression designed to incorporate all domains and objectives outlined in the competencies in athletic training education, culminating in AT 4402, which is taken in the sixth semester of program enrollment.

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>AT 1101</td>
<td>(1)</td>
<td>Orientation to Athletic Training Education</td>
</tr>
<tr>
<td>AT 2201</td>
<td>(1)</td>
<td>Clinical Experiences in Athletic Training I</td>
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</table>
**Students w/Human Service Major:**

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>PSY 2205</td>
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<tr>
<td>PHI 2204</td>
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<td>3</td>
</tr>
<tr>
<td>HS 3376</td>
<td>3</td>
</tr>
<tr>
<td>KHP L474</td>
<td>3</td>
</tr>
<tr>
<td>KHP 4474</td>
<td>2</td>
</tr>
<tr>
<td>KHP 2240</td>
<td>3</td>
</tr>
<tr>
<td>CHM L142</td>
<td>3</td>
</tr>
<tr>
<td>CHM 1142</td>
<td>3</td>
</tr>
<tr>
<td>KHP 2202</td>
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<td>BIO 3348</td>
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<td>BIO L434</td>
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<td>BIO L474</td>
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<td>BIO L347</td>
<td>3</td>
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<tr>
<td>BIO L348</td>
<td>3</td>
</tr>
<tr>
<td>HIS 1122</td>
<td>3</td>
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</tbody>
</table>

**Students must take 1 (3 hr) elective (HS/RHB/SWK) or 3000/4000 level course with approval**

**Students w/o Human Service Major:**

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>HS 2230</td>
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</tr>
<tr>
<td>HS 2240</td>
<td>3</td>
</tr>
<tr>
<td>HS 2260</td>
<td>3</td>
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<tr>
<td>HS 3375</td>
<td>3</td>
</tr>
<tr>
<td>HS 3370</td>
<td>3</td>
</tr>
<tr>
<td>SWK 3302</td>
<td>3</td>
</tr>
</tbody>
</table>

**EXERCISE SCIENCE PROGRAM (124 HOURS)**

This degree has specialized general studies requirements (see areas III-V). Students should consult with an Exercise Science Program adviser along with this catalog. Students enrolled in the Exercise Science Program should select an area of concentration from the following: Wellness and Fitness, Nutrition, or Pre-Health Professions. Students considering applying to a graduate health professions school (e.g. PT, OT, PA) assume responsibility for determining appropriate prerequisite courses required for admission.

Students must achieve a C or better in all courses contained in Area III, Area V, program core, and concentrations. If a student earns a D or F in any of these courses the course must be repeated.

All Exercise Science Program students must present proof of professional liability insurance in order to enroll in KHP 4498 Internship in Exercise Science. Professional liability insurance may be purchased through the College of Health and Human Services, and must be maintained in force through completion of the internship.

**Area III (11 hours)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>BIO 1100</td>
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<tr>
<td>BIO L100</td>
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<tr>
<td>CHM L142</td>
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</tr>
<tr>
<td>KHP 1112</td>
<td>3</td>
</tr>
<tr>
<td>CHM L142</td>
<td>3</td>
</tr>
<tr>
<td>CHM L142</td>
<td>1</td>
</tr>
</tbody>
</table>

†Students considering applying to a graduate health professions school (e.g. PT, OT, PA) should take MTH 1114 Pre-Calculus Trigonometry

**Area IV (12 hours)**

†For students with a concentration in Wellness/Fitness or Nutrition select nine (9) hours:

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANT 2200</td>
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</tr>
<tr>
<td>ECO 2251</td>
<td>3</td>
</tr>
<tr>
<td>ECO 2252</td>
<td>3</td>
</tr>
<tr>
<td>GEO 2210</td>
<td>3</td>
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<tr>
<td>HIS 1101</td>
<td>3</td>
</tr>
<tr>
<td>HIS 1102</td>
<td>3</td>
</tr>
<tr>
<td>HIS 1111</td>
<td>3</td>
</tr>
<tr>
<td>HIS 1112</td>
<td>3</td>
</tr>
<tr>
<td>HIS 1122</td>
<td>3</td>
</tr>
</tbody>
</table>

**CASE MANAGEMENT MINOR (18 HOURS)**

**Students w/Human Service Major:**

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>HS 2260</td>
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</tr>
<tr>
<td>SWK 3302</td>
<td>3</td>
</tr>
<tr>
<td>SWK 3303</td>
<td>3</td>
</tr>
<tr>
<td>SWK 3304</td>
<td>3</td>
</tr>
<tr>
<td>RHB 3385</td>
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</tbody>
</table>

Students must take 1 (3 hr) elective (HS/RHB/SWK) or 3000/4000 level course with approval

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Services</td>
<td>3</td>
</tr>
<tr>
<td>Crisis Intervention</td>
<td>3</td>
</tr>
<tr>
<td>SW in Health Care</td>
<td>3</td>
</tr>
<tr>
<td>Rehabilitation of</td>
<td>3</td>
</tr>
<tr>
<td>Persons with</td>
<td>3</td>
</tr>
<tr>
<td>Severe Disabilities</td>
<td>3</td>
</tr>
</tbody>
</table>
*HIS 1123 (3) World History from 1500
*POL 2260 (3) World Politics
POL 2241 (3) American Nat'l Govt., or placement in
POL 2240 Honors American Nat'l Gov.
PSY 2200 (3) General Psychology
PSY 2210 (3) Developmental Psychology
SOC 2275 (3) Introduction to Sociology

For students with a concentration in Pre-Health Professions take
the following nine (9) hours:
PSY 2200 (3) General Psychology
PSY 2210 (3) Developmental Psychology
SOC 2275 (3) Introduction to Sociology

†Students applying to a graduate health professions school
(e.g. PT, OT, PA) may also need to take ANT 2200 Anthropology

Area V (22 hours)
BIO 2220 (3) Cell Biology
BIO L220 (1) Cell Biology Lab
IS 2241 (3) Computer Concepts and Applications
KHP 1142 (1) Beginning Weight Training
KHP 2202 (2) First Aid, Safety, and CPR
KHP 2211 (3) Human Nutrition
KHP 2242 (1) Intermediate Weight Training
TROY 1101 (1) University Orientation

For students with a concentration in Wellness and Fitness take the
following seven (7) hours:
BIO 1101 (3) Organismal Biology
BIO L101 (1) Organismal Biology Lab
KHP 3391 (3) Testing and Statistical Interpretation

For Students with a concentration in Nutrition take the following
seven (7) hours:
CHM 1143 (3) General Chemistry II
CHM L143 (1) General Chemistry Lab II
KHP 3360 (3) Physiological Principles of Body Systems

For students with a concentration in Pre-Health Professions take
the following seven (7) hours:
NSG 1105 (1) Medical Terminology
MTH 2210 (3) Applied Statistics

Select one (1) of the following:
PSY 3304 (3) Abnormal Psychology
PSY 4421 (3) Physiological Psychology

Program Core Requirements (40 hours)
BIO 3347 (3) Human Anatomy and Physiology I
BIO L347 (1) Human Anatomy and Physiology Lab I
BIO 3348 (3) Human Anatomy and Physiology II
BIO L348 (1) Human Anatomy and Physiology Lab II
KHP 3352 (3) Kinesiology and Efficiency of Human Movement

KHP 4459 (3) Sport and Exercise Nutrition
KHP 4474 (3) Exercise Physiology
KHP L474 (1) Exercise Physiology Lab
KHP 4475 (3) Exercise Testing and Prescription
KHP 4476 (2) Laboratory Practicum in Exercise Performance
KHP 4488 (3) Issues and Practice in Cardiac Rehabilitation
KHP 4495 (3) Advanced Exercise Physiology
KHP 4496 (3) Biomechanics
KHP L496 (1) Biomechanics Lab
KHP 4497 (1) Senior Seminar in Exercise Science
†KHP 4498 (3) Internship in Exercise Science
NSG 3315 (3) Pathophysiology

†It is the responsibility of the student to obtain a sufficient num-
ber of observation hours required to seek certification (e.g. ACSM
Clinical Exercise Specialist) or gain entry into a graduate health
professional school (e.g. PT, OT, PA).

Select one Exercise Science Program concentration:

Wellness and Fitness Concentration (20 hours)
AT 3394 (1) Lifting Techniques for Conditioning
and Rehabilitative Exercise
KHP 3350 (3) Psychology of Wellness
KHP 3360 (3) Physiological Principles of Body Systems
KHP 3395 (2) Care and Prevention of Athletic Injuries
KHP 4405 (3) Physical Activity and Disease Prevention
KHP 4460 (3) Principles of Strength & Conditioning
KHP L460 (1) Principles of Strength & Conditioning Lab
KHP 4487 (2) Special Topics in Exercise Performance

Select two (2) hours of advisor approved electives.

Nutrition Concentration (20 hours)
BIO 1101 (3) Organismal Biology
BIO L101 (1) Organismal Biology Lab
KHP 3310 (3) Introduction to Food Science
KHP L310 (1) Introduction to Food Science Lab
KHP 3311 (3) Nutritional Assessment
KHP 3315 (2) Complementary and Alternative Therapies
KHP 3316 (3) Community Nutrition
KHP 4458 (3) Lifecycle Nutrition

Select one (1) hour of advisor approved elective.
†Pre-Health Professions Concentration (20 hours)
BIO 1101 (3) Organismal Biology
Major requirements
KHP 3350 (3)  Psychology of Wellness and Performance
KHP 3352 (3)  Kinesiology and Efficiency of Human Movement
KHP 3361 (3)  Integrating HPER into the Curriculum
KHP 4405 (3)  Physical Activity and Disease Prevention

Select two hours of physical activity courses.

HEALTH PROMOTION MINOR (18 HOURS)
KHP 3352 (3)  Kinesiology
KHP 4405 (3)  Physical Activity and Disease Prevention
KHP 4427 (3)  Health Behavior
KHP 4459 (3)  Sport and Exercise Nutrition
KHP 4474 (3)  Exercise Physiology
KHP L474 (1)  Exercise Physiology Lab

**course cannot be transferred, must be taken at Troy University.

HEALTH PROMOTION MAJOR (127 HOURS)

For professional studies information, see the College of Education section of this catalog.

NOTE: Students seeking Alabama Teacher certification in health education should select education as a second major. Students should consult with their adviser concerning all certification requirements.

Specialized General Studies Requirements

Area III
BIO 1100 (3) Principles of Biology I
BIO L100 (1) Principles of Biology Lab
MTH 1112 (3) Pre-Calculus Algebra, or placement

Select a four hour course/lab combination from the following:
CHM L1142 (3) General Chemistry I, or placement
CHM L1142 (1) General Chemistry I Lab, or placement
PHY 2252 (3) General Physics I
PHY L252 (1) General Physics I Lab
SCI 2233 (3) Physical Science
SCI L233 (1) Physical Science Lab

Area V Requirements (18 hours)
KHP 2202 (2) First Aid and Safety and CPRO**
KHP 2240 (3) Personal and Community Health**
KHP 2251 (3) Foundations of Physical Education/SFM
KHP 3360 (3) Physiological Principles of Body Systems
KHP 3395 (2) Care and Prevention of Athletic Injury
IS 2241 (3) Computer Concepts and Apps.
TROY 1101 (1) University Orientation

Select two hours of physical activity courses.

Requirements
BIO 1100 (3) Principles of Biology I
BIO L100 (1) Principles of Biology Lab I
MTH 1112 (3) Pre-Calculus Algebra, or placement

Select a four hour course/lab combination from the following:
CHM 1142 (3) General Chemistry I
CHM L1142 (1) General Chemistry I Lab
PHY 2252 (3) General Physics I
PHY L252 (1) General Physics I Lab
SCI 2233 (3) Physical Science
SCI L233 (1) Physical Science Lab

Area V Requirements
IS 2241 (3) Computer Concepts and Applications
TROY 1101 (1) University Orientation
QM 2241 (3) Business Statistics I

Select two physical activity courses (2 Hours).
Select one adviser-approved elective courses (3 Hours).

HOSPITALITY, SPORT AND TOURISM MANAGEMENT CORE (30 HOURS)
HSTM 3301 (3) Social Psychology of Leisure
HSTM 3355 (3) Introduction to Hospitality, Sport and Tourism Management
HSTM 4430 (3) Marketing in Hospitality, Sport and Tourism Management
HSTM 4445 (3) Evaluation Procedures in Hospitality, Sport and Tourism Management
HSTM 4450 (3) Event Management in Hospitality, Sport and Tourism Management
HSTM 4460 (3) Leadership Principles in Hospitality, Sport and Tourism Management
HSTM 4470 (3) Revenue Generation in Hospitality, Sport and Tourism Management
HSTM 4490 (6) Internship
### Seminar in Hospitality, Sport and Tourism Management

Select Hospitality, Sport or Tourism Management as concentration

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>HSTM 4499</td>
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#### HOSPITALITY MANAGEMENT CONCENTRATION (21 HOURS)

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<td>HSTM 3377</td>
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<td>HSTM 4425</td>
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<td>Human Resource Management in Hospitality</td>
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<td>HSTM 4428</td>
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#### SPORT MANAGEMENT CONCENTRATION (21 HOURS)

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<td>Governing Agencies</td>
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<td>HSTM 4443</td>
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<td>Sport Administration</td>
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<td>HSTM 4451</td>
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<td>HSTM 3377</td>
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<td>Domestic and International Tourism</td>
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<td>HSTM 4410</td>
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<td>HSTM 4417</td>
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<td>HSTM 4419</td>
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#### HOSPITALITY MANAGEMENT MINOR (18 HOURS)

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#### TOURISM MANAGEMENT MINOR (18 HOURS)

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<td>HSTM 4410</td>
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#### RECREATION MINOR (18 HOURS)

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<td>Legal Aspects in Sport and Physical Activity</td>
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#### HUMAN SERVICES MAJOR (36 HOURS)

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<tr>
<td>HS 2230</td>
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<td>Survey of Human Services</td>
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<tr>
<td>HS 2240</td>
<td>3</td>
<td>Ethics</td>
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<td>HS 3310</td>
<td>3</td>
<td>Human Behavior in the Social Environment I</td>
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<tr>
<td>HS 3375</td>
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<td>Diversity</td>
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<td>HS 3370</td>
<td>3</td>
<td>Professional Communication Skills</td>
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<td>HS 3398</td>
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<td>Human Services Senior Seminar</td>
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<td>HS 3399</td>
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<td>Human Services Pre-Practicum</td>
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<td>HS 4400</td>
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<td>Human Services Field Experience</td>
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<tr>
<td>SWK 3320</td>
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<td>Human Behavior in the Social Environment II</td>
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Select 12 additional hours in HS, RHB, or SWK courses.

#### HUMAN SERVICES MINOR (18 HOURS)

<table>
<thead>
<tr>
<th>Course Code</th>
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<tbody>
<tr>
<td>HS 3310</td>
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<td>HS 3370</td>
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<td>SWK 3320</td>
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<tr>
<td>RHB/3375</td>
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<td>Survey of Human Services</td>
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<tr>
<td>Or</td>
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<tr>
<td>HS 2240</td>
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<td>Ethics</td>
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Select three additional hours in HS, RHB, or SWK courses.
Progression

Admission

Students are admitted into the ASN Program in the spring and fall terms. The Admissions Committee reviews all records of qualified applicants. Applicants receive a ranking based on measurable criteria (i.e., test scores, GPA, etc.). Deadline for filing application and all required admission documentation is May 30 for fall admission and Oct. 1 for spring admission.

Admission to the ASN Program is Completed in TWO steps:

STEP I

For admission to the ASN program, the student must:
1. submit application for admission to undergraduate studies with $30 application fee;
2. submit Official high school transcript or the equivalent (GED), A high school transcript or GED is not required for students transferring in a minimum 24 semester hours of college credit;
3. submit Official admission test scores. The ASN program accepts the following tests with a minimum score as shown:
   - ACT (20 composite)
   - SAT (950 verbal and math)
   *A Bachelor’s or higher degree from a regionally accredited institution exempts a student from the admission test requirement;
4. submit Official transcripts from all colleges and universities attended;
5. have a minimum grade point average GPA of at least 2.5/4.0 scale on all college work attempted at the undergraduate level and a minimum grade point average of at least 2.5/4.0 scale on all college work attempted at Troy University at the undergraduate level. If less than 24 SH of college work has been attempted, you must have a minimum 2.5/4.0 High School GPA or a GED with a score of 500; and
6. be able to achieve certain core performance standards required for duties of the nursing profession (copy of standards available upon request).

When ENG 1101, PSY 2200, MTH 1112, BIO 3347 and BIO L347 have been completed with a grade of C or better, the student may proceed to step II.

STEP II

For admission to the ASN nursing course sequence (NSG 1131, NSG 1135, 1151, etc.), the student must:
1. meet all admission requirements under Step I;
2. submit the “Application to ASN Nursing Course Sequence” (by May 30 for fall semester admission and Oct. 1 for spring semester admission);
3. have maintained an overall GPA of at least 2.5 on 4.0 scale on all college work attempted.

NOTE: If a student is attempting to transfer credit for nursing courses from another school of nursing (which must be NLNAC accredited), a letter from the dean/director of that school must be submitted stating that the student was eligible for continuation in the nursing program. If the student was not eligible for continuation in the program, the student must take all required Troy University ASN nursing courses (i.e., no nursing courses will be transferred).

Progression

a. Student must maintain an overall Troy University GPA of at least 2.0 on 4.0 scale while enrolled in nursing courses.

b. Student must earn a grade of C or better in each required course.

c. A student will be able to repeat a nursing course only one time to achieve a grade of C or better.

d. A grade of D or F in more than seven semester hours of nursing courses will result in automatic dismissal from the ASN Program. These seven hours also include nutrition (NSG 2213 or 2204). 

e. Student must make 85% or higher on a dosage and solutions calculation examination in NSG 1151 to progress in the program.

f. Student must complete the program within four years from the date of initial enrollment in the first clinical nursing course (NSG 1131).

g. Students who drop, fail or withdraw from NSG 1131 must reapply by following Step II of the ASN admission process (i.e., these students will be included with the new pool of applicants in the selective admission process and should understand that they may or may not be selected for a slot in the new class); 

h. Re-enrollment in a nursing course will depend on space availability.

Degree

Upon satisfactory completion of the program, the student is awarded the Associate of Science in Nursing degree and may then apply to the Board of Nursing to write the licensing examination to become a registered nurse (RN).

Location

The ASN program is located at 340 Montgomery Street, Montgomery, AL, 36104. The clinical facilities used for student learning experiences are located within an approximate 50-mile radius of Montgomery. Students are responsible for their transportation.

Specialized General Studies Requirements

Area I

ENG 1101 (3) Composition I

Area II

Select three hours in humanities or fine arts.

Area III

BIO 3347 (3) Human Anatomy and Physiology I
BIO L347 (1) Human Anatomy and Physiology I Lab
BIO 3372 (3) General Microbiology
BIO L372 (1) General Microbiology Lab
MTH 1112 (3) Pre-Calculus Algebra

Area IV

PSY 2200 (3) General Psychology
PSY 2210 (3) Developmental Psychology

Area V

TROY 1101 (1) University Orientation

Additional Requirements

BIO 3348 (3) Human Anatomy and Physiology II
BIO L348 (1) Human Anatomy and Physiology II Lab
NSG 1131 (4) Basic Nursing Concepts Practicum
NSG 1135 (1) Health Assessment-PRACTICUM
NSG 1140 (3) Basic Nursing Concepts II
NSG 1141 (3) Basic Nursing Practicum II
NSG 1151 (1) Hospital Measurements
NSG 2202 (2) Pharmacology
For admission to the BSN program, students must

1. have an overall GPA of at least 2.5 on 4.0 scale. (All hours attempted are used in calculation of overall GPA.)
2. file written application with the School of Nursing. Consult academic advisor or director of the BSN program. Deadlines for receipt of BSN applications are March 15 for fall semester and Sept. 15 for spring semester. Registered Nurse students enrolling in the RN-BSN/MSN track should contact the BSN Program director for admission times.
3. have successfully completed general studies courses. A grade of C or above is required in many of these courses. For additional information, contact the office of the BSN Program director or visit the School of Nursing website at www.troy.edu.
4. have a current, unencumbered RN license in state of clinical practice if student is entering the RN-BSN/MSN course sequence.
5. be able to achieve certain core performance standards required by the duties of the nursing profession.
6. If transferring from another school of nursing, submit a letter from the dean/department chair of that school stating that the student was eligible for continuation in the school. Students transferring from another school of nursing who are not or were not eligible to continue in the nursing program in which they are/were enrolled are not eligible for admission to Troy University’s BSN program unless they first complete an accredited associate degree program and are registered nurses.

Additional policies related to the BSN program may be found on the School of Nursing website. Enrollment may be limited based on available resources.

**Degree**

Upon satisfactory completion of the program, the student is awarded the Bachelor of Science in Nursing degree and may then apply to the Board of Nursing to write the licensing examination to become a registered nurse (RN).

**Locations**

The clinical facilities used for student learning experiences in the BSN generic track are located in Troy and surrounding communities. Students are responsible for transportation and the cost of meals. Students who buy university meal plans may arrange for a sack lunch. For child health nursing, students may be assigned to learning experiences in Birmingham, Alabama.

The clinical facilities used for students in the RN-BSN/MSN track are located in Dothan, Montgomery, Phenix City and Troy, Ala. and in and surrounding communities.

**Specialized General Studies Requirements**

**Area II**

Select PHI 2204, or the equivalent NSG 3340, from the list of approved courses in Area II.

**Area III**

BIO 3372 (3) Microbiology
BIO L372 (1) Microbiology Lab
CHM 1142 (3) General Chemistry I
CHM L142 (1) General Chemistry I Lab
MTH 1112 (3) Pre-Calculus Algebra

**Area IV**

NSG 2205 (3) Human Growth and Development
PSY 2210 (3) Developmental Psychology (Lifespan)

Select a six-hour history sequence (HIS 1101/1102; HIS 1111/1112; HIS 1121/1123).

**Area V Requirements**

BIO 3347 (3) Human Anatomy and Physiology I
BIO L347 (1) Human Anat and Physiology I Lab
BIO 3348 (3) Human Anatomy and Physiology II
BIO L348 (1) Human Anat and Physiology II Lab
NSG 2204 (2) Nutrition
NSG 3315 (3) Pathophysiology
PSY 3301 (3) Basic Statistics
IS 2241 (3) Computer Concepts and App
TROY 1101 (1) University Orientation

**Core Course Requirements for Generic or Pre-licensure students (62 hours)**

NSG 3300 (1) Dosage Calculations
NSG 3301 (3) Pharmacology
NSG 3306 (2) Perspectives of Professional Nursing
NOTE: Students seeking Alabama Teacher certification in physical education should select education as a second major. Students should consult with their advisers concerning all certification requirements.

(P-12)

Specialized General Studies Requirements

Area III

BIO 1100 (3) Principles of Biology I
BIO L100 (1) Principles of Biology Lab
MTH 1112 (3) Pre-Calculus Algebra, or placement

Select a four hour course/lab combination from the following:

CHM 1142 (3) General Chemistry I, or placement
CHM L142 (1) General Chemistry I Lab, or placement
PHY 2252 (3) General Physics I
PHY L252 (1) General Physics I Lab
SCI 2233 (3) Physical Science
SCI L233 (1) Physical Science Lab

Area V Requirements

KHP 2201 (2) Camping and Outdoor Recreation
KHP 2202 (2) First Aid and Safety and CPR
KHP 2240 (3) Personal and Community Health
KHP 2251 (3) Foundations of Physical Education/SFM
KHP 3360 (3) Physiological Principles of Body Systems
IS 2241 (3) Computer Concepts and Apps.
TROY 1101 (1) University Orientation

Select two hours of physical activity courses.

Major requirements

KHP 2252 (3) Methods of Teaching Dance
KHP 3330 (2) Physical Skills Proficiency
KHP 3331 (2) Physical Skills Proficiency II
KHP 3352 (3) Kinesiology and Efficiency of Human Movement
KHP 3361 (3) Integrating HPED into the Curriculum
KHP 3395 (2) Care and Prevention of Athletic Injury/Illness
KHP 4410 (3) Motor Development
KHP 4474 (3) Exercise Physiology
KHP L474 (1) Exercise Physiology Lab
KHP 4485 (3) Teaching Individual and Team Sports
KHP 4486 (3) Teaching Individual and Team Sports

NUTRITION MINOR (18 HOURS)

KHP 2211 (3) Human Nutrition
KHP 3310 (3) Introduction to Food Science
KHP L310 (1) Introduction to Food Science Lab
KHP 3311 (3) Nutritional Assessment
KHP 3315 (2) Complementary and Alternative Therapies
KHP 3316 (3) Community Nutrition
KHP 4458 (3) Lifecycle Nutrition

PHYSICAL EDUCATION MAJOR

For professional studies information, see the College of Education section of this catalog.

Students admitted to the RN-BSN program. See the RN-to-BSN director of admissions and records for further information.

REHABILITATION PROGRAM

Specialized General Studies Requirements

Students will complete the general studies requirements as outlined in the general studies section of this catalog with the following exception. In the history, social, and behavioral sciences block, rehabilitation and social work students must choose the two social/behavioral sciences electives from ANT 2200, ECO 2251, POL 2241, PSY 2200, and SOC 2275.

Progression in Rehabilitation

a. Students are required to make a grade of D or better in each of the required departmental core and professional curriculum
courses (all HS, RHB, and SWK prefixed courses.)

b. A student remains in good standing by maintaining, at a minimum, a 2.0 GPA in all course work taken and a 2.0 GPA in all required departmental and professional courses.

Pre-professional requirement
PSY 3304 (3) Abnormal Psychology

Students will take the history series (HIS 1101 and 1102, or HIS 1111 and 1112, or HIS 1122 and 1123) not taken as a part of the general studies requirements.

Students will complete the remaining three social/behavioral science electives (from ANT 2200, ECO 2251, POL 2241, PSY 2200, and SOC 2275) not taken as a part of the general studies requirements.

Core Requirements (27 Hours)
HS 2235 (3) Ethics
HS 3310 (3) Human Behavior/the Social Environ
HS/RHB/SWK/
RHB 3330 (3) Diversity
HS 3370 (3) Profession Communications Skills
RHB/SWK/ Program Elective
RHB 2281 (3) Rehabilitation Social Work Research Res II
RHB 3320 (3) Human Behavior and the Social Environment II
RHB 3340 (3) Social Policy and Planning

Rehabilitation professional program (27 hours)
RHB 3345 (3) Foundations of Rehabilitation
RHB 3350 (3) Individual Differences and the World of Work
RHB 3360 (3) Vocational Assessment
RHB 3380 (3) Medical and Vocational Aspects of Physical Disabilities
RHB 4410 (1) Rehabilitation Pre-practicum
RHB 4420 (12) Rehabilitation Practicum
RHB 4450 (2) Senior Seminar

SOCIAL WORK PROGRAM

Specialized General Studies Requirements
Students will complete the general studies requirements as outlined in the general studies section of this catalog with the following exception. In the history, social, and behavioral sciences block, social work students must choose the two social/behavioral science electives from ANT 2200, ECO 2251, POL 2241, PSY 2200, and SOC 2275.

Admission to the professional social work curriculum
Students must be admitted to the professional social work curriculum in order to enroll in advanced social work courses, beginning with SWK 3390. Students are encouraged to declare social work as a major during the freshman or sophomore year in order to ensure that they will meet the requirements for admission in a timely manner. Otherwise, the student may be out of sequence in meeting program requirements. Admission to the professional social work curriculum is usually accomplished during the first semester of the junior year concurrent with enrollment in SWK 2250, which precedes enrollment in SWK 3390 the following semester. To be eligible to apply for admission, each social work major must (1) have a minimum GPA of 2.25 (on a 4 point scale) in all college courses attempted and have completed a minimum of 30 semester hours, and (2) have completed ENG 1101 and 1102 or ENG 1103 and 1104; COM 2241 or 2243; HS 2230, 3310 and 3370; and SWK 2250 and 2280 (or be currently enrolled) with a grade of C or better. Procedures for applying for admission to the professional social work curriculum may be obtained from the Department of Social Work.

Progression in Social Work
a. Students are required to make a grade of C or better in each of the required departmental core and professional curriculum courses (all HS, RHB, and SWK prefixed courses.)

b. Students may repeat only one 3000-4000 level departmental course; thereafter, a D or F in any 3000-4000 level departmental required course will result in automatic dismissal from the social work program.

c. A student remains in good standing by maintaining, at a minimum, a 2.0 GPA in all course work taken and a 2.0 GPA in all required departmental and professional courses.

Pre-professional requirement
PSY 3304 (3) Abnormal Psychology

Students will take the history series (HIS 1101 and 1102, or HIS 1111 and 1112, or HIS 1122 and 1123) not taken as a part of the general studies requirements.

Students will complete the remaining three social/behavioral science electives (from ANT 2200, ECO 2251, POL 2241, PSY 2200, and SOC 2275) not taken as a part of the general studies requirements.

Core Requirements (27 Hours)
HS 2240 (3) Ethics
HS 3310 (3) Human Behavior and the Social Environ
HS/RHB/SWK/
RHB 3335 (3) Diversity
RHB 3370 (3) Profession Communications Skills
SWK/RHB (3) Program Elective
SWK 2281 (3) Rehabilitation Social Work Research Res II
SWK 3320 (3) Human Behavior/the Social Environ II
SWK 3340 (3) Social Policy and Planning

Social Work professional program (25 hours)
The principal educational objective is the preparation of graduates for beginning generalist social work practice.

SWK 2250 (3) Introduction to Social Work
SWK 3390 (3) Social Work with Individuals/Fam
SWK 4471 (3) Social Work with Groups
SWK 4472 (3) Social Work w/ Org and Communities
SWK 4450 (2) Senior Seminar
SWK 4480 (1) Social Work Pre-practicum
SWK 4481 (12) Social Work Practicum