

The Student Advocate

November 2013

Troy Links

Important Dates

Registration

Financial Aid

Housing

Athletics

Records

Center for Student
Success

Bookstore

SOS
Emergency Information

Other
Parent/Student
Resources

Campus Link
Newsletter

If you would like to be removed from our parent newsletter list, please click here.



The Thanksgiving Transition

Happy November Parents!

It is hard to believe that the end of fall semester is almost here and so close to the end of the 2013. One of the many things we hear about around this time from students is how difficult burnout can be. From getting ready for finals to wrapping up extra curricular obligations, a student can often feel overwhelmed with responsibilities. So over the Thanksgiving break, help support your college student by helping them relieve some of this stress during the fall break by make them feel at home again. Many call this the Thanksgiving Transition. By providing them a safe, homey, and relaxed environment, this can refresh your student for the end of the semester and help them do their best. Here are some ideas straight from the mouths of parents on how they help their students during this time. 1) Send them back with snacks! Leftover turkey, brain food, or any other of their favorite treats can help them out during finals so that they don't have to worry about going to the store. 2) Buy them notecards! Often students won't spring to buy them but they are a great way to study. A pack of notecards can make all the difference for them. 3) Over the break, help them wind down. Often listening to their stressors and reminding them that they are loved is the best way to support them. 4) Spend some quality family time. Often a good board game, a movie together, or a good game of flag football is a great way to remind your student that they are loved!

Dates to Remember

NOVEMBER

25-26 M-T Fall Break
(Troy Campus
Classes Only)
27-1 W-Su Holi-
days – Thanksgiving
(Campus Closed)

DECEMBER

4 W Dead Day
5 Th Exams Begin
11 W Make-up
Exams
11 W Exams End
11 W Graduation
12 Th All Grades
Due in Records by
9:00am
13 F Graduation

January

3 F Troy Offices
Reopen
4 S Dorms Re-Open
6-7 M-T Registration
8-10 W-F Late
Registration
8 W Classes Begin
8 W First
Payment Due
13 M Last Day to
Withdraw, Drop, or
Add Courses With-
out Financial Penalty
13 M Last Day to
Adjust Meal Plans
20 M Martin Luther
King Day-Holiday
22 W Higher One
Refund Disburse-
ment Begins

To purchase
tickets to
athletic events, visit
troytrojans.com



Women's VOLLEYBALL

2013 CHAMPIONSHIP

November 21-23 • TROY, AL • hosted by Troy University