



Bachelor of Science in Sport and Fitness Management

You may print this page and check off courses as you complete your degree.

Prerequisite courses are shown in red italic.

Degree Requirements

Hours required	123 SH
General Studies courses	60 SH
Sport Fitness major courses	45 SH
Minor	18 SH

50% must be from a 4-year source.

General Studies Courses (48 SH)

IMPORTANT! Preparatory courses (ENG 1100, MTH 1100) must be completed by 24 semester hours. English and Mathematics must be completed by the sixth term.

AREA I (6 SH)

Grade of C is required for ENG 1100, 1101, 1102

ENG 1101 (3) Composition I	<i>ENG 1100 Preparatory English or Placement</i>
ENG 1102 (3) Composition II	<i>ENG 1101</i>

AREA II (13 SH)

SPH 2241 (3) Fundamentals of Speech

Select four semester hours from the following:

ART 1133* (2) Visual Arts
DRA 2200 (2) Introduction to Drama
MUS 1131* (2) Music Appreciation

Select three semester hours from the following:

ENG 2205 (3) World Literature I	<i>ENG 1102</i>
ENG 2206 (3) World Literature II	<i>ENG 1102</i>
ENG 2211 (3) American Literature I	<i>ENG 1102</i>
ENG 2212 (3) American Literature II	<i>ENG 1102</i>
ENG 2244 (3) British Literature I	<i>ENG 1102</i>
ENG 2245 (3) British Literature II	<i>ENG 1102</i>

Select three semester hours from the following:

CLA 2260 * (3) Classical Mythology	
ENG 2205* (3) World Literature I	<i>ENG 1102</i>
ENG 2206* (3) World Literature II	<i>ENG 1102</i>
FRN, GER, GRK, LAT, SPN Introductory I* (3)	

PHI 2203 (3) Introduction to Philosophy
PHI 2204 (3) Ethics & the Modern World
REL 2280* (3) World Religions

AREA III (11 SH)

BIO 1100 (3) Biology I
BIO L100 (1) Biology I Lab

A minimum grade of C is required in mathematics.

MTH 1112 (3) Pre-Calculus, or placement

Select a four-hour course/lab combination from the following:

CHM 1142 (3) General Chemistry I
CHM L142 (1) General Chemistry I Lab
PHY 2252 (3) General Physics I
PHY L252 (1) General Physics I Lab
SCI 2233 (3) Physical Science
SCI L233 (1) Physical Science Lab

AREA IV (12 SH)

Select three hours from the following:

HIS 1101 (3) Western Civilization I
HIS 1102 (3) Western Civilization II
HIS 1111 (3) US to 1877
HIS 1112 (3) US from 1877
HIS 1122* (3) World History to 1500
HIS 1123* (3) World History from 1500

Select nine hours from the following:

ANT 2200* (3) Anthropology
ECO 2251* (3) Principles of Macroeconomics
ECO 2252* (3) Principles of Microeconomics
GEO 2210* (3) World Regional Geography
HIS 1101 (3) Western Civilization I
HIS 1102 (3) Western Civilization II
HIS 1111 (3) US to 1877
HIS 1112 (3) US from 1877
HIS 1122* (3) World History to 1500
HIS 1123* (3) World History from 1500
POL 2200* (3) World Politics
POL 2241 (3) American National Government
PSY 2200 (3) General Psychology (Must include for PSY Major)
PSY 2210 (3) Developmental Psychology
SOC 2275 (3) Sociology for General Studies

Must complete a 6 SH sequence in Literature or History

**A total of 6 SH selected from Area II and/ or IV must be international in scope (designate with an asterisk (*)).*

Students should complete at least 36 semester hours of the General Studies Program before registering as a junior.

AREA V (22 SH)

IS 2241 (3) Computer Concepts and Applications
TROY 1101 (1) University Orientation *Must be completed by 2nd term of enrollment*
BUS 1101 (3) Introduction to Business (freely substitute KHP course)

Select 2 SH of Physical Activity Courses:

KHP 1142 (1) Beginning Weight Training
KHP 2242 (1) Intermediate Weight Training
KHP 2260 (2) Applied Aerobic Concepts

Select an additional 9 SH of Electives from the following KHP courses:
(When BUS 1101 is substituted with a KHP course, then select an additional 12 SH
Of electives from the following KHP courses)

KHP 2200 (1) Health Concepts (Previously HPR)
KHP 2202 (2) First Aid and Safety and CPR (Previously HPR)
KHP 2240 (3) Personal Health (Previously HPR)
KHP 2250 (1) Foundations of Health Science (Previously HPR)
KHP 2251 (2) Foundations of HPER (Previously HPR)
NSG 2211 (3) Human Nutrition

Sport Fitness Management Core Courses (45 SH)

Sport and Fitness Management majors must earn a grade of "C" or better in all courses for credit toward graduation.

KHP 3350 (3) Psychology of Wellness and Performance (Previously HPR)
KHP 3355 (3) Introduction To Sport and Fitness Management (Previously HPR)
KHP 3391 (3) Testing and Statistical Interpretation (Previously HPR)
KHP 4430 (3) Sport and Fitness Marketing (Previously HPR) *KHP 3355 or permission*
KHP 4435 (3) Current Issues in Sport Management (Previously HPR)
KHP 4440 (3) Governing in Sport (Previously HPR)
KHP 4443 (3) Sport Administration (Previously HPR)
KHP 4450 (3) Event Management (Previously HPR)
KHP 4451 (3) Sport Finance and Business (Previously HPR)
KHP 4452 (3) SFM Communications (Previously HPR)
KHP 4453 (3) Legal Aspect in SFM (Previously HPR)
KHP 4455 (3) Facility Management (Previously HPR)
KHP 4490 (6) Internship in Area of Concentration (Previously HPR) *Permission of department chair*

Select 3 SH of Adviser Approved Electives

KHP 4421 (3) Human Sexuality and Sex Education (Previously HPR)
- OR -
KHP 4422 (3) Substance Abuse Education (Previously HPR)
- OR -
KHP 4427 (3) Health Behavior (Previously HPR)

**No KHP course may count twice toward the BS SFM degree.*

Suggested Academic Minor for BSSFM

Recreation (18 SH)

KHP 3340 (3) Principles of Recreation
KHP 3355 (3) Introduction To Sport and Fitness Management (Previously HPR)
KHP 4455 (3) Facility Management (Previously HPR)

Select an additional 9 KHP SH of adviser approved courses.

KHP 3360 (3) Physiological Principles of Body Systems (Previously HPR) *BIO 1100 and CHM 1142 w/lab*
KHP 4421 (3) Human Sexuality and Sex Education (Previously HPR)
KHP 4422 (3) Substance Abuse Education (Previously HPR)

KHP 3355 and KHP 4455 can not be used twice for BS SFM majors with recreation minor.

Any combination to equal 6 credits.

KHP 3352 (3) Kinesiology and Efficiency of Human Movement (Previously HPR)	<i>KHP 3360</i>
KHP 3395 (2) Care and Prevention of Athletic Injuries (Previously HPR)	<i>BIO 3347, BIO L347, BIO 3348, BIO L348</i>
KHP 4474 (3) Exercise Physiology (Previously HPR)	<i>KHP 3360</i>
KHP 4470 (2) Theory & Technique of Coaching Softball (Previously HPR)	
KHP 4477 (2) Theory & Technique of Coaching Football (Previously HPR)	
KHP 4478 (2) Theory & Technique of Coaching Soccer (Previously HPR)	
KHP 4479 (2) Theory & Technique of Coaching Volleyball (Previously HPR)	
KHP 4482 (2) Theory & Technique of Coaching Basketball (Previously HPR)	