

New Shanghai Circus Sponsored by CIT Performs in Alabama

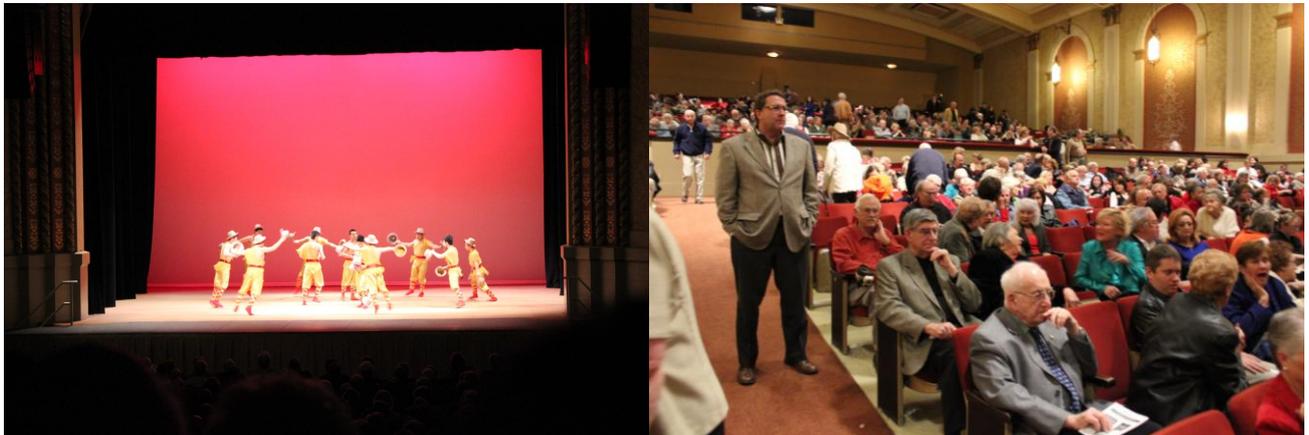
On Feb. 19, 2013, at 7:00pm, *New Shanghai Circus Show* sponsored by Confucius Institute at Troy University (CIT) was presented at Davis Theatre, Troy University Montgomery. The show attracts about 1,200 people State wide to Davis Theatre to watch the wonderful performance.

The acrobatic troupe has been touring nation-wide since their arrival at the U.S. last Nov. As their first stop in Alabama, they give us brilliant performance with arts forms like dancing, face-changing in Peking Opera and Chinese music. Chinese music at the beginning of the show creates a good atmosphere. Then the audience hold their breath to see the performers' highly skilful movement of their body. Western acrobatics often involve the clowns while Chinese acrobatics hat juggling makes the audience laugh. Their wonderful performance is greeted with thunderous applause. Some said: "This is the most special acrobatics I've ever seen.", while others said: "Chinese culture is profound, and their performance is memorable."



The acrobatic art is a traditional Chinese performing art with a long history. It focuses especially on the waist and legs, since strong abdominal muscles is the key to all precisely controlled movement involving the bending, twisting, etc. It emphasizes the controlled strength and harmonious coordination of the various component parts of the body while maintaining infinite muscular flexibility, so as to achieve fluid, agile movement that exudes power under perfect control. It achieves this through conventional and martial arts exercises that relate to Qigong, or slow, deliberate and graceful movement, combined

with proper breathing techniques, that are designed to harness the "qi", or the body's life force.



Chinese acrobatics is a treasure of Chinese culture. The audience experience the charm of the Chinese traditional culture through the Show. Art is beyond national boundaries. New Shanghai Circus Show sponsored by CIT goes beyond cultural differences between China and the United States, bringing excellent Chinese culture to Alabama.