

MY DEGREE MAP

COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION PROGRAM YEAR 2016-2017

		1 ST YEAR			
FALL SEMESTER	HRS	SPRING SEMESETER	HRS	SUMMER	
TALL SLIVES I LIC	1110	STRING SERVIESETER	1110	SEMESTER	
TROY 1101	1	ENG 1102/04	3	SELECT COURSES THAT HAVE NOT	
ENG 1101/03	3	BIO 1101/L101	3/1	BEEN COMPLETED	
MTH 1112	3	CHM 1142/L142	3/1	FROM PREVIOUS 2 SEMESTERS OR	
BIO 1100/L100	3/1	AREA II HUM/FA COURSE	3	PREREQUISITE	
AREA II FINE ARTS COURSE	3	FREE ELEC	1	COURSES OR Courses to be	
TOTAL	14	TOTAL	15	RETAKEN	
	ŗ	2 ND YEAR			
FALL SEMESTER	HRS	SPRING SEMESETER	HRS	SUMMER	
				SEMESTER	
CHM 1143/L143	3/1	AREA IV SS COURSE	3	SELECT COURSES THAT HAVE NOT	
AREA II LIT COURSE	3	KHP 2211	3	BEEN COMPLETED FROM PREVIOUS 2	
BIO 2220/L220	3/1	IS 2241	3	SEMESTERS OR COURSES SUCH AS	
KHP 3360	3	BIO 3347/L347	3/1	PREREQUISITE	
KHP 1142	1	KHP 2242	1	COURSES OR COURSES TO BE	
		KHP 2202	2	RETAKEN	
TOTAL	15	TOTAL	16		
3 RD YEAR					
FALL SEMESTER	HRS	SPRING SEMESETER	HRS	SUMMER	
				SEMESTER	
AREA IV SS COURSE	3	KHP 3311	3	SELECT COURSES THAT HAVE NOT	
BIO 3348/L348	3/1	KHP 4474/L474	3/1	BEEN COMPLETED FROM PREVIOUS 2	
AREA II HUM/FA COURSE (LIT COURSE DR)	3	KHP 3352	3	SEMESTERS OR COURSES SUCH AS	
KHP 3310/L310	3/1	AREA IV SS COURSE	3	PREREQUISITE COURSES OR	
		KHP 3315	2	COURSES TO BE RETAKEN	
TOTAL	14	TOTAL	15	RETAKEIV	
4 TH YEAR					
FALL SEMESTER	HRS	SPRING SEMESETER	HRS	SUMMER	
				SEMESTER SELECT COURSES	
KHP 4475	3	KHP 4476	2	THAT HAVE NOT	
KHP 4496/L496	3/1	KHP 4488	3	FROM PREVIOUS 2	
KHP 3316	3	KHP 4459	3	SEMESTERS OR COURSES SUCH AS	
KHP 4458	3	KHP 4495	3	PREREQUISITE COURSES OR	
NSG 3315	3	KHP 4497	1	COURSES TO BE RETAKEN	
		AREA IV HIS COURSE	3		
TOTAL	16	TOTAL	15	The Court of	
5 TH YEAR					
FALL SEMESTER	HRS				
KHP 4498	3				
TOTAL	3			100	
MINIMUM HOURS REQUIRED FOR DEGREE 123					



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COMPLETE ALL 6 SUB-REQUIREMENTS	
A. AREA I:	
Take the following courses: Minimum Grade of "C" required ENG 1101 Comp and Modern English I ENG 1102 Comp and Modern English II	3 HOURS 3 HOURS
B. AREA II:	
Take any 1000-2000 level course in literature Take any 1000-2000 level course with an expanded historical and Cultural Scope In Fine arts, including the disciplines of Art, Music, theatre, film, or other fine arts area.	
TAKE ANY TWO 1000-2000 LEVEL COURSES WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN THE HUMANITIES/FINE ARTS DISCIPLINES, INCLUDING ENGLISH, FOREIGN LANGUAGES, RELIGION, PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION, SIGN LANGUAGE, INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/FINE ARTS AREAS.	
C. AREA III:	
Take The Following Courses: Take Bio 1100/L100 Principles Of Biology W/Lab CHM 1142/L142 General Chemistry I W/Lab Take MTH 1112 ("C" or better)	
D. AREA IV:	
Take Any 1000-2000 Level Course With A Primary Focus In History. Take Any Three 1000-2000 Level Courses From The Following Social Science Disciplines: Anthropology, Business, Criminal Justice, Economics, Geography, History, Human Services, Leadership, Interdisciplinary Studies, Nursing, Political Science, Psychology, Religion, Social Work, Sociology, Or Other Social Science Areas.	
E. AREA V:	
TAKE THE FOLLOWING COURSES: IS 2241 COMPUTER CONCEPTS & APPLICATIONS TROY 1101 UNIVERSITY ORIENTATION KHP 1142 BEGINNING WEIGHT TRAINING KHP 2242 INTERMEDIATE WEIGHT TRAINING BIO 2220/L210 PRINCIPLES OF CELL BIOLOGY/LAB CHM 1143/L143 GENERAL CHEMISTRY II W/LAB KHP 2202 FIRST AID, SAFETY, CPR KHP 2211 HUMAN NUTRITION KHP 3360 PHYSIOLOGICAL PRINCIPLES OF BODY SYSTEMS	3 HOURS 1 HOUR 1 HOUR 1 HOUR 3/1 HOURS 3/1 HOURS 2 HOURS 3 HOURS 3 HOURS



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EXERCISE SCIENCE PROGRAM	(40 HOURS)
Minimum 2.0 overall GPA Required	
TAKE THE FOLLOWING COURSES:	
NSG 3315 PATHOPHYSIOLOGY	3 HOURS
BIO 3347/L347 Human Anatomy & Physiology I/Lab	3/1 Hours
BIO 3348/L348 Human Anatomy & Physiology II/Lab	3/1 Hours
KHP 3352 KINESIOLOGY	3 Hours
KHP 4459 SPORT & EXERCISE NUTRITION	3 Hours
KHP 4474/L474 Exercise Physiology/Lab	3/1 Hours
KHP 4475 EXERCISE TEST & PRESCRIPTION	3 Hours
KHP 4476 Lab Practicum Exercise Performance	2 Hours
KHP 4488 Issues & Practice Cardiac Rehabilitation	3 Hours
KHP 4495 ADVANCED EXERCISE PHYSIOLOGY	3 Hours
KHP 4496/L496 BIOMECHANICS/LAB	3/1 Hours
KHP 4497 SENIOR SEMINAR IN EXERCISE	1 HOUR
KHP 4498 Internship In Exercise Science	3 HOURS
NUTRITION CONCENTRATION	(19 HOURS)
TAKE THE FOLLOWING COURSES:	
BIO 1101/L101 ORGANISMAL BIOLOGY	3/1 Hours
KHP 3310/L310 Introduction To Food Science W/lab	3/1 Hours
KHP 3311 Nutritional Assessment	3 Hours
KHP 3315 COMPLEMENTARY AND ALTERNATIVE THERAPIES	2 Hours
KHP 3316 COMMUNITY NUTRITION	3 Hours
KHP 4458 LIFECYCLE NUTRITION	3 HOURS
FREE ELECTIVES REQUIREMENT	(1 HOUR)
TAKE 1 SEMESTER HOUR OF FREE ELECTIVE CREDIT.	1 Hour

MY DEGREE MAP SERVES AS A GUIDE TO ASSIST YOU WITH THE PROPER SEQUENCE AND SELECTION OF COURSES. IT DOES NOT REPLACE YOUR PROGRAM EVALUATION (AVAILABLE THROUGH TROJAN WEB EXPRESS), WHICH DEPICTS THE OFFICIAL DOCUMENT USED TO CLEAR STUDIENTS FOR GRADUATION. MY DEGREE MAP INCLUDES THE REQUIRED COURSE WORK AND SUGGESTED SEQUENCE OF COURSES FOR A PARTICULAR DEGREE PROGRAM. EVERY REASONABLE ATTEMPT HAS BEEN MADE TO ENSURE ACCURACY OF CONTENT. PLEASE KEEP IN MINDT THAT SOME COURSES, SUCH AS DEVELOPMENTAL OR PRE-REQUISITE COURSES, ARE NOT REFLECTED IN MY DEGREE MAP. COMPLETION OF DEGREE REQUIREMENTS IS BASED ON THE SPECIFIC CATALOG YEAR UNDER WHICH YOU WERE ADMITTED TO TROY. PLEASE CONSULT THE COLLEGE CATALOG, YOUR ACADEMIC ADVISOR, YOUR SPECIFIC SCHOOL, DEPARTMENT, OR YOUR PROGRAM EVALUATION FOR ANY ADDITIONAL REQUIREMENTS.