

## MY DEGREE MAP

### COLLEGE OF EDUCATION RECOMMENDED ACADEMIC PLAN

### HEALTH EDUCATION PROGRAM YEAR 2016-17

\*THIS DOCUMENT IS PENDING STATE DEPARTMENT OF EDUCATION REVIEW\*

| 1 <sup>ST</sup> SEMESTER               | HOURS | 2 <sup>ND</sup> SEMESTER    | HOURS |
|--|-------|-----------------------------|-------|
| AREA IV HIS COURSE                     | 3     | TROY 1101                   | 1     |
| BIO 1100/L100                          | 4     | AREA IV SS COURSE           | 3     |
| AREA II HUM/FA COURSE<br>(COM 2241 DR) | 3     | AREA III SCI/LAB COURSE     | 4     |
| MTH 1112                               | 3     | KHP 2202                    | 2     |
| ENG 1101/1103                          | 3     | ENG 1102/1104               | 3     |
|  |       | EDU 3310                    | 3     |
| TOTAL                                  | 16    | TOTAL                       | 16    |
| 3 <sup>RD</sup> SEMESTER               | HOURS | 4 <sup>TH</sup> SEMESTER    | HOURS |
| KHP 2240                               | 3     | KHP 2251                    | 3     |
| KHP 3350                               | 3     | AREA IV SS COURSE           | 3     |
| IS 2241                                | 3     | KHP 3360                    | 3     |
| PHYSICAL ACTIVITY COURSE               | 1     | KHP 3361                    | 3     |
| AREA II LIT COURSE                     | 3     | KHP 4405                    | 3     |
| AREA II HUM/FA COURSE                  | 3     |                             |       |
| TOTAL                                  | 16    | TOTAL                       | 15    |
| 5 <sup>TH</sup> SEMESTER               | HOURS | 6 <sup>TH</sup> SEMESTER    | HOURS |
| KHP 4427                               | 3     | KHP 4442                    | 3     |
| KHP 4474                               | 3     | KHP 4410                    | 3     |
| KHP L474                               | 1     | KHP 4465                    | 3     |
| KHP 3352                               | 3     | EDU 3305                    | 3     |
| AREA II FINE ARTS COURSE               | 3     | KHP 3391                    | 3     |
| KHP 3395                               | 2     | PHYSICAL ACTIVITY<br>COURSE | 1     |
| AREA IV SS COURSE                      | 3     |                             |       |
| <b>ADMIT TO TEP</b> TOTAL              | 18    | TOTAL                       | 16    |
| 7 <sup>TH</sup> SEMESTER               | HOURS | 8 <sup>TH</sup> SEMESTER    | HOURS |
| KHP 4462                               | 3     | KHP 4472                    | 9     |
| HLT 4481                               | 3     | SED 4454                    | 3     |
| EDU 4471                               | 3     |                             |       |
| KHP 4459                               | 3     |                             |       |
| RED 4401                               | 3     |                             |       |
| <b>FILE YOUR INTENT TO GRADUATE</b>    |       |                             |       |
| TOTAL                                  | 15    | TOTAL                       | 12    |
| MINIMUM HOURS REQUIRED FOR THE DEGREE  |       |                             | 124   |

NOTE: THE INFORMATION PROVIDED THROUGHOUT THIS DOCUMENT IS SUBJECT TO CHANGE DUE TO CHANGES IN ALABAMA STATE DEPARTMENT GUIDELINES.



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### COMPLETE ALL REQUIREMENTS

(45 HOURS)

#### AREA I

(MINIMUM GRADE OF "C" REQUIRED)

ENG 1101 COMP AND MODERN ENGLISH I  
ENG 1102 COMP AND MODERN ENGLISH II

3 HOURS  
3 HOURS

#### AREA II

TAKE ANY 1000-2000 LEVEL COURSE IN LITERATURE

3 HOURS

TAKE ANY 1000-2000 LEVEL COURSE WITH AN EXPANDED HISTORICAL  
AND CULTURAL SCOPE IN FINE ARTS, INCLUDING THE DISCIPLINES OF  
ART, MUSIC, THEATRE, FILM, OR OTHER FINE ARTS AREA.

3 HOURS

TAKE ANY TWO 1000-2000 LEVEL COURSES WITH AN EXPANDED  
HISTORICAL AND CULTURAL SCOPE IN THE HUMANITIES/FINE ARTS  
DISCIPLINES, INCLUDING ENGLISH, FOREIGN LANGUAGES, RELIGION,  
PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION,  
SIGN LANGUAGE, INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/  
FINE ARTS AREAS. (COM 2241 DR)

6 HOURS

NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQUIRED. WHEN SELECTING COURSEWORK  
IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.

#### AREA III

TAKE MTH 1112 OR HIGHER  
(MINIMUM GRADE OF "C" REQUIRED)

3 HOURS

TAKE BIO 1100/L100 PRINCIPLES OF BIOLOGY AND LAB  
TAKE EITHER CHM 1142/L142 GENERAL CHEMISTRY AND LAB,  
PHY 2252/L252 GENERAL PHYSICS AND LAB, OR SCI 2233/L233  
PHYSICAL SCIENCE AND LAB

3/1 HOURS  
3/1 HOURS

#### AREA IV

TAKE ANY 1000-2000 LEVEL COURSE WITH A PRIMARY FOCUS IN HISTORY.

3 HOURS

TAKE ANY THREE 1000-2000 LEVEL COURSES FROM THE FOLLOWING SOCIAL  
SCIENCE DISCIPLINES: ANTHROPOLOGY, BUSINESS, CRIMINAL JUSTICE,  
ECONOMICS, GEOGRAPHY, HISTORY, HUMAN SERVICES, LEADERSHIP,  
INTERDISCIPLINARY STUDIES, NURSING, POLITICAL SCIENCE, PSYCHOLOGY,  
RELIGION, SOCIAL WORK, SOCIOLOGY, OR OTHER SOCIAL SCIENCE AREAS.

9 HOURS

NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQUIRED. WHEN SELECTING COURSEWORK  
IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.

#### AREA V

TAKE THE FOLLOWING COURSES:  
TROY 1101 UNIVERSITY ORIENTATION  
IS 2241 COMPUTER CONCEPTS

1 HOUR  
3 HOURS





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### HEALTH COURSES 2.75 GPA REQUIRED

#### INCLUSIONS FROM AREA V: (10 HOURS)

(MINIMUM GRADE OF 'C' REQUIRED)

TAKE THE FOLLOWING COURSES:

|   |  |         |
|---|--|---------|
| KHP 2202                                    | FIRST AID & SAFETY AND CPRO            | 2 HOURS |
| KHP 2240                                    | PERSONAL AND COMMUNITY HEALTH          | 3 HOURS |
| KHP 2251                                    | FOUNDATIONS OF PHYSICAL EDUCATION /SFM | 3 HOURS |
| SELECT 2 HOURS OF PHYSICAL ACTIVITY COURSES |  | 2 HOURS |

#### REQUIRED MAJOR COURSES (33 HOURS)

(MINIMUM GRADE OF 'C' REQUIRED)

|          |  |         |
|----------|--|---------|
| KHP 3350 | PSYCHOLOGY OF WELLNESS AND PERFORMANCE         | 3 HOURS |
| KHP 3352 | KINESIOLOGY AND EFFICIENCY OF HUMAN MOVEMENT   | 3 HOURS |
| KHP 3360 | PHYSIOLOGICAL PRINCIPALS OF BODY SYSTEMS       | 3 HOURS |
| KHP 3361 | INTEGRATING HPR INTO THE CURRICULUM            | 3 HOURS |
| KHP 3395 | CARE AND PREVENTION OF ATHLETIC INJURY/ILLNESS | 2 HOURS |
| KHP 4405 | PHYSICAL ACTIVITY AND DISEASE PREVENTION       | 3 HOURS |
| KHP 4410 | MOTOR DEVELOPMENT                              | 3 HOURS |
| KHP 4427 | HEALTH BEHAVIOR                                | 3 HOURS |
| KHP 4442 | HEALTH EDUCATION                               | 3 HOURS |
| KHP 4459 | SPORT AND EXERCISE NUTRITION                   | 3 HOURS |
| KHP 4474 | EXERCISE PHYSIOLOGY                            | 3 HOURS |
| KHP L474 | EXERCISE PHYSIOLOGY LAB                        | 1 HOUR  |

#### PROFESSIONAL STUDIES (36 HOURS)

TAKE THE FOLLOWING COURSES:

(MINIMUM GRADE OF 'C' REQUIRED)

|          |   |         |
|----------|---|---------|
| EDU 3310 | INTRODUCTION TO EDUCATION                       | 3 HOURS |
| KHP 4465 | CLASSROOM MANAGEMENT AND ORGANIZATION IN HPE    | 3 HOURS |
| EDU 4471 | CURRICULUM AND INSTRUCTIONAL DELIVERY           | 3 HOURS |
| KHP 3391 | TESTING AND STATISTICAL INTERPRETATION          | 3 HOURS |
| RED 4401 | READING IN THE CONTENT AREAS                    | 3 HOURS |
| KHP 4462 | PHYSICAL EDUCATION FOR EXCEPTIONAL CHILDREN     | 3 HOURS |
| EDU 3305 | TEACHING WITH TECHNOLOGY                        | 3 HOURS |
| HLT 4481 | METHODS AND MATERIALS FOR THE SECONDARY TEACHER | 3 HOURS |
| SED 4454 | INTERNSHIP SEMINAR FOR SECONDARY EDUCATION      | 3 HOURS |
| KHP 4472 | INTERNSHIP IN SECONDARY EDUCATION               | 9 HOURS |