

MY DEGREE MAP

COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION PROGRAM YEAR 2017-2018

FALL SEMESTER			1 ST YEAR				
TROY 1101	EALL CEAAECTED			LIDC	CLIAAAAED		
TROY 1101	FALL SEMESTER	TIKS	SPRING SEMESETER	TIKS			
BIO 1101/03 3 BIO 1101/L101 3/1 BIO 1100/L100 3/1 AREA II HUM/FA COURSE 3 FREE ELEC 1 COURSE SIMSTERS OR FREE ELEC COURSE S	TROV 1101	1	FNG 1102/04	3	SELECT COURSES		
MTH 1112 3					THAT HAVE NOT BEEN COMPLETED		
BIO 1100/L100 3/1 AREA II HUM/FA COURSE 3 AREA II FINE ARTS COURSE 3 FREE ELEC 1 TOTAL 15 TOTAL 15					FROM PREVIOUS 2 SEMESTERS OR		
AREA II FINE ARTS COURSE 3					COURSES SUCH AS		
TOTAL 14					COURSES OR		
FALL SEMESTER							
FALL SEMESTER	TOTAL			13			
SEMESTER	FALL SEMESTER			HRS	SIIMMAED		
CHM 1143/L143 3/1 AREA IV SS COURSE 3 SHECT COURSES AREA II LIT COURSE 3 KHP 2211 3 SHECT COURSES BIO 2220/L220 3/1 IS 2241 3 COURSES DELA SHE NOW PREVIOUS 2 SEMESTERS OR COURSES DUCH AS PRESEQUISITE COURSES TO BEEN COMPLETED SEMESTER SOR COURSES DUCH AS PRESEQUISITE COURSES DOCURSES DUCH AS PRESEQUISITE COURSES DUCH AS PROSEQUISITE COURSES DUCH AS PRESEQUI	TALL SLIVILSTER	11103	STRING SEWESETER	11103			
AREA II LIT COURSE 3	CHM 1143/I 143	3/1	AREA IV SS COLIRSE	3	SELECT COURSES		
BIO 2220/L220 3/1 IS 2241 3 SEMESTER KHP 3360 3 BIO 3347/L347 3/1 KHP 1142 1 KHP 2242 1 KHP 2202 2					BEEN COMPLETED		
RHP 3360					FROM PREVIOUS 2 SEMESTERS OR		
KHP 1142					COURSES SUCH AS		
TOTAL 15					COURSES OR		
TOTAL 15	KIII IITZ	1					
SPRING SEMESETER	TOTAL	15					
FALL SEMESTER	TOTAL			10			
SEMESTER	FALL SEMESTER			HRS	SUMMER		
AREA IV SS COURSE 3	TABL SLIVESTER	1110	STRING SERVESETER	1110			
BIO 3348/L348	AREA IV SS COURSE	3	KHP 3311	3	SELECT COURSES		
AREA II HUM/FA COURSE (LIT COURSE DR) 3 KHP 3352 3 SEMESTERS OR COURSES SUCH AS PREFEQUISITE COURSES OR COURSES TO BE RETAKEN					BEEN COMPLETED		
COURSES SUCH AS					SEMESTERS OR		
KHP 3315 2 COURSES TO BE RETAKEN	KHP 3310/L310				PREREQUISITE		
TOTAL 14		0, 1					
4 TH YEAR FALL SEMESTER HRS SPRING SEMESETER HRS SUMMER SEMESTER KHP 4475 3 KHP 4476 2 SELECT COURSES THAT HAVE NOT BEEN COURSES THAT HAVE NOT SELECT COURSES THAT HAVE NOT SELECT COURSES OF COURSES SUCH AS SELECT COURSES OR COURSES SUCH AS SELECT COURSES OR COURSES TO BE RETAKEN NSG 3315 3 KHP 4497 1 COURSES TO BE RETAKEN	TOTAL	14			RETAKEN		
KHP 4475 3 KHP 4476 2 SELECT COURSES THAT HAVE NOT THAT HAVE NOT SELECT COURSES THAT HAVE NOT THAT HAVE NOT SELECT COURSES THAT HAVE NOT SELECT COURSES OF THAT HAV							
KHP 4475 3 KHP 4476 2 SELECT COURSES THAT HAVE NOT THAT HAVE NOT SELECT COURSES THAT HAVE NOT THAT HAVE NOT SELECT COURSES THAT HAVE NOT SELECT COURSES OF THAT HAV	FALL SEMESTER			HRS	SUMMER		
KHP 4475 3 KHP 4476 2 SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 KHP 4496/L496 3/1 KHP 4488 3 BEEN COMPLETED FROM PREVIOUS 2 KHP 3316 3 KHP 4459 3 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN NSG 3315 3 KHP 4497 1 COURSES TO BE RETAKEN					SEMESTER		
KHP 4496/L496 3/1 KHP 4488 3 BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREVIOUS 2 SEMESTERS OR COURSES OR COURSE	KHP 4475	3	KHP 4476	2	SELECT COURSES		
KHP 3316 3 KHP 4459 3 SEMESTERS OR COURSES SUCH AS PREFEQUISITE COURSES OR COURSES TO BE RETAKEN NSG 3315 3 KHP 4497 1 COURSES OR COURSES OR COURSES OR COURSES TO BE RETAKEN					BEEN COMPLETED		
KHP 4458 3 KHP 4495 3 COURSES SUCH AS COURSES OR COURSES OR COURSES OR COURSES OR COURSES TO BE RETAKEN NSG 3315 3 KHP 4497 1 COURSES TO BE RETAKEN					SEMESTERS OR		
NSG 3315 3 KHP 4497 AREA IV HIS COURSE COURSES OR COURSES TO BE RETAKEN		3			PREREQUISITE		
AREA IV HIS COURSE 3					COURSES TO BE		
	Committee of the second second	1-4-17-			RETAKEN		
TOTAL TO	TOTAL	16	TOTAL	15			
5 TH YEAR							
FALL SEMESTER HRS	FALL SEMESTER	HRS					
KHP 4498 3							
TOTAL 3							
MINIMUM HOURS REQUIRED FOR DEGREE 123							



COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION PROGRAM YEAR 2017-2018

COMPLETE ALL 6 SUB-REQUIREMENTS	(63 HOURS)
DR DENOTES A DEPARTMENTAL RECOMMENDED COURSE	
A. AREA I:	
Take the following courses: Minimum Grade of "C" required ENG 1101 Comp and Modern English I ENG 1102 Comp and Modern English II	3 HOURS 3 HOURS
B. AREA II:	
Take any 1000-2000 level course in literature Take any 1000-2000 level course with an expanded historical and Cultural Scope In Fine arts, including the disciplines of Art, music, theatre, film, or other fine arts area. Take any two 1000-2000 level courses with an expanded Historical and Cultural Scope in the humanities/fine arts Disciplines, including English, foreign languages, Religion, Philosophy, Classics, theatre, music, dance, communication, Sign language, Interdisciplinary studies, or other humanities/Fine arts areas.	3 HOURS 3 HOURS 6 HOURS
C. AREA III:	
TAKE THE FOLLOWING COURSES: TAKE BIO 1100/L100 PRINCIPLES OF BIOLOGY W/LAB CHM 1142/L142 GENERAL CHEMISTRY I W/LAB TAKE MTH 1112 ("C" OR BETTER)	3/1 HOURS 3/1 HOURS 3 HOURS
D. AREA IV:	
Take Any 1000-2000 Level Course With a Primary Focus In History. Take Any Three 1000-2000 Level Courses From The Following Social Science Disciplines: Anthropology, Business, Criminal Justice, Economics, Geography, History, Human Services, Leadership, Interdisciplinary Studies, Nursing, Political Science, Psychology, Religion, Social Work, Sociology, Or Other Social Science Areas.	3 HOURS 9 HOURS
E. AREA V:	
TAKE THE FOLLOWING COURSES: IS 2241 COMPUTER CONCEPTS & APPLICATIONS TROY 1101 UNIVERSITY ORIENTATION KHP 1142 BEGINNING WEIGHT TRAINING KHP 2242 INTERMEDIATE WEIGHT TRAINING (OR ANY 1000-2000 LEVEL KHP COURSE) BIO 2220/L210 PRINCIPLES OF CELL BIOLOGY/LAB CHM 1143/L143 GENERAL CHEMISTRY II W/LAB KHP 2202 FIRST AID, SAFETY, CPR KHP 2211 HUMAN NUTRITION KHP 3360 PHYSIOLOGICAL PRINCIPLES OF BODY SYSTEMS	3 HOURS 1 HOUR 1 HOUR 1 HOUR 3/1 HOURS 3/1 HOURS 2 HOURS 3 HOURS 3 HOURS

EVERY REASONABLE ATTEMPT TO ENSURE ACCURACY HAS BEEN MADE. SOME COURSES (SUCH AS DEVELOPMENTAL OR PRE-REQUISITE COURSES) ARE NOT REFLECTED IN THIS DEGREE MAP. COMPLETION OF DEGREE REQUIREMENTS IS BASED ON THE SPECIFIC CATALOG YEAR FOR EACH STUDENT.A MINIMUM OF 120 HOURS IS REQUIRED FOR ALL BACCALAUREATE DEGREE PROGRAMS.AT LEAST 25% OF THE CREDIT HOURS REQUIRED FOR THE DEGREE MUST BE COMPLETED IN RESIDENCY WITH TROY UNIVERSITY.AT LEAST 12 SEMESTER HOURS OF RESIDENCY MUST BE COMPLETED IN EACH MAJOR FIELD(S) OF STUDY.A MINIMUM GPA OF 2.0 OVERALL AND IN THE MAJOR IS REQUIRED TO GRADUATE.NOTE: PLEASE CONSULT THE COLLEGE OF HEALTH AND HUMAN SERVICES OR CURRENT CATALOG FOR OTHER REQUIREMENTS NOT COVERED IN THIS DOCUMENT.NOTES: A SEQUENCE IN LITERATURE OR HISTORY IS REQUIRED. PLEASE CONSIDER THIS REQUIREMENT. WHEN SELECTING COURSEWORK IN AREAS II OR IV.



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EXERCISE SCI	ENCE PROGRAM	(40 HOURS)
MINIMUM	1 2.0 overall GPA Required	
TAKE THE	FOLLOWING COURSES:	
NSG 33	15 PATHOPHYSIOLOGY	3 HOURS
BIO 33	47/L347 Human Anatomy & Physiology I/Lab	3/1 HOURS
BIO 33	48/L348 Human Anatomy & Physiology II/Lab	3/1 Hours
KHP 33	52 KINESIOLOGY (F,SP, SUM B)	3 Hours
KHP 44		3 Hours
	74/L474 EXERCISE PHYSIOLOGY/LAB (F, SP, SUM A)	3/1 Hours
KHP 44		3 Hours
KHP 44		2 Hours
KHP 44		3 Hours
KHP 44		3 Hours
	96/L496 BIOMECHANICS/LAB	3/1 Hours
KHP 44		1 HOUR
KHP 44	98 Internship In Exercise Science (F, SP, SUM)	3 HOURS
NUTRITION CONCENTRATION		(19 HOURS)
TAKE THE	FOLLOWING COURSES:	
BIO 11	01/L101 Organismal Biology	3/1 HOURS
KHP 33	10/L310 INTRODUCTION TO FOOD SCIENCE W/LAB	3/1 HOURS
KHP 33	11 NUTRITIONAL ASSESSMENT	3 HOURS
KHP 33	15 COMPLEMENTARY AND ALTERNATIVE THERAPIES	2 Hours
KHP 33	16 COMMUNITY NUTRITION	3 Hours
KHP 44	58 LIFECYCLE NUTRITION	3 HOURS
FREE ELECTIVES REQUIREMENT		(1 HOUR)
TAKE 1 SE	MESTER HOUR OF FREE ELECTIVE CREDIT.	1 Hour