

MY DEGREE MAP

COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION PROGRAM YEAR 2019-2020

FALL SEMESTER			1 ST YEAR						
TROY 1101	EALL CEAAECTED			LIDC	CLIAAAAED				
TROY 1101	FALL SEMESTER	TIKS	SPRING SEMESETER	TIKS					
BIO 1101/03 3 BIO 1101/L101 3/1 REN COMPLETED SIMESTER SIMESTER CHM 1112 3 CHM 1142/L142 3/1 SIMESTER CHM 1142/L142 3/1 COURSE 3 FREE ELEC CHM 1143/L143 3/1 AREA II HUM/FA COURSE 3 FREE ELEC CHM 1143/L143 3/1 AREA IV SS COURSE 3 SIMESTER CHM 1143/L143 3/1 AREA IV SS COURSE 3 SIMESTER SEMESTER SEMESTER CHM 1143/L143 3/1 AREA IV SS COURSE 3 SIMESTER SEMESTER SEMESTER SIMESTER	TROV 1101	1	FNG 1102/04	3	SELECT COURSES				
MTH 1112					THAT HAVE NOT BEEN COMPLETED				
BIO 1100/L100 3/1 AREA II HUM/FA COURSE 3 COURSE SUCH AS PRESENTED COURSE SUCH AS PRESENTED COURSE TO BE RETAKEN TOTAL 14 TOTAL 15 COURSE TO BE RETAKEN TOTAL 16 COURSE TO BE TOTAL TOTAL 16 COURSE TO BE TOTAL TOTAL 16 COURSE TO BE TOTAL TO					FROM PREVIOUS 2 SEMESTERS OR				
AREA II FINE ARTS COURSE 3					COURSES SUCH AS				
TOTAL 14					COURSES OR				
FALL SEMESTER									
FALL SEMESTER	TOTAL			13					
SEMESTER	FALL SEMESTED			HRS	SIIMMAED				
CHM 1143/L143 3/1 AREA IV SS COURSE 3 SELECT COURSES AREA II LIT COURSE 3 KHP 2211 3 BIO 2220/L220 3/1 IS 2241 3 COURSE SUCH AS SELECT COURSES SUCH AS SELECT COURSE	TALL SLIVESTER	11103	STRING SEWESETER	11103					
AREA II LIT COURSE 3	CHM 1143/I 143	3/1	AREA IV SS COLIRSE	3	SELECT COURSES				
BIO 2220/L220 3/1 IS 2241 3 SEMISTERS OR COURSES SUCH AS SEMISTERS OR COURSES OCH AS SEMISTER OCH AS SEMISTOR OCH AS SEMISTER OCH AS SEMISTOR OCH AS SEMISTOR OCH AS SEMISTOR OCH AS SEMISTOR OCH AS SEMISTER OCH AS SEMISTOR OCH AS SEMISTOR OCH AS SEMISTOR OCH AS SEMISTOR OCH AS SEMISTRES OR COURSES OCH AS SEMISTRES OR COURSES OCH AS SEMISTRES OR COURSE OCH AS SEMISTRES OR COURSES OCH AS SEMISTRES OR COURSE OCH AS SEMISTRES OR COURSES OCH AS SEMISTRES OR COUR					BEEN COMPLETED				
RHP 3360					FROM PREVIOUS 2 SEMESTERS OR				
KHP 1142					COURSES SUCH AS				
TOTAL 15					COURSES OR				
TOTAL 15	KIII IITZ	1							
SPRING SEMESETER	TOTAL	15							
FALL SEMESTER	TOTAL			10					
SEMESTER	FALL SEMESTER			HRS	SUMMER				
AREA IV SS COURSE 3	TABL SLIVESTER	1110	STRING SERVESETER	11105					
BIO 3348/L348	AREA IV SS COURSE	3	KHP 3311	3	SELECT COURSES				
AREA II HUM/FA COURSE (LIT COURSE DR) 3 KHP 3352 3 SEMESTERS OR COURSES SUCH AS PREFEQUISITE COURSES OR COURSES TO BE RETAKEN					BEEN COMPLETED				
COURSES SUCH AS					SEMESTERS OR				
KHP 3315 2 COURSES TO BE RETAKEN	KHP 3310/L310				PREREQUISITE				
TOTAL 14		0, 1							
4 TH YEAR FALL SEMESTER HRS SPRING SEMESETER HRS SUMMER SEMESTER KHP 4475 3 KHP 4476 2 SELECT COURSES THAT HAVE NOT THAT HAVE NOT SEMESTERS OF THE HAVE NOT SEMESTERS	TOTAL	14			RETAKEN				
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KHP 4475 3 KHP 4476 2 SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 KHP 4496/L496 3/1 KHP 4488 3 BEEN COMPLETED FROM PREVIOUS 2 KHP 3316 3 KHP 4459 3 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN NSG 3315 3 KHP 4497 1 COURSES TO BE RETAKEN AREA IV HIS COURSE 3					SEMESTER				
KHP 4496/L496 3/1 KHP 4488 3 BEEN COMPLETED FROM PREVIOUS 2 KHP 3316 3 KHP 4459 3 SEMESTERS OR COURSES SUCH AS KHP 4458 3 KHP 4495 3 PREREQUISITE COURSES OR COURSES TO BE RETAKEN	KHP 4475	3	KHP 4476	2	SELECT COURSES				
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KHP 4458 3 KHP 4495 3 COURSES SUCH AS PREFQUISITE COURSES OR COURSES OR COURSES OR COURSES TO BE RETAKEN NSG 3315 3 KHP 4497 1 COURSES TO BE RETAKEN					SEMESTERS OR				
NSG 3315 3 KHP 4497 AREA IV HIS COURSE COURSES OR COURSES TO BE RETAKEN		3			PREREQUISITE				
AREA IV HIS COURSE 3					COURSES TO BE				
TOTAL 16 TOTAL 15	The state of the s	THU A			RETAKEN				
IOIAL IO	TOTAL	16	TOTAL	15					
5 th YEAR									
FALL SEMESTER HRS	FALL SEMESTER	HRS		1					
KHP 4498 3									
TOTAL 3	TOTAL	3							
MINIMUM HOURS REQUIRED FOR DEGREE 123									



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COMPLETE ALL 6 SUB-REQUIREMENTS	(63 HOURS)
A. AREA I:	
Take the following courses: Minimum Grade of "C" required ENG 1101 Comp and Modern English I ENG 1102 Comp and Modern English II	3 HOURS 3 HOURS
B. AREA II:	
Take any 1000-2000 level course in literature Take any 1000-2000 level course with an expanded historical and Cultural Scope In fine arts, including the disciplines of Art, Music, Theatre, Film, or other fine arts area. Take any two 1000-2000 level courses with an expanded Historical and Cultural scope in the humanities/fine arts Disciplines, including English, foreign languages, religion, Philosophy, Classics, Theatre, Music, Dance, Communication, Sign language, interdisciplinary studies, or other humanities/fine arts areas.	3 HOURS 3 HOURS 6 HOURS
C. AREA III:	
TAKE THE FOLLOWING COURSES: TAKE BIO 1100/L100 PRINCIPLES OF BIOLOGY W/LAB CHM 1142/L142 General Chemistry I W/Lab Take MTH 1112 ("C" or better)	3/1 HOURS 3/1 HOURS 3 HOURS
D. AREA IV:	
Take Any 1000-2000 Level Course With A Primary Focus In History. Take Any Three 1000-2000 Level Courses From The Following Social Science Disciplines: Anthropology, Business, Criminal Justice, Economics, Geography, History, Human Services, Leadership, Interdisciplinary Studies, Nursing, Political Science, Psychology, Religion, Social Work, Sociology, Or Other Social Science Areas.	3 hours 9 hours
E. AREA V:	
Take the following courses: IS 2241 Computer Concepts & Applications TROY 1101 University Orientation KHP 1142 Beginning Weight Training	3 HOURS 1 HOUR 1 HOUR
ANY 1000-2000 LEVEL KHP COURSE BIO 2220/L210 PRINCIPLES OF CELL BIOLOGY/LAB CHM 1143/L143 GENERAL CHEMISTRY II W/LAB KHP 2202 FIRST AID, SAFETY, CPR KHP 2211 HUMAN NUTRITION KHP 3360 PHYSIOLOGICAL PRINCIPLES OF BODY SYSTEMS	1 Hour 3/1 Hours 3/1 Hours 2 Hours 3 Hours 3 Hours



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EXE	EXERCISE SCIENCE PROGRAM			(40 HOURS)	
	MINIM	ium 2.0 ovei	rall GPA Required		
	TAKE T	HE FOLLOW	ING COURSES:		
	NSG	3315	PATHOPHYSIOLOGY	3 HOURS	
	BIO	3347/L347	Human Anatomy & Physiology I/Lab	3/1 HOURS	
	BIO		HUMAN ANATOMY & PHYSIOLOGY II/LAB	3/1 HOURS	
		3352	KINESIOLOGY (F,SP, SUM B)	3 HOURS	
		4459	SPORT & EXERCISE NUTRITION (F, SP)	3 HOURS	
	KHP	4474/L474		3/1 HOURS	
	KHP	4475	EXERCISE TEST & PRESCRIPTION (F, SP)	3 HOURS	
	KHP	4476	LAB PRACTICUM EXERCISE PERFORMANCE (F, SP)	2 HOURS	
	KHP	4488	ISSUES & PRACTICE CARDIAC REHABILITATION (F, SP)	3 HOURS	
	KHP		ADVANCED EXERCISE PHYSIOLOGY (F, SP)	3 HOURS	
			BIOMECHANICS/LAB	3/1 HOURS	
	KHP		SENIOR SEMINAR IN EXERCISE (F, SP)	1 HOUR	
	KHP	4498	Internship In Exercise Science (F, SP, SUM)	3 HOURS	
NUT	NUTRITION CONCENTRATION			(19 HOURS)	
	TAKE T	HE FOLLOW	ING COURSES:		
			INTRODUCTION TO FOOD SCIENCE W/LAB	3/1 HOURS	
	KHP	3311	NUTRITIONAL ASSESSMENT	3 HOURS	
	KHP	3315	COMPLEMENTARY AND ALTERNATIVE THERAPIES	2 HOURS	
	KHP	3316	COMMUNITY NUTRITION	3 HOURS	
	KHP	4458	LIFECYCLE NUTRITION	3 HOURS	
	TAKE (ONE OF THE	FOLLOWING COMBINATIONS:		
	BIO		ORGANISMAL BIOLOGY	3/1 HOURS	
	KHP		PRINCIPLES OF STRENGTH AND CONDITIONING/LAB	3/1 Hours	
	OR	1100, 2100	Name and the second sec	0, 1, 110, 010	
	BIO	3372/L372	MICROBIOLOGY/LAB	3/1 Hours	
	OR				
	СНМ	3342/L342	ORGANIC CHEMISTRY/LAB	3/1 Hours	
FREI	FREE ELECTIVES REQUIREMENT			(1 HOUR)	