

MY DEGREE MAP

COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN HEALTH PROMOTION WITH COACHING MINOR-PROGRAM YEAR 2019-20

1 ST YEAR							
1 ST SEMESTER	HOURS	2 ND SEMESTER	HOURS				
TROY 1101	1	ENG 1102/04	3				
ENG 1101/03	3	AREA III SCI/LAB COURSE	3/1				
MTH 1110 OR MTH 1112	3	AREA IV SS COURSE	3				
AREA II FINE ARTS COURSE	3	KHP 2200	1				
AREA IV SS COURSE	3	KHP 2202	2				
IS 2241	3	PHYSICAL ACTIVITY COURSE	1				
A STATE OF THE STA		ADVISOR APPROVED ELEC	1				
TOTAL	16	TOTAL	15				
CAN DESCRIPTION OF THE PARTY OF			TOTAL CO.				
	2 ND \	/EAR					
3 RD SEMESTER	HOURS	4 th Semester	HOURS				
AREA II LIT COURSE	3	AREA II HUM/FA COURSE	3				
AREA IV HIS COURSE	3	KHP 2211	3				
AREA III SCI/LAB COURSE	3/1	KHP 2251	3				
AREA IV SS COURSE	3	KHP 2260	2				
KHP 2240	3	MINOR COURSE	3				
TOTAL	16	TOTAL	14				
THE PROPERTY OF THE PARTY OF TH							
3 RD YEAR							
-711		<u> </u>					
5 TH SEMESTER	HOURS	6 th Semester	HOURS				
HSTM 3301	HOURS 3	6 TH SEMESTER KHP 3350	3				
HSTM 3301 KHP 3310/L310	HOURS 3 3/1	6 TH SEMESTER KHP 3350 SOC 3365	3				
HSTM 3301 KHP 3310/L310 KHP 3316	3 3/1 3	6 TH SEMESTER KHP 3350 SOC 3365 HS 3370	3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340	3 3/1 3 3	6 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391	3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE	HOURS 3 3/1 3 3 3 3	6 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391 MINOR COURSE	3 3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340	3 3/1 3 3	6 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391	3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE	3 3/1 3 3 3 16	6 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391 MINOR COURSE TOTAL	3 3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL	HOURS 3 3/1 3 3 16	6 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391 MINOR COURSE TOTAL	3 3 3 3 3 15				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL	HOURS 3 3/1 3 3 16 4TH Y HOURS	6 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391 MINOR COURSE TOTAL TEAR 8 TH SEMESTER	3 3 3 3 15 HOURS				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC	HOURS 3 3/1 3 3 16 4TH Y HOURS 3	6 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391 MINOR COURSE TOTAL TEAR 8 TH SEMESTER MINOR COURSE	3 3 3 3 15 HOURS				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7TH SEMESTER ADVISOR APPROVED ELEC KHP 4427	HOURS 3 3/1 3 3 16 4 TH Y HOURS 3 3	6 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391 MINOR COURSE TOTAL EAR 8 TH SEMESTER MINOR COURSE KHP 4458	3 3 3 3 15 HOURS 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 4442	HOURS 3 3/1 3 3 16 4TH Y HOURS 3 3 3	CAR 8 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391 MINOR COURSE TOTAL TOTAL TEAR 8 TH SEMESTER MINOR COURSE KHP 4458 ADVISOR APPROVED ELEC	3 3 3 3 15 HOURS 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 4442 MINOR COURSE	HOURS 3 3/1 3 3 16 4 TH Y HOURS 3 3 3 3	CAR 8 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391 MINOR COURSE TOTAL TOTAL EAR 8 TH SEMESTER MINOR COURSE KHP 4458 ADVISOR APPROVED ELEC AREA II HUM/FA COURSE	3 3 3 3 15 HOURS 3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 4442	HOURS 3 3/1 3 3 16 4TH Y HOURS 3 3 3	CAR 8 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391 MINOR COURSE TOTAL TOTAL TEAR 8 TH SEMESTER MINOR COURSE KHP 4458 ADVISOR APPROVED ELEC	3 3 3 3 15 HOURS 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 4442 MINOR COURSE MINOR COURSE MINOR COURSE	HOURS 3 3/1 3 3 16 4 TH Y HOURS 3 3 3 3	CAR 8 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391 MINOR COURSE TOTAL TOTAL EAR 8 TH SEMESTER MINOR COURSE KHP 4458 ADVISOR APPROVED ELEC AREA II HUM/FA COURSE	3 3 3 3 15 HOURS 3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 4442 MINOR COURSE	HOURS 3 3/1 3 3 16 4 TH Y HOURS 3 3 3 3	CAR 8 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391 MINOR COURSE TOTAL TOTAL EAR 8 TH SEMESTER MINOR COURSE KHP 4458 ADVISOR APPROVED ELEC AREA II HUM/FA COURSE	3 3 3 3 15 HOURS 3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 4442 MINOR COURSE MINOR COURSE MINOR COURSE SUBMIT GRADUATION	HOURS 3 3/1 3 3 16 4 TH Y HOURS 3 3 3 3	CAR 8 TH SEMESTER KHP 3350 SOC 3365 HS 3370 KHP 3391 MINOR COURSE TOTAL TOTAL EAR 8 TH SEMESTER MINOR COURSE KHP 4458 ADVISOR APPROVED ELEC AREA II HUM/FA COURSE	3 3 3 3 15 HOURS 3 3 3				



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COMPLETE ALL REQUIREMENTS	(60 HOURS)
AREA I	
TAKE THE FOLLOWING COURSES: ENG 1101 COMP AND MODERN ENGLISH I ENG 1102 COMP AND MODERN ENGLISH II MINIMUM GRADE OF "C" REQ	3 HOURS 3 HOURS
AREA II	
TAKE ANY 1000 2000 LEVEL COURSE IN LITERATURE TAKE ANY 1000 2000 LEVEL COURSE WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN FINE ARTS, INCLUDING THE DISCIPLINES OF ART, MUSIC, THEATRE, FILM, OR OTHER FINE ARTS AREA.	3 HOURS 3 HOURS
TAKE ANY TWO 1000 2000 LEVEL COURSES WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN THE HUMANITIES/FINE ARTS DISCIPLINES, INCLUDING ENGLISH, FOREIGN LANGUAGES, RELIGION, PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION, SIGN LANGUAGE, INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/ FINE ARTS AREAS. NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ. WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.	6 HOURS
AREA III	
TAKE MTH 1110 OR MTH 1112	3 HOURS
MINIMUM GRADE OF "C" REQ TAKE ANY TWO 1000-2000 LEVEL SCIENCE CLASSES (CLASS AND CORRESPONDING LAB) FROM THE FOLLOWING SCIENCE DISCIPLINES: BIOLOGY, CHEMISTRY, PHYSICS, PHYSICAL SCIENCE, OR OTHER SCIENCE AREAS. SELECT 2: BIO 1100/L100, BIO 1101/L101, BIO 1120/L120, BIO 2229/L229, CHM 1115/L115, CHM 1142/L142, CHM 1143/L143, CHM 2242/L242, PHY 2252/L252, PHY 2253/L253, PHY 2262/L262, PHY 2263/L263, SCI 2233/L233, SCI 2234/L234, SCI 2240/L240.	8 HOURS
AREA IV	
TAKE ANY 1000-2000 LEVEL COURSE WITH A PRIMARY FOCUS IN HISTORY TAKE THREE 1000-2000 LEVEL COURSE FROM THE FOLLOWING SOCIAL SCIENCE DISCIPLINES: ANTHROPOLOGY, BUSINESS, CRIMINAL JUSTICE, ECONOMICS, GEOGRAPHY, HISTORY, HUMAN SERVICES, LEADERSHIP, INTERDISCIPLINARY STUDIES, NURSING, POLITICAL SCIENCE, PSYCHOLOGY, RELIGION, SOCIAL WORK, SOCIOLOGY, OR OTHER SOCIAL SCIENCE AREAS.	3 HOURS 9 HOURS
NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ. WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.	
AREA V	
IS 2241 COMPUTER CONCEPTS AND APPLICATIONS TROY 1101 UNIVERSITY ORIENTATION KHP 2200 HEALTH CONCEPTS KHP 2202 FIRST AID, SAFETY, AND CPR KHP 2240 PERSONAL AND COMMUNITY HEALTH TAKE 2 HOURS OF PHYSICAL ACTIVITY COURSES TAKE 7 HOURS OF ADVISER APPROVED ELECTIVES	3 HOURS 1 HOUR 1 HOUR 2 HOURS 3 HOURS 2 HOURS 7 HOURS

EVERY REASONABLE ATTEMPT TO ENSURE ACCURACY HAS BEEN MADE. SOME COURSES (SUCH AS DEVELOPMENTAL OR PRE-REQUISITE COURSES) ARE NOT REFLECTED IN THIS DEGREE MAP. COMPLETION OF DEGREE REQUIREMENTS IS BASED ON THE SPECIFIC CATALOG YEAR FOR EACH STUDENTA MINIMUM OF 120 HOURS IS REQUIRED FOR ALL BACCALAUREATE DEGREE PROGRAMS. AT LEAST 25% OF THE CREDIT HOURS REQUIRED FOR THE DEGREE MUST BE COMPLETED IN RESIDENCY WITH TROY UNIVERSITY.AT LEAST 12 SEMESTER HOURS OF RESIDENCY MUST BE COMPLETED IN EACH MAJOR FIELD(S) OF STUDY.A MINIMUM GPA OF 2.0 OVERALL AND IN THE MAJOR IS REQUIRED TO GRADUATE.NOTE: PLEASE CONSULT THE COLLEGE OF HEALTH AND HUMAN SERVICES OR CURRENT CATALOG FOR OTHER REQUIREMENTS NOT COVERED IN THIS DOCUMENTOTES: A SEQUENCE IN LITERATURE OR HISTORY IS REQUIRED. WHEN SELECTING COURSEWORK IN AREAS II OR IV. PLEASE CONSIDER THIS REQUIREMENT. COURSEWORK MARKED WITH AN ASTERISK (*) ARE INTERNATIONAL COURSES. SIX HOURS OF INTERNATIONAL COURSEWORK IS REQUIRED. CONSIDER THIS REQUIREMENT WHEN SELECTING COURSEWORK IN AREAS II AND IV.



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HEALTH P 2.0 GPA RE	ROMOTION QUIRED	I MAJOR	(42 HOURS)
KHP KHP KHP HSTM KHP HSTM KHP SOC HS KHP KHP KHP	3310/L310 3316	HUMAN NUTRITION FOUNDATIONS OF PHYSICAL EDUCATION AND HEALTH APPLIED FITNESS CONCEPTS LEISURE IN SOCIETY INTRODUCTION TO FOOD SCIENCE AND LAB COMMUNITY NUTRITION PRINCIPLES OF RECREATION PSYCHOLOGY OF WELLNESS SOCIOLOGY OF SPORT PROFESSIONAL COMMUNICATION SKILLS TESTING & STATISTICAL INTERPRETATION HEALTH BEHAVIOR HEALTH EDUCATION LIFECYCLE NUTRITION	3 HOURS 3 HOURS 2 HOURS 3 HOURS 3/1 HOURS 3 HOURS
COACHIN	G MINOR		(18 HOURS)
KHP KHP KHP KHP KHP	3395 3352 4460/L460 4459 4410 2210	CARE AND PREVENTION OF ATHLETIC INJURIES KINESIOLOGY PRINCIPLES OF STRENGTH AND CONDITIONING AND LAB SPORT AND EXERCISE NUTRITION MOTOR DEVELOPMENT DEVELOPMENTAL PSYCHOLOGY	2 HOURS 3 HOURS 3/1 HOURS 3 HOURS 3 HOURS 3 HOURS

MY DEGREE MAP SERVES AS A GUIDE TO ASSIST YOU WITH THE PROPER SEQUENCE AND SELECTION OF COURSES. IT DOES NOT REPLACE YOUR PROGRAM EVALUATION (AVAILABLE THROUGH TROJAN WEB EXPRESS), WHICH DEPICTS THE OFFICIAL DOCUMENT USED TO CLEAR STUDIENTS FOR GRADUATION. MY DEGREE MAP INCLUDES THE REQUIRED COURSE WORK AND SUGGESTED SEQUENCE OF COURSES FOR A PARTICULAR DEGREE PROGRAM. EVERY REASONABLE ATTEMPT HAS BEEN MADE TO ENSURE ACCURACY OF CONTENT. PLEASE KEEP IN MINDT THAT SOME COURSES, SUCH AS DEVELOPMENTAL OR PRE-REQUISITE COURSES, ARE NOT REFLECTED IN MY DEGREE MAP. COMPLETION OF DEGREE REQUIREMENTS IS BASED ON THE SPECIFIC CATALOG YEAR UNDER WHICH YOU WERE ADMITTED TO TROY. PLEASE CONSULT THE COLLEGE CATALOG, YOUR ACADEMIC ADVISOR, YOUR SPECIFIC SCHOOL, DEPARTMENT, OR YOUR PROGRAM EVALUATION FOR ANY ADDITIONAL REQUIREMENTS.