

MY DEGREE MAP
COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN
HEALTH PROMOTION WITH EXERCISE SCIENCE MINOR
PROGRAM YEAR 2019-2020

| 1 ST YEAR | | | |
|-------------------------------|-------|--------------------------|---------------|
| 1 ST SEMESTER | HOURS | 2 ND SEMESTER | HOURS |
| TROY 1101 | 1 | ENG 1102/04 | 3 |
| ENG 1101/03 | 3 | AREA III SCI/LAB COURSE | 3/1 |
| MTH 1110 OR MTH 1112 | 3 | AREA IV SS COURSE | 3 |
| AREA II FINE ARTS COURSE | 3 | KHP 2200 | 1 |
| AREA IV SS COURSE | 3 | KHP 2202 | 2 |
| IS 2241 | 3 | PHYSICAL ACTIVITY COURSE | 1 |
| | | ADVISOR APPROVED ELEC | 1 |
| TOTAL | 16 | TOTAL | 15 |
| 2 ND YEAR | | | |
| 3 RD SEMESTER | HOURS | 4 TH SEMESTER | HOURS |
| AREA II LIT COURSE | 3 | AREA II HUM/FA COURSE | 3 |
| AREA IV HIS COURSE | 3 | KHP 2211 | 3 |
| AREA III SCI/LAB COURSE | 3/1 | KHP 2251 | 3 |
| AREA IV SS COURSE | 3 | KHP 2260 | 2 |
| KHP 2240 | 3 | MINOR COURSE | 3 |
| TOTAL | 16 | TOTAL | 14 |
| 3 RD YEAR | | | |
| 5 TH SEMESTER | HOURS | 6 TH SEMESTER | HOURS |
| HSTM 3301 | 3 | KHP 3350 | 3 |
| KHP 3310/L310 | 3/1 | SOC 3365 | 3 |
| KHP 3316 | 3 | HS 3370 | 3 |
| HSTM 3340 | 3 | KHP 3391 | 3 |
| MINOR COURSE | 3 | MINOR COURSE | 3 |
| TOTAL | 16 | TOTAL | 15 |
| 4 TH YEAR | | | |
| 7 TH SEMESTER | HOURS | 8 TH SEMESTER | HOURS |
| ADVISOR APPROVED ELEC | 3 | MINOR COURSE | 3 |
| KHP 4427 | 3 | KHP 4458 | 3 |
| KHP 4442 | 3 | ADVISOR APPROVED ELEC | 3 |
| MINOR COURSE | 3 | AREA II HUM/FA COURSE | 3 |
| MINOR COURSE | 3 | PHYSICAL ACTIVITY COURSE | 1 |
| SUBMIT GRADUATION APPLICATION | | | |
| TOTAL | 15 | TOTAL | 13 |
| | | | TOTAL PROGRAM |
| | | | 120 |



**COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN
HEALTH PROMOTION WITH EXERCISE SCIENCE MINOR
PROGRAM YEAR 2019-2020**

COMPLETE ALL REQUIREMENTS (60 HOURS)

AREA I

TAKE THE FOLLOWING COURSES:

| | | |
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| ENG 1101 | COMP AND MODERN ENGLISH I | 3 HOURS |
| ENG 1102 | COMP AND MODERN ENGLISH II | 3 HOURS |

MINIMUM GRADE OF "C" REQ

AREA II

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|---|---------|
| TAKE ANY 1000 2000 LEVEL COURSE IN LITERATURE | 3 HOURS |
| TAKE ANY 1000 2000 LEVEL COURSE WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN FINE ARTS, INCLUDING THE DISCIPLINES OF ART, MUSIC, THEATRE, FILM, OR OTHER FINE ARTS AREA. | 3 HOURS |

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|---|---------|
| TAKE ANY TWO 1000 2000 LEVEL COURSES WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN THE HUMANITIES/FINE ARTS DISCIPLINES, INCLUDING ENGLISH, FOREIGN LANGUAGES, RELIGION, PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION, SIGN LANGUAGE, INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/FINE ARTS AREAS. | 6 HOURS |
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NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.

AREA III

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| TAKE MTH 1110 OR MTH 1112 MINIMUM GRADE OF "C" REQ | 3 HOURS |
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| TAKE ANY TWO 1000-2000 LEVEL SCIENCE CLASSES (CLASS AND CORRESPONDING LAB) FROM THE FOLLOWING SCIENCE DISCIPLINES: BIOLOGY, CHEMISTRY, PHYSICS, PHYSICAL SCIENCE, OR OTHER SCIENCE AREAS. SELECT 2: BIO 1100/L100, BIO 1101/L101, BIO 1120/L120, BIO 2229/L229, CHM 1115/L115, CHM 1142/L142, CHM 1143/L143, CHM 2242/L242, PHY 2252/L252, PHY 2253/L253, PHY 2262/L262, PHY 2263/L263, SCI 2233/L233, SCI 2234/L234, SCI 2240/L240. | 8 HOURS |
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AREA IV

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| TAKE ANY 1000-2000 LEVEL COURSE WITH A PRIMARY FOCUS IN HISTORY | 3 HOURS |
| TAKE THREE 1000-2000 LEVEL COURSE FROM THE FOLLOWING SOCIAL SCIENCE DISCIPLINES: ANTHROPOLOGY, BUSINESS, CRIMINAL JUSTICE, ECONOMICS, GEOGRAPHY, HISTORY, HUMAN SERVICES, LEADERSHIP, INTERDISCIPLINARY STUDIES, NURSING, POLITICAL SCIENCE, PSYCHOLOGY, RELIGION, SOCIAL WORK, SOCIOLOGY, OR OTHER SOCIAL SCIENCE AREAS. | 9 HOURS |

NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.

AREA V

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| IS 2241 | COMPUTER CONCEPTS AND APPLICATIONS | 3 HOURS |
| TROY 1101 | UNIVERSITY ORIENTATION | 1 HOUR |
| KHP 2200 | HEALTH CONCEPTS | 1 HOUR |
| KHP 2202 | FIRST AID, SAFETY, AND CPR | 2 HOURS |
| KHP 2240 | PERSONAL AND COMMUNITY HEALTH | 3 HOURS |
| TAKE 2 HOURS OF PHYSICAL ACTIVITY COURSES | | 2 HOURS |
| TAKE 7 HOURS OF ADVISER APPROVED ELECTIVES | | 7 HOURS |

EVERY REASONABLE ATTEMPT TO ENSURE ACCURACY HAS BEEN MADE. SOME COURSES (SUCH AS DEVELOPMENTAL OR PRE-REQUISITE COURSES) ARE NOT REFLECTED IN THIS DEGREE MAP. COMPLETION OF DEGREE REQUIREMENTS IS BASED ON THE SPECIFIC CATALOG YEAR FOR EACH STUDENT. A MINIMUM OF 120 HOURS IS REQUIRED FOR ALL BACCALAUREATE DEGREE PROGRAMS. AT LEAST 25% OF THE CREDIT HOURS REQUIRED FOR THE DEGREE MUST BE COMPLETED IN RESIDENCY WITH TROY UNIVERSITY. AT LEAST 12 SEMESTER HOURS OF RESIDENCY MUST BE COMPLETED IN EACH MAJOR FIELD(S) OF STUDY. A MINIMUM GPA OF 2.0 OVERALL AND IN THE MAJOR IS REQUIRED TO GRADUATE. NOTE: PLEASE CONSULT THE COLLEGE OF HEALTH AND HUMAN SERVICES OR CURRENT CATALOG FOR OTHER REQUIREMENTS NOT COVERED IN THIS DOCUMENT. NOTES: A SEQUENCE IN LITERATURE OR HISTORY IS REQUIRED. WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT. COURSEWORK MARKED WITH AN ASTERISK (*) ARE INTERNATIONAL COURSES. SIX HOURS OF INTERNATIONAL COURSEWORK IS REQUIRED. CONSIDER THIS REQUIREMENT WHEN SELECTING COURSEWORK IN AREAS II AND IV.

COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN HEALTH PROMOTION WITH EXERCISE SCIENCE MINOR PROGRAM YEAR 2019-2020

HEALTH PROMOTION MAJOR (42 HOURS)
2.0 GPA REQUIRED

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| KHP 2211 | HUMAN NUTRITION | 3 HOURS |
| KHP 2251 | FOUNDATIONS OF PHYSICAL EDUCATION AND HEALTH | 3 HOURS |
| KHP 2260 | APPLIED FITNESS CONCEPTS | 2 HOURS |
| HSTM 3301 | LEISURE IN SOCIETY | 3 HOURS |
| KHP 3310/L310 | INTRODUCTION TO FOOD SCIENCE AND LAB | 3/1 HOURS |
| KHP 3316 | COMMUNITY NUTRITION | 3 HOURS |
| HSTM 3340 | PRINCIPLES OF RECREATION | 3 HOURS |
| KHP 3350 | PSYCHOLOGY OF WELLNESS | 3 HOURS |
| SOC 3365 | SOCIOLOGY OF SPORT | 3 HOURS |
| HS 3370 | PROFESSIONAL COMMUNICATION SKILLS | 3 HOURS |
| KHP 3391 | TESTING & STATISTICAL INTERPRETATION | 3 HOURS |
| KHP 4427 | HEALTH BEHAVIOR | 3 HOURS |
| KHP 4442 | HEALTH EDUCATION | 3 HOURS |
| KHP 4458 | LIFECYCLE NUTRITION | 3 HOURS |

EXERCISE SCIENCE MINOR (18 HOURS)

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| KHP 3352 | KINESIOLOGY | 3 HOURS |
| KHP 4459 | SPORT AND EXERCISE NUTRITION | 3 HOURS |
| KHP 4474/L474 | EXERCISE PHYSIOLOGY AND LAB | 3/1 HOURS |
| KHP 4475 | EXERCISE TESTING | 3 HOURS |
| KHP 4488 | ISSUES AND PRACTICE IN CARDIAC REHABILITATION | 3 HOURS |
| KHP 4476 | LABORATORY PRACTICUM | 2 HOURS |