

**MY DEGREE MAP**  
**COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN**  
**HEALTH PROMOTION WITH HEALTH PROMOTION MINOR**  
**PROGRAM YEAR 2019-2020**

<b>1<sup>ST</sup> YEAR</b>			
<b>1<sup>ST</sup> SEMESTER</b>	<b>HOURS</b>	<b>2<sup>ND</sup> SEMESTER</b>	<b>HOURS</b>
TROY 1101	1	ENG 1102/04	3
ENG 1101/03	3	AREA III SCI/LAB COURSE	3/1
MTH 1110 OR MTH 1112	3	AREA IV SS COURSE	3
AREA II FINE ARTS COURSE	3	KHP 2200	1
AREA IV SS COURSE	3	KHP 2202	2
IS 2241	3	PHYSICAL ACTIVITY COURSE	1
		ADVISOR APPROVED ELEC	1
<b>TOTAL</b>	<b>16</b>	<b>TOTAL</b>	<b>15</b>
<b>2<sup>ND</sup> YEAR</b>			
<b>3<sup>RD</sup> SEMESTER</b>	<b>HOURS</b>	<b>4<sup>TH</sup> SEMESTER</b>	<b>HOURS</b>
AREA II LIT COURSE	3	AREA II HUM/FA COURSE	3
AREA IV HIS COURSE	3	KHP 2211	3
AREA III SCI/LAB COURSE	3/1	KHP 2251	3
AREA IV SS COURSE	3	KHP 2260	2
KHP 2240	3	MINOR COURSE	3
<b>TOTAL</b>	<b>16</b>	<b>TOTAL</b>	<b>14</b>
<b>3<sup>RD</sup> YEAR</b>			
<b>5<sup>TH</sup> SEMESTER</b>	<b>HOURS</b>	<b>6<sup>TH</sup> SEMESTER</b>	<b>HOURS</b>
HSTM 3301	3	KHP 3350	3
KHP 3310/L310	3/1	SOC 3365	3
KHP 3316	3	HS 3370	3
HSTM 3340	3	KHP 3391	3
MINOR COURSE	3	MINOR COURSE	3
<b>TOTAL</b>	<b>16</b>	<b>TOTAL</b>	<b>15</b>
<b>4<sup>TH</sup> YEAR</b>			
<b>7<sup>TH</sup> SEMESTER</b>	<b>HOURS</b>	<b>8<sup>TH</sup> SEMESTER</b>	<b>HOURS</b>
ADVISOR APPROVED ELEC	3	MINOR COURSE	3
KHP 4427	3	KHP 4458	3
KHP 4442	3	ADVISOR APPROVED ELEC	3
MINOR COURSE	3	AREA II HUM/FA COURSE	3
MINOR COURSE	3	PHYSICAL ACTIVITY COURSE	1
<b>SUBMIT GRADUATION APPLICATION</b>			
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>13</b>
		<b>TOTAL PROGRAM</b>	<b>120</b>



## COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN HEALTH PROMOTION WITH HEALTH PROMOTION MINOR PROGRAM YEAR 2019-2020

COMPLETE ALL REQUIREMENTS (60 HOURS)

### AREA I

TAKE THE FOLLOWING COURSES:

ENG 1101	COMP AND MODERN ENGLISH I	3 HOURS
ENG 1102	COMP AND MODERN ENGLISH II	3 HOURS

MINIMUM GRADE OF "C" REQ

### AREA II

TAKE ANY 1000 2000 LEVEL COURSE IN LITERATURE	3 HOURS
TAKE ANY 1000 2000 LEVEL COURSE WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN FINE ARTS, INCLUDING THE DISCIPLINES OF ART, MUSIC, THEATRE, FILM, OR OTHER FINE ARTS AREA.	3 HOURS

TAKE ANY TWO 1000 2000 LEVEL COURSES WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN THE HUMANITIES/FINE ARTS DISCIPLINES, INCLUDING ENGLISH, FOREIGN LANGUAGES, RELIGION, PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION, SIGN LANGUAGE, INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/FINE ARTS AREAS.	6 HOURS
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NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.

### AREA III

TAKE MTH 1110 OR MTH 1112 MINIMUM GRADE OF "C" REQ	3 HOURS
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TAKE ANY TWO 1000-2000 LEVEL SCIENCE CLASSES (CLASS AND CORRESPONDING LAB) FROM THE FOLLOWING SCIENCE DISCIPLINES: BIOLOGY, CHEMISTRY, PHYSICS, PHYSICAL SCIENCE, OR OTHER SCIENCE AREAS. SELECT 2: BIO 1100/L100, BIO 1101/L101, BIO 1120/L120, BIO 2229/L229, CHM 1115/L115, CHM 1142/L142, CHM 1143/L143, CHM 2242/L242, PHY 2252/L252, PHY 2253/L253, PHY 2262/L262, PHY 2263/L263, SCI 2233/L233, SCI 2234/L234, SCI 2240/L240.	8 HOURS
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### AREA IV

TAKE ANY 1000-2000 LEVEL COURSE WITH A PRIMARY FOCUS IN HISTORY	3 HOURS
TAKE THREE 1000-2000 LEVEL COURSE FROM THE FOLLOWING SOCIAL SCIENCE DISCIPLINES: ANTHROPOLOGY, BUSINESS, CRIMINAL JUSTICE, ECONOMICS, GEOGRAPHY, HISTORY, HUMAN SERVICES, LEADERSHIP, INTERDISCIPLINARY STUDIES, NURSING, POLITICAL SCIENCE, PSYCHOLOGY, RELIGION, SOCIAL WORK, SOCIOLOGY, OR OTHER SOCIAL SCIENCE AREAS.	9 HOURS

NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.

### AREA V

IS 2241	COMPUTER CONCEPTS AND APPLICATIONS	3 HOURS
TROY 1101	UNIVERSITY ORIENTATION	1 HOUR
KHP 2200	HEALTH CONCEPTS	1 HOUR
KHP 2202	FIRST AID, SAFETY, AND CPR	2 HOURS
KHP 2240	PERSONAL AND COMMUNITY HEALTH	3 HOURS
TAKE 2 HOURS OF PHYSICAL ACTIVITY COURSES		2 HOURS
TAKE 7 HOURS OF ADVISER APPROVED ELECTIVES		7 HOURS

EVERY REASONABLE ATTEMPT TO ENSURE ACCURACY HAS BEEN MADE. SOME COURSES (SUCH AS DEVELOPMENTAL OR PRE-REQUISITE COURSES) ARE NOT REFLECTED IN THIS DEGREE MAP. COMPLETION OF DEGREE REQUIREMENTS IS BASED ON THE SPECIFIC CATALOG YEAR FOR EACH STUDENT. A MINIMUM OF 120 HOURS IS REQUIRED FOR ALL BACCALAUREATE DEGREE PROGRAMS. AT LEAST 25% OF THE CREDIT HOURS REQUIRED FOR THE DEGREE MUST BE COMPLETED IN RESIDENCY WITH TROY UNIVERSITY. AT LEAST 12 SEMESTER HOURS OF RESIDENCY MUST BE COMPLETED IN EACH MAJOR FIELD(S) OF STUDY. A MINIMUM GPA OF 2.0 OVERALL AND IN THE MAJOR IS REQUIRED TO GRADUATE. NOTE: PLEASE CONSULT THE COLLEGE OF HEALTH AND HUMAN SERVICES OR CURRENT CATALOG FOR OTHER REQUIREMENTS NOT COVERED IN THIS DOCUMENT. NOTES: A SEQUENCE IN LITERATURE OR HISTORY IS REQUIRED. WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT. COURSEWORK MARKED WITH AN ASTERISK (\*) ARE INTERNATIONAL COURSES. SIX HOURS OF INTERNATIONAL COURSEWORK IS REQUIRED. CONSIDER THIS REQUIREMENT WHEN SELECTING COURSEWORK IN AREAS II AND IV.

## COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN HEALTH PROMOTION WITH HEALTH PROMOTION MINOR PROGRAM YEAR 2019-2020

HEALTH PROMOTION MAJOR (42 HOURS)  
2.0 GPA REQUIRED

KHP 2211	HUMAN NUTRITION	3 HOURS
KHP 2251	FOUNDATIONS OF PHYSICAL EDUCATION AND HEALTH	3 HOURS
KHP 2260	APPLIED FITNESS CONCEPTS	2 HOURS
HSTM 3301	LEISURE IN SOCIETY	3 HOURS
KHP 3310/L310	INTRODUCTION TO FOOD SCIENCE AND LAB	3/1 HOURS
KHP 3316	COMMUNITY NUTRITION	3 HOURS
HSTM 3340	PRINCIPLES OF RECREATION	3 HOURS
KHP 3350	PSYCHOLOGY OF WELLNESS	3 HOURS
SOC 3365	SOCIOLOGY OF SPORT	3 HOURS
HS 3370	PROFESSIONAL COMMUNICATION SKILLS	3 HOURS
KHP 3391	TESTING & STATISTICAL INTERPRETATION	3 HOURS
KHP 4427	HEALTH BEHAVIOR	3 HOURS
KHP 4442	HEALTH EDUCATION	3 HOURS
KHP 4458	LIFECYCLE NUTRITION	3 HOURS

HEALTH PROMOTION MINOR (18 HOURS)

KHP 3352	KINESIOLOGY	3 HOURS
KHP 4405	PHYSICAL ACTIVITY AND DISEASE PREVENTION	3 HOURS
*KHP 4427	HEALTH BEHAVIOR	3 HOURS
KHP 4459	SPORT AND EXERCISE NUTRITION	3 HOURS
KHP 4474/L474	EXERCISE PHYSIOLOGY AND LAB	3/1 HOURS

SELECT AND ADDITIONAL TWO HOURS OF ADVISER-APPROVED COURSES.

\*ANOTHER COURSE WILL NEED TO BE ADVISER-APPROVE TO SUBSTITUTE AS THIS COURSE IS REQUIRED IN THE MAJOR REQUIREMENTS.