

MY DEGREE MAP

COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION PROGRAM YEAR 2020-21

the state of the s		1 ST YEAR		
1st semester	HRS	2ND SEMESTER	HRS	SUMMER
IST SEWIESTER	пкз	ZND SEMESTER	пкз	SEMESTER
TDOV 1101	1	TNC 1102 /04	3	SELECT COURSES
TROY 1101	1	ENG 1102/04		THAT HAVE NOT BEEN COMPLETED
ENG 1101/03	3	BIO 1101/L101	3/1	FROM PREVIOUS 2 SEMESTERS OR
MTH 1112	3	CHM 1142/L142	3/1	COURSES SUCH AS
BIO 1100/L100	3/1	AREA II HUM/FA COURSE	3	PREREQUISITE Courses or
AREA II FINE ARTS COURSE	3	FREE ELEC	1	COURSES TO BE RETAKEN
TOTAL	14	TOTAL	15	
		2 ND YEAR		
3rd semester	HRS	4TH SEMESTER	HRS	SUMMER
				SEMESTER
CHM 1143/L143	3/1	AREA IV SS COURSE	3	SELECT COURSES THAT HAVE NOT
AREA II LIT COURSE	3	KHP 2211	3	BEEN COMPLETED FROM PREVIOUS 2
BIO 2220/L220	3/1	IS 2241	3	SEMESTERS OR COURSES SUCH AS
KHP 3360	3	BIO 3347/L347	3/1	PREREQUISITE COURSES OR
KHP 1142	1	KHP ELEC	1	COURSES TO BE
		KHP 2202	2	RETAKEN
TOTAL	15	TOTAL	16	
	Į.	3 RD YEAR		
5th semester	HRS	6TH SEMESTER	HRS	SUMMER
				SEMESTER
AREA IV SS COURSE	3	KHP 3311	3	SELECT COURSES That have not
BIO 3348/L348	3/1	KHP 4474/L474	3/1	BEEN COMPLETED
AREA II HUM/FA COURSE (LIT COURSE DR)	3	KHP 3352	3	FROM PREVIOUS 2 SEMESTERS OR
KHP 3310/L310	3/1	AREA IV SS COURSE	3	PREREQUISITE
	0, 1	KHP 3315	2	COURSES OR Courses to be
	1.4			
TOTAL	14	TOTAL	15	RETAKEN
TOTAL	14	TOTAL 4 TH YEAR	15	RETAKEN
	4	4 th YEAR		
7TH SEMESTER			15 HRS	SUMMER
7th Semester	HRS	^{4th YEAR 8th Semester}	HRS	SUMMER SEMESTER SELECT COURSES
7TH SEMESTER KHP 4475	HRS 3	4 th YEAR 8th Semester KHP 4476	HRS 2	SUMMER SEMESTER SELECT COURSES THAT HAVE NOT BEEN COMPLETED
7TH SEMESTER KHP 4475 KHP 4496/L496	HRS 3 3/1	4 TH YEAR 8TH SEMESTER KHP 4476 KHP 4488	HRS 2 3	SUMMER SEMESTER SELECT COURSES THAT HAVE NOT
7TH SEMESTER KHP 4475 KHP 4496/L496 KHP 3316	HRS 3 3/1 3	4 TH YEAR 8TH SEMESTER KHP 4476 KHP 4488 KHP 4459	HRS 2 3 3	SUMMER SEMESTER SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS
7TH SEMESTER KHP 4475 KHP 4496/L496 KHP 3316 KHP 4458	HRS 3 3/1 3 3	4 TH YEAR 8TH SEMESTER KHP 4476 KHP 4488 KHP 4459 KHP 4495	HRS 2 3 3 3 3	SUMMER SEMESTER SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR
7TH SEMESTER KHP 4475 KHP 4496/L496 KHP 3316	HRS 3 3/1 3	4 TH YEAR 8TH SEMESTER KHP 4476 KHP 4488 KHP 4459 KHP 4495 KHP 4497	HRS 2 3 3 3 1	SUMMER SEMESTER SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE
7TH SEMESTER KHP 4475 KHP 4496/L496 KHP 3316 KHP 4458 KHP 4425	HRS 3 3/1 3 3 3 3	ATH YEAR 8TH SEMESTER KHP 4476 KHP 4488 KHP 4459 KHP 4495 KHP 4497 AREA IV HIS COURSE	HRS 2 3 3 1 3	SUMMER SEMESTER SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE
7TH SEMESTER KHP 4475 KHP 4496/L496 KHP 3316 KHP 4458	HRS 3 3/1 3 3 3 16	ATH YEAR 8TH SEMESTER KHP 4476 KHP 4488 KHP 4459 KHP 4495 KHP 4497 AREA IV HIS COURSE TOTAL	HRS 2 3 3 3 1	SUMMER SEMESTER SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE
7TH SEMESTER KHP 4475 KHP 4496/L496 KHP 3316 KHP 4458 KHP 4425 TOTAL	HRS 3 3/1 3 3 3 16	ATH YEAR 8TH SEMESTER KHP 4476 KHP 4488 KHP 4459 KHP 4495 KHP 4497 AREA IV HIS COURSE	HRS 2 3 3 1 3	SUMMER SEMESTER SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE
7TH SEMESTER KHP 4475 KHP 4496/L496 KHP 3316 KHP 4458 KHP 4425 TOTAL	HRS 3 3/1 3 3 3 16 HRS	ATH YEAR 8TH SEMESTER KHP 4476 KHP 4488 KHP 4459 KHP 4495 KHP 4497 AREA IV HIS COURSE TOTAL	HRS 2 3 3 1 3	SUMMER SEMESTER SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE
7TH SEMESTER KHP 4475 KHP 4496/L496 KHP 3316 KHP 4458 KHP 4425 TOTAL 9TH SEMESTER KHP 4498	HRS 3 3/1 3 3 3 16 HRS 3	ATH YEAR 8TH SEMESTER KHP 4476 KHP 4488 KHP 4459 KHP 4495 KHP 4497 AREA IV HIS COURSE TOTAL	HRS 2 3 3 1 3	SUMMER SEMESTER SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE
7TH SEMESTER KHP 4475 KHP 4496/L496 KHP 3316 KHP 4458 KHP 4425 TOTAL 9TH SEMESTER	HRS 3 3/1 3 3 3 16 HRS 3 3 3	ATH YEAR 8TH SEMESTER KHP 4476 KHP 4488 KHP 4459 KHP 4495 KHP 4497 AREA IV HIS COURSE TOTAL 5TH YEAR	HRS 2 3 3 1 3	SUMMER SEMESTER SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE



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COMPLETE ALL 6 SUB-REQUIREMENTS					
A. AREA I:					
Take the following courses: Minimum Grade of "C" required ENG 1101 Comp and Modern English I ENG 1102 Comp and Modern English II	3 HOURS 3 HOURS				
B. AREA II:					
Take any 1000-2000 level course in literature Take any 1000-2000 level course with an expanded historical and Cultural Scope In Fine arts. Including the disciplines of Art. Music. Theatre. Film. or other fine arts area.					
TAKE ANY TWO 1000-2000 LEVEL COURSES WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN THE HUMANITIES/FINE ARTS DISCIPLINES, INCLUDING ENGLISH, FOREIGN LANGUAGES, RELIGION, PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION, SIGN LANGUAGE, INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/FINE ARTS AREAS.					
C. AREA III:					
TAKE THE FOLLOWING COURSES: TAKE BIO 1100/L100 PRINCIPLES OF BIOLOGY W/LAB CHM 1142/L142 General Chemistry I W/Lab Take MTH 1112 ("C" or better)	3/1 HOURS 3/1 HOURS 3 HOURS				
D. AREA IV:					
TAKE ANY 1000-2000 LEVEL COURSE WITH A PRIMARY FOCUS IN HISTORY. TAKE ANY THREE COURSES FROM THE FOLLOWING: ANT 2200, ECO 2251, ECO 2252, GEO 2210, HIS 1101, HIS 1102, HIS 1111, HIS 1112, HIS 1122, HIS 1123, POL 2241, POL 2260, PSY 2200, PSY 2210, OR SOC 2275.	3 HOURS 9 HOURS				
E. AREA V:					
TAKE THE FOLLOWING COURSES: IS 2241 COMPUTER CONCEPTS & APPLICATIONS TROY 1101 THE UNIVERSITY EXPERIENCE KHP 1142 BEGINNING WEIGHT TRAINING (F, SP, SUM)	3 HOURS 1 HOUR 1 HOUR				
ANY 1000-2000 LEVEL KHP ACTIVITY COURSE BIO 2220/L210 PRINCIPLES OF CELL BIOLOGY/LAB CHM 1143/L143 GENERAL CHEMISTRY II W/LAB KHP 2202 FIRST AID, SAFETY, CPR (F, SP, SUM) KHP 2211 HUMAN NUTRITION (F, SP, SUM) KHP 3360 PHYSIOLOGICAL PRINCIPLES OF BODY SYSTEMS (F, SP, SUM)	1 HOUR 3/1 HOURS 3/1 HOURS 2 HOURS 3 HOURS 3 HOURS				

EVERY REASONABLE ATTEMPT TO ENSURE ACCURACY HAS BEEN MADE. SOME COURSES (SUCH AS DEVELOPMENTAL OR PRE-REQUISITE COURSES) ARE NOT REFLECTED IN THIS DEGREE MAP. COMPLETION OF DEGREE REQUIREMENTS IS BASED ON THE SPECIFIC CATALOG YEAR FOR EACH STUDENT.A MINIMUM OF 120 HOURS IS REQUIRED FOR ALL BACCALAUREATE DEGREE PROGRAMS.AT LEAST 25% OF THE CREDIT HOURS REQUIRED FOR THE DEGREE MUST BE COMPLETED IN RESIDENCY WITH TROY UNIVERSITY.AT LEAST 12 SEMESTER HOURS OF RESIDENCY MUST BE COMPLETED IN EACH MAJOR FIELD(S) OF STUDY.A MINIMUM GPA OF 2.0 OVERALL AND IN THE MAJOR IS REQUIRED TO GRADUATE.NOTE: PLEASE CONSULT THE COLLEGE OF HEALTH AND HUMAN SERVICES OR CURRENT CATALOG FOR OTHER REQUIREMENTS NOT COVERED IN THIS DOCUMENT.NOTES: A SEQUENCE IN LITERATURE OR HISTORY IS REQUIRED. PLEASE CONSIDER THIS REQUIREMENT. WHEN SELECTING COURSEWORK IN AREAS II OR IV.



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EXE	EXERCISE SCIENCE PROGRAM			(40 HOURS)		
Minimum 2.0 overall GPA required						
	Take the following courses:					
	KHP	4425	PATHOPHYSIOLOGY (F, SP, SUM)	3 HOURS		
	BIO	3347/L347	HUMAN ANATOMY & PHYSIOLOGY I/LAB	3/1 HOURS		
	BIO	3348/L348	HUMAN ANATOMY & PHYSIOLOGY II/LAB	3/1 HOURS		
	KHP	3352	KINESIOLOGY (F,SP, SUM)	3 HOURS		
	KHP	4459	SPORT & EXERCISE NUTRITION (F, SP, SUM)	3 HOURS		
	KHP	4474/L474	EXERCISE PHYSIOLOGY/LAB (F, SP, SUM)	3/1 HOURS		
	KHP	4475	EXERCISE TEST & PRESCRIPTION (F, SP, SUM)	3 HOURS		
	KHP	4476	LAB PRACTICUM EXERCISE PERFORMANCE (F, SP)	2 HOURS		
	KHP	4488	CARDIOVASCULAR PHYSIOLOGY (F, SP, SUM)	3 HOURS		
	KHP	4495	ADVANCED EXERCISE PHYSIOLOGY (F, SP, SUM)	3 HOURS		
	KHP	4496/L496	BIOMECHANICS/LAB (F, SP)	3/1 HOURS		
	KHP	4497	SENIOR SEMINAR IN EXERCISE (F, SP)	1 HOUR		
	KHP	4498	Internship In Exercise Science (F, SP, SUM)	3 HOURS		
NU	NUTRITION CONCENTRATION			(19 HOURS)		
	TAKE 7	THE FOLLOW	ING COURSES:			
	KHP		INTRODUCTION TO FOOD SCIENCE W/LAB (T1)	3/1 HOURS		
		3311	NUTRITIONAL ASSESSMENT (T2)	3 HOURS		
		3315	COMPLEMENTARY AND ALTERNATIVE THERAPIES (T3)	2 HOURS		
	KHP		COMMUNITY NUTRITION (T4)	3 HOURS		
	KHP	4458	LIFECYCLE NUTRITION (T4)	3 HOURS		
	Take One of The Following Combinations:					
	BIO		ORGANISMAL BIOLOGY	3/1 HOURS		
	OR	1101/L101	ORGANISMAL BIOLOGY	3/1 HOURS		
	KHP	4460/L460	PRINCIPLES OF STRENGTH AND CONDITIONING/LAB	3/1 Hours		
	OR	44007 L400	PRINCIPLES OF STRENGTH AND CONDITIONING/ LAB	3/1 HOURS		
	BIO	3372/1372	MICROBIOLOGY/LAB	3/1 Hours		
	OR	3312/ L312	WIGGOBIOLOGI7 EAB	3/1 1100K3		
		3342/L342	ORGANIC CHEMISTRY/LAB	3/1 Hours		
FRE	FREE ELECTIVES REQUIREMENT			(1 HOUR)		
TAKE 1 SEMESTER HOUR OF ADVISOR APPROVED ELECTIVES.				1 Hour		
	(MINIMUM GRADE OF "C" REQUIRED)					

MY DEGREE MAP SERVES AS A GUIDE TO ASSIST YOU WITH THE PROPER SEQUENCE AND SELECTION OF COURSES. IT DOES NOT REPLACE YOUR PROGRAM EVALUATION (AVAILABLE THROUGH TROJAN WEB EXPRESS), WHICH DEPICTS THE OFFICIAL DOCUMENT USED TO CLEAR STUDIENTS FOR GRADUATION. MY DEGREE MAP INCLUDES THE REQUIRED COURSE WORK AND SUGGESTED SEQUENCE OF COURSES FOR A PARTICULAR DEGREE PROGRAM. EVERY REASONABLE ATTEMPT HAS BEEN MADE TO ENSURE ACCURACY OF CONTENT. PLEASE KEEP IN MINDT THAT SOME COURSES, SUCH AS DEVELOPMENTAL OR PRE-REQUISITE COURSES, ARE NOT REFLECTED IN MY DEGREE MAP. COMPLETION OF DEGREE REQUIREMENTS IS BASED ON THE SPECIFIC CATALOG YEAR UNDER WHICH YOU WERE ADMITTED TO TROY. PLEASE CONSULT THE COLLEGE CATALOG, YOUR ACADEMIC ADVISOR, YOUR SPECIFIC SCHOOL, DEPARTMENT, OR YOUR PROGRAM EVALUATION FOR ANY ADDITIONAL REQUIREMENTS.