

MY DEGREE MAP
COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN
EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION
PROGRAM YEAR 2020-21

1 ST YEAR				
1ST SEMESTER	HRS	2ND SEMESTER	HRS	SUMMER SEMESTER
TROY 1101	1	ENG 1102/04	3	SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN
ENG 1101/03	3	BIO 1101/L101	3/1	
MTH 1112	3	CHM 1142/L142	3/1	
BIO 1100/L100	3/1	AREA II HUM/FA COURSE	3	
AREA II FINE ARTS COURSE	3	FREE ELEC	1	
TOTAL	14	TOTAL	15	
2 ND YEAR				
3RD SEMESTER	HRS	4TH SEMESTER	HRS	SUMMER SEMESTER
CHM 1143/L143	3/1	AREA IV SS COURSE	3	SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN
AREA II LIT COURSE	3	KHP 2211	3	
BIO 2220/L220	3/1	IS 2241	3	
KHP 3360	3	BIO 3347/L347	3/1	
KHP 1142	1	KHP ELEC	1	
		KHP 2202	2	
TOTAL	15	TOTAL	16	
3 RD YEAR				
5TH SEMESTER	HRS	6TH SEMESTER	HRS	SUMMER SEMESTER
AREA IV SS COURSE	3	KHP 3311	3	SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN
BIO 3348/L348	3/1	KHP 4474/L474	3/1	
AREA II HUM/FA COURSE (LIT COURSE DR)	3	KHP 3352	3	
KHP 3310/L310	3/1	AREA IV SS COURSE	3	
		KHP 3315	2	
TOTAL	14	TOTAL	15	
4 TH YEAR				
7TH SEMESTER	HRS	8TH SEMESTER	HRS	SUMMER SEMESTER
KHP 4475	3	KHP 4476	2	SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN
KHP 4496/L496	3/1	KHP 4488	3	
KHP 3316	3	KHP 4459	3	
KHP 4458	3	KHP 4495	3	
KHP 4425	3	KHP 4497	1	
		AREA IV HIS COURSE	3	
TOTAL	16	TOTAL	15	
5 TH YEAR				
9TH SEMESTER	HRS			
KHP 4498	3			
TOTAL	3			
MINIMUM HOURS REQUIRED FOR DEGREE				123



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COMPLETE ALL 6 SUB-REQUIREMENTS

(63 HOURS)

A. AREA I:

TAKE THE FOLLOWING COURSES:

MINIMUM GRADE OF "C" REQUIRED

ENG 1101 COMP AND MODERN ENGLISH I

3 HOURS

ENG 1102 COMP AND MODERN ENGLISH II

3 HOURS

B. AREA II:

TAKE ANY 1000-2000 LEVEL COURSE IN LITERATURE

3 HOURS

TAKE ANY 1000-2000 LEVEL COURSE WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN

3 HOURS

FINE ARTS, INCLUDING THE DISCIPLINES OF ART, MUSIC, THEATRE, FILM, OR OTHER FINE ARTS AREA.

TAKE ANY TWO 1000-2000 LEVEL COURSES WITH AN EXPANDED HISTORICAL AND CULTURAL

6 HOURS

SCOPE IN THE HUMANITIES/FINE ARTS DISCIPLINES, INCLUDING ENGLISH, FOREIGN LANGUAGES,

RELIGION, PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION, SIGN LANGUAGE,

INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/FINE ARTS AREAS.

C. AREA III:

TAKE THE FOLLOWING COURSES:

TAKE BIO 1100/L100 PRINCIPLES OF BIOLOGY W/LAB

3/1 HOURS

CHM 1142/L142 GENERAL CHEMISTRY I W/LAB

3/1 HOURS

TAKE MTH 1112 ("C" OR BETTER)

3 HOURS

D. AREA IV:

TAKE ANY 1000-2000 LEVEL COURSE WITH A PRIMARY FOCUS IN HISTORY.

3 HOURS

TAKE ANY THREE COURSES FROM THE FOLLOWING: ANT 2200, ECO 2251, ECO 2252, GEO 2210,

9 HOURS

HIS 1101, HIS 1102, HIS 1111, HIS 1112, HIS 1122, HIS 1123, POL 2241, POL 2260, PSY 2200,

PSY 2210, OR SOC 2275.

E. AREA V:

TAKE THE FOLLOWING COURSES:

IS 2241 COMPUTER CONCEPTS & APPLICATIONS

3 HOURS

TROY 1101 THE UNIVERSITY EXPERIENCE

1 HOUR

KHP 1142 BEGINNING WEIGHT TRAINING (F, SP, SUM)

1 HOUR

ANY 1000-2000 LEVEL KHP ACTIVITY COURSE

1 HOUR

BIO 2220/L210 PRINCIPLES OF CELL BIOLOGY/LAB

3/1 HOURS

CHM 1143/L143 GENERAL CHEMISTRY II W/LAB

3/1 HOURS

KHP 2202 FIRST AID, SAFETY, CPR (F, SP, SUM)

2 HOURS

KHP 2211 HUMAN NUTRITION (F, SP, SUM)

3 HOURS

KHP 3360 PHYSIOLOGICAL PRINCIPLES OF BODY SYSTEMS (F, SP, SUM)

3 HOURS



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EXERCISE SCIENCE PROGRAM

(40 HOURS)

MINIMUM 2.0 OVERALL GPA REQUIRED

TAKE THE FOLLOWING COURSES:

KHP	4425	PATHOPHYSIOLOGY (F, SP, SUM)	3 HOURS
BIO	3347/L347	HUMAN ANATOMY & PHYSIOLOGY I/LAB	3/1 HOURS
BIO	3348/L348	HUMAN ANATOMY & PHYSIOLOGY II/LAB	3/1 HOURS
KHP	3352	KINESIOLOGY (F, SP, SUM)	3 HOURS
KHP	4459	SPORT & EXERCISE NUTRITION (F, SP, SUM)	3 HOURS
KHP	4474/L474	EXERCISE PHYSIOLOGY/LAB (F, SP, SUM)	3/1 HOURS
KHP	4475	EXERCISE TEST & PRESCRIPTION (F, SP, SUM)	3 HOURS
KHP	4476	LAB PRACTICUM EXERCISE PERFORMANCE (F, SP)	2 HOURS
KHP	4488	CARDIOVASCULAR PHYSIOLOGY (F, SP, SUM)	3 HOURS
KHP	4495	ADVANCED EXERCISE PHYSIOLOGY (F, SP, SUM)	3 HOURS
KHP	4496/L496	BIOMECHANICS/LAB (F, SP)	3/1 HOURS
KHP	4497	SENIOR SEMINAR IN EXERCISE (F, SP)	1 HOUR
KHP	4498	INTERNSHIP IN EXERCISE SCIENCE (F, SP, SUM)	3 HOURS

NUTRITION CONCENTRATION

(19 HOURS)

TAKE THE FOLLOWING COURSES:

KHP	3310/L310	INTRODUCTION TO FOOD SCIENCE W/LAB (T1)	3/1 HOURS
KHP	3311	NUTRITIONAL ASSESSMENT (T2)	3 HOURS
KHP	3315	COMPLEMENTARY AND ALTERNATIVE THERAPIES (T3)	2 HOURS
KHP	3316	COMMUNITY NUTRITION (T4)	3 HOURS
KHP	4458	LIFECYCLE NUTRITION (T4)	3 HOURS

TAKE ONE OF THE FOLLOWING COMBINATIONS:

BIO	1101/L101	ORGANISMAL BIOLOGY	3/1 HOURS
OR			
KHP	4460/L460	PRINCIPLES OF STRENGTH AND CONDITIONING/LAB	3/1 HOURS
OR			
BIO	3372/L372	MICROBIOLOGY/LAB	3/1 HOURS
OR			
CHM	3342/L342	ORGANIC CHEMISTRY/LAB	3/1 HOURS

FREE ELECTIVES REQUIREMENT

(1 HOUR)

TAKE 1 SEMESTER HOUR OF ADVISOR APPROVED ELECTIVES.
(MINIMUM GRADE OF "C" REQUIRED)

1 HOUR