

MY DEGREE MAP

COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN HEALTH PROMOTION WITH COACHING MINOR-PROGRAM YEAR 2020-21

1 ST YEAR								
1 ST SEMESTER	HOURS	2 ND SEMESTER	HOURS					
TROY 1101	1	ENG 1102/04	3					
ENG 1101/03	3	AREA III SCI/LAB COURSE	3/1					
MTH 1110 OR MTH 1112	3	AREA IV SS COURSE	3					
AREA II FINE ARTS COURSE	3	KHP 2200	1					
AREA IV SS COURSE	3	KHP 2202	2					
IS 2241	3	PHYSICAL ACTIVITY COURSE	1					
NOT THE RESIDENCE OF THE PARTY	-10-12-11	ADVISOR APPROVED ELEC	1					
TOTAL	16	TOTAL	15					
	2 ND \	EAR						
3 RD SEMESTER	HOURS	4 th Semester	HOURS					
AREA II LIT COURSE	3	AREA II HUM/FA COURSE	3					
AREA IV HIS COURSE	3	KHP 2211	3					
AREA III SCI/LAB COURSE	3/1	KHP 2251	3					
AREA IV SS COURSE	3	KHP 2260	2					
KHP 2240	3	MINOR COURSE	3					
TOTAL	16	TOTAL	14					
3 RD YEAR								
5 th Semester	HOURS	6 [™] SEMESTER	HOURS					
HSTM 3301	HOURS 3	6 TH SEMESTER KHP 3350	3					
HSTM 3301 KHP 3310/L310	3 3/1	6 TH SEMESTER KHP 3350 HS 3375	3					
HSTM 3301 KHP 3310/L310 KHP 3316	3 3/1 3	6 TH SEMESTER KHP 3350 HS 3375 HS 3370	3 3 3					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340	3 3/1 3 3	6 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391	3 3 3 3					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE	3 3/1 3 3 3	6 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391 MINOR COURSE	3 3 3 3					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340	3 3/1 3 3	6 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391	3 3 3 3					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE	HOURS 3 3/1 3 3 16	6 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391 MINOR COURSE TOTAL	3 3 3 3 3					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL	HOURS 3 3/1 3 3 16	6 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391 MINOR COURSE TOTAL	3 3 3 3 3 15					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL	HOURS 3 3/1 3 3 16 4TH Y HOURS	6 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391 MINOR COURSE TOTAL EAR 8 TH SEMESTER	3 3 3 3 15 HOURS					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC	HOURS 3 3/1 3 3 16 4TH Y HOURS 3	6 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391 MINOR COURSE TOTAL EAR 8 TH SEMESTER MINOR COURSE	3 3 3 3 3 15 HOURS					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427	HOURS 3 3/1 3 3 16 4 TH Y HOURS 3 3	6 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391 MINOR COURSE TOTAL EAR 8 TH SEMESTER MINOR COURSE KHP 4458	3 3 3 3 15 HOURS 3 3					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 3360	HOURS 3 3/1 3 3 16 4TH Y HOURS 3 3 3	CAR 8 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391 MINOR COURSE TOTAL EAR 8 TH SEMESTER MINOR COURSE KHP 4458 ADVISOR APPROVED ELEC	3 3 3 3 15 HOURS 3 3					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 3360 MINOR COURSE	HOURS 3 3/1 3 3 16 4 TH Y HOURS 3 3 3 3	CAR 8 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391 MINOR COURSE TOTAL TOTAL EAR 8 TH SEMESTER MINOR COURSE KHP 4458 ADVISOR APPROVED ELEC AREA II HUM/FA COURSE	3 3 3 3 3 15 HOURS 3 3 3					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 3360	HOURS 3 3/1 3 3 16 4TH Y HOURS 3 3 3	CAR 8 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391 MINOR COURSE TOTAL EAR 8 TH SEMESTER MINOR COURSE KHP 4458 ADVISOR APPROVED ELEC	3 3 3 3 15 HOURS 3 3					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 3360 MINOR COURSE MINOR COURSE	HOURS 3 3/1 3 3 16 4 TH Y HOURS 3 3 3 3	CAR 8 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391 MINOR COURSE TOTAL TOTAL EAR 8 TH SEMESTER MINOR COURSE KHP 4458 ADVISOR APPROVED ELEC AREA II HUM/FA COURSE	3 3 3 3 3 15 HOURS 3 3 3					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 3360 MINOR COURSE MINOR COURSE MINOR COURSE	HOURS 3 3/1 3 3 16 4 TH Y HOURS 3 3 3 3	CAR 8 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391 MINOR COURSE TOTAL TOTAL EAR 8 TH SEMESTER MINOR COURSE KHP 4458 ADVISOR APPROVED ELEC AREA II HUM/FA COURSE	3 3 3 3 3 15 HOURS 3 3 3					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 3360 MINOR COURSE MINOR COURSE MINOR COURSE SUBMIT GRADUATION APPLICATION	HOURS 3 3/1 3 3 16 4TH Y HOURS 3 3 3 3 3 3 3	KHP 3350 HS 3375 HS 3370 KHP 3391 MINOR COURSE TOTAL EAR 8 TH SEMESTER MINOR COURSE KHP 4458 ADVISOR APPROVED ELEC AREA II HUM/FA COURSE PHYSICAL ACTIVITY COURSE	3 3 3 3 3 15 HOURS 3 3 3 3					
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 3360 MINOR COURSE MINOR COURSE MINOR COURSE	HOURS 3 3/1 3 3 16 4 TH Y HOURS 3 3 3 3	CAR 8 TH SEMESTER KHP 3350 HS 3375 HS 3370 KHP 3391 MINOR COURSE TOTAL TOTAL EAR 8 TH SEMESTER MINOR COURSE KHP 4458 ADVISOR APPROVED ELEC AREA II HUM/FA COURSE	3 3 3 3 3 15 HOURS 3 3 3					



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COMPLETE ALL REQUIREMENTS	(60 HOURS)
AREA I	
TAKE THE FOLLOWING COURSES: ENG 1101 COMP AND MODERN ENGLISH I ENG 1102 COMP AND MODERN ENGLISH II MINIMUM GRADE OF "C" REQ	3 HOURS 3 HOURS
AREA II	
TAKE ANY 1000 2000 LEVEL COURSE IN LITERATURE TAKE ANY 1000 2000 LEVEL COURSE WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN FINE ARTS, INCLUDING THE DISCIPLINES OF ART, MUSIC, THEATRE, FILM, OR OTHER FINE ARTS AREA.	3 HOURS 3 HOURS
TAKE ANY TWO 1000 2000 LEVEL COURSES WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN THE HUMANITIES/FINE ARTS DISCIPLINES, INCLUDING ENGLISH, FOREIGN LANGUAGES, RELIGION, PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION, SIGN LANGUAGE, INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/ FINE ARTS AREAS.	6 HOURS
NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ. WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.	
AREA III	
TAKE MTH 1110 OR MTH 1112	3 HOURS
MINIMUM GRADE OF "C" REQ TAKE ANY TWO 1000-2000 LEVEL SCIENCE CLASSES (CLASS AND CORRESPONDING LAB) FROM THE FOLLOWING SCIENCE DISCIPLINES: BIOLOGY, CHEMISTRY, PHYSICS, PHYSICAL SCIENCE, OR OTHER SCIENCE AREAS. SELECT 2: BIO 1100/L100, BIO 1101/L101, BIO 1120/L120, BIO 2229/L229, CHM 1115/L115, CHM 1142/L142, CHM 1143/L143, CHM 2242/L242, PHY 2252/L252, PHY 2253/L253, PHY 2262/L262, PHY 2263/L263, SCI 1110/L110, SCI 2233/L233, SCI 2234/L234, SCI 2240/L240.	8 HOURS
AREA IV	
TAKE ANY 1000-2000 LEVEL COURSE WITH A PRIMARY FOCUS IN HISTORY TAKE THREE 1000-2000 LEVEL COURSE FROM THE FOLLOWING SOCIAL SCIENCE DISCIPLINES: ANTHROPOLOGY, BUSINESS, CRIMINAL JUSTICE, ECONOMICS, FINANCE, GEOGRAPHY, HISTORY, HUMAN SERVICES, LEADERSHIP, INTERDISCIPLINARY STUDIES, NURSING, POLITICAL SCIENCE, PSYCHOLOGY, RELIGION, SOCIAL WORK, SOCIOLOGY, OR OTHER SOCIAL SCIENCE AREAS.	3 HOURS 9 HOURS
NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ. WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.	
AREA V	
IS 2241 COMPUTER CONCEPTS AND APPLICATIONS TROY 1101 THE UNIVERSITY EXPERIENCE KHP 2200 HEALTH CONCEPTS KHP 2202 FIRST AID, SAFETY, AND CPR KHP 2240 PERSONAL AND COMMUNITY HEALTH TAKE 2 HOURS OF PHYSICAL ACTIVITY COURSES TAKE 7 HOURS OF ADVISOR APPROVED ELECTIVES OR COURSES TO MEET PREREQUISITES NOT TAKEN IN AREA IV SUCH AS SOC 2275	3 HOURS 1 HOUR 1 HOUR 2 HOURS 3 HOURS 2 HOURS 7 HOURS

EVERY REASONABLE ATTEMPT TO ENSURE ACCURACY HAS BEEN MADE. SOME COURSES (SUCH AS DEVELOPMENTAL OR PRE-REQUISITE COURSES) ARE NOT REFLECTED IN THIS DEGREE MAP. COMPLETION OF DEGREE REQUIREMENTS IS BASED ON THE SPECIFIC CATALOG YEAR FOR EACH STUDENTA MINIMUM OF 120 HOURS IS REQUIRED FOR ALL BACCALAUREATE DEGREE PROGRAMS. AT LEAST 25% OF THE CREDIT HOURS REQUIRED FOR THE DEGREE MUST BE COMPLETED IN RESIDENCY WITH TROY UNIVERSITY.AT LEAST 12 SEMESTER HOURS OF RESIDENCY MUST BE COMPLETED IN EACH MAJOR FIELD(S) OF STUDY.A MINIMUM GPA OF 2.0 OVERALL AND IN THE MAJOR IS REQUIRED TO GRADUATE.NOTE: PLEASE CONSULT THE COLLEGE OF HEALTH AND HUMAN SERVICES OR CURRENT CATALOG FOR OTHER REQUIREMENTS NOT COVERED IN THIS DOCUMENTOTES: A SEQUENCE IN LITERATURE OR HISTORY IS REQUIRED. WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT. COURSEWORK MARKED WITH AN ASTERISK (*) ARE INTERNATIONAL COURSES. SIX HOURS OF INTERNATIONAL COURSEWORK IS REQUIRED. CONSIDER THIS REQUIREMENT WHEN SELECTING COURSEWORK IN AREAS II AND IV.



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HEALTH P 2.0 GPA RE	ROMOTION Quired	I MAJOR	(42 HOURS)
KHP KHP KHP HSTM KHP HSTM KHP HSTM KHP HS KHP HS KHP KHP KHP KHP	3310/L310 3316	HUMAN NUTRITION FOUNDATIONS OF PHYSICAL EDUCATION AND HEALTH APPLIED FITNESS CONCEPTS LEISURE IN SOCIETY INTRODUCTION TO FOOD SCIENCE AND LAB COMMUNITY NUTRITION PRINCIPLES OF RECREATION PSYCHOLOGY OF WELLNESS PROFESSIONAL COMMUNICATION SKILLS DIVERSITY PHYSIOLOGICAL PRINCIPLES OF BODY SYSTEMS TESTING & STATISTICAL INTERPRETATION HEALTH BEHAVIOR LIFECYCLE NUTRITION	3 HOURS 3 HOURS 2 HOURS 3 HOURS 3/1 HOURS 3 HOURS
COACHING MINOR		(18 HOURS)	
KHP KHP KHP KHP KHP	3395 3352 4460/L460 4459 4410 2210	CARE AND PREVENTION OF ATHLETIC INJURIES KINESIOLOGY PRINCIPLES OF STRENGTH AND CONDITIONING AND LAB SPORT AND EXERCISE NUTRITION MOTOR DEVELOPMENT DEVELOPMENTAL PSYCHOLOGY	2 HOURS 3 HOURS 3/1 HOURS 3 HOURS 3 HOURS 3 HOURS