TROY UNIVERSITY TM

ONIVERSITY ™ MY DEGREE MAP COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN HEALTH PROMOTION WITH EXERCISE SCIENCE MINOR PROGRAM YEAR 2020-21

	1 st YEAR						
1 st SEMESTER	HOURS	2 ND SEMESTER	HOURS				
TROY 1101	1	ENG 1102/04	3				
ENG 1101/03	3	AREA III SCI/LAB COURSE	3/1				
MTH 1110 OR MTH 1112	3	AREA IV SS COURSE	3				
AREA II FINE ARTS COURSE	3	KHP 2200	1				
AREA IV SS COURSE	3	KHP 2202	2				
IS 2241	3	PHYSICAL ACTIVITY COURSE	1				
		ADVISOR APPROVED ELEC	1				
TOTAL	16	TOTAL	15				
		Sector Sector Sector Sector					
	2 ND Y	/EAR					
3 RD SEMESTER	HOURS	4 th SEMESTER	HOURS				
AREA II LIT COURSE	3	AREA II HUM/FA COURSE	3				
AREA IV HIS COURSE	3	КНР 2211	3				
AREA III SCI/LAB COURSE	3/1	KHP 2251	3				
AREA IV SS COURSE	3	KHP 2260	2				
КНР 2240	3	MINOR COURSE	3				
TOTAL	16	TOTAL	14				
The second second second second second							
3 RD YEAR							
	J	LAN					
5 th Semester	HOURS	6 TH SEMESTER	HOURS				
5 th SEMESTER HSTM 3301			HOURS 3				
	HOURS	6 th SEMESTER					
HSTM 3301	HOURS 3	6 th SEMESTER KHP 3350	3 3 3				
HSTM 3301 KHP 3310/L310	HOURS 3 3/1 3 3	6 TH SEMESTER KHP 3350 SOC 3365	3 3				
HSTM 3301 KHP 3310/L310 KHP 3316	HOURS 3 3/1 3	6 ^{тн} SEMESTER КНР 3350 SOC 3365 HS 3370	3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340	HOURS 3 3/1 3 3	6 ^{тн} SEMESTER КНР 3350 SOC 3365 HS 3370 КНР 3391	3 3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE	HOURS 3 3/1 3 3 3 3 16	6 ^{тн} SEMESTER КНР 3350 SOC 3365 HS 3370 КНР 3391 MINOR COURSE ТОТАL	3 3 3 3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL	HOURS 3 3/1 3 3 3 16 4 TH Y	6 ^{тн} SEMESTER КНР 3350 SOC 3365 HS 3370 КНР 3391 MINOR COURSE ТОТАL ГАК	3 3 3 3 3 15				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL	HOURS 3 3/1 3 3 3 3 16	6 ^{тн} SEMESTER КНР 3350 SOC 3365 HS 3370 КНР 3391 MINOR COURSE ТОТАL ГАК	3 3 3 3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL	HOURS 3 3/1 3 3 3 16 4 TH Y HOURS 3	6 ^{тн} SEMESTER КНР 3350 SOC 3365 HS 3370 КНР 3391 MINOR COURSE ТОТАL ГАК	3 3 3 3 15 HOURS 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER	HOURS 3 3/1 3 3 3 3 16 4 TH Y HOURS 3 3	6 ^{тн} SEMESTER КНР 3350 SOC 3365 HS 3370 КНР 3391 MINOR COURSE ТОТАL FAR 8 ^{тн} SEMESTER	3 3 3 3 3 15 HOURS 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC	HOURS 3 3/1 3 3 3 16 4 TH Y HOURS 3 3 3 3	6 ^{тн} SEMESTER КНР 3350 SOC 3365 HS 3370 КНР 3391 MINOR COURSE ТОТАL CEAR 8 ^{тн} SEMESTER MINOR COURSE	3 3 3 3 3 15 HOURS 3 3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427	HOURS 3 3/1 3 3 3 3 16 4 TH Y HOURS 3 3	6 TH SEMESTER КНР 3350 SOC 3365 HS 3370 КНР 3391 MINOR COURSE ТОТАL ССОИВА ТОТАL В TH SEMESTER МINOR COURSE КНР 4458	3 3 3 3 3 15 HOURS 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 4442	HOURS 3 3/1 3 3 3 16 4 TH Y HOURS 3 3 3 3	6 ^{тн} SEMESTER КНР 3350 SOC 3365 HS 3370 КНР 3391 MINOR COURSE ТОТАL ССИССИВСЕ ТОТАL В ^{тн} SEMESTER MINOR COURSE КНР 4458 ADVISOR APPROVED ELEC	3 3 3 3 3 15 HOURS 3 3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 4442 MINOR COURSE	HOURS 3 3/1 3 3 3 16 4 TH Y HOURS 3 3 3 3 3 3	6 TH SEMESTER КНР 3350 SOC 3365 HS 3370 КНР 3391 MINOR COURSE TOTAL COURSE CEAR 8 TH SEMESTER MINOR COURSE КНР 4458 ADVISOR APPROVED ELEC AREA II HUM/FA COURSE	3 3 3 3 3 3 15 HOURS 3 3 3 3 3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 4442 MINOR COURSE MINOR COURSE SUBMIT GRADUATION	HOURS 3 3/1 3 3 3 16 4 TH Y HOURS 3 3 3 3 3 3	6 TH SEMESTER КНР 3350 SOC 3365 HS 3370 КНР 3391 MINOR COURSE TOTAL COURSE CEAR 8 TH SEMESTER MINOR COURSE КНР 4458 ADVISOR APPROVED ELEC AREA II HUM/FA COURSE	3 3 3 3 3 3 15 HOURS 3 3 3 3 3 3				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 4442 MINOR COURSE MINOR COURSE SUBMIT GRADUATION APPLICATION	HOURS 3 3/1 3 3 3 16 4 TH Y HOURS 3 3 3 3 3 3 3 3 3 3 3 3 3	6 TH SEMESTER КНР 3350 SOC 3365 HS 3370 КНР 3391 MINOR COURSE TOTAL TOTAL EAR EAR I I I I I I I I	3 3 3 3 3 3 15 HOURS 3 3 3 3 3 3 1				
HSTM 3301 KHP 3310/L310 KHP 3316 HSTM 3340 MINOR COURSE TOTAL 7 TH SEMESTER ADVISOR APPROVED ELEC KHP 4427 KHP 4442 MINOR COURSE MINOR COURSE SUBMIT GRADUATION	HOURS 3 3/1 3 3 3 16 4 TH Y HOURS 3 3 3 3 3 3	6 TH SEMESTER КНР 3350 SOC 3365 HS 3370 КНР 3391 MINOR COURSE TOTAL COURSE CEAR 8 TH SEMESTER MINOR COURSE КНР 4458 ADVISOR APPROVED ELEC AREA II HUM/FA COURSE	3 3 3 3 3 3 15 HOURS 3 3 3 3 3 3 3				



COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN HEALTH PROMOTION WITH EXERCISE SCIENCE MINOR PROGRAM YEAR 2020-21

COMPLETE ALL REQUIREMENTS	(60 HOURS)			
AREA I				
TAKE THE FOLLOWING COURSES: Eng 1101 Comp and modern English I Eng 1102 Comp and modern English II Minimum grade of "C" Req.	3 HOURS 3 HOURS			
AREA II				
TAKE ANY 1000 2000 LEVEL COURSE IN LITERATURE Take any 1000 2000 Level course with an expanded historical and cultural scope in fine arts, including the disciplines of art, music, theatre, film, or other fine arts area.	3 HOURS 3 HOURS			
TAKE ANY TWO 1000 2000 LEVEL COURSES WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN THE HUMANITIES/FINE ARTS DISCIPLINES, INCLUDING ENGLISH, FOREIGN LANGUAGES, RELIGION, PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION, SIGN LANGUAGE, INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/ FINE ARTS AREAS.	6 HOURS			
NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ. WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.				
AREA III				
TAKE MTH 1110 OR MTH 1112 MINIMUM GRADE OF "C" REQ	3 HOURS			
TAKE ANY TWO 1000-2000 LEVEL SCIENCE CLASSES (CLASS AND CORRESPONDING LAB) FROM THE FOLLOWING SCIENCE DISCIPLINES: BIOLOGY, CHEMISTRY, PHYSICS, PHYSICAL SCIENCE, OR OTHER SCIENCE AREAS. SELECT 2: BIO 1100/L100, BIO 1101/L101, BIO 1120/L120, BIO 2229/L229, CHM 1115/L115, CHM 1142/L142, CHM 1143/L143, CHM 2242/L242, PHY 2252/L252, PHY 2253/L253, PHY 2262/L262, PHY 2263/L263, SCI 1110/L110, SCI 2233/L233, SCI 2234/L234, SCI 2240/L240.	8 HOURS			
AREA IV				
TAKE ANY 1000-2000 LEVEL COURSE WITH A PRIMARY FOCUS IN HISTORY TAKE THREE 1000-2000 LEVEL COURSE FROM THE FOLLOWING SOCIAL SCIENCE DISCIPLINES: ANTHROPOLOGY, BUSINESS, CRIMINAL JUSTICE, ECONOMICS, FINANCE, GEOGRAPHY, HISTORY, HUMAN SERVICES, LEADERSHIP, INTERDISCIPLINARY STUDIES, NURSING, POLITICAL SCIENCE, PSYCHOLOGY, RELIGION, SOCIAL WORK, SOCIOLOGY, OR OTHER SOCIAL SCIENCE AREAS.	3 HOURS 9 HOURS			
NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ. WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.				
AREA V				
IS 2241 COMPUTER CONCEPTS AND APPLICATIONS TROY 1101 THE UNIVERSITY EXPERIENCE KHP 2200 HEALTH CONCEPTS KHP 2202 FIRST AID, SAFETY, AND CPR KHP 2240 PERSONAL AND COMMUNITY HEALTH TAKE 2 HOURS OF PHYSICAL ACTIVITY COURSES TAKE 7 HOURS OF ADVISOR APPROVED ELECTIVES OR COURSES TO MEET PREREQUISITES NOT TAKEN IN AREA IV SUCH AS SOC 2275	3 HOURS 1 HOUR 1 HOUR 2 HOURS 3 HOURS 2 HOURS 7 HOURS			

EVERY REASONABLE ATTEMPT TO ENSURE ACCURACY HAS BEEN MADE. SOME COURSES (SUCH AS DEVELOPMENTAL OR PRE-REQUISITE COURSES) ARE NOT REFLECTED IN THIS DEGREE MAP. COMPLETION OF DEGREE REQUIREMENTS IS BASED ON THE SPECIFIC CATALOG YEAR FOR EACH STUDENTA MINIMUM OF 120 HOURS IS REQUIRED FOR ALL BACCALAUREATE DEGREE PROGRAMS. AT LEAST 25% OF THE CREDIT HOURS REQUIRED FOR THE DEGREE MUST BE COMPLETED IN RESIDENCY WITH TROY UNIVERSITY.AT LEAST 12 SEMESTER HOURS OF RESIDENCY MUST BE COMPLETED IN EACH MAJOR FIELD(S) OF STUDYA MINIMUM GPA OF 2.0 OVERALL AND IN THE MAJOR IS REQUIRED TO GRADUATE.NOTE: PLEASE CONSULT THE COLLEGE OF HEALTH AND HUMAN SERVICES OR CUR-RENT CATALOG FOR OTHER REQUIREMENTS NOT COVERED IN THIS DOCUMENT.NOTTES: A SEQUENCE IN LITERATURE OR HISTORY IS REQUIRED. WHEN SELECTING COURSEWORK IN AREAS II OR IV. PLEASE CONSIDER THIS REQUIREMENT. COURSEWORK MARKED WITH AN ASTERISK (*) ARE INTERNATIONAL COURSES. SIX HOURS OF INTERNATIONAL COURSEWORK IS REQUIRED. CONSIDER THIS REQUIREMENT WHEN SELECTING COURSEWORK IN AREAS II AND IV.



COLLEGE OF HEALTH AND HUMAN SERVICES APPROVED ACADEMIC PLAN HEALTH PROMOTION WITH EXERCISE SCIENCE MINOR PROGRAM YEAR 2020-21

HEALTH PROMOTION MAJOR 2.0 GPA REQUIRED

(42 HOURS)

(18 HOURS)

КНІ	2211	HUMAN NUTRITION	3 HOURS
KHI		FOUNDATIONS OF PHYSICAL EDUCATION AND HEALTH	3 HOURS
KHI	2260	APPLIED FITNESS CONCEPTS	2 HOURS
HST	M 3301	LEISURE IN SOCIETY	3 HOURS
KHI	2 3310/L310	INTRODUCTION TO FOOD SCIENCE AND LAB	3/1 HOURS
KHI	2 3316	COMMUNITY NUTRITION	3 HOURS
HST	M 3340	PRINCIPLES OF RECREATION	3 HOURS
KHI	0000	PSYCHOLOGY OF WELLNESS	3 HOURS
HS	3375	DIVERSITY	3 HOURS
HS	3370	PROFESSIONAL COMMUNICATION SKILLS	3 HOURS
KHI	2 3391	TESTING & STATISTICAL INTERPRETATION	3 HOURS
KHI	2 4427	HEALTH BEHAVIOR	3 HOURS
KHI	2 3360	PHYSICOLOGICAL PRINCIPLES OF BODY SYSTEMS	3 HOURS
KHI	2 4458	LIFECYCLE NUTRITION	3 HOURS

EXERCISE SCIENCE MINOR

КНР	3352	KINESIOLOGY	3 HOURS
КНР	4459	Sport and exercise nutrition	3 HOURS
КНР	4474/L474	Exercise physiology and LAB	3/1 HOURS
КНР	4475	Exercise testing	3 HOURS
КНР	4488	Issues and practice in cardiac rehabilitation	3 HOURS
КНР	4476	Laboratory practicum	2 HOURS

MY DEGREE MAP SERVES AS A GUIDE TO ASSIST YOU WITH THE PROPER SEQUENCE AND SELECTION OF COURSES. IT DOES NOT REPLACE YOUR PROGRAM EVALUATION (AVAILABLE THROUGH TROJAN WEE EXPRESS), WHICH DEPICTS THE OFFICIAL DOCUMENT USED TO CLEAR STUDENTS FOR GRADUATION. MY DEGREE MAP INCLUDES THE REQUIRED COURSE WORK AND SUGGESTED SEQUENCE OF COURSES FOR A PARTICULAR DEGREE PROGRAM. EVERY REASONABLE ATTEMPT HAS BEEN MADE TO ENSURE ACCURACY OF CONTENT. PLEASE KEEP IN MIND THAT SOME COURSES. SUCH AS DEVELOPMENTAL OF PRE-REQUISITE COURSES, ARE NOT REFLECTED IN MY DEGREE MAP. COMPLETION OF DEGREE REQUIREMENTS IS BASED ON THE SPECIFIC CATALOG YEAR UNDER WHICH YOU WERE ADMITTED TO TROY. PLEASE CONSULT THE COLLEGE CATALOG, YOUR ACADEMIC ADVISOR, YOUR SPECIFIC SCHOOL, DEPARTMENT, OR YOUR PROGRAM EVALUATION FOR ANY ADDITIONAL REQUIREMENTS.