

1ST YEAR			
1ST SEMESTER	HRS	2ND SEMESTER	HRS
TROY 1101	1	ENG 1102/04	3
ENG 1101/03	3	AREA III SCI/LAB COURSE	3/1
MTH 1110 OR MTH 1112	3	AREA IV SS COURSE	3
AREA II FINE ARTS COURSE	3	KHP 2200	1
AREA IV SS COURSE	3	KHP 2202	2
IS 2241	3	PHYSICAL ACTIVITY COURSE	1
		ADVISOR APPROVED ELEC	1
TOTAL	16	TOTAL	15
2ND YEAR			
3RD SEMESTER	HRS	4TH SEMESTER	HRS
AREA II LIT COURSE	3	AREA II HUM/FA COURSE	3
AREA IV HIS COURSE	3	KHP 2211	3
AREA III SCI/LAB COURSE	3/1	KHP 2251	3
AREA IV SS COURSE	3	KHP 2260	2
KHP 2240	3	MINOR COURSE	3
TOTAL	16	TOTAL	14
3RD YEAR			
5TH SEMESTER	HRS	6TH SEMESTER	HRS
HSTM 2201	3	KHP 3350	3
KHP 3310/L310	3/1	HS 3375	3
KHP 3316	3	HS 3370	3
HSTM 3340	3	KHP 3391	3
MINOR COURSE	3	MINOR COURSE	3
TOTAL	16	TOTAL	15
4TH YEAR			
7TH SEMESTER	HRS	8TH SEMESTER	HRS
ADVISOR APPROVED ELEC	3	MINOR COURSE	3
KHP 4427	3	KHP 4458	3
KHP 3360	3	ADVISOR APPROVED ELEC	3
MINOR COURSE	3	AREA II HUM/FA COURSE	3
MINOR COURSE	3	PHYSICAL ACTIVITY COURSE	1
SUBMIT GRADUATION APPLICATION			
TOTAL	15	TOTAL	13
		TOTAL PROGRAM	120

COMPLETE ALL REQUIREMENTS (60 HOURS)

AREA I

TAKE THE FOLLOWING COURSES:

ENG 1101	COMP AND MODERN ENGLISH I	3 HOURS
ENG 1102	COMP AND MODERN ENGLISH II	3 HOURS
MINIMUM GRADE OF "C" REQ		

AREA II

TAKE ANY 1000 2000 LEVEL COURSE IN LITERATURE 3 HOURS

TAKE ANY 1000 2000 LEVEL COURSE WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN FINE ARTS, INCLUDING THE DISCIPLINES OF ART, MUSIC, THEATRE, FILM, OR OTHER FINE ARTS AREA. 3 HOURS

TAKE ANY TWO 1000 2000 LEVEL COURSES WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN THE HUMANITIES/FINE ARTS DISCIPLINES, INCLUDING ENGLISH, FOREIGN LANGUAGES, RELIGION, PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION, SIGN LANGUAGE, INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/FINE ARTS AREAS. 6 HOURS

NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ. WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.

AREA III

TAKE MTH 1110 OR MTH 1112 3 HOURS
MINIMUM GRADE OF "C" REQ

TAKE ANY TWO 1000-2000 LEVEL SCIENCE CLASSES (CLASS AND CORRESPONDING LAB) FROM THE FOLLOWING SCIENCE DISCIPLINES: BIOLOGY, CHEMISTRY, PHYSICS, PHYSICAL SCIENCE, OR OTHER SCIENCE AREAS. SELECT 2: BIO 1100/L100, BIO 1101/L101, BIO 1120/L120, BIO 2229/L229, CHM 1115/L115, CHM 1142/L142, CHM 1143/L143, CHM 2242/L242, PHY 2252/L252, PHY 2253/L253, PHY 2262/L262, PHY 2263/L263, SCI 1110/L110, SCI 2233/L233, SCI 2234/L234, SCI 2240/L240. 8 HOURS

AREA IV

TAKE ANY 1000-2000 LEVEL COURSE WITH A PRIMARY FOCUS IN HISTORY 3 HOURS

TAKE THREE 1000-2000 LEVEL COURSE FROM THE FOLLOWING SOCIAL SCIENCE DISCIPLINES: ANTHROPOLOGY, BUSINESS, CRIMINAL JUSTICE, ECONOMICS, FINANCE, GEOGRAPHY, HISTORY, HUMAN SERVICES, LEADERSHIP, INTERDISCIPLINARY STUDIES, NURSING, POLITICAL SCIENCE, PSYCHOLOGY, RELIGION, SOCIAL WORK, SOCIOLOGY, OR OTHER SOCIAL SCIENCE AREAS. 9 HOURS

NOTE: A SEQUENCE IN LITERATURE OR HISTORY IS REQ. WHEN SELECTING COURSEWORK IN AREAS II OR IV, PLEASE CONSIDER THIS REQUIREMENT.

AREA V

IS 2241 COMPUTER CONCEPTS AND APPLICATIONS 3 HOURS

TROY 1101 THE UNIVERSITY EXPERIENCE 1 HOUR

KHP 2200 HEALTH CONCEPTS 1 HOUR

KHP 2202 FIRST AID, SAFETY, AND CPR 2 HOURS

KHP 2240 PERSONAL AND COMMUNITY HEALTH 3 HOURS

TAKE 2 HOURS OF PHYSICAL ACTIVITY COURSES 2 HOURS

TAKE 7 HOURS OF ADVISOR APPROVED ELECTIVES OR COURSES TO MEET PREREQUISITES 7 HOURS

NOT TAKEN IN AREA IV SUCH AS SOC 2275

HEALTH PROMOTION MAJOR
2.0 GPA REQUIRED

(42 HOURS)

HSTM 2201	INDUSTRY FUNDAMENTALS	3 HOURS
KHP 2211	HUMAN NUTRITION	3 HOURS
KHP 2251	FOUNDATIONS OF PHYSICAL EDUCATION AND HEALTH	3 HOURS
KHP 2260	APPLIED FITNESS CONCEPTS	2 HOURS
KHP 3310/L310	INTRODUCTION TO FOOD SCIENCE AND LAB	3/1 HOURS
KHP 3316	COMMUNITY NUTRITION	3 HOURS
HSTM 3340	PRINCIPLES OF RECREATION	3 HOURS
KHP 3350	PSYCHOLOGY OF WELLNESS	3 HOURS
HS 3370	PROFESSIONAL COMMUNICATION SKILLS	3 HOURS
HS 3375	DIVERSITY	3 HOURS
KHP 3360	PHYSIOLOGICAL PRINCIPLES OF BODY SYSTEMS	
KHP 3391	TESTING & STATISTICAL INTERPRETATION	3 HOURS
KHP 4427	HEALTH BEHAVIOR	3 HOURS
KHP 4458	LIFECYCLE NUTRITION	3 HOURS

COACHING MINOR

(18 HOURS)

KHP 3395	CARE AND PREVENTION OF ATHLETIC INJURIES	2 HOURS
KHP 3352	KINESIOLOGY	3 HOURS
KHP 4460/L460	PRINCIPLES OF STRENGTH AND CONDITIONING AND LAB	3/1 HOURS
KHP 4459	SPORT AND EXERCISE NUTRITION	3 HOURS
KHP 4410	MOTOR DEVELOPMENT	3 HOURS
PSY 2210	DEVELOPMENTAL PSYCHOLOGY	3 HOURS