

**MY DEGREE MAP
COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN
EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION
PROGRAM YEAR 2022-23**

1ST YEAR				
1ST SEMESTER	HRS	2ND SEMESTER	HRS	SUMMER SEMESTER
TROY 1101	1	ENG 1102/04	3	SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN
ENG 1101/03	3	BIO 1101/L101	3/1	
MTH 1112	3	CHM 1142/L142	3/1	
BIO 1100/L100	3/1	AREA II HUM/FA COURSE	3	
AREA II FINE ARTS COURSE	3	FREE ELEC	1	
TOTAL	14	TOTAL	15	
2ND YEAR				
3RD SEMESTER	HRS	4TH SEMESTER	HRS	SUMMER SEMESTER
CHM 1143/L143	3/1	AREA IV SS COURSE	3	SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN
AREA II LIT COURSE	3	KHP 2211	3	
BIO 2220	3	IS 2241	3	
KHP 3360	3	BIO 3347/L347	3/1	
KHP 1142	1	KHP ELEC	1	
KHP 3345	1	KHP 2202	2	
TOTAL	15	TOTAL	16	
3RD YEAR				
5TH SEMESTER	HRS	6TH SEMESTER	HRS	SUMMER SEMESTER
AREA IV SS COURSE	3	KHP 3311	3	SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN
BIO 3348/L348	3/1	KHP 4474/L474	3/1	
AREA II HUM/FA COURSE (LIT COURSE DR)	3	KHP 3352	3	
KHP 3310/L310	3/1	AREA IV SS COURSE	3	
		KHP 3315	2	
TOTAL	14	TOTAL	15	
4TH YEAR				
7TH SEMESTER	HRS	8TH SEMESTER	HRS	SUMMER SEMESTER
KHP 4475	3	KHP 4476	2	SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN
KHP 4496/L496	3/1	KHP 4488	3	
KHP 3316	3	KHP 4459	3	
KHP 4458	3	KHP 4495	3	
KHP 4425	3	KHP 4497	1	
		AREA IV HIS COURSE	3	
TOTAL	16	TOTAL	15	
5TH YEAR				
9TH SEMESTER	HRS			
KHP 4498	3			
TOTAL	3			
MINIMUM HOURS REQUIRED FOR DEGREE				123

COMPLETE ALL 6 SUB-REQUIREMENTS

(63 HOURS)

A. AREA I:

TAKE THE FOLLOWING COURSES:

MINIMUM GRADE OF "C" REQUIRED

ENG 1101 COMP AND MODERN ENGLISH I

3 HOURS

ENG 1102 COMP AND MODERN ENGLISH II

3 HOURS

B. AREA II:

TAKE ANY 1000-2000 LEVEL COURSE IN LITERATURE

3 HOURS

TAKE ANY 1000-2000 LEVEL COURSE WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN FINE ARTS, INCLUDING THE DISCIPLINES OF ART, MUSIC, THEATRE, FILM, OR OTHER FINE ARTS AREA.

3 HOURS

TAKE ANY TWO 1000-2000 LEVEL COURSES WITH AN EXPANDED HISTORICAL AND CULTURAL SCOPE IN THE HUMANITIES/FINE ARTS DISCIPLINES, INCLUDING ENGLISH, FOREIGN LANGUAGES, RELIGION, PHILOSOPHY, CLASSICS, THEATRE, MUSIC, DANCE, COMMUNICATION, SIGN LANGUAGE, INTERDISCIPLINARY STUDIES, OR OTHER HUMANITIES/FINE ARTS AREAS.

6 HOURS

C. AREA III:

TAKE THE FOLLOWING COURSES:

TAKE BIO 1100/L100 PRINCIPLES OF BIOLOGY W/LAB

3/1 HOURS

CHM 1142/L142 GENERAL CHEMISTRY I W/LAB

3/1 HOURS

TAKE MTH 1112 ("C" OR BETTER)

3 HOURS

D. AREA IV:

TAKE ANY 1000-2000 LEVEL COURSE WITH A PRIMARY FOCUS IN HISTORY.

3 HOURS

TAKE ANY THREE COURSES FROM THE FOLLOWING: ANT 2200, ECO 2251, ECO 2252, GEO 2210, HIS 1101, HIS 1102, HIS 1111, HIS 1112, HIS 1122, HIS 1123, POL 2241, POL 2260, PSY 2200, PSY 2210, OR SOC 2275.

9 HOURS

E. AREA V:

TAKE THE FOLLOWING COURSES:

MINIMUM GRADE OF C REQUIRED

IS 2241 COMPUTER CONCEPTS & APPLICATIONS

3 HOURS

TROY 1101 THE UNIVERSITY EXPERIENCE

1 HOUR

KHP 1142 BEGINNING WEIGHT TRAINING (F, SP, SUM)

1 HOUR

TAKE KHP 2242 OR ANY 1000-2000 LEVEL KHP ACTIVITY COURSE

1 HOUR

BIO 2220 PRINCIPLES OF CELL BIOLOGY

3 HOURS

CHM 1143/L143 GENERAL CHEMISTRY II W/LAB

3/1 HOURS

KHP 2202 FIRST AID, SAFETY, CPR (F, SP, SUM)

2 HOURS

KHP 2211 HUMAN NUTRITION (F, SP, SUM)

3 HOURS

KHP 3360 PHYSIOLOGICAL PRINCIPLES OF BODY SYSTEMS (F, SP, SUM)

3 HOURS

KHP 3345 MEDICAL TERMINOLOGY

1 HOUR

EXERCISE SCIENCE PROGRAM

(40 HOURS)

MINIMUM 2.0 OVERALL GPA REQUIRED

TAKE THE FOLLOWING COURSES:

KHP	4425	PATHOPHYSIOLOGY (F, SP, SUM)	3 HOURS
BIO	3347/L347	HUMAN ANATOMY & PHYSIOLOGY I/LAB	3/1 HOURS
BIO	3348/L348	HUMAN ANATOMY & PHYSIOLOGY II/LAB	3/1 HOURS
KHP	3352	KINESIOLOGY (F, SP, SUM)	3 HOURS
KHP	4459	SPORT & EXERCISE NUTRITION (F, SP, SUM)	3 HOURS
KHP	4474/L474	EXERCISE PHYSIOLOGY/LAB (F, SP, SUM)	3/1 HOURS
KHP	4475	EXERCISE TEST & PRESCRIPTION (F, SP, SUM)	3 HOURS
KHP	4476	LAB PRACTICUM EXERCISE PERFORMANCE (F, SP)	2 HOURS
KHP	4488	CARDIOVASCULAR PHYSIOLOGY (F, SP, SUM)	3 HOURS
KHP	4495	ADVANCED EXERCISE PHYSIOLOGY (F, SP, SUM)	3 HOURS
KHP	4496/L496	BIOMECHANICS/LAB (F, SP)	3/1 HOURS
KHP	4497	SENIOR SEMINAR IN EXERCISE (F, SP)	1 HOUR
KHP	4498	INTERNSHIP IN EXERCISE SCIENCE (F, SP, SUM)	3 HOURS

NUTRITION CONCENTRATION

(19 HOURS)

TAKE THE FOLLOWING COURSES:

KHP	3310/L310	INTRODUCTION TO FOOD SCIENCE W/LAB (T1)	3/1 HOURS
KHP	3311	NUTRITIONAL ASSESSMENT (T2)	3 HOURS
KHP	3315	COMPLEMENTARY AND ALTERNATIVE THERAPIES (T3)	2 HOURS
KHP	3316	COMMUNITY NUTRITION (T4)	3 HOURS
KHP	4458	LIFECYCLE NUTRITION (T4)	3 HOURS

TAKE ONE OF THE FOLLOWING COMBINATIONS:

BIO	1101/L101	ORGANISMAL BIOLOGY	3/1 HOURS
OR			
KHP	4460/L460	PRINCIPLES OF STRENGTH AND CONDITIONING/LAB	3/1 HOURS
OR			
BIO	3372/L372	MICROBIOLOGY/LAB	3/1 HOURS
OR			
CHM	3342/L342	ORGANIC CHEMISTRY/LAB	3/1 HOURS

FREE ELECTIVES REQUIREMENT

(1 HOUR)

TAKE 1 SEMESTER HOUR OF ADVISOR APPROVED ELECTIVES.
(MINIMUM GRADE OF "C" REQUIRED)

1 HOUR