

MY DEGREE MAP COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION PROGRAM YEAR 2022-23

IST SEMESTER	1ST YEAR									
SEMESTER FING 1102/04 3 3 3 3 3 3 3 3 3										
BIO	IST SEIVLESTER	III	ZIVE SEIVLESTER	III	SEMESTER					
BO 1001/101 3/1 3/1 BIO 1001/101 3/1 BIO 1000/1100 3/1 AREA II HUM/FA COURSE 3 AREA II FINE ARTS COURSE 3 FREE ELEC 1 TOTAL 15 TOTAL 16 TOTAL 17 TOTAL 16 TOTAL 16 TOTAL 17 TOTAL 16 TOTAL 16 TOTAL 17 TOTAL 16 TOTAL 17 TOTAL 18 TOTAL 18 TOTAL 18 TOTAL 18 TOTAL 19 TOTAL 1	TROY 1101	1	ENG 1102/04	3	SELECT COURSES					
MTH III2	ENG 1101/03	3	BIO 1101/L101	3/1	BEEN COMPLETED					
AREA II FINE ARTS COURSE 3 FREE ELEC 1 1 1 1 1 1 1 1 1	MTH 1112	3	CHM 1142/L142	3/1	SEMESTERS OR					
TOTAL 14	BIO 1100/L100	3/1	AREA II HUM/FA COURSE	3	AS PREREQUISITE					
SUMMER S	AREA II FINE ARTS COURSE	3	FREE ELEC	1	COURSES OR Courses to be					
SUMMER SEMESTER SUMMER SEMESTER SEMESTER CHM II43/LI43 3/1 AREA IV SS COURSE 3 SELECT COURSE THAT HAVE NOT COURSE 3 SELECT COURSE SEMESTER SEMESTE	TOTAL	14	TOTAL	15	RETAKEN					
CHM			2ND YEAR							
AREA II LIT COURSE 3	3RD SEMESTER	HRS	4TH SEMESTER	HRS	SUMMER SEMESTER					
AREA II LIT COURSE 3	CHM 1143/L143	3/1	AREA IV SS COURSE	3	SELECT COURSES					
SIO 2220 3 S 224 3 S 248	AREA II LIT COURSE	3	KHP 2211	3	BEEN COMPLETED					
STH SEMESTER HRS STH SEMESTER HRS SUMMER SEMESTER STH SEMESTER HRS SUMMER SEMESTER STH SEMESTER HRS SUMMER SEMESTER STH SEMESTER S	BIO 2220	3	IS 2241	3	SEMESTERS OR					
COURSES TO BE RETAKEN STH SEMESTER HRS SUMMER SEMESTER STH SEMESTER STH SEMESTER HRS SUMMER SEMESTER STH SEM	KHP 3360	3	BIO 3347/L347	3/1	COURSES SUCH As prerequisite					
TOTAL 15 TOTAL 16	KHP 1142	1	KHP ELEC	1	COURSES OR COURSES TO BE					
STH SEMESTER	KHP 3345	1	KHP 2202	2	RETAKEN					
STH SEMESTER	TOTAL	15	TOTAL	16						
SEMESTER			3RD YEAR							
BIO 3348/L348	5TH SEMESTER	HRS	6TH SEMESTER	HRS	SUMMER SEMESTER					
SID 3348/L348 3/1	AREA IV SS COURSE	3	KHP 3311	3	SELECT COURSES					
AREA II HUM/FA COURSE (LIT COURSE DR) 3	BIO 3348/L348	3/1	KHP 4474/L474	3/1	BEEN COMPLETED					
STH YEAR STH SEMESTER STH SEME		3	KHP 3352	3	SEMESTERS OR Courses such					
TOTAL 14	KHP 3310/L310	3/1	AREA IV SS COURSE	3	COURSES OR					
TTH SEMESTER			KHP 3315	2						
7TH SEMESTER HRS 8TH SEMESTER HRS SUMMER SEMESTER KHP 4475 3 KHP 4476 2 SEMESTER KHP 4496/L496 3/1 KHP 4488 3 HRS HRS <td< th=""><th>TOTAL</th><th>14</th><th>TOTAL</th><th>15</th><th></th></td<>	TOTAL	14	TOTAL	15						
KHP 4475 3 KHP 4476 2 SEMESTER KHP 4496/L496 3/1 KHP 4488 3 FROM PREVIOUS SEMESTERS OR COURSES SUCH AS PREREQUISITY COURSES SUCH AS PREREQUISITY COURSES OR COURSES TO BE RETAKEN KHP 4458 3 KHP 4497 1 COURSES TO BE RETAKEN KHP 4425 3 KHP 4497 1 COURSES TO BE RETAKEN TOTAL 16 TOTAL 15 TOTAL 15 TOTAL 15	4TH YEAR									
KHP 4496/L496 3/1 KHP 4488 3 KHP 3316 3 KHP 4459 3 KHP 4458 3 KHP 4495 3 KHP 4425 3 KHP 4497 1 COURSES OR COURSES TO BE RETAKEN AREA IV HIS COURSE 3 COURSES TO BE RETAKEN TOTAL 15 STH YEAR STH YEAR KHP 4498 3 STH YEAR S	7TH SEMESTER	HRS	8TH SEMESTER	HRS	SUMMER SEMESTER					
KHP 4496/L496 3/1 KHP 4488 3 BEEN COMPLETED FROM PREVIOUS SEMESTERS OR COURSES SUCH AS PREREQUISITION COURSES OR COURSES SUCH AS PREREQUISITION COURSES OR COURSES TO BE RETAKEN KHP 4425 3 KHP 4497 1 1 AS PREREQUISITION COURSES TO BE RETAKEN TOTAL 16 TOTAL 15 15 TOTAL 15 STH YEAR KHP 4498 3 TOTAL 15 TOTAL 16 TOTAL 15 TOTAL 16 TOTAL 16 TOTAL 15 TOTAL 16 TOTAL 15 TOTAL 16 TOTAL 16 TOTAL 15 TOTAL 16 TOTAL 15 TOTAL 16 TOTAL 16 TOTAL 15 TOTAL 16 TOTAL 15 TOTAL 16 TOTAL 15 TOTAL 16	KHP 4475	3	KHP 4476	2	SELECT COURSES					
KHP 3316 3 KHP 4459 3 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES OR COURSES OR COURSES OR COURSES OR COURSES TO BE RETAKEN KHP 4425 3 KHP 4497 1 COURSES TO BE RETAKEN AREA IV HIS COURSE 3 TOTAL 15 TOTAL 15 TOTAL 15	KHP 4496/L496	3/1	KHP 4488	3	BEEN COMPLETED					
KHP 4458 3 KHP 4495 3 AS PREREQUISITE COURSES OR COURSES OR COURSES TO BE RETAKEN KHP 4425 3 KHP 4497 1 3 COURSES TO BE RETAKEN TOTAL 16 TOTAL 15 15 15 15 15 15 15 15 16 15 16 </td <td>KHP 3316</td> <td>3</td> <td>KHP 4459</td> <td>3</td> <td>SEMESTERS OR</td>	KHP 3316	3	KHP 4459	3	SEMESTERS OR					
KHP 4425 3 KHP 4497 1 COURSES OR COURSES TO BE RETAKEN	KHP 4458	3	KHP 4495	3	AS PREREQUISITE					
AREA IV HIS COURSE 3	KHP 4425	3	KHP 4497		COURSES TO BE					
TOTAL 16 TOTAL 15 5TH YEAR 9TH SEMESTER HRS KHP 4498 3					RETAKEN					
STH YEAR 9TH SEMESTER HRS KHP 4498 3	TOTAL	16								
9TH SEMESTERHRSKHP 44983	101112									
KHP 4498 3	9TH SEMESTER	HRS		N/EST						
MINIMUM HOURS REQUIRED FOR DEGREE 123			LIM HOURS REQUIRED FOR DE	GREE	123					



COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION PROGRAM YEAR 2022-23

COMPLETE ALL 6 SUB-REQUIREMENTS						
A. AREA I:						
Take the following courses: Minimum Grade of "C" required ENG 1101 Comp and Modern English I ENG 1102 Comp and Modern English II	3 HOURS 3 HOURS					
B. AREA II:						
Take any 1000-2000 level course in literature Take any 1000-2000 level course with an expanded historical and Cultural Scope In fine arts, including the disciplines of Art, music, theatre, film, or other fine arts area. Take any two 1000-2000 level courses with an expanded Historical and Cultural Scope in the humanities/fine arts Disciplines, including English, foreign languages, Religion, Philosophy, Classics, theatre, music, dance, communication, Sign language, Interdisciplinary studies, or other humanities/Fine arts areas.	3 HOURS 3 HOURS 6 HOURS					
C. AREA III:						
TAKE THE FOLLOWING COURSES: TAKE BIO 1100/L100 PRINCIPLES OF BIOLOGY W/LAB CHM 1142/L142 GENERAL CHEMISTRY I W/LAB TAKE MTH 1112 ("C" OR BETTER)	3/1 HOURS 3/1 HOURS 3 HOURS					
D. AREA IV:						
Take Any 1000-2000 Level Course With A Primary Focus In History. Take any three courses from the following: ANT 2200, ECO 2251, ECO 2252, GEO 2210, HIS 1101, HIS 1102, HIS 1111, HIS 1112, HIS 1122, HIS 1123, POL 2241, POL 2260, PSY 2200, PSY 2210, OR SOC 2275.	3 HOURS 9 HOURS					
E. AREA V:						
TAKE THE FOLLOWING COURSES: MINIMUM GRADE OF C REQUIRED IS 2241 COMPUTER CONCEPTS & APPLICATIONS TROY 1101 THE UNIVERSITY EXPERIENCE KHP 1142 BEGINNING WEIGHT TRAINING (F, SP, SUM) TAKE KHP 2242 OR ANY 1000-2000 LEVEL KHP ACTIVITY COURSE BIO 2220 PRINCIPLES OF CELL BIOLOGY CHM 1143/L143 GENERAL CHEMISTRY II W/LAB KHP 2202 FIRST AID, SAFETY, CPR (F, SP, SUM) KHP 2211 HUMAN NUTRITION (F, SP, SUM) KHP 3360 PHYSIOLOGICAL PRINCIPLES OF BODY SYSTEMS (F, SP, SUM) KHP 3345 MEDICAL TERMINOLOGY	3 HOURS 1 HOUR 1 HOUR 1 HOUR 3 HOURS 3/1 HOURS 2 HOURS 3 HOURS 1 HOURS					

EVERY REASONABLE ATTEMPT TO ENSURE ACCURACY HAS BEEN MADE. SOME COURSES (SUCH AS DEVELOPMENTAL OR PRE-REQUISITE COURSES) ARE NOT REFLECTED IN THIS DEGREE MAP.

COMPLETION OF DEGREE REQUIREMENTS IS BASED ON THE SPECIFIC CATALOG YEAR FOR EACH STUDENT.A MINIMUM OF 120 HOURS IS REQUIRED FOR ALL BACCALAUREATE DEGREE PROGRAMS.

AT LEAST 25% OF THE CREDIT HOURS REQUIRED FOR THE DEGREE MUST BE COMPLETED IN RESIDENCY WITH TROY UNIVERSITY.AT LEAST 12 SEMESTER HOURS OF RESIDENCY MUST BE COMPLETED IN EACH MAJOR FIELD(S) OF STUDY.A MINIMUM GPA OF 2.0 OVERALL AND IN THE MAJOR IS REQUIRED TO GRADUATE.NOTE: PLEASE CONSULT THE COLLEGE OF HEALTH AND HUMAN SERVICES
OR CURRENT CATALOG FOR OTHER REQUIREMENTS NOT COVERED IN THIS DOCUMENT.NOTES: A SEQUENCE IN LITERATURE OR HISTORY IS REQUIRED. PLEASE CONSIDER THIS REQUIREMENT.
WHEN SELECTING COURSEWORK IN AREAS II OR IV.



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EX	EXERCISE SCIENCE PROGRAM					
	MINIM	MUM 2.0 OVE	RALL GPA REQUIRED			
	TAKE THE FOLLOWING COURSES:					
	KHP	4425	PATHOPHYSIOLOGY (F, SP, SUM)	3 HOURS		
	BIO	3347/L347	HUMAN ANATOMY & PHYSIOLOGY I/LAB	3/1 HOURS		
	BIO	3348/L348	HUMAN ANATOMY & PHYSIOLOGY II/LAB	3/1 HOURS		
	KHP		KINESIOLOGY (ESP. SUM)	3 HOURS		
	KHP	4459	SPORT & EXERCISE NUTRITION (F. SP. SUM)	3 HOURS		
	KHP	4474/L474	EXERCISE PHYSIOLOGY/LAB (F, SP, SUM)	3/1 HOURS		
	KHP	4475	EXERCISE TEST & PRESCRIPTION (F, SP, SUM)	3 HOURS		
	KHP	4476	LAB PRACTICUM EXERCISE PERFORMANCE (F, SP)	2 HOURS		
	KHP	4488	CARDIOVASCULAR PHYSIOLOGY (F, SP, SUM)	3 HOURS		
	KHP	4495	ADVANCED EXERCISE PHYSIOLOGY (F, SP, SUM)	3 HOURS		
	KHP	4496/L496	BIOMECHANICS/LAB (F, SP)	3/1 HOURS		
	KHP	4497	SENIOR SEMINAR IN EXERCISE (F, SP)	1 HOUR		
	KHP	4498	Internship In Exercise Science (F, SP, SUM)	3 HOURS		
NU	TRITIC	ON CONCE	NTRATION	(19 HOURS)		
	TAKE	THE FOLLOW	ING COURSES:			
			INTRODUCTION TO FOOD SCIENCE W/LAB (T1)	3/1 HOURS		
		3311	NUTRITIONAL ASSESSMENT (T2)	3 HOURS		
		3315	COMPLEMENTARY AND ALTERNATIVE THERAPIES (T3)	2 HOURS		
		3316	COMMUNITY NUTRITION (T4)	3 HOURS		
		4458	LIFECYCLE NUTRITION (T4)	3 HOURS		
	TAKE ONE OF THE FOLLOWING COMBINATIONS:					
	BIO	1101/L101	ORGANISMAL BIOLOGY	3/1 HOURS		
	OR					
	KHP	4460/L460	Principles Of Strength and Conditioning/Lab	3/1 Hours		
	OR					
	BIO	3372/L372	MICROBIOLOGY/LAB	3/1 Hours		
	OR	2242/1242	ORGANIC CHEMISTRY/LAB	3/1 Hours		
	СНМ	3342/L342	ORGANIC CHEMISTRY/LAB	3/1 HOURS		
FREE ELECTIVES REQUIREMENT			(1 HOUR)			
TAKE 1 SEMESTER HOUR OF ADVISOR APPROVED ELECTIVES.				1 Hour		
	(MINIMUM GRADE OF "C" REQUIRED)					