



**MY DEGREE MAP
COLLEGE OF HEALTH SCIENCES
NUTRITION – TROY CAMPUS
ACADEMIC YEAR 2025-2026**

YEAR ONE			
FIRST SEMESTER	HOURS	SECOND SEMESTER	HOURS
TROY 1101 OR TROY 1105	1	ENGLISH 1102	3
ENGLISH 1101	3	LDR 1100	3
MATH 1108 OR MATH 1112	3	AREA IV SOCIAL SCIENCE (PSY 2200 DR)	3
BIO 1100	3	CHM 1142	3
BIO L100	1	KHP 3350 (TERM 4)	3
KHP 2211	3		
TOTAL SEMESTER HOURS	14	TOTAL SEMESTER HOURS	15

YEAR TWO			
THIRD SEMESTER	HOURS	FOURTH SEMESTER	HOURS
CHM 1143	3	CHM 3342	3
AREA II FINE ARTS (ART 1133 DR)	3	AREA IV HISTORY	3
AREA II LITERATURE (ENG 2205 DR)	3	AREA IV SOCIAL SCIENCE	3
BIO 3347	3	BIO 3348	3
BIO 3372	3	KHP 3345 (TERM 4)	1
		AREA II HUMANITIES OR FINE ARTS (ENG 2206 DR)	3
TOTAL SEMESTER HOURS	15	TOTAL SEMESTER HOURS	16

YEAR THREE			
FIFTH SEMESTER	HOURS	SIXTH SEMESTER	HOURS
KHP 3314	3	SCI 2233	3
<i>KHP 3310</i>	3	SCI L233	1
<i>KHP L310</i>	1	<i>KHP 4458</i>	3
<i>KHP 3311</i>	3	<i>KHP 4459</i>	3
KHP 4425	3	<i>KHP 3317</i>	3
		KHP 3391 (TERM 4)	3
TOTAL SEMESTER HOURS	13	TOTAL SEMESTER HOURS	16

YEAR FOUR					
SEVENTH SEMESTER	HOURS	EIGHTH SEMESTER	HOURS	TERM 5	HOURS
AREA II HUMANITIES OR FINE ARTS (COM 1101 DR)	3	AREA IV SOCIAL SCIENCE (PSY 2210 DR)	3	<i>KHP 4412</i>	3
<i>KHP 3313</i>	5	<i>KHP 3316</i>	3	KHP 4498	3
<i>KHP 3312</i>	3	<i>KHP 3315</i>	2		
<i>KHP 4411</i>	3	<i>KHP 4419</i>	4		
FILE YOUR GRADUATION APPLICATION					
TOTAL SEMESTER HOURS	14	TOTAL SEMESTER HOURS	12	TOTAL SEMESTER HOURS	6

TOTAL HOURS: 121

Note: Italicized courses are offered as Troy Campus courses with an online format.

AREA I		
ENG 1101	Composition and Modern English I (Minimum grade of C required)	3 Hours
ENG 1102	Composition and Modern English II (Minimum grade of C required)	3 Hours

AREA II		
Any 1000-2000 level Literature course.		3 Hours
Any 1000-2000 level course with an expanded historical and cultural scope in the Fine Arts, including the disciplines of Art, Music, Theatre, Film, or other Fine Arts areas.		3 Hours
Take any two 1000-2000 level courses with an expanded historical and cultural scope in the Humanities/Fine Arts disciplines, including English, Foreign Languages, Religion, Philosophy, Classics, Theatre, Music, Dance, Communication, Sign Language, Interdisciplinary Studies, or other Humanities/Fine Arts areas.		6 Hours
When selecting general studies courses in AREA II and/or AREA IV, you must complete a six-hour sequence in Literature or History. The course sequence must be completed in one content area.		

AREA III		
	Take MTH 1108, MTH 1112, or MTH 1114. (Minimum grade of C required) Students considering applying to a graduate program should take MTH 1112 or higher.	3 Hours
BIO 1100 and BIO L100	Principles of Biology and Lab	4 Hours
Take one of the following course combinations:		
BIO 1101 and BIO L101	Organismal Biology and Lab	4 Hours
SCI 2233 and SCI L233	Physical Science and Lab (Departmental Recommendation)	4 Hours

AREA IV		
Any 1000-2000 level course with a primary focus in History.		3 Hours
Take three 1000-2000 level courses from the following Social Science disciplines: Anthropology, Business, Criminal Justice, Economics, Education, Entrepreneurship, Finance, Geography, History, Human Services, Hospitality, Tourism, Sport Management, Leadership, Interdisciplinary Studies, Nutrition, Nursing, Political Science, Psychology, Religion, Social Work, Sociology, or other Social Science areas.		9 Hours
When selecting general studies courses in AREA II and/or AREA IV, you must complete a six-hour sequence in Literature or History. The course sequence must be completed in one content area.		

AREA V		
LDR 1100	Introduction to Leadership	3 Hours
CHM 1142	General Chemistry I	3 Hours
CHM 1143	General Chemistry II	3 Hours
CHM 3342	Organic Chemistry I	3 Hours
KHP 3345	Medical Terminology	1 Hour
KHP 3350	Psychology of Wellness and Performance	3 Hours
KHP 3391	Testing & Statistical Interpretation	3 Hours
TROY 1101 or TROY 1105	The University Experience or Learning Mindset Freshman Seminar	1 Hour 3 Hours

NUTRITION PROGRAM

Minimum grade of C required in all courses.		
BIO 3347	Human Anatomy and Physiology I	3 Hours
BIO 3348	Human Anatomy and Physiology II	3 Hours
BIO 3372	Microbiology	3 Hours
KHP 2211	Human Nutrition	3 Hours
KHP 3310	Introduction to Food Science	3 Hours
KHP L310	Introduction to Food Science Lab	1 Hour
KHP 3311	Nutritional Assessment	3 Hours
KHP 3312	Nutrition Counseling/Education	3 Hours
KHP 3313	Food Service Systems	5 Hours
KHP 3314	Nutrition Biochemistry	3 Hours
KHP 3315	Complementary and Alternative Therapies	2 Hours
KHP 3316	Community Nutrition	3 Hours
KHP 3317	Advanced Human Nutrition	3 Hours
KHP 4411	Vitamin/Mineral Metabolism	3 Hours
KHP 4412	Nutrition Genomics	3 Hours
KHP 4419	Medical Nutrition Therapy	4 Hours
KHP 4425	Pathophysiology	3 Hours
KHP 4458	Lifecycle Nutrition	3 Hours
KHP 4459	Sport and Exercise Nutrition	3 Hours
KHP 4498	Internship in Exercise Science	3 Hours

My Degree Map serves as a guide to assist you with the proper sequence and selection of courses. It includes the required coursework and suggested sequence of courses for a particular degree program. It does not replace your program evaluation, which is the official document used to clear students for graduation. Every reasonable attempt to ensure accuracy has been made. Some courses, such as developmental or pre-requisite courses, are not reflected in this degree map. Completion of degree requirements is based on the specific catalog year for each student. A minimum of 120 hours is required for all baccalaureate degree programs. At least 25% of the credit hours required for the degree must be completed in residency with Troy University. At least 12 semester hours of residency must be completed in each major field(s) of study. A minimum GPA of 2.0 overall and in the major is required to graduate. Please review the current Academic Catalog for other requirements not covered in this document. A sequence in literature or history is required. When selecting coursework in Areas II or IV, please consider this requirement. In order to graduate, students must meet all requirements and file a Graduation Application through the Graduation Overview tab in Self-Service by the deadline posted on the Academic Calendar.

SPECIAL NOTE FOR UNIVERSITY HONORS GLOBAL SCHOLARS

All students in the UHGS program are required to complete 12 credits of Honors courses, which include HON 1101 (3), HON 2201 (3), HON 3380 (3), and HON CORE 4498 (3). With the approval of the Honors Program Director, the Associate Provost for Academic Affairs, and the relevant academic Dean, these courses may be substituted for certain University General Studies requirements. In general, HON 1101 replaces TROY 1101 in Area V, while HON 2201/HON 3380/HON 4498 replace 9sh of free electives. If the degree program doesn't require free electives, or if the free electives section has been fulfilled, HON 2201/HON 3380/HON 4498 may replace Area II or Area IV credit hours, or major/minor electives in some cases, if approved by the Department Chair and/or Dean of the discipline.