MY DEGREE MAP
COLLEGE OF HEALTH SCIENCES
SPORTS COACHING
ACADEMIC YEAR 2025-2026

YEAR ONE			
FIRST SEMESTER	**HOURS**	**SECOND SEMESTER**	**HOURS**
TROY 1101 OR TROY 1105	1	ENGLISH 1102	3
ENGLISH 1101	3	AREA II HUMANITIES OR FINE ARTS	3
MATH 1108 OR MATH 1112	3	AREA IV SOCIAL SCIENCE	3
BIO 1100	3	AREA III SCIENCE	3
BIO L100	1	AREA III SCIENCE LAB	1
KHP/NUT 2211	3	KHP/KIN 2260	2
KHP/PAP 1142	1		
TOTAL SEMESTER HOURS	15	TOTAL SEMESTER HOURS	15

YEAR TWO			
THIRD SEMESTER	**HOURS**	**FOURTH SEMESTER**	**HOURS**
AREA II LITERATURE	3	AREA IV HISTORY	3
AREA IV SOCIAL SCIENCE	3	AREA IV SOCIAL SCIENCE	3
KHP/SPC 2251	3	LDR 1100	3
KHP/SPC 3350	3	SOC 2275	3
KHP/KIN 2240	3	COACHING ELECTIVE	2
		COACHING ELECTIVE	2
TOTAL SEMESTER HOURS	15	TOTAL SEMESTER HOURS	16

YEAR THREE			
FIFTH SEMESTER	**HOURS**	**SIXTH SEMESTER**	**HOURS**
AREA II HUMANITIES OR FINE ARTS	3	AREA II FINE ARTS	3
HS 3325	3	KHP/SPC 4400 (TERM 3)	3
KHP/SPC 3341	3	KHP/SPC 3354	3
KHP/PAP 2242	1	HS 3335	3
COACHING ELECTIVE	2	LDR 2200	3
KHP/SPC 4427 (TERM 2)	3	COACHING ELECTIVE	2
TOTAL SEMESTER HOURS	15	TOTAL SEMESTER HOURS	17

YEAR FOUR			
SEVENTH SEMESTER	**HOURS**	**EIGHTH SEMESTER**	**HOURS**
KHP/SPC 4467	3	KHP 4473	12
KHP/SPC 4435	3		
KHP/SPC 4454 (TERM 1)	3		
KHP/KIN 3391 (TERM 2)	3		
PSY 2210	3		
SUBMIT GRADUATION APPLICATION			
TOTAL SEMESTER HOURS	15	TOTAL SEMESTER HOURS	12

TOTAL HOURS: 120

4/27/2026

AREA I		
ENG 1101	Composition and Modern English I (Minimum grade of C required)	3 Hours
ENG 1102	Composition and Modern English II (Minimum grade of C required)	3 Hours

AREA II	
Any 1000-2000 level Literature course.	3 Hours
Any 1000-2000 level course with an expanded historical and cultural scope in the Fine Arts, including the disciplines of Art, Music, Theatre, Film, or other Fine Arts areas.	3 Hours
Take any two 1000-2000 level courses with an expanded historical and cultural scope in the Humanities/Fine Arts disciplines, including English, Foreign Languages, Religion, Philosophy, Classics, Theatre, Music, Dance, Communication, Sign Language, Interdisciplinary Studies, or other Humanities/Fine Arts areas. When selecting general studies courses in AREA II and/or AREA IV, you must complete a six-hour sequence in Literature or History. The course sequence must be completed in one content area.	6 Hours

AREA III		
	Take MTH 1108, MTH 1112, or higher. (Minimum grade of C required)	3 Hours
BIO 1100 and BIO L100	Principles of Biology and Lab (Minimum grade of C required)	4 Hours
Take one of the following science and lab combinations:		
PHY 2252 and PHY L252	General Physics I and Physics I Lab	4 Hours
SCI 2233 and SCI L233	Physical Science and Physical Science Lab	4 Hours
SCI 2234 and SCI L234	Earth and Space Science and Earth and Space Science Lab	4 Hours

AREA IV	
Any 1000-2000 level course with a primary focus in History.	3 Hours
Take three 1000-2000 level courses from the following Social Science disciplines: Anthropology, Business, Criminal Justice, Economics, Education, Entrepreneurship, Finance, Geography, History, Human Services, Hospitality, Tourism, Sport Management, Leadership, Interdisciplinary Studies, Nutrition, Nursing, Political Science, Psychology, Religion, Social Work, Sociology, or other Social Science areas. When selecting general studies courses in AREA II and/or AREA IV, you must complete a six-hour sequence in Literature or History. The course sequence must be completed in one content area.	9 Hours

AREA V		
SOC 2275	Introduction to Sociology (In place of IS 2241; requires substitution form.)	3 Hours
LDR 1100	Introduction to Leadership	3 Hours
PSY 2210	Developmental Psychology	3 Hours
KHP/SPC 2251	Instructional and Theoretical Practices in Physical Education	3 Hours
KHP/KIN 2260	Applied Fitness Concepts	2 Hours
KHP/KIN 2240	Personal and Community Health	3 Hours
TROY 1101 or TROY 1105	The University Experience or Learning Mindset Freshman Seminar	1 Hour 3 Hours

SPORTS COACHING PROGRAM		
LDR 2200	Tools for Leaders	3 Hours
HS 3325	Wellness Across the Lifespan I	3 Hours
HS 3335	Wellness Across the Lifespan II	3 Hours
KHP/KIN 3391	Testing & Statistical Interpretation	3 Hours
KHP/SPC 4427	Health and Fitness Education	3 Hours
KHP/SPC 3341	Recreation Programming	3 Hours
KHP/SPC 3350	Psychology of Wellness and Performance	3 Hours
KHP/SPC 3354	Ethics in Sport	3 Hours
KHP/NUT 2211	Human Nutrition	3 Hours
KHP/PAP 1142	Weight Training	1 Hour
KHP/PAP 2242	Intermediate Weight Training	1 Hour

COACHING FIELD		
Take four of the following courses:		
KHP 2274	Theory and Techniques of Coaching Track and Field	2 Hours
KHP 2275	Theory and Techniques of Coaching Golf	2 Hours
KHP 2276	Theory and Techniques of Coaching Softball	2 Hours
KHP 2277	Theory and Techniques of Coaching Football	2 Hours
KHP 2278	Theory and Techniques of Coaching Soccer	2 Hours
KHP 2279	Theory and Techniques of Coaching Volleyball	2 Hours
KHP 2281	Theory and Techniques of Coaching Baseball	2 Hours
KHP 2282	Theory and Techniques of Coaching Basketball	2 Hours

PROFESSIONAL FIELD		
KHP/SPC 4454	Applied Coaching I	3 Hours
KHP/SPC 4467	Applied Coaching II	3 Hours
KHP/SPC 4435	Current Issues in Athletics	3 Hours
KHP/SPC 4400	Sports Officiating and Programs in Intramurals	3 Hours
KHP/SPC 4473	Sports Coaching Internship	12 Hours

My Degree Map serves as a guide to assist you with the proper sequence and selection of courses. It includes the required coursework and suggested sequence of courses for a particular degree program. It does not replace your program evaluation, which is the official document used to clear students for graduation. Every reasonable attempt to ensure accuracy has been made. Some courses, such as developmental or pre-requisite courses, are not reflected in this degree map. Completion of degree requirements is based on the specific catalog year for each student. A minimum of 120 hours is required for all baccalaureate degree programs. At least 25% of the credit hours required for the degree must be completed in residency with Troy University. At least 12 semester hours of residency must be completed in each major field(s) of study. A minimum GPA of 2.0 overall and in the major is required to graduate. Please review the current Academic Catalog for other requirements not covered in this document. A sequence in literature or history is required. When selecting coursework in Areas II or IV, please consider this requirement. In order to graduate, students must meet all requirements and file a Graduation Application through the Graduation Overview tab in Self-Service by the deadline posted on the Academic Calendar.

SPECIAL NOTE FOR UNIVERSITY HONORS GLOBAL SCHOLARS

All students in the UHGS program are required to complete 12 credits of Honors courses, which include HON 1101 (3), HON 2201 (3), HON 3380 (3), and HON CORE 4498 (3). With the approval of the Honors Program Director, the Associate Provost for Academic Affairs, and the relevant academic Dean, these courses may be substituted for certain University General Studies requirements. In general, HON 1101 replaces TROY 1101 in Area V, while HON 2201/HON 3380/HON 4498 replace 9sh of free electives. If the degree program doesn't require free electives, or if the free electives section has been fulfilled, HON 2201/HON 3380/HON 4498 may replace Area II or Area IV credit hours, or major/minor electives in some cases, if approved by the Department Chair and/or Dean of the discipline.