

Trojan Fitness and Wellness Center Spring 2021 Hours of Operation

Monday-Thursday: 6:00am-9:00pm

Friday: 6:00am-8:00pm

Saturday: 10:00 am -5:00 pm

Sunday: 1:00pm-5:00pm

Alabama and CDC Guidelines

- Maintain six feet separation from other employees
- Regularly disinfect items and surfaces
- Encourage hand washing

Fall Fitness and Wellness Programs

Troy Campus Recreation will provide group fitness classes at the Trojan Fitness and Wellness Center and Elm Street Gym throughout the semester for students within the guidelines set out by the State of Alabama and CDC.

Competitive Sports and Club Teams

Troy Campus Recreation will provide intramural activities in an outdoor setting throughout the semester for students within the guidelines set out by the State of Alabama and CDC.

Trojan Fitness Center

Troy Campus Recreation will increase the number of workers working during operation hours to meet the State of Alabama and CDC guidelines. The Department will promote social distancing by spacing out the equipment to ensure that students using them are six feet apart. The addition of four equipment cleaners (one on the first, two on the second, and one on the third) will be in place to ensure all equipment is thoroughly cleaned and ensure social distancing is upheld in the facility by students working out. For a more detailed list of requirements, please see the COVID-19 Plan of Action for the Fall.

*An inherent risk of exposure to COVID-19 exists in any public place where people are present.