

# **Troy Campus Recreation Executive Report**

**2019 – 2020**

At Troy University Campus Recreation, we work to inspire a healthy, engaged, and inclusive Troy University Community. Our Mission is to serve as a recreational outlet for TROY students. Our program offers a variety of sports and activities to accommodate TROY University's dynamic student body. The TROY University Campus Recreation staff works diligently to ensure the services provided are fair and equitable to all students as well as creating an environment conducive to positive socialization. In support of this Mission, the department facilitates and supports Wellness, Leadership, Collaborative Partnerships, and Student Development.

## **Programs**

- Aquatics
- Club Sports
- Fitness and Wellness
- Intramural Sports

## **Facilities**

- Lee McDowell Natatorium
- Elm Street Rec Gym
- Trojan Fitness and Wellness Center
- Intramural Fields

## **Business Services**

- Marketing
- Promotions
- Member Services (includes payroll management and hiring of employees)



# Selected Achievements

## **Fitness and Wellness**

- Created **26** low to high impact fitness classes for all levels of ability

## **Aquatics**

- Averaged **25** people a day for general use to include students, Faculty/Staff, classes, and International scholars.

## **Intramural Sports**

- Fall semester sports included: Flag Football (44 teams) and Volleyball Tournament (33 teams) for a total of **829** participants and Spring semester included: Basketball (31 teams), Volleyball Tournament (8 teams) Esports online (32 teams) for a total of **404** participants. (stopped programs on March 16<sup>th</sup> due to Covid-19)

## **Facilities**

- From 1/20/2020 – 3/15/2020 had **39,706** swipes at the Trojan Fitness and Wellness Center, **1,400** swipes at the Lee McDowell Natatorium, and **1,000** swipes at the Elm Street Rec Gym.

## **Business Services**

- Facilitated the hiring and payroll management of **40** student workers, **3** full-time employees, and **3** Graduate Assistance across Campus Recreation

# Employee Testimonials



**Matthew Pisarski**

**Graduate Assistant- Facilities Operations**

**Graduate Student- Sport Management**

“Campus Recreation is a great place for me to work because I am a people person who is able to interact with everyone who participates in campus recreation activities. In my position as a graduate student assistant, I have learned skills necessary to help me succeed in my future career. The Welcoming Staff of Troy's Campus Recreation makes this job extremely rewarding because they treat all employees to feel like we are a family.”



**Nicklaus Chrysson**

**Aquatics- Head Lifeguard**

**Senior- Secondary Education**

“Learning many different aspects of leadership when becoming the Head Lifeguard has truly shaped how I look at my co-workers. Being understanding, helping in any way I can, and learning the proper ways to delegate are things I’ve learned through Campus Recreation. I look forward to the coming year and working alongside my fellow colleagues. “



**Kayleigh Duprel**

**Yoga Instructor at Troy Campus Rec**

**Junior- Exercise Science Major**

“Yoga is centered in balancing the mind, body, and spirit. Having the opportunity to share that with others has been so humbling and inspiring. My favorite part of teaching a class was looking out into the fellow yogis and seeing how they were passionately attending the practice both physically and mentally. Everyone was so eager to try all the different poses and flows, and I heard so much positivity coming from conversation after class. I was able to connect, serve, and learn more about leadership all while sharing something I love. Campus Recreation has so many opportunities to connect with others while taking care of your body through fitness and I’m grateful to be a part of it!”