The College of Health and Human Services was formed in 1994 in order to provide quality education for professional practice in a variety of areas associated with health and human services. The college aspires to the highest standards of educational excellence, blending a professional perspective with a liberal arts and science foundation.

Within the College of Health and Human Services are the School of Nursing, the School of Hospitality, Sport and Tourism Management, the Department of Human Services, the Department of Kinesiology and Health Promotion, and the Department of Athletic Training Education Program.

The college is committed to meeting the challenges of the next decade; hence, it emphasizes quality teaching and values scholarly activity. The college is committed to the development of its students into knowledgeable, caring, responsive and self-directed individuals able to meet the health and human caring needs of a diverse and complex society through change, advocacy and leadership within their communities.

As part of ongoing planning and evaluation, the College of Health and Human Services regularly evaluates student learning outcomes for each degree program.

School of Hospitality, Sport and Tourism Management

The mission of the School of Hospitality, Sport, and Tourism Management is to prepare students to become future leaders and scholars in hospitality, sport and tourism management by providing exemplary integrative and experiential academic preparation in a collaborative environment, to conduct seminal and applied research that impacts the hospitality, sport, and tourism industries on a local, national, and global level, and to provide professional and community service.

The total experience within the School of Hospitality, Sport and Tourism Management facilitates students to have an exceptional fundamental education, engagement in service learning experiences, exposure to working professionals, and career preparation through internships. As a result, students are provided a competitive advantage in a job market that is projected to double in the next decade.

The School of Hospitality, Sport and Tourism Management prepares students for a variety of positions in the hospitality, sport and tourism industries. The goal of the faculty and School is to create an integrated academic learning environment for analyzing and resolving the challenges in the deliverance and business of hospitality, sport and tourism. The faculty and staff are committed to providing support for student achievement. Students can enter the hospitality, sport and tourism industries with exceptional knowledge, professional preparation, and the confidence to assume leadership positions.

The School of Hospitality, Sport and Tourism Management offers three undergraduate concentrations: (1) Hospitality Management, (2) Sport Management, and (3) Tourism Management. The focus of the undergraduate program is to provide a comprehensive educational experience and to train students for entry into the sport management, leisure services, and/or tourism and hospitality occupations at the professional level.

The Hospitality Management concentration prepares students for careers in hotels, restaurants, resorts, conference centers, casinos, retail businesses, and other entertainment related businesses.

The Sport Management concentration prepares students for careers in interscholastic, intercollegiate, professional, and recreational sports, program directors (recreational and/or fitness), marketing and promotions directors, event managers, facilities directors, corporate sales directors, directors of ticketing and financing, compliance directors, sport retail managers and sales representatives, athletic directors, and other sport related business/organizations.

The Tourism Management concentration prepares students for careers in convention and visitors bureaus, chamber of commerce, meeting planners, event coordinators, outfitters, recreation facilities/activities, resorts, tourism associations, destination marketing organizations, conference centers, national and state parks, theme parks, historic sites, sport events, festival/event organizers, and other tourism related businesses.

Department of Human Services and Social Work

Case Management Minor

A minor in Case Management is offered to students who desire a basic understanding of the process and foundational skill sets necessary to provide case management services in a variety of settings.

Human Services Major

The purpose of the human services major is twofold: (1) to prepare the graduate for entry level positions in a myriad of human services delivery systems where specialized training is not required, and (2) to prepare students for graduate education. The curriculum is designed to provide the student with an understanding of human behavior within the context of the social environment, an understanding of social and human service delivery systems, and basic skills in effective communication with client systems and basic skills in the development of intervention strategies to resolve interpersonal and social problems. A three-credit, 120-clock-hour field practicum is required.

Human Services Minor

A minor in human services is offered to students who desire basic understanding of the human services delivery system.

Social Work Major

The social work program is accredited by the Council on Social Work Accreditation and program graduates are eligible to sit for social work licensure examination. Social work licensure is required in the state of Alabama for those in the practice of social work. The principle educational objective of the social work program is the preparation of graduates for beginning level generalist social work practice. The curriculum is designed to provide the beginning-level practitioner an ability to apply an eclectic knowledge base guided by professional values; to use a wide range of intervention skills to target any-sized client system (micro to macro levels) while employing a planned change process directed toward client empowerment; to work effectively, under supervision, within social service delivery organizational structures while employing a wide range professional roles. A 12-credit-hour field practicum is required (minimum of 400 clock hours).

Department of Kinesiology and Health Promotion

One of the oldest departments on campus, Kinesiology and Health Promotion consists of four undergraduate degree options and boasts more than 500 majors in the department. These degree
options include Athletic Training, Exercise Science, Health Education, & Physical Education.

**Athletic Training Program**

The mission of the undergraduate Athletic Training (AT) Program at Troy University is to provide quality didactic and clinical experiences to entry-level athletic training students through the development and utilization of interactive instructional methods and exposure to a variety of clinical education experiences and allied health professionals.

**Athletic Training**

The Bachelor of Science in Athletic Training consists of two components: (1) pre-athletic training courses (2) Athletic Training Program courses as described in the University catalog. Pre-athletic training courses must be completed and approved by the AT Program director before a student is eligible for admission to the Athletic Training Program. All students must make formal application to the Athletic Training Program and meet all admission requirements. Completion of pre-athletic training courses does not guarantee admission into the Athletic Training Program.

**Exercise Science**

If a career in physical therapy, occupational therapy, clinical exercise testing and prescription, cardiopulmonary rehabilitation, health-fitness/wellness, strength and conditioning or nutrition is in your future, a Bachelor of Science in exercise science is a perfect fit. This competitive program includes concentrations in pre-health professions, health and wellness, or nutrition, and incorporates coursework from five academic departments spread across two colleges.

With an emphasis on preparation for entry into graduate health profession schools in the fields of physical therapy, occupational therapy, and physician assistant, you will be prepared to successfully enter into graduate health profession schools nationwide. Upon completion of the program, you will also be prepared to sit for certification examinations offered through the American College of Sports Medicine, National Strength and Conditioning Association, and other organizations in the related fields of health and fitness, clinical exercise testing, and strength and conditioning.

**Health Education**

The Bachelor of Science degree in health education (Teaching Certification) prepares teachers to impact 6th – 12th grade students through concepts of nutrition, exercise, rest, disease prevention, and safety. Prospective health teachers will learn innovative classroom teaching strategies using the latest technology for instructional delivery. Through this preparation the health education graduate will be highly prepared to meet the challenges of growing health concerns across our nation by educating our youth.

**Physical Education**

If you are passionate about teaching others the skills necessary to participate in health enhancing sport and physical activity for life, the Bachelor of Science in physical education (Teaching Certification) at Troy is for you. This program prepares preschool – 12th grade teachers to impact students in team, individual, and lifetime sport skills in order to enhance their quality of life beyond their school years. At Troy University our physical education program is based on three beliefs, 1. Teach students the proper skills necessary to participate in a variety of sport, individual, and lifetime activities, 2. Provide opportunities for the student to learn and participate in a wide variety of physical activities, 3. By doing so the student will find something they enjoy and are successful at and will continue to do this throughout life in order to lead a healthy active lifestyle.

Many of our graduates in health and physical education choose to double major. This is highly recommended by our department to provide more opportunities for our graduates. It is for this reason our department has such a high job placement rate. Troy University has set itself apart from many other programs (at other Universities throughout the state and southeast) by offering both majors and the option to double major. A mere 18 hours extra (one more semester) can provide the graduate with two degrees and prepare them for dual certification in physical education and health education making them more marketable than a graduate with only one of the aforementioned degrees.

**School of Nursing**

The School of Nursing programs are designed to develop expertise necessary for the practice of nursing in a complex, changing health care system. Faculty are well qualified, and the ASN, BSN, MSN and DNP programs are accredited by the Accreditation Commission for Education in Nursing (ACEN) (3343 Peachtree Rd. NE, Suite 850, Atlanta, Ga., 30326, 404-975-5000) and approved by the Alabama Board of Nursing. Degree programs are offered at the associate (ASN), baccalaureate (BSN), master’s (MSN) and doctoral (DNP) levels. Mobility options are available for registered nurses seeking to earn a bachelor’s, master’s or doctoral degree in nursing. For more information, visit the School of Nursing website at www.troy.edu.

Students are accepted for admission to the ASN (Montgomery Campus) and BSN (Troy Campus) programs in the spring and fall semesters. The ASN degree may be completed in five semesters. The BSN degree may be completed in four years. Registered nurses may receive advanced placement in the online RN-BSN/MSN track of the BSN Program. For information related to progression from RN-BSN/MSN track to the Clinical Nurse Specialist, Family Nurse Practitioner, or Nursing Informatics Specialist tracks in the MSN Program or the DNP program, consult the Graduate Catalog. Admission to the School of Nursing is selective, based on established criteria for each program.

All students must maintain current CPR certification, professional liability insurance and proof of annual physical examination when enrolled in clinical nursing courses. Professional liability insurance must be purchased through the School of Nursing. Students are responsible for their own medical care if needed in the clinical setting and must have health insurance. Students must abide by Centers for Disease Control, HIPAA, and OSHA guidelines. Students must present titer reports for Hepatitis B, measles, mumps, rubella, and varicella zoster. Drug screening and criminal background information are required before students may attend clinical course practicums. Standardized achievement tests are required at various points in the undergraduate programs of learning.

Students in the School of Nursing must comply with legal, moral and legislative standards in accordance with the Alabama Board of Nursing Administrative Code. A student may be denied permission to write the licensing examination to become a registered nurse (RN) if he/she has been convicted of a felony.

Challenge examinations are available for various courses for students who meet the eligibility criteria. No nursing course may be audited before it is taken for credit.

Many nursing courses have additional laboratory fees. These fees are printed in the schedule of classes.

Admission is competitive. All students who meet minimum requirements may not be admitted.

**ATHLETIC TRAINING PROGRAM**

**Specialized General Studies Requirements**
This degree has special general studies requirements. Students should see the Athletic Training program adviser along with this catalog.

Requirements for admission to the Athletic Training Program:

1. Students must possess an overall 3.0 GPA as well as a 3.0 GPA in all athletic training core courses to be considered for admission.
2. All student applicants applying for the Athletic Training Program must have completed AT 1101, BIO 1100 and L100, MTH 1112, CHM 1142 and L142, and ENG 1101 and 1102 with a GPA of 3.0 or better.
3. The Athletic Training Program accepts completed applications for program admission twice a year. The due dates are April 1 and July 1 of each academic year. Applicants applying by the April 1 deadline will receive priority and the July 1 applicants will receive consideration only if there are slots available after the April 1 program admission process is complete. Admission to the Athletic Training (AT) Program is selective and completed applications do not guarantee admission into the Athletic Training Program. Enrollment is limited due to the availability of resources.
4. All students must be interviewed by the Athletic Training Board of Admissions as a component of the application process. Student applicants must also submit three letters of recommendation and have documented a minimum of 40 observation hours under a certified athletic trainer prior to being considered for admission into the AT Program.
5. All transfer student applicants must complete the equivalent of BIO 1100 and L100, MTH 1112, CHM 1142 and L142, ENG 1101 and ENG 1102 with a minimum GPA of 3.0 prior to admission into the AT Program. AT 1101 must also be completed under the same criteria; however, it must be taken at Troy University. Transfer students must go through the same application process as Troy University students.
6. Each student accepted into the AT Program must submit a signed agreement stating that he/she accepts the invitation and responsibility connected with the AT Program.

Progression in the Athletic Training Program:

1. Students who are accepted into the AT Program.
2. All students must maintain current CPR for the Professional Rescuer, First Aid, AED, and Oxygen Administration certifications. Professional liability insurance must be purchased annually through the examination. Hepatitis B vaccine, and current tetanus immunization must be on file when enrolled in the AT Program. Students are required to purchase a package through Certified Background through which they will submit and maintain up-to-date fingerprint records, background check and drug test results. Students are responsible for their own medical care if needed in the clinical education setting.
3. Achievement tests are required at various points in the student’s educational experience.
4. Due to clinical education requirements, students must stay current with all necessary personal equipment and procedures, including, but not limited to, the ability to establish rapport with patients and communicate judgments and consistently provide patient care.
5. Students must maintain an overall 3.0 GPA as well as a 3.0 GPA in all athletic training core courses.
6. Students must earn a C or better in all athletic training core courses. If a student earns a D or F in any AT Program course, he/she must repeat that course.

Academic Probation Policy

1. Once a student’s GPA has fallen below a 3.0, in either the AT Program core courses or overall, the AT Program director will place the student on academic probation. The student will have one academic semester to raise the GPA to the program criteria. If the student does not meet this standard, he/she will no longer be able to progress in the AT Program and will be released from the program.

Athletic Training Program Technical Standards for Admissions

The Athletic Training Program at Troy University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills and competencies of an entry-level athletic trainer, as well as meet the expectations of the program’s accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the Athletic Training Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the program’s technical standards does not guarantee a student’s eligibility for the BOC certification exam.

Candidates for selection to the Athletic Training Program must demonstrate the following:

1. The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function and coordination to perform appropriate physical examinations using accepted techniques, and to accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds. This includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak English at a level consistent with competent professional practice.
4. The ability to record the physical examination results and a treatment plan clearly and accurately.
5. The capacity to maintain composure and continue to function well during periods of high stress.
6. The perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
8. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the athletic training program are required to verify that they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

The Troy University Department of Athletic Training will evaluate a student who states that he/she could meet the programs technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws. If a student states that he/she can meet the technical standards with accommodation, the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation. This determination includes a review of whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety or the educational process of the student or the institution, including all coursework, clinical experiences and
Students must take 1 (3 hour) elective (HS/SWK) or 3000/4000 level course with approval

**Students w/o Human Service Major:**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>HS 2250</td>
<td>Fundamentals of Case Management</td>
</tr>
<tr>
<td>SWK 3302</td>
<td>Social Services Resources</td>
</tr>
<tr>
<td>SWK 3303</td>
<td>Crisis Intervention</td>
</tr>
<tr>
<td>SWK 3304</td>
<td>SW in Health Care Settings</td>
</tr>
<tr>
<td>RHB 3385</td>
<td>Rehabilitation of Persons with Severe Disabilities</td>
</tr>
</tbody>
</table>

**EXERCISE SCIENCE PROGRAM (124 HOURS)**

This degree has specialized general studies requirements (see areas III-V). Students should consult with an Exercise Science Program adviser along with this catalog. Students enrolled in the Exercise Science Program should select an area of concentration from the following: Wellness and Fitness, Nutrition, or Pre-Health Professions. Students considering applying to a graduate health professions school (e.g. PT, OT, PA) assume responsibility for determining appropriate prerequisite courses required for admission.

Students must achieve a C or better in all courses contained in Area III, Area V, program core, and concentrations. If a student earns a D or F in any of these courses the course must be repeated.

All Exercise Science Program students must present proof of professional liability insurance in order to enroll in KHP 4498 Internship in Exercise Science. Professional liability insurance may be purchased through the College of Health and Human Services, and must be maintained in force through completion of the internship.

**Area III (11 hours)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO 1100</td>
<td>Principles of Biology I</td>
</tr>
<tr>
<td>BIO L100</td>
<td>Principles of Biology Lab</td>
</tr>
<tr>
<td>MTH 1112</td>
<td>Pre-Calculus Algebra</td>
</tr>
<tr>
<td>CHM 1142</td>
<td>General Chemistry I</td>
</tr>
<tr>
<td>CHM L142</td>
<td>General Chemistry I Lab</td>
</tr>
</tbody>
</table>

†Students considering applying to a graduate health professions school (e.g. PT, OT, PA) should take MTH 1114 Pre-Calculus Trigonometry

**Area IV (12 hours)**

†For students with a concentration in Wellness/Fitness or Nutrition select nine (9) hours:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>*ANT 2200</td>
<td>Anthropology</td>
</tr>
<tr>
<td>*ECO 2251</td>
<td>Principles of Macroeconomics</td>
</tr>
<tr>
<td>*ECO 2252</td>
<td>Principles of Microeconomics</td>
</tr>
<tr>
<td>*GEO 2210</td>
<td>World Regional Geography</td>
</tr>
<tr>
<td>HIST 1101</td>
<td>Western Civ. I. or placement in HIS 1103</td>
</tr>
<tr>
<td>HIST 1102</td>
<td>Western Civ. II. or placement in HIS 1104</td>
</tr>
<tr>
<td>MTH 1111</td>
<td>U.S. to 1877, or placement in HIS 1113</td>
</tr>
<tr>
<td>MTH 1112</td>
<td>U.S. since 1877, or placement in HIS 1114</td>
</tr>
<tr>
<td>*HIS 1122</td>
<td>World History to 1500</td>
</tr>
<tr>
<td>*HIS 1123</td>
<td>World History from 1500</td>
</tr>
<tr>
<td>*POL 2260</td>
<td>World Politics</td>
</tr>
<tr>
<td>POL 2241</td>
<td>American Nat’l Govt., or placement in POL 2240 Honors American Nat’l Gov</td>
</tr>
<tr>
<td>PSY 2200</td>
<td>General Psychology</td>
</tr>
<tr>
<td>PSY 2210</td>
<td>Developmental Psychology</td>
</tr>
<tr>
<td>SOC 2275</td>
<td>Introduction to Sociology</td>
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</tbody>
</table>

**CASE MANAGEMENT MINOR (18 HOURS)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>HS 2250</td>
<td>Fundamentals of Case Management</td>
</tr>
<tr>
<td>(must be taken first)</td>
<td></td>
</tr>
<tr>
<td>SWK 3302</td>
<td>Social Services Resources</td>
</tr>
<tr>
<td>SWK 3303</td>
<td>Crisis Intervention</td>
</tr>
<tr>
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</tr>
<tr>
<td>RHB 3385</td>
<td>Rehabilitation of Persons with Severe Disabilities</td>
</tr>
</tbody>
</table>

**Course Requirements**

The course work involves a six-semester sequence beginning with the fall semester of admission into the program. This sequence is developed as a progression designed to incorporate all domains and objectives outlined in the competencies in athletic training education, culminating in AT 4402, which is taken the sixth semester of program enrollment.

AT 1101  (1) Orientation to Athletic Training
AT 2201  (1) Clinical Experiences in Athletic Training I
AT 2202  (1) Clinical Experiences in Athletic Training II
AT 3301  (2) Clinical Experiences in Athletic Training III
AT 3302  (2) Clinical Experiences in Athletic Training IV
AT 3394  (1) Lifting Techniques for Conditioning and Rehabilitative Exercise
AT 3395  (3) Care and Prevention of Athletic Injuries and Illnesses
AT L395  (1) Care and Prevention of Athletic Injuries and Illnesses Lab
AT 3396  (3) Evaluation of Athletic Injuries and Illnesses I
AT L396  (1) Evaluation of Athletic Injuries and Illnesses I Lab
AT 3397  (3) Evaluation of Athletic Injuries and Illnesses II
AT L397  (1) Evaluation of Athletic Injuries and Illnesses II Lab
AT 3398  (3) Organization and Administration for Athletic Trainers
AT 3399  (3) General Medical Conditions Seminar
AT 4401  (3) Clinical Experiences in Athletic Training V
AT 4402  (12) Athletic Training Field Experience
AT L447  (3) Therapeutic Modalities
AT L448  (1) Therapeutic Modalities Lab
AT 4448  (3) Therapeutic Exercises
AT L448  (1) Therapeutic Exercises Lab
BIO 3347  (3) Human Anatomy and Physiology I
BIO L347  (1) Human Anatomy and Physiology I Lab
BIO 3348  (3) Human Anatomy and Physiology II
BIO L348  (1) Human Anatomy and Physiology II Lab
CHM 1142  (3) General Chemistry I
CHM L142  (1) General Chemistry I Lab
KHP 3315  (2) Complementary and Alternative Therapies
KHP 3350  (3) Psychology of Wellness
KHP 3352  (3) Kinesiology
KHP 4474  (3) Exercise Physiology
KHP L474  (1) Exercise Physiology Lab
NSG 1105  (1) Medical Terminology
KHP 2211  (3) Human Nutrition
NSG 3309  (2) Health Assessment
NSG 3310  (1) Health Assessment Practicum
NSG 3315  (3) Pathophysiology
PHI 2204  (3) Ethics
For students with a concentration in Pre-Health Professions take the following nine (9) hours:

- PSY 2200 (3) General Psychology
- PSY 2210 (3) Developmental Psychology
- SOC 2275 (3) Introduction to Sociology

†Students applying to a graduate health professions school (e.g., PT, OT, PA) may also need to take ANT 2200 Anthropology.

Area V (22 hours)

- BIO 2220 (3) Cell Biology
- BIO L220 (1) Cell Biology Lab
- KHP 1142 (1) Beginning Weight Training
- KHP 2202 (2) First Aid, Safety, and CPR
- KHP 2211 (3) Human Nutrition
- KHP 2242 (1) Intermediate Weight Training
- TROY 1101 (1) University Orientation

For students with a concentration in Wellness and Fitness take the following seven (7) hours:

- BIO 1101 (3) Organismal Biology
- BIO L101 (1) Organismal Biology Lab
- KHP 3391 (3) Testing and Statistical Interpretation

For Students with a concentration in Nutrition take the following seven (7) hours:

- CHM 1143 (3) General Chemistry II
- CHM L143 (1) General Chemistry Lab II
- KHP 3360 (3) Physiological Principles of Body Systems

For students with a concentration in Pre-Health Professions take the following seven (7) hours:

- NSG 1105 (1) Medical Terminology
- MTH 2210 (3) Applied Statistics

Select one (1) of the following:

- PSY 3304 (3) Abnormal Psychology
- PSY 4421 (3) Physiological Psychology

Program Core Requirements (40 hours)

- BIO 3347 (3) Human Anatomy and Physiology I
- BIO L347 (1) Human Anatomy and Physiology Lab I
- BIO 3348 (3) Human Anatomy and Physiology II
- BIO L348 (1) Human Anatomy and Physiology Lab II
- KHP 3352 (3) Kinesiology and Efficiency of Human Movement
- KHP 4459 (3) Sport and Exercise Nutrition
- KHP 4474 (3) Exercise Physiology Lab
- KHP L496 (1) Biomechanics Lab
- KHP 4497 (1) Senior Seminar in Exercise Science
- NSG 3315 (3) Pathophysiology

†It is the responsibility of the student to obtain a sufficient number of observation hours required to seek certification (e.g., ACSM Clinical Exercise Specialist) or gain entry into a graduate health professional school (e.g., PT, OT, PA).

Select one Exercise Science Program concentration:

Wellness and Fitness Concentration (20 hours)

- AT 3394 (1) Lifting Techniques for Conditioning and Rehabilitative Exercise
- KHP 3350 (3) Psychology of Wellness
- KHP 3360 (3) Physiological Principles of Body Systems
- KHP 3395 (2) Care and Prevention of Athletic Injuries
- KHP 4405 (3) Physical Activity and Disease Prevention
- KHP 4460 (3) Principles of Strength & Conditioning
- KHP L460 (1) Principles of Strength & Conditioning Lab
- KHP 4487 (2) Special Topics in Exercise Performance

Select two (2) hours of advisor approved electives.

Nutrition Concentration (20 hours)

- BIO 1101 (3) Organismal Biology
- BIO L101 (1) Organismal Biology Lab
- KHP 3310 (3) Introduction to Food Science
- KHP L310 (1) Introduction to Food Science Lab
- KHP 3311 (3) Nutritional Assessment
- KHP 3315 (2) Complementary and Alternative Therapies
- KHP 3316 (3) Community Nutrition
- KHP 4458 (3) Lifecycle Nutrition

Select one (1) hour of advisor approved elective.

†Pre-Health Professions Concentration (20 hours)

- BIO 1101 (3) Organismal Biology
- BIO L101 (1) Organismal Biology Lab
- BIO 3372 (3) Microbiology
- BIO L372 (1) Microbiology Lab
- CHM 1143 (3) General Chemistry II
- CHM L143 (1) General Chemistry Lab II
- PHY 2252 (3) General Physics I
- PHY L252 (1) General Physics Lab I
- PHY 2253 (3) General Physics II
- PHY L253 (1) General Physics Lab II

EXERCISE SCIENCE MINOR (18 HOURS)

- KHP 3352 (3) Kinesiology
- KHP 4459 (3) Sport and Exercise Nutrition
- KHP 4474 (3) Exercise Physiology
- KHP L474 (1) Exercise Physiology Lab
- KHP 4475 (3) Exercise Testing
- KHP 4488 (3) Issues and Practice in Cardiac Rehabilitation
- KHP 4476 (2) Laboratory Practicum

HEALTH EDUCATION MAJOR (127 HOURS)

For professional studies information, see the College of Education section of this catalog.

Note: Students seeking Alabama Teacher certification in health education should select education as a second major. Students should consult with their advisers concerning all certification requirements.

Specialized General Studies Requirements

Area III

- BIO 1100 (3) Principles of Biology I
- BIO L100 (1) Principles of Biology Lab
- MTH 1112 (3) Pre-Calculus Algebra, or placement

Select a four hour course/lab combination from the following:

- CHM 1142 (3) General Chemistry I, or placement
- CHM L142 (1) General Chemistry I Lab, or placement
Select two hours of physical activity courses.  
Major requirements  
KHP 3350 (3) Psychology of Wellness and Performance  
KHP 3352 (3) Kinesiology and Efficiency of Human Movement  
KHP 3361 (3) Integrating HPER into the Curriculum  
KHP 4405 (3) Physical Activity and Disease Prevention  
KHP 4410 (3) Motor Development  
KHP 4427 (3) Health Behavior  
KHP 4442 (3) Health Education  
KHP 4459 (3) Sport and Exercise Nutrition  
KHP 4474 (3) Exercise Physiology  
KHP L474 (1) Exercise Physiology Lab  
**course cannot be transferred, must be taken at Troy University.  
**course cannot be transferred, must be taken at Troy University.

Select an additional two hours of adviser-approved courses.

HOSPITALITY, SPORT AND TOURISM MANAGEMENT (123 HOURS)  
Hospitality, sport and tourism management majors must earn a grade of C or better in all major courses for credit toward graduation. If a student earns a D or F in any major course, he/she must repeat that course.  
The School of Hospitality, Sport & Tourism Management believes the practical experience gained through an internship is essential to the student’s education and professional growth. Therefore, all undergraduate students seeking a Bachelor of Science in HSTM are required to complete an internship.  
All Hospitality, sport and tourism management majors should also select one 18-hour minor. This minor may be a minor housed in the School which include Event Management, Hospitality Management, Sport Management, Tourism Management, Recreation, or a minor outside the School.  
Area III Requirements  
MTH 1112 (3) Pre-Calculus Algebra, or placement  

Area V Requirements  
IS 2241 (3) Computer Concepts and Applications  
MTH 2210 (3) Applied Statistics  
QM 2241 (3) Business Statistics  

Area V Requirements (18 hours)  
KHP 2202 (2) First Aid and Safety and CPRO**  
KHP 2240 (3) Personal and Community Health**  
KHP 2251 (3) Foundations of Physical Education/SFM  
KHP 3360 (3) Physiological Principles of Body Systems  
KHP 3395 (2) Care and Prevention of Athletic Injury  
IS 2241 (3) Computer Concepts and Applications  
TROY 1101 (1) University Orientation  

Select two hours of physical activity courses.  
Major requirements  
KHP 3350 (3) Psychology of Wellness and Performance  
KHP 3352 (3) Kinesiology and Efficiency of Human Movement  
KHP 3361 (3) Integrating HPER into the Curriculum  
KHP 4405 (3) Physical Activity and Disease Prevention  
KHP 4410 (3) Motor Development  
KHP 4427 (3) Health Behavior  
KHP 4442 (3) Health Education  
KHP 4459 (3) Sport and Exercise Nutrition  
KHP 4474 (3) Exercise Physiology  
KHP L474 (1) Exercise Physiology Lab  
**course cannot be transferred, must be taken at Troy University.  
**course cannot be transferred, must be taken at Troy University.

Select an additional two hours of adviser-approved courses.

HOSPITALITY, SPORT AND TOURISM MANAGEMENT CONCENTRATION (21 HOURS)  
HSTM 2201 (3) Leisure in Society  
HSTM 2255 (3) Introduction to Hospitality, Sport and Tourism Management  
HSTM 4430 (3) Marketing in Hospitality, Sport and Tourism Management  
HSTM 4445 (3) Research Methods in Hospitality, Sport & Tourism Management  
HSTM 4450 (3) Event Management in Hospitality, Sport and Tourism Management  
HSTM 4460 (3) Leadership Principles in Hospitality, Sport and Tourism Management  
HSTM 4470 (3) Revenue Generation in Hospitality, Sport and Tourism Management  
HSTM 4490 (6) Internship  
HSTM 4499 (3) Seminar in Hospitality, Sport and Tourism Management  
Select a concentration area.  

HOSPITALITY MANAGEMENT CONCENTRATION (21 HOURS)  
HSTM 3374 (3) Hotel Management  
HSTM 3360 (3) Tourism Management  
HSTM 3372 (3) Hospitality Management  
HSTM 4423 (3) Current Issues in Hospitality  
HSTM 4425 (3) Human Resource Management in Hospitality  
HSTM 4465 (3) Hospitality Service  
HSTM 4466 (3) Restaurant Management  

SPORT MANAGEMENT CONCENTRATION (21 HOURS)  
HSTM 4435 (3) Current Issues in Sport Management  
HSTM 4440 (3) Governing Agencies  
HSTM 4443 (3) Sport Administration  
HSTM 4451 (3) Sport Finance  
HSTM 4452 (3) Sport Communications  
HSTM 4453 (3) Legal Aspects in Sport Management  
HSTM 4455 (3) Facility Management  

TOURISM MANAGEMENT CONCENTRATION (21 HOURS)  
HSTM 3330 (3) Festivals and Special Events  
HSTM 3360 (3) Tourism Management  
HSTM 3372 (3) Hospitality Management  
HSTM 4414 (3) Sustainable Tourism  
HSTM 4415 (3) Tourism Impacts and Planning  
HSTM 4417 (3) Current Issues in Tourism  
HSTM 4419 (3) Tourism Enterprises  

EVENT MANAGEMENT MINOR (18 HOURS)  
HSTM 2210 (3) Introduction to Event Management  
HSTM 3320 (3) Event Information, Communication, and Technology  
HSTM 3330 (3) Festivals and Special Events
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>HSTM 4465</td>
<td>(3) Hospitality Service</td>
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<tr>
<td>HSTM 4480</td>
<td>(3) Event Planning and Operation</td>
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<tr>
<td>HSTM 4485</td>
<td>(3) Practicum</td>
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**EVENT MANAGEMENT MINOR HOSPITALITY MANAGEMENT MAJOR (18 HOURS)**

<table>
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<tr>
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<tbody>
<tr>
<td>HSTM 2210</td>
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<td>(3) Event Planning and Operation</td>
</tr>
<tr>
<td>HSTM 4485</td>
<td>(3) Practicum</td>
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*Advisor approved elective (3)*

**HOSPITALITY MANAGEMENT MINOR (18 HOURS)**

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<tr>
<td>HSTM 3372</td>
<td>(3) Hospitality Management</td>
</tr>
<tr>
<td>HSTM 3374</td>
<td>(3) Hotel Management</td>
</tr>
<tr>
<td>HSTM 4423</td>
<td>(3) Current Issues in Hospitality</td>
</tr>
<tr>
<td>HSTM 4465</td>
<td>(3) Hospitality Service</td>
</tr>
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<td>HSTM 4466</td>
<td>(3) Restaurant Management</td>
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**SPORT MANAGEMENT MINOR (18 HOURS)**

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<td>(3) Sport Finance</td>
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<tr>
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<td>(3) Legal Aspects in Sport Management</td>
</tr>
<tr>
<td>HSTM 4455</td>
<td>(3) Facility Management</td>
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**TOURISM MANAGEMENT MINOR (18 HOURS)**

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<tr>
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</thead>
<tbody>
<tr>
<td>HSTM 2255</td>
<td>(3) Introduction to Hospitality, Sport and Tourism Management or advisor approved elective</td>
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<tr>
<td>HSTM 3360</td>
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<tr>
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</tr>
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<td>HSTM 4417</td>
<td>(3) Current Issues in Tourism</td>
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</table>

**RECREATION MINOR NON-HSTM MAJORS (18 HOURS)**

<table>
<thead>
<tr>
<th>Course Code</th>
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<tbody>
<tr>
<td>HSTM 2255</td>
<td>(3) Introduction to HSTM or advisor approved elective</td>
</tr>
<tr>
<td>HSTM 3340</td>
<td>(3) Principles of Recreation</td>
</tr>
<tr>
<td>HSTM 3345</td>
<td>(3) Recreation Programming</td>
</tr>
<tr>
<td>HSTM 4453</td>
<td>(3) Legal Aspects in Sport and Physical Activity</td>
</tr>
</tbody>
</table>

*Select 6 additional hours in HSTM courses*

**RECREATION MINOR HOSPITALITY MANAGEMENT MAJORS (18 HOURS)**

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<thead>
<tr>
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<tbody>
<tr>
<td>HSTM 3340</td>
<td>(3) Principles of Recreation</td>
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<tr>
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<tr>
<td>HSTM 4453</td>
<td>(3) Legal Aspects in Sport and Physical Activity</td>
</tr>
</tbody>
</table>

*Select 6 additional hours in HSTM courses*

**RECREATION MINOR SPORT MANAGEMENT MAJORS (18 HOURS)**

<table>
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<tr>
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<tbody>
<tr>
<td>HSTM 3340</td>
<td>(3) Principles of Recreation</td>
</tr>
<tr>
<td>HSTM 3345</td>
<td>(3) Recreation Programming</td>
</tr>
<tr>
<td>HSTM 3360</td>
<td>(3) Tourism Management</td>
</tr>
<tr>
<td>HSTM 3372</td>
<td>(3) Hospitality Management</td>
</tr>
</tbody>
</table>

*Select 6 additional hours in HSTM courses*

**RECREATION MINOR TOURISM MANAGEMENT MAJORS (18 HOURS)**

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<tbody>
<tr>
<td>HSTM 3340</td>
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<tr>
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</tr>
<tr>
<td>HSTM 3372</td>
<td>(3) Hospitality Management</td>
</tr>
<tr>
<td>HSTM 4453</td>
<td>(3) Legal Aspects in Sport &amp; Physical Activity</td>
</tr>
</tbody>
</table>

*Select 6 additional hours in HSTM courses*

**HUMAN SERVICES MAJOR (36 HOURS)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>HS 2230</td>
<td>(3) Survey of Human Services</td>
</tr>
<tr>
<td>HS 2240</td>
<td>(3) Ethics</td>
</tr>
<tr>
<td>HS 3310</td>
<td>(3) Human Behavior in the Social Environment I</td>
</tr>
<tr>
<td>HS 3375</td>
<td>(3) Diversity</td>
</tr>
<tr>
<td>HS 3370</td>
<td>(3) Professional Communication Skills</td>
</tr>
<tr>
<td>HS 3399</td>
<td>(3) Human Services Seminar</td>
</tr>
<tr>
<td>HS 4400</td>
<td>(3) Human Services Field Experience</td>
</tr>
<tr>
<td>RHB/SWK 3320</td>
<td>(3) Human Behavior in the Social Environment II</td>
</tr>
</tbody>
</table>

*Select 12 additional hours in HS, RHB, or SWK courses.*

**HUMAN SERVICES MINOR (18 HOURS)**

<table>
<thead>
<tr>
<th>Course Code</th>
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</tr>
</thead>
<tbody>
<tr>
<td>HS 3310</td>
<td>(3) Human Behavior and the Social Environment I</td>
</tr>
<tr>
<td>HS 3370</td>
<td>(3) Professional Communication Skills</td>
</tr>
<tr>
<td>SWK 3320</td>
<td>(3) Human Behavior and the Social Environment II</td>
</tr>
<tr>
<td>HS/</td>
<td>Diversity</td>
</tr>
<tr>
<td>SWK/3375</td>
<td>(3) Survey of Human Services</td>
</tr>
<tr>
<td>HS 2230</td>
<td>(3) Ethics</td>
</tr>
</tbody>
</table>

*Select three additional hours in HS, RHB, or SWK courses.*
NURSING, ASSOCIATE OF SCIENCE (ASN) 
(70 HOURS)

Admission

Students are admitted into the ASN Program in the spring and fall terms. The Admissions Committee reviews all records of qualified applicants. Applicants receive a ranking based on measurable criteria (i.e., test scores, GPA, etc.). Deadline for filing application and all required admission documentation is May 30 for fall admission and Oct. 1 for spring admission.

Admission to the ASN Program is Completed in TWO steps:

**STEP I**

For admission to the ASN program, the student must:

1. submit application for admission to undergraduate studies with $30 application fee.
2. submit Official high school transcript or the equivalent (GED). A high school transcript or GED is not required for students transferring in a minimum 24 semester hours of college credit;
3. submit Official admission test scores. The ASN program acceptance “Proficient Score” on the TEAS-V (Test of Essential Academic Skills)
   - The test must have been taken within the 2 years prior to the date of application for admission.
   - If the student submits TEAS-V scores (from exams taken twice during the 2 year period), the highest score will be considered. If more than 2 attempts are submitted, only the first two taken during the two year period would be considered.
4. Submit Official transcripts from all colleges and universities attended;
5. have a minimum grade point average GPA of at least 2.5/4.0 scale on all college work attempted at the undergraduate level and a minimum grade point average of at least 2.5/4.0 scale on all college work attempted at Troy University at the undergraduate level. If less than 24 HR of college work has been attempted, you must have a minimum 2.5/4.0 High School GPA or a GED with a score of 500; and
6. be able to achieve certain core performance standards required for duties of the nursing profession (copy of standards available upon request).

When ENG 1101, PSY 2200, MTH 1112, BIO 3347 and BIO L347 have been completed with a grade of C or better, the student may proceed to step II.

**STEP II**

For admission to the ASN nursing course sequence (NSG 1131, NSG 1135, 1151, etc.), the student must:

1. meet all admission requirements under Step I;
2. submit “Application to ASN Nursing Course Sequence” (by May 30 for fall semester admission and Oct. 1 for spring semester admission);
3. have maintained an overall GPA of at least 2.5 on 4.0 scale on all college work attempted.

NOTE: If a student is attempting to transfer credit for nursing courses from another school of nursing (which must be accredited), a letter from the dean/director of that school must be submitted stating that the student was eligible for continuation in the nursing program. If the student was not eligible for continuation in the program, the student must take all required Troy University ASN nursing courses (i.e., no nursing courses will be transferred).

Progression

a. Student must maintain an overall Troy University GPA of at least 2.0 on 4.0 scale while enrolled in nursing courses.

b. Student must earn a grade of C or better in each required course.
c. A student will be able to repeat a nursing course only one time to achieve a grade of C or better.
d. A student may repeat only one ASN Program nursing course (with the exception of NSG 2204, Nutrition); therefore, a second D or F in any ASN nursing course (with the exception of NSG 2204, Nutrition) will result in automatic dismissal from the Program.
e. Student must make 85% or higher on a dosage and solutions calculation examination in NSG 1151 to progress in the program.
f. Student must satisfactorily complete an NCLEX predictor exam in NSG 2280.
g. Student must complete the program within four years from the date of initial enrollment in the first clinical nursing course (NSG 1131).
h. Students who drop, fail or withdraw from NSG 1131 must reapply by following Step II of the ASN admission process (i.e., these students will be included with the new pool of applicants in the selective admission process and should understand that they may or may not be selected for a slot in the new class).
i. Re-enrollment in a nursing course will depend on space availability.

Degree

Upon satisfactory completion of the program, the student is awarded the Associate of Science in Nursing degree and may then apply to the Board of Nursing to write the licensing examination to become a registered nurse (RN).

Location

The ASN program is located at 340 Montgomery Street, Montgomery, AL, 36104. The clinical facilities used for student learning experiences are located within an approximate 50-mile radius of Montgomery. Students are responsible for their transportation.

Specialized General Studies Requirements

**Area I**

ENG 1101 (3) Composition I

**Area II**

Select three hours in humanities or fine arts.

**Area III**

BIO 3347 (3) Human Anatomy and Physiology I
BIO L347 (1) Human Anatomy and Physiology I Lab
BIO 3372 (3) General Microbiology
BIO L372 (1) General Microbiology Lab
MTH 1112 (3) Pre-Calculus Algebra

**Area IV**

PSY 2200 (3) General Psychology
PSY 2210 (3) Developmental Psychology

**Area V**

TROY 1101 (1) University Orientation

Additional Requirements

BIO 3348 (3) Human Anatomy and Physiology II
BIO L348 (1) Human Anatomy and Physiology II Lab
NSG 1131 (4) Basic Nursing Concepts Practicum
NSG 1135 (1) Health Assessment-Practicum
NSG 1140 (3) Basic Nursing Concepts II
NSG 1141 (3) Basic Nursing Practicum II
NSG 1151 (1) Hospital Measurements
NSG 2202 (2) Pharmacology
NSG 2213 (2) Nutrition
Progression

The BSN program, students must
Metallurgical Chemical Engineering.
the nursing school (without an external degree). Students may
able to achieve performance standards related to the duties of the nursing profession.
be assigned to learning experiences in Birmingham, Alabama.
are required in many of these courses. For additional information, contact the office of the BSN Program director or visit the School of Nursing website at www.troy.edu.

Area III

Select one of the following: ANT 2200, NSG 3340, PHI 2203, or PHI 2204

Area IV

Select three hours from the following:

Area V Requirements:

Select 3 hours from the following:

Select 3 hours from elective choice

Core Course Requirements for Generic or Pre-licensure students (62 hours)
Area III
Specialized General Studies Requirements

Students seeking Alabama Teacher certification in physical education should consult with their advisers concerning all certification requirements.

(P-12)

Specialized General Studies Requirements

Area III
BIO 1100 (3) Principles of Biology I

Major requirements:
KHP 2211 (3) Human Nutrition
KHP 3310 (3) Introduction to Food Science
KHP L310 (1) Introduction to Food Science Lab
KHP 3311 (3) Nutritional Assessment
KHP 3315 (2) Complementary and Alternative Therapies
KHP 3316 (3) Community Nutrition
KHP 4458 (3) Lifecycle Nutrition

Coaching Minor (18 hours)

Students must select one (1) of two (2) or three (3) courses from Sections 1, 3, and 4.

KHP 2202 (2) First Aid and Safety and CPR

OR

KHP 3395 (2) Care and Prevention of Athletic Injury

KHP 3350 (3) Psychology of Wellness

OR

KHP 4410 (3) Motor Development

Social Work Program

Specialized General Studies Requirements

Students will complete the general studies requirements as outlined in the general studies section of this catalog with the following exception. In AREA II take COM 2241 and any 1000-2000 level Literature Series (6 hours); and, in Area IV take a History Series (6 hours). The following general studies courses are required for social work majors: ANT 2200, ECO 2251, POL 2241, PSY 2200, SOC 2275, and PSY 3304. Courses with similar course content in General Studies may be considered for substitution by the
department chair.

Admission to the professional social work curriculum

Students must be admitted to the professional social work curriculum in order to enroll in advanced social work courses, beginning with SWK 3390. Students are encouraged to declare social work as a major during the freshman or sophomore year in order to ensure that they will meet the requirements for admission in a timely manner. Otherwise, the student may be out of sequence in meeting program requirements. Admission to the professional social work curriculum is usually accomplished during the first semester of the junior year concurrent with enrollment in SWK 2250, which precedes enrollment in SWK 3390 the following semester. To be eligible to apply for admission, each social work major must (1) have a minimum GPA of 2.25 (on a 4 point scale) in all college courses attempted and have completed a minimum of 30 semester hours, and (2) have completed ENG 1101 and 1102 or ENG 1103 and 1104; COM 2241 or 2243; HS 2240, 3310 and 3370; and SWK 2250 and 2280 (or be currently enrolled) with a grade of C or better. Procedures for applying for admission to the professional social work curriculum may be obtained from the Department of Social Work. Students completing all but 3-6 hours of general studies courses will have the best opportunity of being unconditionally accepted into the program. Students with more than 6 hours may have a delayed acceptance or conditional admission.

Progression in Social Work

a. Students are required to make a grade of C or better in each of the required departmental core and professional curriculum courses (all HS, RHB, and SWK prefixed courses.)

b. Students may repeat only one 3000-4000 level departmental course; thereafter, a D or F in any 3000-4000 level departmental required course will result in automatic dismissal from the social work program.

c. A student remains in good standing by maintaining, at a minimum, a 2.0 GPA in all course work taken and a 2.0 GPA in all required departmental and professional courses.

Core Requirements (27 Hours)

<table>
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<tr>
<th>Course</th>
<th>Hours</th>
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<td>HS 2240</td>
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<tr>
<td>HS 3310</td>
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<tr>
<td>HS/SWK 3375</td>
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<tr>
<td>HS 3370</td>
<td>3</td>
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<tr>
<td>SWK</td>
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<tr>
<td>SWK 2280</td>
<td>3</td>
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<tr>
<td>SWK 2281</td>
<td>3</td>
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<tr>
<td>SWK 3320</td>
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</tr>
<tr>
<td>SWK 3340</td>
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Social Work Professional Program (25 hours)

The principal educational objective is the preparation of graduates for beginning generalist social work practice.

<table>
<thead>
<tr>
<th>Course</th>
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<tbody>
<tr>
<td>SWK 2250</td>
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<td>SWK 3390</td>
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<td>SWK 4471</td>
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