The College of Health and Human Services was formed in 1994 in order to provide quality education for professional practice in a variety of areas associated with health and human services. The college aspires to the highest standard of educational excellence, blending a professional perspective with a liberal arts and science foundation.

Within the College of Health and Human Services are the School of Nursing, the School of Hospitality, Sport and Tourism Management, the Department of Human Services, the Department of Kinesiology and Health Promotion, and the Department of Athletic Training Education Program.

The college is committed to meeting the challenges of the next decade; hence, it emphasizes quality teaching and values scholar-
APPLIED HEALTH SCIENCES PROGRAM (121
HOURS)

General Education Requirements

Area I
ENG 1101 (3) Composition and Modern English I
ENG 1102 (3) Composition and Modern English II

Area II
ENG Literature Course (3)
ENG Literature Course (3)
Fine Arts Requirement (3)
Select one of the following: REL 2280, PHI 2203, or PHI 2204.

Specialized General Requirements

Area III
BIO 1100 (3) Principles of Biology
BIO L100 (1) Principles of Biology Lab
OR
BIO 3372 (3) Microbiology
BIO L372 (1) Microbiology Lab
MTH 1110 (3) Finite Mathematics
OR
MTH 1112 (3) Pre-Calculus Algebra

CHM 1142 (3) General Chemistry I
CHM L142 (1) General Chemistry Lab I
OR
CHM 1115 (3) Survey of Chemistry
CHM L115 (1) Survey of Chemistry Lab

Area IV
NSG 2205 (3) Human Growth and Development
PSY 2210 (3) Developmental Psychology

Select a six-hour history sequence (HIS 1101/1102; HIS 1111/1112; HIS 1122/1123).

Select three hours from the following:
ANT 2200 (3) Anthropology
PSY 2200 (3) General Psychology

Area V Requirements
TROY 1101 (1) The University Experience
IS 2241 (3) Computer Concepts and Applications

Select 14 hours from the following:
BIO 3347 (3) Human Anatomy and Physiology I
BIO L347 (1) Human Anatomy and Physiology I Lab
BIO 3348 (3) Human Anatomy and Physiology II
BIO L348 (1) Human Anatomy and Physiology II Lab
NSG 2204 (2) Nutrition
SOC 2275 (3) Introduction to Sociology
KHP 2202 (2) First Aid
KHP 2240 (3) Community Health
HS 3325 (3) Wellness across the Lifespan I
HS 3335 (3) Wellness across the Lifespan II

Select 3 hours from the following:
MTH 2210 (3) Applied Statistics
PSY 3301 (3) Basic Statistics
QM 2241 (3) Business Statistics I
SWK 2280 (3) Social Work Research

Core Courses (30 hours)
NSG 2230 (3) Advanced Medical Terminology
NSG 2285 (3) Perspectives of Aging
NSG 3309 (2) Health Assessment
NSG 3310 (1) Health Assessment Practicum
OR
NSG 3315 (3) Pathophysiology
NSG 3340 (3) Ethics in Nursing
SOC 4456 (3) Gerontology
HS 2240 (3) Ethics
HS 2250 (3) Case Management
SWK 3302 (3) Social Services Resources
SWK 3304 (3) Social Work Practice in Health Settings
OR
PSY 4456 (3) Gerontology
SOC 4459 (3) Sociology of Health, Medicine, and Illness
HS/KHP/PSY/NSG/SWK Advisor approved elective (3 hours)

Students will select 6 hours in the following Communication Concentration:
COM 3328 (3) International/Intercultural Communication
COM 3360 (3) Communication Research
COM 4426 (3) Organizational Communication
COM 4430 (3) Health Communication
COM4460 (3) Crisis Communication
HS 3370 (3) Professional Interviewing Skills
Students will select 12 hours in the following Health and Nutrition Concentration:

- KHP 3311 (3) Nutritional Assessment
- KHP 3316 (3) Community Nutrition
- KHP 3350 (3) Psychology of Wellness
- KHP 4427 (3) Health and Fitness Education
- PSY 3330 (3) Health Psychology
- HS/KHP/PSY/NSG/SWK Advisor approved elective (3 hours)

Students will select 12 hours in the following Health and Humanities Concentration:

- HS 3310 (3) Human Behavior in the Social Environment I
- HS 3375 (3) Diversity and Ethics
- HIS 4409 (3) Infectious Disease and History
- HIS 4410 (3) Gender, Health and History
- PSY 3311 (3) Sensation and Perception
- PSY 3315 (3) Cultural and Diversity Psychology
- PHI 3365 (3) Bioethics in a Historical Context
- OR
- HIS 3365 (3) Bioethics in a Historical Context
- PHI 3310 (3) Applied Ethics
- HS/KHP/PSY/NSG/SWK Advisor approved elective (3 hours)

APPLICATION HEALTH SCIENCES MINOR (18 HOURS)

- Students will select 18 credit hours of approved BIO, HS, KHP, PSY, NSG, SOC, and SWK courses with at least one course in each area. Nine (9) credit hours must be upper level.

CASE MANAGEMENT MINOR (18 HOURS)

- Students w/ Human Service Major:
  - HS 2250 (3) Fundamentals of Case Management (must be taken first)
  - NSG 2230 (3) Advanced Medical Terminology
  - SWK 3302 (3) Social Services Resources
  - SWK 3303 (3) Crisis Intervention

- Students must take 2 (3 hour) elective (HS/SWK) or 3000/4000 level course with approval

- Students w/ Human Service Major:
  - HS 2230 (3) Survey of Human Services
  - HS 2240 (3) Ethics in the Helping Profession
  - HS 2250 (3) Fundamentals of Case Management
  - HS 3375 (3) Diversity and Ethics
  - HS 3370 (3) Professional Interviewing Skills
  - SWK 3302 (3) Social Services Resources

EXERCISE SCIENCE PROGRAM (123 HOURS)

This degree has specialized general studies requirements (see areas III-V). Students should consult with an Exercise Science Program adviser along with this catalog. Students enrolled in the Exercise Science Program should select an area of concentration from the following: Wellness and Fitness, Nutrition, or Pre-Health Professions. Students considering applying to a graduate health professions school (e.g. PT, OT, PA) assume responsibility for determining appropriate prerequisite courses required for admission.

Students must achieve a C or better in all courses contained in Area III, Area V, program core, and concentrations. If a student earns a D or F in any of these courses the course must be repeated.

All Exercise Science Program students must present proof of professional liability insurance in order to enroll in KHP 4498 Internship in Exercise Science. Professional liability insurance may be purchased through the College of Health and Human Services, and must be maintained in force through completion of the internship.

Area III (11 hours)

- BIO 1100 (3) Principles of Biology I
- BIO L100 (1) Principles of Biology Lab
- ♠MTH 1112 (3) Pre-Calculus Algebra
- CHM 1142 (3) General Chemistry I
- CHM L142 (1) General Chemistry I Lab

- ♠Students considering applying to a graduate health professions school (e.g. PT, OT, PA) should take MTH 1114 Pre-Calculus Trigonometry

Area IV (12 hours)

- ♣For students with a concentration in Wellness/Fitness or Nutrition select nine (9) hours:
  - ANT 2200 (3) Anthropology
  - ECO 2251 (3) Principles of Macroeconomics
  - ECO 2252 (3) Principles of Microeconomics
  - GEO 2210 (3) World Regional Geography
  - HIS 1101 (3) Western Civ. I, or placement in HIS 1103
  - ♠Students applying to a graduate health professions school (e.g. PT, OT, PA) may also need to take MTH 1114 Pre-Calculus Trigonometry
- HIS 1102 (3) Western Civ. II, or placement in HIS 1114
- ♠HIS 1111 (3) U.S. to 1877, or placement in HIS 1113
- ♠HIS 1112 (3) U.S. since 1877, or placement in HIS 1114
- ♠HIS 1113 (3) World History to 1500
- ♠HIS 1122 (3) World History from 1500
- POL 2260 (3) World Politics
- POL 2241 (3) American Nat’l Gov’t., or placement in POL 2240 Honors American Nat’l Gov
- PSY 2200 (3) General Psychology
- PSY 2210 (3) Developmental Psychology
- SOC 2275 (3) Introduction to Sociology

- ♣For students with a concentration in Pre-Health Professions take the following nine (9) hours:
  - PSY 2200 (3) General Psychology
  - PSY 2210 (3) Developmental Psychology
  - SOC 2275 (3) Introduction to Sociology

- ♠Students considering applying to a graduate health professions school (e.g. PT, OT, PA) must be taken first

Area V (22 hours)

- BIO 2220 (3) Cell Biology
- BIO L220 (1) Cell Biology Lab
- IS 2241 (3) Computer Concepts
- KHP 1142 (1) Beginning Weight Training
- KHP 2202 (2) First Aid, Safety, and CPR
- KHP 2211 (3) Human Nutrition
- KHP 2242 (1) Intermediate Weight Training
- TROY 1101 (1) The University Experience

- ♣For students with a concentration in Wellness/Fitness take the following seven (7) hours:
  - KHP 3391 (3) Testing and Statistical Interpretation

- ♣Take one of the following three (3) hours and one (1) hour course
- ♣Combinations

  | BIO 1101 (3) Organismal Biology | BIO L101 (1) Organismal Biology Lab
  | OR
  | KHP 2240 (3) Personal and Community Health | KHP 2200 (1) Health Concepts

- ♣For Students with a concentration in Nutrition take the following seven (7) hours:
  - CHM 1143 (3) General Chemistry II
  - CHM L143 (1) General Chemistry II Lab
  - KHP 3360 (3) Physiological Principles of Body Systems
For students with a concentration in Pre-Health Professions take the following seven (7) hours:

- KHP 3345 (3) Medical Terminology
- MTH 2210 (3) Applied Statistics

Select one (1) of the following:

- PSY 3304 (3) Abnormal Psychology
- PSY 4421 (3) Physiological Psychology

Program Core Requirements (40 hours)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO 3347</td>
<td>Human Anatomy and Physiology I</td>
<td>3</td>
</tr>
<tr>
<td>BIO L347</td>
<td>Human Anatomy and Physiology Lab I</td>
<td>1</td>
</tr>
<tr>
<td>BIO 3348</td>
<td>Human Anatomy and Physiology II</td>
<td>3</td>
</tr>
<tr>
<td>BIO L348</td>
<td>Human Anatomy and Physiology Lab II</td>
<td>1</td>
</tr>
<tr>
<td>KHP 3352</td>
<td>Kinesiology and Efficiency of Human Movement</td>
<td>3</td>
</tr>
<tr>
<td>KHP 4425</td>
<td>Pathophysiology</td>
<td>3</td>
</tr>
<tr>
<td>KHP 4459</td>
<td>Sport and Exercise Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>KHP 4474</td>
<td>Exercise Physiology</td>
<td>3</td>
</tr>
<tr>
<td>KHP L474</td>
<td>Exercise Physiology Lab</td>
<td>1</td>
</tr>
<tr>
<td>KHP 4475</td>
<td>Exercise Testing and Prescription</td>
<td>3</td>
</tr>
<tr>
<td>KHP 4476</td>
<td>Laboratory Practicum in Exercise Performance</td>
<td>2</td>
</tr>
<tr>
<td>KHP 4488</td>
<td>Cardiovascular Physiology</td>
<td>3</td>
</tr>
<tr>
<td>KHP 4495</td>
<td>Advanced Exercise Physiology</td>
<td>3</td>
</tr>
<tr>
<td>KHP 4496</td>
<td>Biomechanics</td>
<td>3</td>
</tr>
<tr>
<td>KHP L496</td>
<td>Biomechanics Lab</td>
<td>1</td>
</tr>
<tr>
<td>KHP 4497</td>
<td>Senior Seminar in Exercise Science</td>
<td>1</td>
</tr>
</tbody>
</table>

Select one Exercise Science Program concentration:

Wellness and Fitness Concentration (20 hours)

- AT 3394 (1) Lifting Techniques for Conditioning and Rehabilitative Exercise
- KHP 3350 (3) Psychology of Wellness
- KHP 3360 (3) Physiological Principles of Body Systems
- KHP 3395 (2) Care and Prevention of Athletic Injuries
- KHP 4405 (3) Physical Activity and Disease Prevention
- KHP 4460 (3) Principles of Strength & Conditioning
- KHP L460 (1) Principles of Strength & Conditioning Lab
- KHP 4487 (2) Special Topics in Exercise Performance

Select two (2) hours of advisor approved electives.

Nutrition Concentration (20 hours)

- KHP 3310 (3) Introduction to Food Science
- KHP L310 (1) Introduction to Food Science Lab
- KHP 3311 (3) Nutritional Assessment
- KHP 3315 (2) Complementary and Alternative Therapies
- KHP 3316 (3) Community Nutrition
- KHP 4458 (3) Lifecycle Nutrition

Take one of the following three (3) hours and one (1) hour course combinations

- BIO 1101 (3) Organismal Biology
- BIO L100 (1) Organismal Biology Lab

OR

- BIO 3372 (3) Microbiology
- BIO L372 (1) Microbiology Lab

OR

- CHM 3342 (3) Organic Chemistry I
- CHM L342 (1) Organic Chemistry I Lab

EXERCISE SCIENCE MINOR (18 HOURS)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KHP 3352</td>
<td>Kinesiology</td>
<td>3</td>
</tr>
<tr>
<td>KHP 4459</td>
<td>Sport and Exercise Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>KHP 4474</td>
<td>Exercise Physiology</td>
<td>3</td>
</tr>
<tr>
<td>KHP L474</td>
<td>Exercise Physiology Lab</td>
<td>1</td>
</tr>
<tr>
<td>KHP 4475</td>
<td>Exercise Testing</td>
<td>3</td>
</tr>
<tr>
<td>KHP 4488</td>
<td>Cardiovascular Physiology</td>
<td>3</td>
</tr>
<tr>
<td>KHP 4476</td>
<td>Laboratory Practicum</td>
<td>2</td>
</tr>
</tbody>
</table>

HEALTH EDUCATION MAJOR (127 HOURS)

For professional studies information, see the College of Education section of this catalog.

NOTE: Students seeking Alabama Teacher certification in health education should select education as a second major. Students should consult with their advisers concerning all certification requirements.

Specialized General Studies Requirements

Area III

- BIO 1100 (3) Principles of Biology I
- BIO L100 (1) Principles of Biology Lab
- MTH 1112 (3) Pre-Calculus Algebra, or placement

Select a four hour course/lab combination from the following:

- CHM 1142 (3) General Chemistry I, or placement
- CHM L142 (1) General Chemistry I Lab, or placement
- PHY 2252 (3) General Physics I
- PHY L252 (1) General Physics I Lab
- SCI 2233 (3) Physical Science
- SCI L233 (1) Physical Science Lab

Take one of the following three (3) hours and one (1) hour course combinations

- BIO 1101 (3) Organismal Biology
- BIO L100 (1) Organismal Biology Lab

OR

- BIO 3372 (3) Microbiology
- BIO L372 (1) Microbiology Lab

OR

- CHM 3342 (3) Organic Chemistry I
- CHM L342 (1) Organic Chemistry I Lab

Select two hours of physical activity courses.
**HEALTH PROMOTION MINOR (18 HOURS)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Credit Hours</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>KHP 3350</td>
<td>(3)</td>
<td>Psychology of Wellness and Performance</td>
</tr>
<tr>
<td>KHP 3352</td>
<td>(3)</td>
<td>Kinesiology and Efficiency of Human Movement</td>
</tr>
<tr>
<td>KHP 3361</td>
<td>(3)</td>
<td>Integrating HPER into the Curriculum</td>
</tr>
<tr>
<td>KHP 4405</td>
<td>(3)</td>
<td>Physical Activity and Disease Prevention</td>
</tr>
<tr>
<td>KHP 4410</td>
<td>(3)</td>
<td>Motor Development</td>
</tr>
<tr>
<td>KHP 4427</td>
<td>(3)</td>
<td>Health and Fitness Education</td>
</tr>
<tr>
<td>KHP 4442</td>
<td>(3)</td>
<td>Health Education</td>
</tr>
<tr>
<td>KHP 4459</td>
<td>(3)</td>
<td>Sport and Exercise Nutrition</td>
</tr>
<tr>
<td>KHP 4474</td>
<td>(3)</td>
<td>Exercise Physiology</td>
</tr>
<tr>
<td>KHP L474</td>
<td>(1)</td>
<td>Exercise Physiology Lab</td>
</tr>
</tbody>
</table>

**Select an additional two hours of adviser-approved courses.**

**HUMAN SERVICES MAJOR (36 HOURS)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Credit Hours</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>HS 2230</td>
<td>(3)</td>
<td>Survey of Human Services</td>
</tr>
<tr>
<td>HS 2240</td>
<td>(3)</td>
<td>Ethics</td>
</tr>
<tr>
<td>HS 3310</td>
<td>(3)</td>
<td>Human Behavior in the Social Environment I</td>
</tr>
<tr>
<td>HS 3375</td>
<td>(3)</td>
<td>Diversity and Ethics</td>
</tr>
<tr>
<td>HS 3370</td>
<td>(3)</td>
<td>Professional Interviewing Skills</td>
</tr>
<tr>
<td>HS 3399</td>
<td>(3)</td>
<td>Human Services Seminar</td>
</tr>
<tr>
<td>HS 4400</td>
<td>(6)</td>
<td>Kinesiology</td>
</tr>
<tr>
<td>HS 4420 II</td>
<td>(3)</td>
<td>Human Services Field Experience</td>
</tr>
<tr>
<td>SWK 3320</td>
<td>(3)</td>
<td>Human Behavior in the Social Environment II</td>
</tr>
</tbody>
</table>

**Select 9 additional hours in HS, RHB, or SWK courses.**

**HUMAN SERVICES MINOR (18 HOURS)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Credit Hours</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>HS 3310</td>
<td>(3)</td>
<td>Human Behavior and the Social Environment I</td>
</tr>
<tr>
<td>HS 3370</td>
<td>(3)</td>
<td>Professional Interviewing Skills</td>
</tr>
<tr>
<td>SWK 3320</td>
<td>(3)</td>
<td>Human Behavior and the Social Environment II</td>
</tr>
<tr>
<td>HS/</td>
<td>(3)</td>
<td>Diversity</td>
</tr>
<tr>
<td>SWK/3375</td>
<td>(3)</td>
<td>Survey of Human Services</td>
</tr>
<tr>
<td>OR</td>
<td>(3)</td>
<td>Ethics</td>
</tr>
</tbody>
</table>

**Select three additional hours in HS, RHB, or SWK courses.**

**NURSING, ASSOCIATE OF SCIENCE (ASN) (70 HOURS)**

**Admission**

Admission to the ASN program is competitive. Meeting minimal admission criteria does not guarantee acceptance. The admission process is completed in two steps. Students wishing to major in nursing at the associate level must either be unconditionally admitted or have completed all developmental coursework. Students not meeting this requirement will need to declare Applied Health Sciences as a major until all developmental course work has been successfully completed. Once requirements are met, then students can declare a major of nursing.

Students are admitted into step one of the ASN Program year-round. The Admissions Committee reviews all records of qualified applicants.

**Step One:**

For admission to the ASN program, the student must:

1. Submit application for admission to undergraduate studies with $30 application fee;
2. Submit Official high school transcript or the equivalent (GED). A high school transcript or GED is not required for students transferring in a minimum 12 semester hours of college credit;
3. Submit Official transcripts from all colleges and universities attended;
4. Meet all unconditional admission requirements for freshmen students as listed in the Troy University undergraduate catalog and have a minimum grade point average GPA of at least 2.75/4.0 scale on all college work attempted at the undergraduate level and a minimum grade point average of at least 2.0/4.0 scale on all college work attempted at Troy University at the undergraduate level. If less than 12 HR of college work has been attempted, you must have a minimum 2.75/4.0 High School GPA or a GED with a score of 500; and
5. Meet core performance standards required for duties of the nursing profession (copy of standards available upon request).

**Step Two:**

1. Apply for admittance into the clinical nursing sequence. The deadline for filing an application and all required admission documentation is May 30 for fall admission and October 30 for spring admission.
2. Admission is based upon a point system comprised of overall GPA and grades in required courses
   a. Student will lose points for courses that were dropped or failed.
   b. Any student that fails a first-semester nursing course after being admitted to the clinical sequence will have to return to the “selection group” and attempt to be reselected based on the points system in order to repeat a course the following semester.

**Progression**

a. Student must maintain an overall Troy University GPA of at least 2.0 on 4.0 scale while enrolled in nursing courses.
b. Student must earn a grade of C (74%) or better in each required course.
c. A student will be able to repeat a nursing course only one time to achieve a grade of C or better.
d. A student may repeat only one ASN Program nursing course (with the exception of NSG 2204 or NSG 2213); therefore, a second D or F in any ASN nursing course (with the exception of NSG 2204, or NSG 2213) will result in automatic dismissal from the Program.
e. Student must make 90% or higher on a dosage and solutions calculation examination in NSG 1151 to progress in the program.
f. Student must complete the program within four years from the date of initial enrollment in the first clinical nursing course (NSG 1131) to remain in the program. Whether a student drops, fails or withdraws from NSG 1131 the student can only re-enroll once more. If a student drops, fails, or withdraws a second time, the student will be dismissed from the ASN program.

**Degree**

Upon satisfactory completion of the program, the student is awarded the Associate of Science in Nursing degree and may then apply to the Board of Nursing to write the licensing examination to become a registered nurse (RN).
Location
The ASN program is located at 340 Montgomery Street, Montgomery, AL, 36104. The clinical facilities used for student learning experiences are located within an approximate 50-mile radius of Montgomery. Students are responsible for their transportation.

Specialized General Studies Requirements

Area I
ENG 1101 (3) Composition I

Area II
Select three hours in humanities or fine arts.

Area III
BIO 3347 (3) Human Anatomy and Physiology I
BIO L347 (1) Human Anatomy and Physiology I Lab
BIO 3372 (3) General Microbiology
BIO L372 (1) General Microbiology Lab
MTH 1110 (3) Finite Mathematics
OR
MTH 1112 (3) Pre-Calculus Algebra

Area IV
PSY 2200 (3) General Psychology
PSY 2210 (3) Developmental Psychology

Area V
TROY 1101 (1) The University Experience

Additional Requirements
BIO 3348 (3) Human Anatomy and Physiology II
BIO L348 (1) Human Anatomy and Physiology II Lab
NSG 1130 (2) Basic Nursing Concepts
NSG 1131 (2) Basic Nursing Concepts Practicum
NSG 1135 (1) Health Assessment-Practicum
NSG 1140 (3) Foundations of Adult Health Nursing
NSG 1141 (3) Foundations of Adult Health Nursing Practicum
NSG 1151 (1) Hospital Measurements
NSG 2202 (2) Pharmacology
NSG 2213 (2) Nutrition
NSG 2255 (2) Maternal-Infant Nursing
NSG 2256 (2) Maternal-Infant Nursing Practicum
NSG 2265 (2) Nursing of Children
NSG 2266 (2) Nursing of Children Practicum
NSG 2271 (2) Psychosocial Nursing Concepts
NSG 2272 (2) Psychosocial Nursing Practicum
NSG 2280 (4) Advanced Nursing Concepts
NSG 2281 (6) Advanced Nursing Practicum
NSG 2282 (2) Adult Health Nursing II
NSG 2283 (2) Adult Health Nursing II Practicum

NURSING, BACHELOR OF SCIENCE (BSN) (124 HOURS)

Students wishing to declare a pre-nursing major at the baccalaureate level must either be unconditionally admitted and/or have completed all developmental coursework and cleared conditional status. Students not meeting these requirements will need to declare Applied Health Sciences as a major until all developmental course work has been successfully completed and/or conditional status has been cleared. Once requirements are met, then students can declare a major of pre-nursing or nursing.

Admission

Admission to the BSN program is competitive. Meeting minimal admission criteria does not guarantee acceptance. For admission to the BSN program, students must

1. have an overall GPA of at least 2.5 on a 4.0 scale. (All hours attempted are used in calculation of overall GPA.)
2. file written application with the School of Nursing. Consult academic advisor or BSN Coordinator. For information regarding BSN courses on the Dothan campus, please contact the School of Nursing at (334) 983-6556 EXT 1435. Deadlines for receipt of BSN applications are March 15 for fall semester and Sept. 15 for spring semester. Registered Nurse students enrolling in the RN Mobility track should contact the RN Mobility Assistant Coordinator for admission times.
3. have successfully completed general studies courses. A grade of C or above is required in many of these courses. For additional information, contact the office of the BSN Program Coordinator or visit the School of Nursing website at www.troy.edu.
4. have a current, unencumbered RN license in state of clinical practice if student is entering the RN Mobility course sequence.
5. be able to achieve certain core performance standards required by the duties of the nursing profession.
6. If transferring from another school of nursing, student submit a letter from the dean/department chair of that school stating that the student was eligible for continuation in the school. Students transferring from another school of nursing who are not or were not eligible to continue in the nursing program in which they are/were enrolled are not eligible for admission to Troy University’s BSN program unless they first completed an associate degree program from a regionally accredited institution and/or Accreditation Commission for Education in Nursing (ACEN) accreditation and are registered nurses.

Progression

a. Students are required to have an overall GPA of 2.5 on a 4.0 scale for enrollment in the Clinical Nursing Sequence.
b. Students are required to make a grade of C or better in each nursing course.
c. Students may repeat only one 3300-4400 level nursing course required in the BSN clinical nursing sequence (with the exception of NSG 3315, Pathophysiology): therefore, a second D or F in any 3300-4400 level nursing course (with the exception of NSG 3315 Pathophysiology) will result in automatic dismissal from the program.
d. Students who are planning to apply, or have applied, but have not yet begun, the BSN Clinical Nursing Sequence, may repeat only one 3300-4400 level nursing course from the required courses in the clinical nursing sequence; thereafter, a D or F in a 3300-4400 level nursing course will automatically disqualify the student from entering the BSN Clinical Nursing Sequence.
e. Students who drop or fail a theory or clinical course with a grade of C or above is required in many of these courses.
f. Comprehensive Exam will be administered in NSG 4417 Professional Nursing Seminar. This exam will account for 45% of the course grade. (Note: The exam is not required for students in the RN Mobility track.)
g. Students must graduate within 150% of program completion time (7 semesters to be completed in no more than 3 1/2 years) from date of admission to the clinical nursing sequence to date of graduation from BSN program.

Additional policies related to the BSN program may be found on the School of Nursing website. Enrollment may be limited based on available resources.

Degree

Upon satisfactory completion of the program, the student is awarded the Bachelor of Science in Nursing degree and may then apply to the Board of Nursing to write the licensing examination to become a registered nurse (RN).

Locations

The clinical facilities used for student learning experiences in the BSN generic track are located in Troy and surrounding communities. Students are responsible for transportation and the cost of meals. For child health nursing, students may be assigned to learning experiences in Birmingham, Alabama.
The clinical facilities used for students in the RN Mobility track are located in a variety of settings and geographical locations.

**Specialized General Studies Requirements**

**Area II**

Select one of the following: ANT 2280, NSG 3340, PHI 2203, or PHI 2204

**Area III**

- BIO 3372 (3) Microbiology
- BIO L372 (1) Microbiology Lab
- MTH 1112 (3) Pre-Calculus Algebra
- CHM 1142 (3) General Chemistry I
- CHM L142 (1) General Chemistry Lab I

**Area IV**

- NSG 2205 (3) Human Growth and Development
- PSY 2210 (3) Developmental Psychology (Lifespan)

Select a six-hour history sequence (HIS 1101/1102; HIS 1111/1112; HIS 1122/1123).

Select three hours from the following:

- ANT 2200 (3) Anthropology
- PSY 2200 (3) General Psychology
- SOC 2275 (3) Introduction to Sociology

**Area V Requirements**

- BIO 3347 (3) Human Anatomy and Physiology I
- BIO L347 (1) Human Anatomy and Physiology I Lab
- BIO 3348 (3) Human Anatomy and Physiology II
- BIO L348 (1) Human Anatomy and Physiology II Lab
- NSG 2204 (2) Nutrition
- NSG 3315 (3) Pathophysiology
- NSG 3319 (3) Informatics in Nursing
- TROY 1101 (1) The University Experience

Select 3 hours from the following:

- MTH 2210 (3) Applied Statistics
- PSY 3301 (3) Basic Statistics
- QM 2241 (3) Business Statistics I

Select 3 hours from elective choice

**Core Course Requirements for Generic or Pre-licensure students**

- NSG 3300 (1) Dosage Calculations
- NSG 3301 (3) Pharmacology
- NSG 3306 (2) Perspectives of Professional Nursing
- NSG 3309 (2) Health Assessment
- NSG 3310 (1) Health Assessment Practicum
- NSG 3313 (3) Nursing Concepts
- NSG 3314 (3) Nursing Concepts Practicum
- NSG 3323 (3) Maternal-Infant Health Nursing
- NSG 3324 (2) Maternal-Infant Health Nursing Practicum
- NSG 3325 (3) Adult Health Nursing I
- NSG 3326 (3) Adult Health Nursing I Practicum
- NSG 3334 (3) Psychiatric-Mental Health Nursing
- NSG 3335 (2) Psychiatric-Mental Health Practicum
- NSG 3336 (3) Adult Health Nursing II
- NSG 3337 (2) Adult Health Nursing II Practicum
- NSG 4403 (3) Child Health Nursing
- NSG 4404 (2) Child Health Nursing Practicum
- NSG 4405 (3) Public Health Nursing
- NSG 4406 (2) Public Health Nursing Practicum
- NSG 4407 (1) Clinical Nutrition
- NSG 4413 (3) Complex Nursing
- NSG 4414 (2) Complex Nursing Practicum
- NSG 4415 (2) Nursing Leadership/Management
- NSG 4417 (1) Professional Nursing Seminar
- NSG 4419 (2) Research and Evidence in Nursing Practice
- NSG 4421 (3) Professional Nursing Clinical Preceptorship

**Core course requirements for post-licensure students:**

- NSG 3309 (2) Health Assessment
- NSG 3310 (1) Health Assessment Practicum
- NSG 3370 (2) Professional Nursing
- NSG 3380 (3) Pathophysiology and the Human Response
- NSG 4410 (3) Population Health Nursing
- NSG 4411 (2) Population Health Nursing Preceptorship
- NSG 4430 (3) Leadership and Management in Nursing
- NSG 4431 (2) Leadership and Management in Nursing Preceptorship

Select One of the Following courses (3 hours)

- NSG 4440 (3) Research and Evidence for the Practicing Registered Nurse
- NSG 6691 (3) Research and Evidence for Advanced Nursing Practice

Selected General Studies course requirements may differ for students admitted to the RN Mobility program. See the director of admission and records at the School of Nursing in Montgomery for further information.

---

**NUTRITION MINOR (18 HOURS)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>KHP 2211</td>
<td>(3) Human Nutrition</td>
</tr>
<tr>
<td>KHP 3310</td>
<td>(3) Introduction to Food Science</td>
</tr>
<tr>
<td>KHP L310</td>
<td>(1) Introduction to Food Science Lab</td>
</tr>
<tr>
<td>KHP 3311</td>
<td>(3) Nutritional Assessment</td>
</tr>
<tr>
<td>KHP 3315</td>
<td>(2) Complementary and Alternative Therapies</td>
</tr>
<tr>
<td>KHP 3316</td>
<td>(3) Community Nutrition</td>
</tr>
<tr>
<td>KHP 4458</td>
<td>(3) Lifecycle Nutrition</td>
</tr>
</tbody>
</table>

**PHYSICAL EDUCATION MAJOR (128 HOURS)**

For professional studies information, see the College of Education section of this catalog.

NOTE: Students seeking Alabama Teacher certification in physical education should select education as a second major. Students should consult with their advisers concerning all certification requirements.

(P-12)

**Specialized General Studies Requirements**

**Area III**

- BIO 1100 (3) Principles of Biology I
- BIO L100 (1) Principles of Biology Lab
- MTH 1112 (3) Pre-Calculus Algebra, or placement

Select a four hour course/lab combination from the following OR an Advisor approved course:

- CHM 1142 (3) General Chemistry I, or placement
- CHM L142 (1) General Chemistry Lab, or placement
- PHY 2252 (3) General Physics I
- PHY L254 (1) General Physics I Lab
- SCI 2233 (3) Physical Science
- SCI L233 (1) Physical Science Lab

**Area V Requirements**

- KHP 2201 (2) Camping and Outdoor Recreation
- KHP 2202 (2) First Aid and Safety and CPR
- KHP 2240 (3) Personal and Community Health
- KHP 2251 (3) Instructional and Theoretical Practices in Physical Education
- KHP 3360 (3) Physiological Principles of Body Systems
- IS 2241 (3) Computer Concepts and Applications
- TROY 1101 (1) The University Experience

Select two hours of physical activity courses.

**Major requirements:**

- KHP 2252 (3) Methods of Teaching Dance
- KHP 3330 (2) Physical Skills Proficiency
- KHP 3331 (2) Physical Skills Proficiency II
- KHP 3352 (3) Kinesiology and Efficiency of Human Movement
COACHING MINOR (18 HOURS)

Students must select one (1) of two (2) or three (3) courses from Sections 1-7:

1. KHP 2211 (3) Human Nutrition
   OR
   KHP 4459 (3) Sport and Exercise Nutrition

2. KHP 3350 (3) Psychology of Wellness
   OR
   KHP 4410 (3) Motor Development
   OR
   PSY 2210 (3) Developmental Psychology

3. KHP 3360 (3) Physiological Principles of Body Systems
   OR
   KHP 2251 (3) Instructional and Theoretical Practices in Physical Education

4. KHP 3352 (3) Kinesiology and Efficiency of Human Movement
   OR
   LDR 2200 (3) Tools for Leadership

5. KHP 2202 (2) First Aid and Safety and CPR
   OR
   KHP 3395 (2) Care and Prevention of Athletic Injury

6. KHP 4400 (3) Sports Officiating and Programs in Intramurals
   OR
   KHP 4460 (3) Principles of Strength and Conditioning

7. KHP 2260 (2) Applied Fitness Concepts
   OR
   KHP 4460 (3) Principles of Strength and Conditioning Lab

SOCIAL WORK PROGRAM

Specialized General Studies Requirements

Students will complete the general studies requirements as outlined in the general studies section of this catalog with the following exception. In AREA II take COM 2241 and any 1000-2000 level Literature Series (6 hours); and, in Area IV take a History Series (6 hours). The following general studies courses are required for social work majors: ANT 2200, ECO 2251, POL 2275, and PSY 3304. Courses will similar in content in General Studies may be considered for substitution by the department chair.

Admission to the professional social work curriculum

Students must be admitted to the professional social work curriculum in order to enroll in advanced social work courses, beginning with SWK 3390. Students are encouraged to declare social work as a major during the freshman or sophomore year in order to ensure that they will meet the requirements for admission in a timely manner. Otherwise, the student may be out of sequence in meeting program requirements. Admission to the professional social work curriculum is usually accomplished during the first semester of the junior year concurrent with enrollment in SWK 2250, which precedes enrollment in SWK 3390 the following semester. To be eligible to apply for admission, each social work major must (1) have a minimum GPA of 2.5 (on a 4 point scale) in all college courses attempted and (2) have completed a minimum of 30 semester hours, and (2) have completed ENG 1101 and 1102 or ENG 1103 and 1104; COM 2241 or 2243; HS 2240, 3310 and 3370; and SWK 2250 and 2280 (or be currently enrolled) with a grade of C or better. Procedures for applying for admission to the professional social work curriculum may be obtained from the Department of Social Work. Students completing all but 3-6 hours of general studies courses will have the best opportunity of being unconditionally accepted into the program. Students with more than 6 hours may have a delayed acceptance or conditional admission.

Progression in Social Work

a. Students are required to make a grade of C or better in each of the required departmental core and professional curriculum courses (all HS, RHB, and SWK prefixed courses).

b. Students may repeat only one 3000-4000 level departmental course; thereafter, a D or F in any 3000-4000 level departmental required course will result in automatic dismissal from the social work program.

c. A student remains in good standing by maintaining, at a minimum, a 2.5 GPA in all course work taken and a 2.5 GPA in all required departmental and professional courses.

Core Requirements (27 Hours)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>HS 2240</td>
<td>Ethics</td>
</tr>
<tr>
<td>HS 3310</td>
<td>Human Behavior and the Social Environ I</td>
</tr>
<tr>
<td>HS/SWK/3375</td>
<td>Diversity</td>
</tr>
<tr>
<td>HS 3370</td>
<td>Professional Interviewing Skills</td>
</tr>
<tr>
<td>SWK</td>
<td>Program Elective</td>
</tr>
<tr>
<td>SWK 2280</td>
<td>Social Work Research I</td>
</tr>
<tr>
<td>SWK 2281</td>
<td>Social Work Research II</td>
</tr>
<tr>
<td>SWK 3320</td>
<td>Human Behavior/the Social Environ II</td>
</tr>
<tr>
<td>SWK 3340</td>
<td>Social Policy and Planning</td>
</tr>
</tbody>
</table>

Social Work Professional Program (25 hours)

The principal educational objective is the preparation of graduates for beginning generalist social work practice.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>SWK 2250</td>
<td>Introduction to Social Work</td>
</tr>
<tr>
<td>SWK 3390</td>
<td>Social Work with Individuals/Family</td>
</tr>
<tr>
<td>SWK 4471</td>
<td>Social Work with Groups</td>
</tr>
<tr>
<td>SWK 4472</td>
<td>Social Work w/ Org and Communities</td>
</tr>
<tr>
<td>SWK 4480</td>
<td>Social Work Seminar</td>
</tr>
<tr>
<td>SWK 4481</td>
<td>Social Work Practicum</td>
</tr>
</tbody>
</table>

HEALTH PROMOTION PROGRAM (120-122 HOURS)

Area V Requirements

Select two hours of physical activity courses.

Select seven hours of adviser-approved electives or courses to meet prerequisites not already taken in Area IV such as SOC 2275.

Major requirements (42 hours)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>HSTM 2201</td>
<td>Leisure in Society</td>
</tr>
<tr>
<td>KHP 2211</td>
<td>Human Nutrition</td>
</tr>
<tr>
<td>KHP 2251</td>
<td>Instructional and Theoretical Practices in Physical Education</td>
</tr>
<tr>
<td>KHP 2260</td>
<td>Applied Fitness Concepts</td>
</tr>
<tr>
<td>KHP 3310</td>
<td>Introduction to Food Science</td>
</tr>
<tr>
<td>KHP L310</td>
<td>Introduction to Food Science Lab</td>
</tr>
<tr>
<td>KHP 3316</td>
<td>Community Nutrition</td>
</tr>
<tr>
<td>HSTM 3340</td>
<td>Principles of Recreation</td>
</tr>
<tr>
<td>KHP 3350</td>
<td>Psychology of Wellness</td>
</tr>
<tr>
<td>SOC 3365</td>
<td>Sociology of Sport</td>
</tr>
<tr>
<td>HS 3370</td>
<td>Professional Interviewing Skills</td>
</tr>
<tr>
<td>KHP 3391</td>
<td>Testing and Statistical Interpretation</td>
</tr>
<tr>
<td>KHP 4427</td>
<td>Health and Fitness Education</td>
</tr>
<tr>
<td>KHP 4442</td>
<td>Health Education</td>
</tr>
<tr>
<td>KHP 4458</td>
<td>Lifecycle Nutrition</td>
</tr>
</tbody>
</table>

Select ONE of the following minors:

Exercise Science Minor (18 hours)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
</table>

...
KHP 3352 (3) Kinesiology
KHP 4459 (3) Sport and Exercise Nutrition
KHP 4474 (3) Exercise Physiology
KHP L474 (1) Exercise Physiology Lab
KHP 4475 (3) Exercise Testing
KHP 4488 (3) Cardiovascular Physiology
KHP 4476 (2) Laboratory Practicum

Health Promotion Minor (18 hours)
KHP 3352 (3) Kinesiology
KHP 4405 (3) Physical Activity and Disease Prevention
KHP 4427 (3) Health and Fitness Education*
KHP 4459 (3) Sport and Exercise Nutrition
KHP 4474 (3) Exercise Physiology
KHP L474 (1) Exercise Physiology Lab

*Select an additional two hours of adviser-approved courses

*Another course will need to be adviser-approve to substitute as this course is required in the major requirements

Coaching Minor (18 hours)
KHP 3395 (2) Care and Prevention of Athletic Injuries
KHP 3352 (3) Kinesiology
KHP 4460 (3) Principles of Strength and Conditioning
KHP L460 (1) Principles of Strength and Conditioning Lab
KHP 4459 (3) Sport and Exercise Nutrition
KHP 4410 (3) Motor Development
PSY 2210 (3) Developmental Psychology