

## COLLEGE OF HEALTH AND HUMAN SERVICES

*The College of Health and Human Services was formed in 1994 in order to provide quality education for professional practice in a variety of areas associated with health and human services. The college aspires to the highest standards of educational excellence, blending a professional perspective with a liberal arts and science foundation.*

*Within the College of Health and Human Services are the School of Nursing, the School of Hospitality, Sport and Tourism Management, the Department of Human Services, the Department of Kinesiology and Health Promotion, and the Department of Athletic Training Education Program.*

*The college is committed to meeting the challenges of the next decade; hence, it emphasizes quality teaching and values scholar-*

*ly activity. The college is committed to the development of its students into knowledgeable, caring, responsive and self-directed individuals able to meet the health and human caring needs of a diverse and complex society through change, advocacy and leadership within their communities.*

*As part of ongoing planning and evaluation, the College of Health and Human Services regularly evaluates student learning outcomes for each degree program.*

### Department of Human Services and Social Work

#### **Case Management Minor**

A minor in Case Management is offered to students who desire a basic understanding of the process and foundational skill sets necessary to provide case management services in a variety of settings.

#### **Human Services Major**

The purpose of the human services major is twofold: (1) to prepare the graduate for entry level positions in a myriad of human services delivery systems where specialized training is not required, and (2) to prepare students for graduate education. The curriculum is designed to provide the student with an understanding of human behavior within the context of the social environment, an understanding of social and human service delivery systems, and basic skills in effective communication with client systems and basic skills in the development of intervention strategies to resolve interpersonal and social problems. A three-credit, 120-clock-hour field practicum is required.

#### **Human Services Minor**

A minor in human services is offered to students who desire basic understanding of the human services delivery system.

#### **Social Work Major**

The social work program is accredited by the Council on Social Work Accreditation and program graduates are eligible to sit for social work licensure examination. Social work licensure is required in the state of Alabama for those in the practice of social work. The principle educational objective of the social work program is the preparation of graduates for beginning level generalist social work practice. The curriculum is designed to provide the beginning-level practitioner an ability to apply an eclectic knowledge base guided by professional values; to use a wide range of intervention skills to target any-sized client system (micro to macro levels) while employing a planned change process directed toward client empowerment; to work effectively, under supervision, within social service delivery organizational structures while employing a wide range professional roles. A 12-credit-hour field practicum is required (minimum of 400 clock hours).

### Department of Kinesiology and Health Promotion

One of the oldest departments on campus, Kinesiology and Health Promotion consists of four undergraduate degree options and boasts more than 500 majors in the department. These degree options include Athletic Training, Exercise Science, Health Education, & Physical Education.

#### **Exercise Science**

If a career in physical therapy, occupational therapy, clinical exercise testing and prescription, cardiopulmonary rehabilitation, health-fitness/wellness, strength and conditioning or nutrition is in your future, a Bachelor of Science in exercise science is a perfect fit. This competitive program includes concentrations in pre-health

professions, health and wellness, or nutrition, and incorporates coursework from five academic departments spread across two colleges.

With an emphasis on preparation for entry into graduate health profession schools in the fields of physical therapy, occupational therapy, and physician assistant, you will be prepared to successfully enter into graduate health profession schools nationwide. Upon completion of the program, you will also be prepared to sit for certification examinations offered through the American College of Sports Medicine, National Strength and Conditioning Association, and other organizations in the related fields of health and fitness, clinical exercise testing, and strength and conditioning.

#### **Health Education**

The Bachelor of Science degree in health education (Teaching Certification) prepares teachers to impact 6<sup>th</sup> – 12<sup>th</sup> grade students through concepts of nutrition, exercise, rest, disease prevention, and safety. Prospective health teachers will learn innovative classroom teaching strategies using the latest technology for instructional delivery. Through this preparation the health education graduate will be highly prepared to meet the challenges of growing health concerns across our nation by educating our youth.

#### **Physical Education**

If you are passionate about teaching others the skills necessary to participate in health enhancing sport and physical activity for life, the Bachelor of Science in physical education (Teaching Certification) at Troy is for you. This program prepares preschool – 12<sup>th</sup> grade teachers to impact students in team, individual, and lifetime sport skills in order to enhance their quality of life beyond their school years. At Troy University our physical education program is based on three beliefs, 1. Teach students the proper skills necessary to participate in a variety of sport, individual, and lifetime activities, 2. Provide opportunities for the student to learn and participate in a wide variety of physical activities, 3. By doing so the student will find something they enjoy and are successful at and will continue to do this throughout life in order to lead a healthy active lifestyle.

Many of our graduates in health and physical education choose to double major. This is highly recommended by our department to provide more opportunities for our graduates. It is for this reason our department has such a high job placement rate. Troy University has set itself apart from many other programs (at other Universities throughout the state and southeast) by offering both majors and the option to double major. A mere 18 hours extra (one more semester) can provide the graduate with two degrees and prepare them for dual certification in physical education and health education making them more marketable than a graduate with only one of the aforementioned degrees.

#### **School of Nursing**

The School of Nursing programs are designed to develop expertise necessary for the practice of nursing in a complex, changing health care system. Faculty are well qualified, and the

ASN, BSN, MSN and DNP programs are accredited by the Accreditation Commission for Education in Nursing (ACEN) (3343 Peachtree Rd. NE, Suite 850, Atlanta, Ga., 30326, 404-975-5000) and approved by the Alabama Board of Nursing. Degree programs are offered at the associate (ASN), baccalaureate (BSN), master's (MSN) and doctoral (DNP) levels. Mobility options are available for registered nurses seeking to earn a bachelor's, master's or doctoral degree in nursing. For more information, visit the School of Nursing website at [www.troy.edu](http://www.troy.edu).

Students are accepted for admission to the ASN (Montgomery Campus) and BSN (Troy and Dothan Campus) programs in the spring and fall semesters. The ASN degree may be completed in five semesters. The BSN degree may be completed in nine semesters. Registered nurses may receive advanced placement in the online RN Mobility track of the BSN Program. For information related to progression from RN Mobility track to the Family Nurse Practitioner or Healthcare Informatics and Nursing Leadership tracks in the MSN Program or the DNP program, consult the Graduate Catalog. Admission to the School of Nursing is selective, based on established criteria for each program.

All students must maintain current CPR certification, annual proof of TB testing, and proof of annual physical examination when enrolled in clinical nursing courses. Students are responsible for their own medical care if needed in the clinical setting and must have health insurance. Students must abide by Centers for Disease Control, HIPAA, and OSHA guidelines. Students must present titer reports for Hepatitis B, measles, mumps, rubella, and varicella zoster. Drug screening and criminal background information are required before students may attend clinical course practicums. Students may have additional requirements based on specific facility policies. Standardized achievement tests are required at various points in the undergraduate programs of learning.

Students in the School of Nursing must comply with legal, moral and legislative standards in accordance with the Alabama Board of Nursing Administrative Code. A student may be denied permission to write the licensing examination to become a registered nurse (RN) if he/she has been convicted of a felony.

Challenge examinations are available for various courses for students who meet the eligibility criteria. No nursing course may be audited before it is taken for credit.

Many nursing courses have additional laboratory fees. These fees are printed in the schedule of classes.

Admission is competitive. All students who meet minimum requirements may not be admitted.

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### APPLIED HEALTH SCIENCES PROGRAM (121 HOURS)

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#### General Education Requirements

##### Area I

ENG 1101	(3)	Composition and Modern English I
ENG 1102	(3)	Composition and Modern English II

##### Area II

ENG Literature Course	(3)	
ENG Literature Course	(3)	
Fine Arts Requirement	(3)	

Select one of the following:

REL 2280, PHI 2203, or PHI 2204.

#### Specialized General Requirements

##### Area III

BIO 1100	(3)	Principles of Biology
BIO L100	(1)	Principles of Biology Lab

##### OR

BIO 3372	(3)	Microbiology
BIO L372	(1)	Microbiology Lab
MTH 1110	(3)	Finite Mathematics

##### OR

MTH 1112	(3)	Pre-Calculus Algebra
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CHM 1142	(3)	General Chemistry I
CHM L142	(1)	General Chemistry Lab I
<b>OR</b>		
CHM 1115	(3)	Survey of Chemistry
CHM L115	(1)	Survey of Chemistry Lab

##### Area IV

NSG 2205	(3)	Human Growth and Development
<b>OR</b>		
PSY 2210	(3)	Developmental Psychology

Select a six-hour history sequence (HIS 1101/1102; HIS 1111/1112; HIS 1122/1123).

##### Select three hours from the following:

ANT 2200	(3)	Anthropology
PSY 2200	(3)	General Psychology

##### Area V Requirements

TROY 1101	(1)	The University Experience
IS 2241	(3)	Computer Concepts and Applications

##### Select 14 hours from the following:

BIO 3347	(3)	Human Anatomy and Physiology I
BIO L347	(1)	Human Anatomy and Physiology I Lab
BIO 3348	(3)	Human Anatomy and Physiology II
BIO L348	(1)	Human Anatomy and Physiology II Lab
NSG 2204	(2)	Nutrition
SOC 2275	(3)	Introduction to Sociology
KHP 2202	(2)	First Aid
KHP 2240	(3)	Community Health
HS 3325	(3)	Wellness across the Lifespan I
HS 3335	(3)	Wellness across the Lifespan II

##### Select 3 hours from the following:

MTH 2210	(3)	Applied Statistics
PSY 3301	(3)	Basic Statistics
QM 2241	(3)	Business Statistics I
SWK 2280	(3)	Social Work Research

##### Core Courses (30 hours)

NSG 2230	(3)	Advanced Medical Terminology
NSG 2285	(3)	Perspectives of Aging
NSG 3309	(2)	Health Assessment
NSG 3310	(1)	Health Assessment Practicum
<b>OR</b>		
NSG 3315	(3)	Pathophysiology
NSG 3340	(3)	Ethics in Nursing
SOC 4456	(3)	Gerontology
HS 2240	(3)	Ethics
HS 2250	(3)	Case Management
SWK 3302	(3)	Social Services Resources
SWK 3304	(3)	Social Work Practice in Health Settings
<b>OR</b>		
PSY 4456	(3)	Gerontology
SOC 4459	(3)	Sociology of Health, Medicine, and Illness

*HS/KHP/PSY/NSG/SWK Advisor approved elective (3 hours)*

##### Students will select 6 hours in the following Communication Concentration:

COM 3328	(3)	International/Intercultural Communication
COM 3360	(3)	Communication Research
COM 4426	(3)	Organizational Communication
COM 4430	(3)	Health Communication
COM4460	(3)	Crisis Communication
HS 3370	(3)	Professional Interviewing Skills

**Students will select 12 hours in the following Health and Nutrition Concentration:**

KHP 3311	(3)	Nutritional Assessment
KHP 3316	(3)	Community Nutrition
KHP 3350	(3)	Psychology of Wellness
KHP 4427	(3)	Health and Fitness Education
PSY 3330	(3)	Health Psychology

*HS/KHP/PSY/NSG/SWK Advisor approved elective (3 hours)*

**Students will select 12 hours in the following Health and Humanities Concentration:**

HS 3310	(3)	Human Behavior in the Social Environment I
HS 3375	(3)	Diversity and Ethics
HIS 4409	(3)	Infectious Disease and History
HIS 4410	(3)	Gender, Health and History
PSY 3310	(3)	Sensation and Perception
PSY 3315	(3)	Cultural and Diversity Psychology
PHI 3365	(3)	Bioethics in a Historical Context

**OR**

HIS 3365	(3)	Bioethics in a Historical Context
PHI 3310	(3)	Applied Ethics

*HS/KHP/PSY/NSG/SWK Advisor approved elective (3 hours)*

**APPLIED HEALTH SCIENCES MINOR (18 HOURS)**

*Students will select 18 credit hours of approved BIO, HS, KHP, PSY, NSG, SOC, and SWK courses with at least one course in each area. Nine (9) credit hours must be upper level.*

**CASE MANAGEMENT MINOR (18 HOURS)****Students w/ Human Service Major:**

HS 2250	(3)	Fundamentals of Case Management (must be taken first)
NSG 2230	(3)	Advanced Medical Terminology
SWK 3302	(3)	Social Services Resources
SWK 3303	(3)	Crisis Intervention

*Students must take 2 (3 hour) elective (HS/SWK) or 3000/4000 level course with approval*

**Students w/o Human Service Major:**

HS 2230	(3)	Survey of Human Services
HS 2240	(3)	Ethics in the Helping Profession
HS 2250	(3)	Fundamentals of Case Management
HS 3375	(3)	Diversity and Ethics
HS 3370	(3)	Professional Interviewing Skills
SWK 3302	(3)	Social Services Resources

**EXERCISE SCIENCE PROGRAM (123 HOURS)**

This degree has specialized general studies requirements (see areas III-V). Students should consult with an Exercise Science Program adviser along with this catalog. Students enrolled in the Exercise Science Program should select an area of concentration from the following: Wellness and Fitness, Nutrition, or Pre-Health Professions. Students considering applying to a graduate health professions school (e.g. PT, OT, PA) assume responsibility for determining appropriate prerequisite courses required for admission.

Students must achieve a C or better in all courses contained in Area III, Area V, program core, and concentrations. If a student earns a D or F in any of these courses the course must be repeated.

All Exercise Science Program students must present proof of professional liability insurance in order to enroll in KHP 4498 Internship in Exercise Science. Professional liability insurance may be purchased through the College of Health and Human Services, and must be maintained in force through completion of

the internship.

**Area III (11 hours)**

BIO 1100	(3)	Principles of Biology I
BIO L100	(1)	Principles of Biology Lab
†MTH 1112	(3)	Pre-Calculus Algebra
CHM 1142	(3)	General Chemistry I
CHM L142	(1)	General Chemistry I Lab

†Students considering applying to a graduate health professions school (e.g. PT, OT, PA) should take MTH 1114 Pre-Calculus Trigonometry

**Area IV (12 hours)**

†*For students with a concentration in Wellness/Fitness or Nutrition select nine (9) hours:*

ANT 2200	(3)	Anthropology
ECO 2251	(3)	Principles of Macroeconomics
ECO 2252	(3)	Principles of Microeconomics
GEO 2210	(3)	World Regional Geography
HIS 1101	(3)	Western Civ. I, or placement in HIS 1103 Honors Western Civics I
HIS 1102	(3)	Western Civ. II, or placement in HIS 1104 Honors Western Civics II
HIS 1111	(3)	U.S. to 1877, or placement in HIS 1113 Honors U.S. to 1877
HIS 1112	(3)	U.S. since 1877, or placement in HIS 1114 Honors U.S. since 1877
HIS 1122	(3)	World History to 1500
HIS 1123	(3)	World History from 1500
POL 2260	(3)	World Politics
POL 2241	(3)	American Nat'l Govt., or placement in POL 2240 Honors American Nat'l Gov
PSY 2200	(3)	General Psychology
PSY 2210	(3)	Developmental Psychology
SOC 2275	(3)	Introduction to Sociology

*For students with a concentration in Pre-Health Professions take the following nine (9) hours:*

PSY 2200	(3)	General Psychology
PSY 2210	(3)	Developmental Psychology
SOC 2275	(3)	Introduction to Sociology

†Students applying to a graduate health professions school (e.g. PT, OT, PA) may also need to take ANT 2200 Anthropology

**Area V (22 hours)**

BIO 2220	(3)	Cell Biology
BIO L220	(1)	Cell Biology Lab
IS 2241	(3)	Computer Concepts
KHP 1142	(1)	Beginning Weight Training
KHP 2202	(2)	First Aid, Safety, and CPR
KHP 2211	(3)	Human Nutrition
KHP 2242	(1)	Intermediate Weight Training
TROY 1101	(1)	The University Experience

*For students with a concentration in Wellness and Fitness take the following seven (7) hours:*

KHP 3391	(3)	Testing and Statistical Interpretation
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*Take one of the following three (3) hours and one (1) hour course Combinations*

BIO 1101	(3)	Organismal Biology
BIO L101	(1)	Organismal Biology Lab

**OR**

KHP 2240	(3)	Personal and Community Health
KHP 2200	(1)	Health Concepts

*For Students with a concentration in Nutrition take the following seven (7) hours:*

CHM 1143	(3)	General Chemistry II
CHM L143	(1)	General Chemistry Lab II
KHP 3360	(3)	Physiological Principles of Body Systems

**For students with a concentration in Pre-Health Professions take the following seven (7) hours:**

KHP 3345 (1) Medical Terminology  
MTH 2210 (3) Applied Statistics

**Select one (1) of the following:**

PSY 3304 (3) Abnormal Psychology  
PSY 4421 (3) Physiological Psychology

**Program Core Requirements (40 hours)**

BIO 3347 (3) Human Anatomy and Physiology I  
BIO L347 (1) Human Anatomy and Physiology Lab I  
BIO 3348 (3) Human Anatomy and Physiology II  
BIO L348 (1) Human Anatomy and Physiology Lab II  
KHP 3352 (3) Kinesiology and Efficiency of Human Movement  
  
KHP 4425 (3) Pathophysiology  
KHP 4459 (3) Sport and Exercise Nutrition  
KHP 4474 (3) Exercise Physiology  
KHP L474 (1) Exercise Physiology Lab  
KHP 4475 (3) Exercise Testing and Prescription  
KHP 4476 (2) Laboratory Practicum in Exercise Performance  
  
KHP 4488 (3) Cardiovascular Physiology  
KHP 4495 (3) Advanced Exercise Physiology  
KHP 4496 (3) Biomechanics  
KHP L496 (1) Biomechanics Lab  
KHP 4497 (1) Senior Seminar in Exercise Science  
†KHP 4498 (3) Internship in Exercise Science

†It is the responsibility of the student to obtain a sufficient number of observation hours required to seek certification (e.g. ACSM Clinical Exercise Specialist) or gain entry into a graduate health professional school (e.g. PT, OT, PA).

**Select one Exercise Science Program concentration:****Wellness and Fitness Concentration (20 hours)**

AT 3394 (1) Lifting Techniques for Conditioning and Rehabilitative Exercise  
  
KHP 3350 (3) Psychology of Wellness  
KHP 3360 (3) Physiological Principles of Body Systems  
KHP 3395 (2) Care and Prevention of Athletic Injuries  
KHP 4405 (3) Physical Activity and Disease Prevention  
KHP 4460 (3) Principles of Strength & Conditioning  
KHP L460 (1) Principles of Strength & Conditioning Lab  
KHP 4487 (2) Special Topics in Exercise Performance

**Select two (2) hours of advisor approved electives.****Nutrition Concentration (20 hours)**

KHP 3310 (3) Introduction to Food Science  
KHP L310 (1) Introduction to Food Science Lab  
KHP 3311 (3) Nutritional Assessment  
KHP 3315 (2) Complementary and Alternative Therapies  
KHP 3316 (3) Community Nutrition  
KHP 4458 (3) Lifecycle Nutrition

**Take one of the following three (3) hours and one (1) hour course combinations**

BIO 1101 (3) Organismal Biology  
BIO L101 (1) Organismal Biology Lab

**OR**

BIO 3372 (3) Microbiology  
BIO L372 (1) Microbiology Lab

**OR**

CHM 3342 (3) Organic Chemistry I  
CHM L342 (1) Organic Chemistry I Lab

**OR**

KHP 4460 (3) Principles of Strength & Conditioning  
KHP L460 (1) Principles of Strength & Conditioning Lab

**Select one (1) hour of advisor approved elective.****†Pre-Health Professions Concentration (20 hours)**

BIO 3372 (3) Microbiology  
BIO L372 (1) Microbiology Lab  
CHM 1143 (3) General Chemistry II  
CHM L143 (1) General Chemistry Lab II  
PHY 2252 (3) General Physics I  
PHY L252 (1) General Physics Lab I  
PHY 2253 (3) General Physics II  
PHY L253 (1) General Physics Lab II

**Take one of the following three (3) hours and one (1) hour course combinations**

BIO 1101 (3) Organismal Biology  
BIO L101 (1) Organismal Biology Lab

**OR**

KHP 3360 (3) Physiological Principles  
KHP 2200 (1) Health Concepts

**OR**

KHP 4460 (3) Principles of Strength & Conditioning  
KHP L460 (1) Principles of Strength & Conditioning Lab

**EXERCISE SCIENCE MINOR (18 HOURS)**

KHP 3352 (3) Kinesiology  
KHP 4459 (3) Sport and Exercise Nutrition  
KHP 4474 (3) Exercise Physiology  
KHP L474 (1) Exercise Physiology Lab  
KHP 4475 (3) Exercise Testing  
KHP 4488 (3) Cardiovascular Physiology  
KHP 4476 (2) Laboratory Practicum

**HEALTH EDUCATION MAJOR (127 HOURS)**

For professional studies information, see the College of Education section of this catalog.

NOTE: Students seeking Alabama Teacher certification in health education should select education as a second major. Students should consult with their advisers concerning all certification requirements.

**Specialized General Studies Requirements****Area III**

BIO 1100 (3) Principles of Biology I  
BIO L100 (1) Principles of Biology Lab  
MTH 1112 (3) Pre-Calculus Algebra, or placement

**Select a four hour course/lab combination from the following:**

CHM 1142 (3) General Chemistry I, or placement  
CHM L142 (1) General Chemistry I Lab, or placement  
PHY 2252 (3) General Physics I  
PHY L252 (1) General Physics I Lab  
SCI 2233 (3) Physical Science  
SCI L233 (1) Physical Science Lab

**Area V Requirements (18 hours)**

KHP 2202 (2) First Aid and Safety and CPRO\*\*  
KHP 2240 (3) Personal and Community Health\*\*  
KHP 2251 (3) Instructional and Theoretical Practices in Physical Education  
KHP 3360 (3) Physiological Principles of Body Systems  
KHP 3395 (2) Care and Prevention of Athletic Injury  
IS 2241 (3) Computer Concepts and Applications  
TROY 1101 (1) The University Experience

**Select two hours of physical activity courses.**

**Major requirements**

KHP 3350	(3)	Psychology of Wellness and Performance
KHP 3352	(3)	Kinesiology and Efficiency of Human Movement
KHP 3361	(3)	Integrating HPER into the Curriculum
KHP 4405	(3)	Physical Activity and Disease Prevention
KHP 4410	(3)	Motor Development
KHP 4427	(3)	Health and Fitness Education
KHP 4442	(3)	Health Education
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab

**\*\*course cannot be transferred, must be taken at Troy University.**

**HEALTH PROMOTION MINOR (18 HOURS)**

KHP 3352	(3)	Kinesiology
KHP 4405	(3)	Physical Activity and Disease Prevention
KHP 4427	(3)	Health and Fitness Education
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab

**Select an additional two hours of adviser-approved courses.**

**HUMAN SERVICES MAJOR (36 HOURS)**

HS 2230	(3)	Survey of Human Services
HS 2240	(3)	Ethics
HS 3310	(3)	Human Behavior in the Social Environment I
HS 3375	(3)	Diversity and Ethics
HS 3370	(3)	Professional Interviewing Skills
HS 3399	(3)	Human Services Seminar
HS 4400 I/	(6)	
4420 II	(3)	Human Services Field Experience
RHB/		
SWK 3320	(3)	Human Behavior in the Social Environment II

**Select 9 additional hours in HS, RHB, or SWK courses.**

**HUMAN SERVICES MINOR (18 HOURS)**

HS 3310	(3)	Human Behavior and the Social Environment I
HS 3370	(3)	Professional Interviewing Skills
SWK 3320	(3)	Human Behavior and the Social Environment II
HS/		
SWK/3375	(3)	Diversity
HS 2230	(3)	Survey of Human Services

**OR**

HS 2240	(3)	Ethics
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**Select three additional hours in HS, RHB, or SWK courses.**

**NURSING, ASSOCIATE OF SCIENCE (ASN)  
(70 HOURS)****Admission**

Admission to the ASN program is competitive. Meeting minimal admission criteria does not guarantee acceptance. The admission process is completed in two steps. Students wishing to major in nursing at the associate level must either be unconditionally admitted or have completed all developmental coursework. Students not meeting this requirement will need to declare Applied Health Sciences as a major until all developmental course work has been successfully completed. Once requirements are met, then students can declare a major of nursing.

Students are admitted into step one of the ASN Program year-round. The Admissions Committee reviews all records of qualified applicants.

**Step One:**

For admission to the ASN program, the student must:

1. Submit application for admission to undergraduate studies with \$30 application fee;
2. Submit **Official** high school transcript or the equivalent (GED). A high school transcript or GED is not required for students transferring in a minimum 12 semester hours of college credit;
3. Submit **Official** transcripts from all colleges and universities attended;
4. Meet all unconditional admission requirements for freshman students as listed in the Troy University undergraduate catalog and; have a minimum grade point average GPA of at least 2.75/4.0 scale on all college work attempted at the undergraduate level and a minimum grade point average of at least 2.0/4.0 scale on all college work attempted at Troy University at the undergraduate level. If less than 12 HR of college work has been attempted, you must have a minimum 2.75/4.0 High School GPA or a GED with a score of 500; and
5. Meet core performance standards required for duties of the nursing profession (copy of standards available upon request).

**Step Two:**

1. Apply for admittance into the clinical nursing sequence. The deadline for filing an application and all required admission documentation is May 30 for fall admission and October 30 for spring admission.
2. Admission is based upon a point system comprised of overall GPA and grades in required courses
  - a. Student will lose points for courses that were dropped or failed.
  - b. Any student that fails a first-semester nursing course after being admitted to the clinical sequence will have to return to the "selection group" and attempt to be reselected based on the points system in order to repeat a course the following semester.

NOTE: If a student is attempting to transfer credit for nursing courses from another accredited school of nursing, a letter from the dean/director of that school must be submitted stating that the student was eligible for continuation in the nursing program. If the student was not eligible for continuation in the program, the student must take all required Troy University ASN nursing courses (i.e., no nursing courses will be transferred).

**Progression**

- a. Student must maintain an overall Troy University GPA of at least 2.0 on 4.0 scale while enrolled in nursing courses.
- b. Student must earn a grade of C (74%) or better in each required course.
- c. A student will be able to repeat a nursing course only one time to achieve a grade of C or better.
- d. A student may repeat only one ASN Program nursing course (with the exception of NSG 2204 or NSG 2213); therefore, a second D or F in any ASN nursing course (with the exception of NSG 2204, or NSG 2213) will result in automatic dismissal from the Program.
- e. Student must make 90% or higher on a dosage and solutions calculation examination in NSG 1151 to progress in the program.
- f. Student must complete the program within four years from the date of initial enrollment in the first clinical nursing course (NSG 1131) to remain in the program. Whether a student drops, fails or withdraws from NSG 1131 the student can only re-enroll once more. If a student drops, fails, or withdraws a second time, the student will be dismissed from the ASN program.

**Degree**

Upon satisfactory completion of the program, the student is awarded the Associate of Science in Nursing degree and may then apply to the Board of Nursing to write the licensing examination to become a registered nurse (RN).

**Location**

The ASN program is located at 340 Montgomery Street, Montgomery, AL, 36104. The clinical facilities used for student learning experiences are located within an approximate 50-mile radius of Montgomery. Students are responsible for their transportation.

**Specialized General Studies Requirements****Area I**

ENG 1101 (3) Composition I

**Area II**

*Select three hours in humanities or fine arts.*

**Area III**

BIO 3347 (3) Human Anatomy and Physiology I  
 BIO L347 (1) Human Anatomy and Physiology I Lab  
 BIO 3372 (3) General Microbiology  
 BIO L372 (1) General Microbiology Lab  
 MTH 1110 (3) Finite Mathematics  
**OR**  
 MTH 1112 (3) Pre-Calculus Algebra

**Area IV**

PSY 2200 (3) General Psychology  
 PSY 2210 (3) Developmental Psychology

**Area V**

TROY 1101 (1) The University Experience

**Additional Requirements**

BIO 3348 (3) Human Anatomy and Physiology II  
 BIO L348 (1) Human Anatomy and Physiology II Lab  
 NSG 1130 (2) Basic Nursing Concepts  
 NSG 1131 (2) Basic Nursing Concepts Practicum  
 NSG 1135 (1) Health Assessment-Practicum  
 NSG 1140 (3) Foundations of Adult Health Nursing  
 NSG 1141 (3) Foundations of Adult Health Nursing Practicum  
 NSG 1151 (1) Hospital Measurements  
 NSG 2202 (2) Pharmacology  
 NSG 2213 (2) Nutrition  
 NSG 2255 (2) Maternal-Infant Nursing  
 NSG 2256 (2) Maternal-Infant Nursing Practicum  
 NSG 2265 (2) Nursing of Children  
 NSG 2266 (2) Nursing of Children Practicum  
 NSG 2271 (2) Psychosocial Nursing Concepts  
 NSG 2272 (2) Psychosocial Nursing Practicum  
 NSG 2280 (4) Advanced Nursing Concepts  
 NSG 2281 (6) Advanced Nursing Practicum  
 NSG 2282 (2) Adult Health Nursing II  
 NSG 2283 (2) Adult Health Nursing II Practicum

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**NURSING, BACHELOR OF SCIENCE (BSN)  
(124 HOURS)**

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*Students wishing to declare a pre-nursing major at the baccalaureate level must either be unconditionally admitted and/or have completed all developmental coursework and cleared conditional status. Students not meeting these requirements will need to declare Applied Health Sciences as a major until all developmental course work has been successfully completed and/or conditional status has been cleared. Once requirements are met, then students can declare a major of pre-nursing or nursing.*

**Admission**

Admission to the BSN program is competitive. Meeting minimal admission criteria does not guarantee acceptance. For admission to the BSN program, students must

1. have an overall GPA of at least 2.5 on 4.0 scale. (All hours attempted are used in calculation of overall GPA.)
2. file written application with the School of Nursing. Consult academic adviser or BSN Coordinator. For information regarding BSN courses on the Dothan campus, please contact the School of Nursing at (334) 983-6556 EXT 1435. Deadlines for receipt of BSN applications are March 15 for fall semester and Sept. 15 for spring semester. Registered Nurse students enrolling in the RN Mobility track should contact the RN Mobility Assistant Coordinator for admission times.
3. have successfully completed general studies courses. A grade of C or above is required in many of these courses. For additional information, contact the office of the BSN Program Coordinator or visit the School of Nursing website at [www.troy.edu](http://www.troy.edu).
4. have a current, unencumbered RN license in state of clinical practice if student is entering the RN Mobility course sequence.
5. be able to achieve certain core performance standards required by the duties of the nursing profession.
6. If transferring from another school of nursing, submit a letter from the dean/department chair of that school stating that the student was eligible for continuation in the school. Students transferring from another school of nursing who are not or were not eligible to continue in the nursing program in which they are/were enrolled are not eligible for admission to Troy University's BSN program unless they first completed an associate degree program from a regionally accredited institution and/or Accreditation Commission for Education in Nursing (ACEN) accreditation and are registered nurses.

**Progression**

- a. Students are required to have an overall GPA of 2.5 on a 4.0 scale for enrollment in the Clinical Nursing Sequence.
- b. Students are required to make a grade of C or better in each nursing course.
- c. Students may repeat only one 3300-4400 level nursing course required in the BSN clinical nursing sequence (with the exception of NSG 3315, Pathophysiology): therefore, a second D or F in any 3300-4400 level nursing course (with the exception of NSG 3315 Pathophysiology) will result in automatic dismissal from the program.
- d. Students who are planning to apply, or have applied, but have not yet begun, the BSN Clinical Nursing Sequence, may repeat only one 3300-4400 level nursing course from the required courses in the clinical nursing sequence; thereafter, a D or F in a 3300-4400 level nursing course will automatically disqualify the student from entering the BSN Clinical Nursing Sequence.
- e. Students who drop or fail a theory or clinical course with a co-requisite component must drop the co-requisite course.
- f. Comprehensive Exam will be administered in NSG 4417 Professional Nursing Seminar. This exam will account for 45% of the course grade. (Note: The exam is not required for students in the RN Mobility track.)
- g. Students must graduate within 150% of program completion time (7 semesters to be completed in no more than 3 1/2 years) from date of admission to the clinical nursing sequence to date of graduation from BSN program.

Additional policies related to the BSN program may be found on the School of Nursing website. Enrollment may be limited based on available resources.

**Degree**

Upon satisfactory completion of the program, the student is awarded the Bachelor of Science in Nursing degree and may then apply to the Board of Nursing to write the licensing examination to become a registered nurse (RN).

**Locations**

The clinical facilities used for student learning experiences in the BSN generic track are located in Troy and surrounding communities. Students are responsible for transportation and the cost of meals. For child health nursing, students may be assigned to learning experiences in Birmingham, Alabama.

The clinical facilities used for students in the RN Mobility track are located in a variety of settings and geographical locations.

### Specialized General Studies Requirements

#### Area II

Select one of the following: ANT 2280, NSG 3340, PHI 2203, or PHI 2204

#### Area III

BIO 3372	(3)	Microbiology
BIO L372	(1)	Microbiology Lab
MTH 1112	(3)	Pre-Calculus Algebra
CHM 1142	(3)	General Chemistry I
CHM L142	(1)	General Chemistry Lab I

#### Area IV

NSG 2205	(3)	Human Growth and Development
PSY 2210	(3)	Developmental Psychology (Lifespan)

Select a six-hour history sequence (HIS 1101/1102; HIS 1111/1112; HIS 1122/1123).

Select three hours from the following:

ANT 2200	(3)	Anthropology
PSY 2200	(3)	General Psychology
SOC 2275	(3)	Introduction to Sociology

#### Area V Requirements:

BIO 3347	(3)	Human Anatomy and Physiology I
BIO L347	(1)	Human Anatomy and Physiology I Lab
BIO 3348	(3)	Human Anatomy and Physiology II
BIO L348	(1)	Human Anatomy and Physiology II Lab
NSG 2204	(2)	Nutrition
NSG 3315	(3)	Pathophysiology
NSG 3319	(3)	Informatics in Nursing
TROY 1101	(1)	The University Experience

Select 3 hours from the following:

MTH 2210	(3)	Applied Statistics
PSY 3301	(3)	Basic Statistics
QM 2241	(3)	Business Statistics I

Select 3 hours from elective choice

#### Core Course Requirements for Generic or Pre-licensure students

NSG 3300	(1)	Dosage Calculations
NSG 3301	(3)	Pharmacology
NSG 3306	(2)	Perspectives of Professional Nursing
NSG 3309	(2)	Health Assessment
NSG 3310	(1)	Health Assessment Practicum
NSG 3313	(3)	Nursing Concepts
NSG 3314	(3)	Nursing Concepts Practicum
NSG 3323	(3)	Maternal-Infant Health Nursing
NSG 3324	(2)	Maternal-Infant Health Nursing Practicum
NSG 3325	(3)	Adult Health Nursing I
NSG 3326	(3)	Adult Health Nursing I Practicum
NSG 3334	(3)	Psychiatric-Mental Health Nursing
NSG 3335	(2)	Psychiatric-Mental Health Practicum
NSG 3336	(3)	Adult Health Nursing II
NSG 3337	(2)	Adult Health Nursing II Practicum
NSG 4403	(3)	Child Health Nursing
NSG 4404	(2)	Child Health Nursing Practicum
NSG 4405	(3)	Public Health Nursing
NSG 4406	(2)	Public Health Nursing Practicum
NSG 4407	(1)	Clinical Nutrition
NSG 4413	(3)	Complex Nursing
NSG 4414	(2)	Complex Nursing Practicum
NSG 4415	(2)	Nursing Leadership/Management
NSG 4417	(1)	Professional Nursing Seminar
NSG 4419	(2)	Research and Evidence in Nursing Practice
NSG 4421	(3)	Professional Nursing Clinical Preceptorship

#### Core course requirements for post-licensure students:

NSG 3309	(2)	Health Assessment
NSG 3310	(1)	Health Assessment Practicum
NSG 3370	(2)	Professional Nursing
NSG 3380	(3)	Pathophysiology and the Human Response
NSG 4410	(3)	Population Health Nursing
NSG 4411	(2)	Population Health Nursing Preceptorship
NSG 4430	(3)	Leadership and Management in Nursing
NSG 4431	(2)	Leadership and Management in Nursing Preceptorship

Select One of the Following courses (3 hours)

NSG 4440	(3)	Research and Evidence for the Practicing Registered Nurse
NSG 6691	(3)	Research and Evidence for Advanced Nursing Practice

Selected General Studies course requirements may differ for students admitted to the RN Mobility program. See the director of admission and records at the School of Nursing in Montgomery for further information.

#### NUTRITION MINOR (18 HOURS)

KHP 2211	(3)	Human Nutrition
KHP 3310	(3)	Introduction to Food Science
KHP L310	(1)	Introduction to Food Science Lab
KHP 3311	(3)	Nutritional Assessment
KHP 3315	(2)	Complementary and Alternative Therapies
KHP 3316	(3)	Community Nutrition
KHP 4458	(3)	Lifecycle Nutrition

#### PHYSICAL EDUCATION MAJOR (128 HOURS)

For professional studies information, see the College of Education section of this catalog.

NOTE: Students seeking Alabama Teacher certification in physical education should select education as a second major. Students should consult with their advisers concerning all certification requirements.

#### (P-12)

#### Specialized General Studies Requirements

##### Area III

BIO 1100	(3)	Principles of Biology I
BIO L100	(1)	Principles of Biology Lab
MTH 1112	(3)	Pre-Calculus Algebra, or placement

Select a four hour course/lab combination from the following OR an Advisor approved course:

CHM 1142	(3)	General Chemistry I, or placement
CHM L142	(1)	General Chemistry I Lab, or placement
PHY 2252	(3)	General Physics I
PHY L252	(1)	General Physics I Lab
SCI 2233	(3)	Physical Science
SCI L233	(1)	Physical Science Lab

##### Area V Requirements

KHP 2201	(2)	Camping and Outdoor Recreation
KHP 2202	(2)	First Aid and Safety and CPR
KHP 2240	(3)	Personal and Community Health
KHP 2251	(3)	Instructional and Theoretical Practices in Physical Education
KHP 3360	(3)	Physiological Principles of Body Systems
IS 2241	(3)	Computer Concepts and Applications
TROY 1101	(1)	The University Experience

Select two hours of physical activity courses.

##### Major requirements:

KHP 2252	(3)	Methods of Teaching Dance
KHP 3330	(2)	Physical Skills Proficiency
KHP 3331	(2)	Physical Skills Proficiency II
KHP 3352	(3)	Kinesiology and Efficiency of Human

		Movement
KHP 3361	(3)	Integrating HPER into the Curriculum
KHP 3395	(2)	Care and Prevention of Athletic Injury/ Illness
KHP 4410	(3)	Motor Development
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab
KHP 4485	(3)	Teaching Individual and Team Sports
KHP 4486	(3)	Teaching Individual and Team Sports

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### COACHING MINOR (18 HOURS)

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*Students must select one (1) of two (2) or three (3) courses from Sections 1-7.*

1. KHP 2211 (3) Human Nutrition  
**OR**  
KHP 4459 (3) Sport and Exercise Nutrition
2. KHP 3350 (3) Psychology of Wellness  
**OR**  
KHP 4410 (3) Motor Development  
**OR**  
PSY 2210 (3) Developmental Psychology
3. KHP 3360 (3) Physiological Principles of Body Systems  
**OR**  
KHP 2251 (3) Instructional and Theoretical Practices in Physical Education
4. KHP 3352 (3) Kinesiology and Efficiency of Human Movement  
**OR**  
LDR 2200 (3) Tools for Leadership
5. KHP 2202 (2) First Aid and Safety and CPR  
**OR**  
KHP 3395 (2) Care and Prevention of Athletic Injury
6. KHP 4400 (3) Sports Officiating and Programs in Intramurals  
**OR**  
KHP 4460 (3) Principles of Strength and Conditioning
7. KHP 2260 (2) Applied Fitness Concepts  
**OR**  
KHP L460 (1) Principles of Strength and Conditioning Lab

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### SOCIAL WORK PROGRAM

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#### Specialized General Studies Requirements

Students will complete the general studies requirements as outlined in the general studies section of this catalog with the following exception. In AREA II take COM 2241 and any 1000-2000 level Literature Series (6 hours); and, in Area IV take a History Series (6 hours). The following general studies courses are required for social work majors: ANT 2200, ECO 2251, POL 2241, PSY 2200, SOC 2275, and PSY 3304. Courses with similar course content in General Studies may be considered for substitution by the department chair.

#### Admission to the professional social work curriculum

Students must be admitted to the professional social work curriculum in order to enroll in advanced social work courses, beginning with SWK 3390. Students are encouraged to declare social work as a major during the freshman or sophomore year in order to ensure that they will meet the requirements for admission in a timely manner. Otherwise, the student may be out of sequence in meeting program requirements. Admission to the professional social work curriculum is usually accomplished during the first semester of the junior year concurrent with enrollment in SWK 2250, which precedes enrollment in SWK 3390 the following semester. To be eligible to apply for admission, each social work major must (1) have a minimum GPA of 2.5 (on a 4 point scale) in all college courses attempted and have completed a minimum of 30 semester hours, and (2) have completed ENG 1101 and 1102 or ENG 1103 and 1104; COM 2241 or 2243; HS 2240, 3310 and 3370; and SWK 2250 and 2280 (or be currently enrolled) with a grade of C or better. Procedures for applying for admission to the professional social work curriculum may be obtained from the Department of Social Work. Students completing all but 3-6 hours of general studies courses

will have the best opportunity of being unconditionally accepted into the program. Students with more than 6 hours may have a delayed acceptance or conditional admission.

#### Progression in Social Work

- a. Students are required to make a grade of C or better in each of the required departmental core and professional curriculum courses (all HS, RHB, and SWK prefixed courses.)
- b. Students may repeat only one 3000-4000 level departmental course; thereafter, a D or F in any 3000-4000 level departmental required course will result in automatic dismissal from the social work program.
- c. A student remains in good standing by maintaining, at a minimum, a 2.5 GPA in all course work taken and a 2.5 GPA in all required departmental and professional courses.

#### Core Requirements (27 Hours)

HS 2240	(3)	Ethics
HS 3310	(3)	Human Behavior and the Social Environ I
HS/SWK/3375	(3)	Diversity
HS 3370	(3)	Professional Interviewing Skills
SWK	(3)	Program Elective
SWK 2280	(3)	Social Work Research I
SWK 2281	(3)	Social Work Research II
SWK 3320	(3)	Human Behavior/the Social Environ II
SWK 3340	(3)	Social Policy and Planning

#### Social Work Professional Program (25 hours)

*The principal educational objective is the preparation of graduates for beginning generalist social work practice.*

SWK 2250	(3)	Introduction to Social Work
SWK 3390	(3)	Social Work with Individuals/Family
SWK 4471	(3)	Social Work with Groups
SWK 4472	(3)	Social Work w/ Org and Communities
SWK 4480	(3)	Social Work Seminar
SWK 4481	(12)	Social Work Practicum

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### HEALTH PROMOTION PROGRAM (120-122 HOURS)

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#### Area V Requirements

IS 2241	(3)	Computer Concepts and Applications
TROY 1101	(1)	The University Experience
KHP 2200	(1)	Health Concepts
KHP 2202	(2)	First Aid and Safety and CPR
KHP 2240	(3)	Personal and Community Health

*Select two hours of physical activity courses.*

*Select seven hours of adviser-approved electives or courses to meet prerequisites not already taken in Area IV such as SOC 2275.*

#### Major requirements (42 hours)

HSTM 2201	(3)	Leisure in Society
KHP 2211	(3)	Human Nutrition
KHP 2251	(3)	Instructional and Theoretical Practices in Physical Education
KHP 2260	(2)	Applied Fitness Concepts
KHP 3310	(3)	Introduction to Food Science
KHP L310	(1)	Introduction to Food Science Lab
KHP 3316	(3)	Community Nutrition
HSTM 3340	(3)	Principles of Recreation
KHP 3350	(3)	Psychology of Wellness
SOC 3365	(3)	Sociology of Sport
HS 3370	(3)	Professional Interviewing Skills
KHP 3391	(3)	Testing and Statistical Interpretation
KHP 4427	(3)	Health and Fitness Education
KHP 4442	(3)	Health Education
KHP 4458	(3)	Lifecycle Nutrition

*Select ONE of the following minors:*

#### Exercise Science Minor (18 hours)



KHP 3352	(3)	Kinesiology
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab
KHP 4475	(3)	Exercise Testing
KHP 4488	(3)	Cardiovascular Physiology
KHP 4476	(2)	Laboratory Practicum

**Health Promotion Minor (18 hours)**

KHP 3352	(3)	Kinesiology
KHP 4405	(3)	Physical Activity and Disease Prevention
KHP 4427	(3)	Health and Fitness Education*
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab

*Select an additional two hours of adviser-approved courses*

*\*Another course will need to be adviser-approved to substitute as this course is required in the major requirements*

**Coaching Minor (18 hours)**

KHP 3395	(2)	Care and Prevention of Athletic Injuries
KHP 3352	(3)	Kinesiology
KHP 4460	(3)	Principles of Strength and Conditioning
KHP L460	(1)	Principles of Strength and Conditioning Lab
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4410	(3)	Motor Development
PSY 2210	(3)	Developmental Psychology

