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Category: Poetry

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**Burn Out**

***Burn Out** (verb)*

- i. to lose grip with the light and splatter the sky with stars of tears*
- ii. to lose a sense of joy and motivation- a rapid decline to vacancy*

Is this what it feels like to be burned out?  
A cold breathe wishing death upon a faint flame  
Small beads of wax slowly melting from within  
As smoke replaces the once illuminated red light  
Darkness wraps its arms around and whispers it goodnight

Enveloped in little motivation, she shuts her eyes  
Dreams of a day when the sun shines a bit too bright  
There is no joy in the things she once loved  
Just meaningless things that could never ignite  
the dying yellow star that once burned all night

Burned out, she is burned out  
Like a candle whose wix turned ashy black  
Only the scent of panic lingers by  
As the fumes of exhaustion possesses her soul  
And stress brings her to slumber once more

In the warmth of her bed, she remains frozen  
Burn little light, she whispers words of encouragement  
A worthless attempt to salvage virtually nothing

Little candle, do not fall into despair she pleads  
Hold onto the last inch of wax beneath  
Burn a bit slower, I wish to not depart from you  
Is the spiral decline everyone goes through?

Gripping the almost empty candle jar,  
Every ounce of hope dissipates from her  
Sighing, she blows out the barely lit light  
As darkness hugs her a bit too tight, she falls a victim  
to the tragic fate of being burned out

But she finds solace among the eerie blackness  
A friend she softly says.  
Once, you burn out, darkness claims you as a companion  
Hello Darling, it purrs with a wicked grin