

# Shannon Grammer, MS RD LD

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**Registered Dietitian** with over 25 years of clinical, management, and education experience. My clinical skill set and communication allows me to work in various environments with a diverse population to achieve desired outcomes.

## Professional Experience

### Southeast Health

June 2001-Present

- **Chief Clinical Dietitian**
  - Management of clinical dietitians and call center staff
  - Internship Preceptor for multiple universities
  - Liaison between Nutrition department and Medical Staff
  - Develop departmental policies and procedures
  - Coordinator of nutrition community events
  - Interdisciplinary committee representative
- **Clinical Dietitian**
  - Assessment and screening of patients identified at nutrition risk

### Troy University

January 2023-Present

- **Adjunct Faculty**
  - Online instructor for BSN and ASN nutrition courses

### Laurel Oaks Behavioral Health

August 2013-August 2023

- **Consultant Dietitian**
  - Assessment of adolescent residents for nutrition risk

### LifeSource Consulting

March 2011-August 2023

- **Consultant Dietitian**
  - Responsible for initial assessments, monthly evaluations and kitchen/sanitation inspections
  - Preceptor for Certified Dietary Manager course

### DCH Regional Medical Center

January 1996-May 2001

- **Clinical Dietitian**
  - Evaluation and screening of patients identified at risk
  - Interdisciplinary committee representative
  - Preceptor for University of Alabama

## Highlights

**Commission on Dietetic Registration**  
848980

**Alabama License** 962

**Servsafe Instructor/Proctor**

**Servsafe Certification**

**American Dietetic Association**

## Education

**University of Alabama** December 2010  
**Masters of Science**  
Human Environmental Science  
Major: Human Nutrition

**University of Alabama** December 1995  
**Bachelors of Science**  
Human Environmental Science  
Major: Food and Nutrition

## Special Skills

Trained in placement of Cortrak 2 feeding tubes

Trained Fit Tester for N95 masks

CBORD and EPIC computer systems

## Interests

Spending time at the lake enjoying watersports and time with family