

Troy University  
School of Nursing

## Faculty BIO

### Name/Credentials

**Lenetra L. Jefferson, PhD, RN, CNE, LMT**

### Title

Assistant Professor

### Email

ljefferson150835@troy.edu

### Phone

334-808-6854

### Fax

334-670-3744

### Campus

Troy Campus

### Address

400 Pell Avenue, Troy, AL. 36082

### Office

120 A Collegeview

### Education

Certificate in Higher Education (Teaching and Learning), 2012,  
Laureate International Universities

PhD (Nursing), Southern University and A&M College, 2009

Certificate of Technical Studies (Massage Therapy), 2004, Delgado  
Community College

MSN (Adult Health Nursing Education), University of South  
Alabama, 1997

BSN (Nursing), University of South Alabama, 1995

### Publications or Presentations

Barbee, K., & **Jefferson, L.** (2019). Accreditation Issues and  
Trends in Baccalaureate Nursing Education. Presentation.  
ACEN Nursing Accreditation Conference, Atlanta, GA.

**Jefferson, L.** (2010). Exploring Effects of Therapeutic  
Massage and Patient Teaching in the Practice of  
Diaphragmatic Breathing on Blood Pressure, Stress, and  
Anxiety in Hypertensive African-American Women: An  
Intervention Study. *The Journal of the National Black Nurses  
Association*, 21 (1) 17-24.

**Jefferson, L.** (2010). Exploring the Effects of Therapeutic  
Massage and Patient Teaching in the Practice o  
Diaphragmatic Breathing on Blood Pressure, Stress and  
Anxiety in Hypertensive African American Women.

Presentation. Sigma Theta Tau 21<sup>st</sup> Annual International Research Congress. Orlando, FL.

**Jefferson, L.** (2007). Issues in Nursing Practice in Williams, L. & Hopper, P. *Understanding Medical Surgical Nursing*, Chapter 2. F. A. Davis.

**Grants and Projects**

**Honors, Awards,  
Boards,  
Certifications, and  
Professional  
Organizations**

Phi Delta Kappa, Alpha Theta Chapter, Excellence in Education Honoree, 2014  
Phi Eta Sigma Freshman Honor Society, 2012  
Who's Who Among American Teachers, 2004-2005, 2006-2007  
Great 100 Nurses of Louisiana, 2004

American Nurses Association  
Louisiana State Nurses Association  
National League for Nursing  
Louisiana League for Nursing  
Member (2002-2002)  
President (2009-2011)

**Research Interest**

Complementary Approaches in Chronic Disease Management, Student Persistence, Student Success

**Clinical Focus**

Adult Health Nursing, Medical-Surgical Nursing