

Cho Rong Claudia Won, PhD, LMSW

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ACADEMIC APPOINTMENTS

- 2025-Present **Assistant Professor**
School of Social Work and Human Services, Troy University, Troy, AL
- 2022-2024 **Adjunct Instructor**
School of Social Work, The University of Alabama, Tuscaloosa, AL

EDUCATION

- 2024, December **Doctor of Philosophy in Social Work**
The University of Alabama, Tuscaloosa, AL
Dissertation title: A Mixed Methods Approach to Korean-Youth Mental Health First Aid (K-YMHFA): A Pilot Study
Co-Chairs: Lewis Lee, Hee Yun Lee
Committee: Hyunjin Noh, Nahree Doh, Rebecca Allen
- 2019, August **Master of Social Work** (*Advanced Standing*)
The University of Alabama, Tuscaloosa, AL
- 2017, December **Bachelor of Social Work** (*Minor: Psychology*)
The University of Alabama, Tuscaloosa, AL
- 2017, May Semester Study Abroad
Korea University, South Korea (*Veritas Christian Study Abroad*)

RESEARCH INTERESTS

Health Disparity; Mental Health; Immigrant and Refugee Population; Community-Based Participatory Research; Mixed Methods Research; Culturally Responsive Practice; Evidence-Based Intervention

TEACHING INTERESTS

Introduction to Social Work; Introduction to Social Work Research; Qualitative Research Methods; Mixed Methods; Community-Based Participatory Research

RESEARCH EXPERIENCE

- 2018-2023 **Graduate Research Assistant** (Advisor: Dr. Hee Yun Lee)
The University of Alabama, Tuscaloosa AL
- 2021-2023 Asian Hate and Korean Americans in Alabama: A Need Assessment and Action Plan Development
- Served as the community liaison assisting in recruiting participants.
 - Led mixed method data collection and analysis by developing, translating, culturally adapting, and conducting survey and individual interview for Korean American population in Korean and English.

	• Trained an interdisciplinary associate professor on qualitative data collection and analysis.
2022-2023	Campus Environments that promote Diversity, Equity, and Inclusion among members at the University of Alabama • Developed Qualtrics survey and interview guidelines using Culturally Engaging Campus Environments (CECE) model. • Facilitated qualitative analysis team by training staff and graduate research assistant in analyzing qualitative interview data using NVivo software.
2020-2023	Mobile Behavioral Health Education, Awareness and Learning Initiative for First Responders • Served as the project manager assisting with research-related activities during the whole three-year funding period, such as submitting and amending IRB and developing Qualtrics survey and focus group guidelines. • Managed weekly intervention data to align with grant criteria for comprehensive report. • Facilitated weekly team meetings and quarterly program officer meetings. • Reported quarterly and annual data that align with the federal organization, SAMHSA's criteria. • Evaluated intervention effectiveness among law enforcement officers on behavior health literacy and attitudes towards individuals with behavior health conditions. • Developed online contents appropriate for first responders incorporating real-life scenarios related to behavioral health crisis. • Gathered a list of local, state-wide, and national behavioral health resources for the website.
2021-2022	Transportation and Health Care Needs in Rural Alabama during COVID-19: Development of Innovative Intervention Strategies • Submitted and amended IRB application. • Conducted focus groups with community members and stakeholders via Zoom. • Trained community liaison on survey data collection and undergraduate and graduate research assistants on qualitative data analysis.
2019-2022	Implementation of an Integrated TeleECHO and Health Outpost Model for Opioid Prevention Treatment, and Recovery in Rural Alabama • Wrote literature review section of the grant proposal to Health Resources and Services Administration.

- Collaborated with interdisciplinary team of nursing professor and social worker on developing a TeleECHO program.
- Trained interdisciplinary team on qualitative focus group analysis.
- Facilitated qualitative data analysis with team members using social determinants of health framework.
- Condensed research findings into comprehensive summaries for grant renewal application.

2018-2019 Cancer Screening Literacy and Health Need Assessment among minorities in Alabama

- Collected survey data by visiting community events and local churches.
- Served as community liaison for Korean immigrant population.
- Translated survey into Korean.

2018-2021 **Graduate Research Assistant** (Advisor: Dr. Hyunjin Noh)

The University of Alabama, Tuscaloosa, AL

- Interviewed older adults with chronic illness by visiting senior centers regarding pain management and transportation needs.
- Interviewed caregivers and health care providers of older adults with cognitive impairment in rural AL via phone related to advance care planning knowledge and attitudes.
- Implemented in-person, 1-hr education related to advance care planning to caregivers of older adults with cognitive impairment.

2014-2018 **Undergraduate Research Assistant** (Advisor: Dr. Avani Shah)

The University of Alabama, Tuscaloosa, AL

- Assisted with literature review on mental disorder management.
- Developed mobile app contents for clients with mental disorders.

TEACHING EXPERIENCE

Graduate Level, Troy University

Fall 2025 Intro to Social Policy (online)
Human Behavior and the Social Environment I and II (online)

Undergraduate Level, University of Alabama

Spring 2023, 2024 Research in Social Work (online)
Fall 2023 History in Social Welfare (online)
Fall 2022 Introduction to Field Social Work (in-person)

Graduate Teaching Assistant

Fall 2020 Human Behavior and Social Environment (online)
Social Work Perspectives on Substance Use Problems (online)
Psychopathology (online)

Elementary Level

- 2025 Summer English as a Second Language, Auburn Opelika Korean Church, Opelika, AL
- 2021-2022 Bible Study, Korean Presbyterian Church of Tuscaloosa, Tuscaloosa, AL

PUBLICATIONS

PEER REVIEWED PUBLICATIONS, *Corresponding author

23. **Won, C. R***, Lee, H., Lee, H. Y., Noh, H., Doh, N., & Allen, R. S. (2025). A mixed methods approach to Korean-Youth Mental Health First Aid (K-YMHFA): A pilot study. *Journal of Evidence-Based Social Work*, 22(2), 292-314. <https://doi.org/10.1080/26408066.2025.2456756>
22. Woo, J., Lu, J., **Won, C. R.**, & Lee, H. Y. (2024). The relationship between perceived discrimination and depression among Korean Americans living in the Deep South: Social support as a mediator. *Journal of the Society for Social Work and Research*. <https://doi.org/10.1086/734179>
21. Noh, H., Suntai, Z., **Won, C. R.**, Jeong, H., & Lee, L. (2024). A qualitative exploration of rural older adults' experiences with pain from chronic illnesses and its treatment. *Research on Aging*, 46(9-10), 468-479. <https://doi.org/10.1177/01640275241246279>
20. Eyer, J. C., **Won, C. R.***, Sawyer, M., Luo, Y., Wang, K., Chipalo, E., Thomas-LeBlanc, G., & Lee, H. Y. (2023). A qualitative study of barriers and facilitators to opioid prevention, treatment, and recovery in rural Alabama. *Qualitative Health Report*. 28(11), 3358-3378. <https://doi.org/10.46743/2160-3715/2023.5915>
19. Lee, H. Y., Kois, L., Wang, K., **Won, C. R.***, Han, A., & Allen, R. S. (2023). Correlations between social determinants of health and technology access among rural African American Alabamians. *Journal of Health Care for the Poor and Underserved*, 34(1), 21-34. <https://doi.org/10.1353/hpu.2023.0003>
18. Lee, H. Y., Luo, Y., **Won, C. R.**, Daniel, C., & Coyne-Beasley, T. (2023). HPV and HPV vaccine awareness among African Americans in the Black Belt region of Alabama. *Journal of Racial and Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-023-01562-0>
17. Lee, H. Y., **Won, C. R.**, Luo, Y., & Lee, M. H. (2023). Human Papillomavirus (HPV) and HPV vaccine awareness among Korean American immigrants in Alabama: Would internet use improve health awareness? *Asian Pacific Journal of Cancer Prevention*, 24(8), 2575–2581. <https://doi.org/10.31557/APJCP.2023.24.8.2575>
16. Nam, Y., Choi, E. Y., **Won, C. R.** & Lee, H. Y. (2023). The role of racial/ethnic discrimination in financial access and material hardship: Findings from Korean immigrants living in the Deep South. *Journal of Consumer Affairs*, 57(4), 1547-1575. <http://doi.org/10.1111/joca.12559>
15. Roh, S., Lee, H. Y., Jun, S. J., Lee, Y-S., & **Won, C. R.** (2023). Andersen's behavioral model to identify correlates of cervical cancer knowledge among American Indian women. *Asian Pacific Journal of Cancer Prevention*, 24(4), 1151-1157. <https://doi.org/10.31557/APJCP.2023.24.4.1151>
14. Lee, H. Y., Wang, K., Choi, E. Y., Gajos, J. M., & **Won, C. R.*** (2022). Opioid literacy among African Americans living in rural Alabama: Findings from a social determinants of health (SDH) framework. *Journal of Drug Issues*, 53(1). <https://doi.org/10.1177/00220426221093610>
13. Lee, H. Y., Choi, E.Y., **Won, C. R.**, Song, J., & Gajos, J.M. (2021). Opioid literacy of Korean Americans in rural Alabama: Addressing the role of social determinants of health. *Journal of Transcultural Nursing*, 32(6), 727-739. <https://doi.org/10.1177/1043659621995902>
12. Lee, H. Y., **Won, C. R.**, Hao, Z., Luo, Y., Allen, R., & Jones, S. (2021). Attitude and responses to the pandemic and COVID – 19 vaccination in rural Alabama: The importance of transportation. *Best Practice in Mental Health*, 17(1), 1-17.
11. Noh, H., Suntai, Z., **Won, C. R.** (2021). Rural older adults' experiences with pain from chronic illnesses and its treatment, innovation in aging, *Innovation in Aging*, 5(Supplement 1). 289. <https://doi.org/10.1093/geroni/igab046.1122>

10. Noh, H., **Won, C. R.**, Suntai, Z. (2021). Challenges with pain treatment for rural older adults: Family caregivers' views, *Innovation in Aging*, 5(Supplement 1). 886-887.
<https://doi.org/10.1093/geroni/igab046.3225>
9. Suntai, Z., Noh, H., & **Won, C. R.** (2021). Examining racial differences in the informal discussion of advance care planning among older adults: Application of the Andersen model of healthcare utilization. *Journal of Applied Gerontology*, 41(2), 371-379.
<http://doi.org/10.1177/0733464821993610>
8. Suntai, Z., Smith, N.L., Chipalo, E., Kubanga, K., & **Won, C. R.** (2021). Effectiveness of support groups for caregivers of traumatic brain injury survivors. *Journal of Evidence-Based Social Work*, 18(6). 636-649.
7. Kim, J., Lee, H. Y., **Won, C. R.**, Barr, T., & Merighi, J. R. (2020). Older adults' technology use and its association with health and depressive symptoms: Findings from the 2011 National Health and Aging Trends Study. *Nursing Outlook*, 68(5), 560-572.
<https://doi.org/10.1016/j.outlook.2020.05.001>
6. Kim, S. Y., Guo, Y., **Won, C. R.**, & Lee, H. Y. (2020). Factors associated with receipt of mammogram among caregivers: a comparison with non-caregivers. *BMC Women's Health*, 20(1), 216. <http://doi.org/10.1186/s12905-020-01079-2>
5. Ko, K. S., Lee, H. Y., & **Won, C. R.** (2020). Latent growth model of predictors of health status in Korean older adults. *American Journal of Health Behavior*, 44(3), 364-374.
<https://doi.org/10.5993/AJHB.44.3.9>
4. Lee, H.Y., Eyer, J., Lee, D., **Won, C. R.**, Hudnell, M., & Cain, D.S. (2020). The opioid crisis in Alabama: Actionable recommendations for prevention, treatment, and recovery in rural communities. *Best Practice in Mental Health*. 16(1), 1-11.
3. Noh, H., **Won, C. R.**, Lee, L. (2020). Educational intervention to improve palliative care knowledge among informal caregivers of cognitively impaired older adults. *Palliative & Supportive Care*, 19(5), 515-523. <https://doi.org/10.1017/S1478951520001200>
2. Suntai, Z., **Won, C. R.**, & Noh, H. (2020). Access barrier in rural older adults' use of pain management and palliative care services: A systematic review. *American Journal of Hospice and Palliative Medicine*, 38(5), 494-502. <https://doi.org/10.1177/1049909120959634>
1. Shah, A., Kraemer, K. R., **Won, C. R.**, Black, S., & Hasenbein, W. (2018). Developing digital intervention games for mental disorders: A review. *Games for Health Journal*, 7(4), 213-224.
<https://doi.org/10.1089/g4h.2017.0150>

PAPERS UNDER REVIEW

5. **Won, C. R.**, Noh, H., Lee, L. H., & Lee, H. Y. (Under Review). *Recommendations from Korean immigrant adults for enhancing mental health support among youth*. Cultural Diversity & Ethnic Minority Psychology.
4. Lee, H. Y., Woo, J., Lu, J., & **Won, C. R.** (Under Review). *Unveiling protective and risk factors: Korean Americans in the deep south and their encounters with discrimination during the Covid-19 pandemic*. Journal of Racial and Ethnic Health Disparities
3. Lee, H. Y., Lee, J., **Won, C. R.**, Luo, Y., Kim, Y. S., Woo, J., Kim, S., & Li, X. (Under Review). *Effect of technology use for health purposes on depressive symptoms: Does it vary by age groups?* Social Media and Society.
2. Lee, H. Y., Luo, Y., **Won, C. R.**, Lee, J., Lee, J., & Baik, J. (Under Review). *Association between social media use for health purpose and depressive symptoms: A cross-sectional survey*. American Journal of Health Behavior.
1. Lee, H.Y., **Won, C.R.**, Luo, Y., Hao, Z., Lidbe, A., & Jones, S. (Under Review). *Transportation challenges and suggestions for improvement in the Black Belt region of Alabama amid COVID-19 pandemic*. Ethnicity & Health

WORK IN PROGRESS

8. Lee, H. Y., Malele, K. P., **Won, C. R.**, & da Luz Scherf, E. (In progress). *Service provision during the COVID-19 pandemic: Insights and challenges faced by rural community health workers in Alabama.*
7. **Won, C. R.**, Woo, J., & Lee, H. Y. (In progress). *Risk and protective factors associated with COVID-19 related discrimination among Korean Americans in the deep south.*
6. **Won, C. R.**, Jeong, H., & Noh, H. (In progress). *Advance care planning intervention among Asian Americans: A systematic review.*
5. **Won, C. R.**, Choi, S., Noh, H., & Lee, H. Y. (In progress). *"I can be a victim anytime and anywhere": The impact of Asian hate sentiment on mental health of Korean immigrants during the COVID-19 pandemic.*
4. Choi, S., **Won, C. R.**, Noh, H., & Lee, H. Y. (In progress). *Understanding the types of discrimination experienced by Korean Americans and strategies for prevention.*
3. **Won, C. R.**, Lim, Y., & Lee, H. Y. (In progress). *Perspective about racism among young Korean American adults in the Deep South.*
2. **Won, C. R.** (In progress). *Associations among demographic characteristics and means of human trafficking: A global examination.*
1. **Won, C. R.** (In progress). *Bridging Societal Divides: Determinants of Restrictive Immigration Attitudes towards North Korean Defectors in South Korea.*

BOOK CHAPTERS, REPORTS, AND TECHNICAL DOCUMENTS

5. **Won, C. R.** (2024). *Adult Mental Health First Aid for Koreans: Fact sheet.* Distributed to Korean community members via various mechanisms.
4. **Won, C. R.** (2024). *Korean-Youth Mental Health First Aid Findings.* Distributed to Korean community members via various mechanisms.
3. Mental Health First Aid USA (2023). *Mental Health First Aid USA for adults assisting adults* (C. **R. Won**, J. Kim, S. Kim, K. Potter, Trans.). National Council for Behavioral Health. (Original work published 2020).
2. Mental Health First Aid USA (2023). *Mental Health First Aid USA for adults assisting children and youth* (C. **R. Won**, J. Kim, S. Kim, K. Potter, Trans.). National Council for Behavioral Health. (Original work published 2020).
1. **Won, C. R.** (2023). *Youth Mental Health First Aid for Koreans: Fact sheet.* Distributed to Korean community members via various mechanisms.

ACCEPTED CONFERENCE ORAL PRESENTATIONS

7. **Won, C. R.** & Jeong, H. (2024, October). *Recommendations from Korean adults for enhancing mental health support within immigrant families.* Oral Presentation. 2024 Council on Social Work Education Annual Program Meeting, Kansas City, MO.
6. Lee, H.Y., **Won, C. R.**, Luo, Y., Jasko, S., Royen, R., & Qualls, C. (2024, July). *Preliminary outcomes of an online mental health awareness training for law enforcement.* 48th Annual National Institute on Social Work and Human Services in Rural Areas. Oral Presentation. Fort Hays, Kansas.
5. **Won, C. R.**, Choi, S., Noh, H., & Lee, H.Y. (2024, January). *"I can be a victim anytime and anywhere": The impact of Asian Hate sentiment on mental health of Korean immigrants during the COVID-19 pandemic.* Oral Presentation. Society for Social Work and Research 2024 Annual Conference, Washington D.C.
4. Nam, Y., Choi, E. Y., **Won, C. R.**, & Lee, H. Y. (2023, January). *Discrimination experience, financial access, and material hardship: Evidence from survey of Korean immigrants in Alabama.* Oral Presentation. 2023 Annual Conference of Society for Social Work and Research, Phoenix, AZ.

3. **Won, C. R.**, Nam, Y., & Lee, H. Y. (2023, January). *Lived experiences of racism during COVID-19 pandemic in deep South: Voices and resolutions from young Korean American adults*. Oral Presentation. 2023 Annual Conference of Society for Social Work and Research, Phoenix, AZ.
2. Noh, H., Suntai, Z., & **Won, C. R.** (2021, November). *Rural older adults' experiences with pain from chronic illnesses and its treatment*. Oral Presentation. Gerontological Society of America 2021 Annual Scientific Meeting. Online.
1. **Won, C. R.** (2021, April). *Behavioral health intervention for unaccompanied children trafficking victims during the asylum proceedings*. Oral Presentation. 2021 Southeastern Universities Graduate Research Symposium. Online.

ACCEPTED CONFERENCE POSTER PRESENTATIONS

24. Kim, S., Lucio, R., Jeong, S., Cha, G. E., & **Won, C. R.** (2025, October). *Community-Based AI digital storytelling for mental health support: A pilot study for Korean and Korean American adults*. Poster. 8th Annual Outreach and Engagement Conference at UTK. Knoxville, TN.
23. Lee, H.Y., **Won, C. R.**, Luo, Y., Jasko, S., Royen, R., & Qualls, C. (2023, November). *Preliminary outcomes of an online mental health awareness training for law enforcement*. Poster. 2023 American Society of Criminology Annual Meeting, Philadelphia, PA.
22. **Won, C. R.**, Kubanga, K.P., Luo, Yan., Jones, S., & Lee, H.Y. (2023, October). *Service provision during the COVID-19 pandemic: Experiences of rural community health workers in Alabama*. Poster. 2023 Council on Social Work Education Annual Program Meeting, Atlanta, GA.
21. Lee, H.Y., **Won, C.R.**, Luo, Y., Jasko, S., Royen, R., & Qualls, C. (2023, September). *Preliminary outcomes of an online mental health awareness training for law enforcement*. Poster. 2023 Annual Meeting Southern Criminal Justice Association Conference, Mobile, AL
20. Nam, Y., Choi, E. Y., **Won, C. R.**, & Lee, H. Y. (2023, July). *Discrimination experience, financial access, and material hardship: Evidence from survey of Korean immigrants in Alabama*. Poster. 2023 Global Forum for Financial Consumers, Tokyo, Japan.
19. Lee, H.Y., Luo, Y., **Won, C. R.**, Daniel, C., Coyne-Beasley, T. (2023, April). *HPV and HPV Vaccine Awareness Among African Americans in the Black Belt Region of Alabama*. Poster. 35th International Papillomavirus Conference, Washington, D.C.
18. **Won, C. R.**, Luo, Y., Hao, Z., Lee, H. Y., & Jones, S. (2023, January). *Transportation barriers and their impact on healthcare access and health among residents in rural Alabama: A phenomenological approach*. Poster. 2023 Annual Conference of Society for Social Work and Research, Phoenix, AZ.
17. **Won, C. R.**, Kern, L., Hao, Z., & Lee, H. Y. (J2023, January). *Preference for behavioral health training among law enforcement officers in rural Alabama: Is it different by gender?* Poster. 2023 Annual Conference of Society for Social Work and Research, Phoenix, AZ.
16. Hao, Z., Lee, H. Y., Luo, Y., & **Won, C. R.** (2022, January). *Public perceptions and responses on the Covid-19 and Covid vaccination in rural Alabama*. Poster. 2022 Annual Conference of Society for Social Work and Research, Washington D.C.
15. Noh, H., Suntai, Z., & **Won, C. R.** (2022, January). *Barriers to pain management among rural older adults and strategies to address them: Service provider perspective*. Poster. 2022 Annual Conference of Society for Social Work and Research, Washington D.C.
14. **Won, C. R.** (2022, January). *Associations among demographic characteristics and means of human trafficking: A global examination*. Poster. 2022 Annual Conference of Society for Social Work and Research, Washington D.C.
13. Noh, H., **Won, C. R.**, Suntai, Z. (2021, November). *Challenges with pain treatment for rural adults: Family caregivers' views*. Poster. Gerontological Society of America 2021 Annual Scientific Meeting, Online.
12. **Won, C. R.** (2021, November). *South Koreans' attitude toward immigration of North Korean defectors and threat perception*. Poster. 2021 Annual Program Meeting of the Council on Social Work Education, FL.

11. **Won, C. R.** Lee, H. Y., Hao, Z., & Luo, Y. (2021, November). *HPV and HPV vaccine awareness among Korean Americans in Alabama*. Poster. 2021 Annual Program Meeting of the Council on Social Work Education, FL.
10. Lee, H. Y., Choi, E.Y., Song, J., **Won, C. R.**, Gajos, J., Kim, S. (2021, January). *Opioid literacy in an immigrant group in deep south: Addressing the role of social determinants of health*. Poster. 2021 Annual Conference of Society for Social Work and Research, Online.
9. Luo, Y., Lee, H. Y., Daniel, C., **Won, C. R.** (2020, November). *HPV awareness across age groups: Different role of technology and social media*. Poster. 2020 Annual Program Meeting of the Council on Social Work Education, Online.
8. Noh, H., **Won, C. R.**, & Lee, L. (2020, November). *Association between caregivers' and care-recipients' advance care planning: An exploratory study*. Poster. Gerontological Society of America 2020 Annual Scientific Meeting, Online.
7. Suntai, Z., **Won, C. R.**, & Noh, H. (2020, November). *Transportation barriers in rural older adults' use of pain management and palliative care: Systematic review*. Poster. Gerontological Society of America 2020 Annual Scientific Meeting, Online.
6. Lee, H. Y., Eyer, J. C., Lee, D., **Won, C. R.**, Hudnell, M., & Cain, D. S. (2019, October). *The opioid crisis in Alabama: Actionable recommendations for prevention, treatment, and recovery in rural communities*. Poster. Behavioral Health Research Symposium, Birmingham, AL.
5. Lee, H. Y., Lee, J., Hwang, J., Ball, J. G., Yu, Y., Albright, D. L., & **Won, C. R.** (2019, October). *Mental health literacy affects mental health attitude: Is there a gender difference?* Poster. Behavioral Health Research Symposium, Birmingham, AL.
4. Lee, H. Y., Hwang, J., Ball, J. G., Lee, J., Albright, D. L., & **Won, C. R.** (2019, October). *Is health literacy associated with mental health literacy? Findings from mental health literacy scale*. Poster. Behavioral Health Research Symposium, Birmingham, AL.
3. Casey, M., Darling, M., Fitch, M., Hartley, R., & **Won, C. R.** (2016, March). *HealthU: An app for collegiate health promotion*. Poster. 9th Annual Undergraduate Research & Creative Activity Conference, Tuscaloosa, AL.
2. **Won, C. R.**, Kraemer, K., & Shah, A. (2016, February). *Get your game on: A review of mental health intervention games*. Poster. The National Association of Social Workers (NASW) - Alabama Chapter 2016 Annual State Conference & Advocacy Day, Montgomery, AL.
1. **Won, C. R.**, Kraemer, K., & Shah, A. (2015, April). *Get your game on: A review of mental health intervention games*. Poster. 8th Annual Undergraduate Research & Creative Activity Conference, Tuscaloosa, AL.

INVITED PRESENTATIONS

11. **Won, C. R.** (2025, August). *Introduction to Korean-Youth Mental Health First Aid*. Oral Presentation. Tampa Korean Methodist Church, Online.
10. **Won, C. R.**, Jeong, H., & Doh, J. (2024, October). *Korean American youth mental health: Role of the mental health first aid and family*. Oral Presentation. Georgia Fulton County School Parent Seminar, Online.
9. **Won, C. R.** (2024, June). *Mental health care in faith*. Oral Presentation. Auburn Opelika Korean Church Youth Retreat, Opelika, AL.
8. **Won, C. R.** (2024, April). *Recovering relationship in the Korean immigrant families: Mental health care*. Oral Presentation. Auburn Opelika Korean Church Adult Education Seminar, Opelika, AL.
7. **Won, C. R.** (2023, October). *Communicating with children and youth*. Oral Presentation. Auburn Opelika Korean Church Teacher Seminar, Opelika, AL.
6. Pearl, D., Evans, T., Locke, E., Maxcy-Brown, J., Peterson, J., & **Won, C. R.** (2023, April). *Community engagement in graduate education: Developing the next generation of scholars*. Panelist. Gulf-South Summit, Athens, GA.

5. **Won, C. R.** (2023, March). *Pathways post-graduation: Pursuing PhD/DSW*. Panelist. Minority Fellowship Program, Online.
4. **Won, C. R.** (2022, November). *First generation abroad student panel discussion*. Panelist. University of Alabama School of Social Work Office of Diversity, Equity and Inclusion, Tuscaloosa, AL.
3. Lee, H. Y. & **Won, C. R.** (2022, April). *Lived experiences of racism during COVID 19 Pandemic in deep south: Voices and resolutions from young Korean American adults*. Oral Presentation. Developmental concentration Contemporary Issues meeting, Psychology Department, The University of Alabama, Online.
2. Lee, H. Y. & **Won, C. R.** (2022, March). *Lived experiences of racism during COVID 19 Pandemic in deep south: Voices and resolutions from young Korean American adults*. Oral Presentation. COVID 19 Trauma: Social Justice Approaches to Healing Communities from the Impact of Racial Discourse and Disparities, The University of Alabama, Online.
1. Lee, H. Y. & **Won, C. R.** (2022, March). *Mental health and awareness training for West Alabama's law enforcement*. Oral Presentation. Law & Psychology Review 2022 Symposium – Crisis Response: Mental Health & Policing, The University of Alabama, Online.

PRESENTATIONS UNDER REVIEW

3. Lee, H. Y., Woo, J., Lu, J., & **Won, C. R.** (Under Review). *Unveiling protective and risk factors: Korean Americans in the deep south and their encounters with discrimination during the Covid-19 pandemic*. Oral. 2025 Annual Conference of Society for Social Work and Research, Seattle, WA.
2. Sleep-Frankel, M., Lee, H. Y., Woo, J., **Won, C. R.**, & Lu, J. (Under Review). *Navigating discrimination: Experiences and recommendations of Korean Americans in the deep south during Covid-19*. Oral. 2025 Annual Conference of Society for Social Work and Research, Seattle, WA.
1. Woo, J., Lu, J., **Won, C. R.**, & Lee, H. Y. (Under Review). *Social support as a mediator in the relationship between perceived discrimination and depression: Insights from Korean Americans living in the deep south*. Oral. 2025 Annual Conference of Society for Social Work and Research, Seattle, WA.

GUEST LECTURE

2. Jeong, H. & **Won, C. R.** (2024, November). *Exploring the social work licensing journey: From exam preparation to success*. Dr. Lewis Lee's Professional Advising Session for MSW Students at The University of Alabama School of Social Work, Tuscaloosa, AL.
1. **Won, C. R.** (2020, March). *Issues particularly affecting women*. International Social Work at The University of Alabama School of Social Work, Tuscaloosa, AL.

TRAININGS

7. **Won, C. R.** & Doh, J. (2025, June). *Korean-Youth Mental Health First Aid*. Auburn Opelika Korean Church, Opelika, AL.
6. **Won, C. R.** (2024, December). *Korean-Youth Mental Health First Aid*. The Lord's Church of Montgomery, Montgomery, AL.
5. **Won, C. R.** & Doh, J. (2024, November). *Korean-Youth Mental Health First Aid*. Johns Creek United Methodist Church, Johns Creek, GA.
4. **Won, C. R.** (2024, May). *Korean-Adult Mental Health First Aid*. Auburn Opelika Korean Church, Opelika, AL.
3. **Won, C. R.** & Doh, J. (2024, May). *Korean-Youth Mental Health First Aid*. Auburn Opelika Korean Church, Opelika, AL.
2. **Won, C. R.** & Doh, J. (2024, March). *Korean-Youth Mental Health First Aid*. University of Georgia Gwinnett Campus, Lawrenceville, GA.

1. **Won, C. R.** (2023, December). *Korean-Youth Mental Health First Aid*. Holy Spirit Presbyterian Church, Duluth, GA.

GRANTS, SCHOLARSHIPS & AWARDS

2023-2026	Awarded, Youth Mental Health First Aid Grant Team: Changing Minds
2023-2025	Awarded, Mental Health First Aid Doctoral Grant National Council for Mental Wellbeing, Washington D.C.
10/2024	Awarded, Outstanding Dissertation Proposal Award Korean American Social Work Educators Association
10/2024	Awarded, Doctoral Fellowship Asian & Pacific Islander Social Work Educators Association
2021-2024	Awarded, Doctoral Fellow, Minority Fellowship Program Council on Social Work Education
2022-2023	PhD Program Summer Support Scholarship School of Social Work, The University of Alabama, Tuscaloosa, AL
2022-2023	Research Support Funding School of Social Work, The University of Alabama, Tuscaloosa, AL
01/2022	Roff/Klemmack Family Scholarship School of Social Work, The University of Alabama, Tuscaloosa, AL
2022-2024	Conference Support Funding School of Social Work, The University of Alabama, Tuscaloosa, AL
04/2021	Awarded, PhD Scholar Award School of Social Work, The University of Alabama, Tuscaloosa, AL
2019-2020	Awarded, National Alumni Association Fellow The University of Alabama, Tuscaloosa, AL
01/2019	International Studies Graduate Scholarship The University of Alabama, Tuscaloosa, AL
2016-2018	Awarded, Dean's Scholar Award The University of Alabama, Tuscaloosa, AL
2016, 2018	Education Abroad Grant The University of Alabama, Tuscaloosa, AL
08/2016	International Studies Undergraduate Scholarship

	The University of Alabama, Tuscaloosa, AL
08/2016	McWane Honors Program Endowed Travel Support The University of Alabama, Tuscaloosa, AL
05/2016	International Field Placement Stipend The University of Alabama, Tuscaloosa, AL
02/2016	Awarded, BSW Poster Presentation Award NASW-AL Conference
2015-2016	Howard B. Gundy Endowed Scholarship The University of Alabama, Tuscaloosa, AL
2014-2017	Awarded, Presidential List The University of Alabama, Tuscaloosa, AL
04/2015	Awarded, Distinguished Scholar Award The University of Alabama, Tuscaloosa, AL
2014-2017	Presidential Scholarship The University of Alabama, Tuscaloosa, AL

CLINICAL EXPERIENCE & COMMUNITY ENGAGEMENT

2025-Present	<i>Director</i> , With Together, LLC • Instruct Youth and Adult Mental Health First Aid (MHFA), an evidence-based mental health awareness education to Asian American communities nationwide. • Advise Korean community members navigating the American school and healthcare system in AL and GA.
2024-Present	<i>Consultant</i> , Advanced Care Planning for Korean Immigrants (Dr. Hyunjin Noh), The University of Alabama, Tuscaloosa, AL • Advise on culturally adapting advance care planning intervention for Korean Americans.
2023-Present	<i>Consultant</i> , Cross Connection International, GA • Serve as a Subject Matter Expert for mental healthcare navigation.
2022-Present	<i>Consultant</i> , National Council for Mental Wellbeing, Washington D.C. • Translated MHFA from English to Korean. • Provided consultation on culturally adapting MHFA for Korean Americans. • Served as a Subject Matter Expert for cultural relevance and instructor concerns.

- 2024-2025 *Advisory Board Member, People's Empowerment through Advocacy, Counseling, and Education (P.E.A.C.E.), Peachtree Corners, GA*
- Provide consultation on grant writing and research for Asian Americans.
- 2019 *MSW Field Placement Intern, Hana Center, Seoul, South Korea*
- Provided case management to North Korean defectors in the North Korean Defectors Resettlement Assistance Team.
- 2016 *BSW Field Placement Intern, Gwangmyeong Community Welfare Center, South Korea*
- Assisted program implementation for children from low-income families, elders, multicultural families, and children with intellectual disabilities.

SERVICE

Service to Troy University

- 2025-2026 *Committee Member, BSW Committee, School of Social Work and Human Services*

Service to the University of Alabama

- 04/2024 *Award Committee, Buford Peace Award, School of Social Work*
- 2022-2023 *Committee Member, Asian American and Pacific Islander Association Development Committee*
- 04/2023 *Award Committee, Faculty Award for Research, Teaching, or Service, School of Social Work*
- 2021, 2022 *Judge, Undergraduate Research & Creative Activity Conference*
- 2018-2023 *Judge, STEM Showcase*
- 2015-2016 *Tutor, Culturally Speaking, English Language Institute*
- 2015-2016 *Committee Member, Cultural Experience & Diversity Committee*
- 2015-2016 *Tutor, First Friends, English Language Institute*
- 2014-2015 *Tutor, Korean 1:1 Tutoring, Critical Languages Center*

Service to the Profession

- 2022-Present *Ad Hoc Peer Reviewer, BioMed Central Nursing, BioMed Central Geriatric, Journal of Health Care for the Poor and Underserved, Journal of Adolescent Health*

Service to the Community

- 2024-Present *Teacher, Youth Group, Auburn Opelika Korean Church, Opelika, AL*
- 2024 *Team Manager, Campus Team for College Group, Auburn Opelika Korean Church, Opelika, AL*
- 2023-Present *Leader, College Group, Auburn Opelika Korean Church, Opelika, AL*
- 2022 *Tutor, Freedom Speakers International, Empowerment for North Korean Refugee, South Korea*

2021-2022	<i>Program Coordinator</i> , In & Out Program, Korean Presbyterian Church of Tuscaloosa
2017-2022	<i>Volunteer</i> , Praise Team, Korean Presbyterian Church of Tuscaloosa, AL
2015-2022	<i>Vice President</i> , College Group, Korean Presbyterian Church of Tuscaloosa, AL
2017-2017	<i>Volunteer</i> , Gwangmyeong Child Welfare Center with Disabilities, South Korea
2017-2017	<i>Volunteer</i> , Seocho Mind Center, South Korea
2015-2016	<i>Vice President</i> , International Campus Ministry, The University of Alabama, Tuscaloosa, AL
2015	<i>Tutor</i> , Heart Touch, Tuscaloosa Elementary School, Tuscaloosa, AL

PROFESSIONAL TRAININGS

2023-2024	<i>Public Engagement Learning Community Scholar</i> , Center for Community-Based Partnerships, The University of Alabama, Tuscaloosa, AL
2022-2023	<i>Emerging Community Engaged Scholars</i> , Center for Community-Based Partnerships, The University of Alabama, Tuscaloosa, AL
2021-2022	<i>Journal Assistant</i> , Best Practice in Mental Health, The University of Alabama, Tuscaloosa, AL
2014-2015	<i>Emerging Scholars Program</i> , Office for Research & Economic Development, The University of Alabama, Tuscaloosa, AL

LICENSES & CERTIFICATIONS

2025	<i>License</i> , Master Social Worker (#MSW012523), Georgia Board of Professional Counselors, Social Workers, and Marriage & Family Therapists
2023	<i>Certificate</i> , Youth Mental Health First Aid (MHFA) Instructor, National Council for Mental Wellbeing
2022	<i>Certificate</i> , Adult MHFA Instructor, National Council for Mental Wellbeing
2022	<i>Certificate</i> , Mixed Methods Research, University of Michigan, School of Social Work
2021	<i>License</i> , Master Social Worker (#5346G), The State of Alabama Board of Social Work Examiners
2020	<i>Certificate</i> , Go-the-Distance Advanced Online Teaching, The University of Alabama
2015	<i>Certificate</i> , Question, Persuade, Refer (QPR), The University of Alabama

PROFESSIONAL ASSOCIATIONS

Asian and Pacific Islander Social Work Educators Association, 2024-Present
 Society for Social Work and Research, 2021–2024
 Council on Social Work Education, 2021–2024
 National Association of Social Workers, 2016–2024
 Phi Alpha Honor Society, 2015–Present

LANGUAGES

Korean (Native); English