

Confucius Institute at Troy University Shares Chinese Culture in

John Knox Retired Tower

On May 31, 2019, the Confucius Institute at Troy University is invited to share Chinese tea and Chinese tai chi culture at John Knox Retired Tower in Montgomery.

First, the visiting scholar from CITU, Ms. Zhijing Qiu introduced the legend of the discovery of tea, and the origin, types and processing techniques of Chinese tea. Then, senior tea ceremony master, Ms. Zheng Zhou then performed a tea ceremony and served delicious jasmine green tea to the seniors. They were deeply impressed by Chinese tea culture and expressed their love for Chinese tea. The visiting scholars from CITU had a further discussion with the seniors about the usage of tea and different tea customs of drinking tea in different countries. In the end, the visiting scholar, Ms. Yu Ma performed tai chi, which is greatly welcomed by the seniors.

The culture activity is a great success, which allows the seniors in the retired tower to have a chance to learn about China and Chinese culture. The person in charge of the senior center said that they hoped CITU can have more Chinese culture sharing activities in the future.

孔子学院走进社区分享中国文化

当地时间 5 月 31 日，孔子学院受邀来到蒙哥马利市一老年活动中心（Retired Tower）进行茶艺和太极拳表演等文化分享活动。

访问学者邱智晶介绍了中国茶的传说、起源及茶的种类及制茶的各个步骤，高级茶艺师周正老师为大家表演了精美的茶艺，并为参加者奉上了喷香的绿茶。参加者听得仔细，品得认真，纷纷表达了对中国茶的喜爱。访问学者们在其间与参加者们就茶的作用和不同国家的饮茶习惯等做了进一步的交流。随后访问学者马宇老师为大家表演了太极，老人们赞不绝口。

本次活动受到该中心老人们的一致好评，中心负责人欢迎孔院到该中心进行更多的中国文化分享活动。