

CIT Celebrates Year of Rat in Montgomery with Tai Chi

On January 23rd, the Confucius Institute at Troy University celebrated the Spring Festival at the E. L. Lowder Library. A total of 18 people and CIT Visiting Scholars attended this event. The celebration followed the theme Chinese Kungfu—Tai Chi. The Visiting Scholars shared Chinese square dancing, Tai Chi, and other fitness activities with the participants. Ms. Yu Ma, a CIT Visiting Scholar, demonstrated the 24-form Tai Chi and taught everyone to do a series of Tai Chi moves. This event provided the Alabamian people with a chance to interact with Chinese Tai Chi culture better.

孔子学院庆祝鼠年系列活动之一 -太极文化分享活动

2020年1月23日，特洛伊大学孔子学院在劳德图书馆（EL Lowder Library）继续举行春节庆祝活动，社区居民与孔子学院老师们共18人参加了此次活动。此次庆祝活动以学习太极，分享中国健身文化为主题。孔子学院老师们与前来参加活动的社区居民介绍了中国老年人喜爱的广场舞，太极等健身活动。马宇老师给大家示范了太极24式，并现场教授大家学习太极拳。通过此次活动，当地民众对中华太极文化有了更深的认识。