Confucius Institute at Troy University Conducted Tai Chi Cultural Activities

On April 3, 2019, the Troy Campus of the Confucius Institute at Troy University conducted a unique cultural lecture. The visiting scholar Li Wei taught the participants to learn Tai Chi. The lecture attracted a large number of American students, Japanese students, and Vietnamese students to attend this activity. A total number of 11 people were involved. Ms. Li introduced them the characteristics of Tai Chi, and the benefits of playing Tai Chi.

As we know that Tai Chi is a part of Chinese traditional culture and one type of martial art. It can be well-reflected on the idea of the harmony between man and nature in Chinese philosophy. The charm of Tai Chi lies in its soft and smooth movements. After each action, another movement naturally connects. This symbolizes the endless life of Chinese culture.

Ms. Li also shared with the participants the benefits of Tai Chi: increasing physical flexibility, reducing stress, increasing endurance, and helping sleep. At the end of the lecture Ms. Li showed the video of the 24-style simplified Taijiquan, which stirred the participants' strong interest. Participants practiced the 24-style simplified Taijiquan. After that, the participants expressed their willingness to continue their studies. Ms. Li said that she was willing to help them learn for free.

Tai Chi is not only promoting Chinese traditional culture, but also strengthening the body.
Confucius Institute at Troy University attended the Multicultural Festival at Birmingham Highlands School

On April 4, three visiting scholars from the Troy campus of the Confucius Institute at Troy University held a multicultural festival - the China Cultural Exhibition Area at Birmingham Highlands School. The event includes Chinese culture, Haitian culture and Mexican culture. The lion dance, Chinese calligraphy and Chinese tea art show attracted many students and parents who came to the event. Students and parents also participated in the cultural experience activities such as drumming, dressing panda suit, playing shuttlecocks, tasting Chinese tea and writing Chinese names. This event allowed more local people to have a deeper understanding and experience of Chinese culture.
Troy University Confucius Institute Chinese Corner
Event - China Go

On April 10, 2019, the Confucius Institute at Troy University held a cultural lecture on the theme of Chinese Go at the Troy Campus. Visiting scholar, He Jing, introduced Chinese Go and its rules to the participants, and then the participants took the actual drills with other visiting scholars to experience the charm of Chinese Go. They enjoyed playing this oldest board game and were impressed by the profoundness of Chinese Go.
Confucius Institute at Troy University participated in the 10th “Empty Bowls” Luncheon Charity Event

On April 12, the Confucius Institute at Troy University participated in the 10th “Empty Bowls” luncheon charity event held at the Bush Memorial Baptist Church in Park Road, Alabama. More than 100 people were involved in this event. The Confucius Institute at Troy University offered the Sauerkraut and Pork, and the small bread for the luncheon, which was greatly loved by the guests. The soup and bread were cooked by Dr. Iris Xu, Director of the Confucius Institute at Troy University. Dr. Iris Xu delivered her dish from Montgomery City to the Troy City early in the morning. Under the leadership of Dr. Iris Xu, the Confucius Institute at Troy University has promoted Chinese language and culture in the whole state of Alabama, and made important contributions to the local community.
Confucius Institute Visiting Scholars Were Invited to The Geography Class to Have A Lecture On Chinese Tea Culture

On April 17, 2019, visiting scholars from the Confucius Institute were invited to join the geography class of Troy University to share Chinese tea culture. Jing He first introduced Chinese tea culture including: the discovery of Chinese tea, the type of Chinese tea, the benefits of Chinese tea and its role in society. Later, Jing performed a tea ceremony and let the students taste Chinese green tea and white tea. The lecture not only brought the visual and taste enjoyment to the students, but also made them feel the profoundness of the Chinese tea culture.
Confucius Institute at Troy University attended the Kindergarten Open House of Pike Road Elementary School

On the April 18th, 2019 afternoon, the Confucius Institute at Troy University attended the Kindergarten Open House of Pike Road Elementary School in Alabama. Nearly 300 parents and children attended the activity.

The visiting scholars from CITU set a booth with Chinese cultural elements for the Open House. On the table are the hand-made five-star crafts, Chinese folk story books, and the brochures of YCT and HSK tests. A big panda doll is also presented at the event and is most welcomed by the visiting parents and children. Multimedia is also used to play the videos of Chinee food and Chinese famous cities so that the visitors can learn about China in a more comprehensive way. Visiting scholars, Ms. Zheng Zhou and Ms. Xiuxiu Su also prepared Chinese jasmine tea for the visiting parents and Chinese games such as kicking shuttlecocks, using chopsticks to get candies, coloring pandas for the visiting children, which greatly stimulated their interest of learning about China and Chinese culture.

This activity further expanded the influence of CITU in Pike Road County and enhanced the interaction and exchanges between the CITU and the local community. CITU has become an important platform for the communication between Chinese culture and the multicultures in the local community.
The Second Troy University “Confucius Cup”
Table Tennis Tournament Held on Troy Campus

On the morning of April 20th, 2019, the second "Confucius Cup" table tennis tournament was held by the CIT (Confucius Institute at Troy University) on Troy campus. Table tennis is ‘national sport’ in China. The purpose of this tournament is to promote Chinese culture and spread cross-cultural exchange through sports competitions.
UN Chinese Language Day has become a window for people to understand Chinese culture. The Confucius Institute at Troy University has launched a series of activities since mid-April. The content covers cultural activities, children's fun games and campus Chinese cultural experience, etc.

HSTM Children’s Fun Fest was held on the afternoon of April 23rd, Alabama. The Confucius Institute held activities such as paper-cutting, face painting, kicking shuttlecocks, tug-of-war and wearing traditional Chinese costumes, attracting many local children to participate. The children did their own paper-cut works and enjoyed it very much. They were impressed by the exquisite Chinese traditional costumes. They lined up to ask for the face painting panda and actively participated in the shuttlecock and tug-of-war competitions.

During the UN Chinese Language Day, the Confucius Institute held series of activities. American children understood and experienced the charm of Chinese culture from different angles. It has a positive effect on further promoting Sino-US cultural exchanges.

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Confucius Institute Cultural Corner Event - Chinese Painting

On the afternoon of April 24, the Confucius Institute at Troy University held a cultural workshop on the theme of Chinese traditional painting on Troy campus, and it attracted many students from Troy University to participate.

The Chinese painting master Mr. Du, Xiaoren was invited to guide students to practice Chinese painting. At the beginning of this workshop, Jing He introduced Chinese painting and showed Mr. Du's works. Then Mr. Du guided everyone to draw lotus. It started from Lotus leaves, then draw petals, stamens, water grass and so on. After a few minutes, each one drew a vivid lotus picture. They had a brand new experience in Chinese traditional painting.
Series of Activities Held to Celebrate UN Chinese Language Day - Troy Festival

On April 27th 2019, the Confucius Institute at Troy University participated in the Troy Festival (a premier fine art & craft festival for the central Alabama region) organized by the City of Troy. More than 10,000 spectators attended the festival.

To participate in this festival is one of the series of activities for the Confucius Institute to celebrate UN Chinese language day. The activities were well designed. The Confucius Institute booth had a beautiful display of Chinese culture: traditional Chinese painting and calligraphy, Chinese knots, Chinese bracelets, Peking Opera masks, and Chinese teaching resources. During the event, Confucius Institute staff also introduced Chinese cultural knowledge to the guests and taught them how to make bracelets. The participants also joined other cultural experience activities.

This event played an active role in the widespread of Chinese culture in Alabama.
Series of Activities Held to Celebrate UN Chinese Language Day - Middle School Cultural Experience Day

On April 29th 2019, more than 150 teachers and students from Eclectic Middle School in Elmore County, Alabama, came to Confucius Institute at Troy University to celebrate UN Chinese Language Day.

There were a variety of historical and cultural lectures as well as cultural experience activities for the celebration. Students first participated in a lecture on Chinese traditional Peking Opera, and attended the workshop of painting Peking Opera masks. After that, students listened to the lecture on the origins and history of the world's eighth largest miracle-terracotta warriors. They visited 200 terracotta warriors’ park on Troy campus and the terracotta warriors’ exhibition hall of the International Art Museum. Students also brought the Chinese dragon and the Chinese lion to the outdoors and experienced the dragon and lion dance. At the Confucius Institute Cultural Exhibition Center, students showed a strong interest in Chinese culture. Some of them played pandas, some played Chinese drums, and others learned to play the Chinese traditional instrument-guzheng.

The United Nations Chinese Language Day series activities also received strong supports from the Troy University. Dr. Tatum, Vice President of Troy University, who met the visiting middle school students and took photos with them.
Charles Henderson Confucius Classroom Held a Chinese Cultural Event to Celebrate the Pass of the YCT Exam

On April 30th 2019, the Confucius Classroom of Charles Henderson Middle School held a Chinese cultural event to celebrate the excellent work the students made at YCT (Youth Chinese Test). Mr. Brown, the President of Charles Henderson joined the celebration.

The Confucius Classroom of Charles Henderson took the YCT exam for the first time in February this year. Students worked hard and prepared well for the exam. There are eleven students who took the YCT level 1-3 exam and passed the exam with excellent results. With their President Brown, the students and Confucius Institute teachers watched Chinese movies and tasted Chinese food to celebrate their achievements.