

## COLLEGE OF HEALTH AND HUMAN SERVICES

*The College of Health and Human Services was formed in 1994 in order to provide quality education for professional practice in a variety of areas associated with health and human services. The college aspires to the highest standards of educational excellence, blending a professional perspective with a liberal arts and science foundation.*

*Within the College of Health and Human Services are the School of Nursing, the Department of Human Services, which includes rehabilitation and social work, the Department of Kinesiology and Health Promotion which includes health and physical education and sport and fitness management majors, and the De-*

*partment of Athletic Training Education Program.*

*The college is committed to meeting the challenges of the next decade; hence, it emphasizes quality teaching and values scholarly activity. The college is committed to the development of its students into knowledgeable, caring, responsive and self-directed individuals able to meet the health and human caring needs of a diverse and complex society through change, advocacy and leadership within their communities.*

*As part of ongoing planning and evaluation, the College of Health and Human Services regularly evaluates student learning outcomes for each degree program.*

### **Athletic Training Education Program**

The Mission of the undergraduate Athletic Training Education Program (ATEP) at Troy University is to provide quality didactic and clinical experiences to entry-level athletic training students through the development and utilization of interactive instructional methods and exposure to a variety of clinical education experiences and allied health professionals.

In 1989, funding for the preliminary development of an ATEP at Troy University was obtained through Alabama Sports Medicine and in-kind gifts. Athletic Training is currently recognized as a major leading to the Bachelor of Science Degree within the College of Health and Human Services. The ATEP was accredited by the Commission on Accreditation of Allied Health Program (CAAHEP) in April of 1998 and re-accredited by the Commission on Accreditation of Allied Health Program in April 2004.

#### **Bachelor of Science in Athletic Training**

The Bachelor of Science in Athletic Training consists of two components: (1) the Pre-Athletic Training Education Program Major and (2) the Athletic Training Education Major (first, second and third year). All students must complete the course of study for the Pre-Athletic Training Education Program major and the Athletic Training Education Program major as described in the University Bulletin. The Pre-Athletic Training Education Program must be completed and approved by the ATEP Director before a student is eligible for admission to the Athletic Training Education Program. All students must make formal application to the Pre-Athletic Training Education Program and meet all admission requirements. Completion of the Pre-Athletic Training Program does not guarantee acceptance into the Athletic Training Education Program. Consult with the Program Director of Athletic Training Education Program.

### **Department of Human Services and Rehabilitation/Department of Social Work**

#### **Human Services Major**

The major in human services requires 36 hours in the major area, an 18-hour minor in a selected area, and 66 hours in general studies and electives, for a total of 120 credit hours. The purpose of the human services program is twofold: (1) to prepare the graduate for entry level positions in a myriad of human services delivery systems where specialized training is not required, and (2) to prepare students for graduate education. The curriculum is designed to provide the student with an understanding of human behavior within the context of the social environment, an understanding of social and human service delivery systems, and basic skills in effective communication with client systems and basic skills in the development of intervention strategies to resolve interpersonal and social problems. A three-credit, 120-clock-hour field practicum is required.

#### **Rehabilitation Major**

The major in rehabilitation requires 54 hours in rehabilitation core and professional courses, supported by 48 hours in general studies and 18 hours in pre-professional coursework for a total of 120 credit hours. The baccalaureate rehabilitation program is listed on the Registry of Undergraduate Programs by the Council on Rehabilitation Education. The purpose of the undergraduate rehabilitation program is twofold: (1) to prepare graduates for entry level professional rehabilitation positions both in the public and private sectors, and (2) to prepare students for graduate education in general and, in particular, graduate education in rehabilitation. The curriculum is built upon a strong liberal arts base designed to provide the student with an understanding of human behavior within the context of the social environment; an understanding of social service resources and social policy planning and analysis particularly as related to client systems served by rehabilitation professionals; understanding and skills needed to become a consumer of practice research and an ability to evaluate one's own practice effectiveness; an understanding of rehabilitation theory and issues; skills in the assessment of disability; basic skills in effective communication with client systems; skills in the use of vocational information systems; the development of intervention strategies in human problems; and the development of skills to support action programs for disabled client populations. A 12-credit-hour field practicum is required (minimum of 500 clock hours).

#### **Social Work Major**

The major in social work requires 54 hours in social work core and professional courses, supported by 48 hours in general studies and 18 hours in pre-professional coursework for a total of 120 credit hours. The social work program is accredited by the Council on Social Work Accreditation and program graduates are eligible to sit for social work licensure examination. Social work licensure is required in the state of Alabama for those in the practice of social work. The principle educational objective of the social work program is the preparation of graduates for beginning level generalist social work practice. The curriculum is designed to provide the beginning-level practitioner an ability to apply an eclectic knowledge base guided by professional values; to use a wide range of intervention skills to target any-sized client system (micro to macro levels) while employing a planned change process directed toward client empowerment; to work effectively, under supervision, within social service delivery organizational structures while employing a wide range professional roles. A 12-credit-hour field practicum is required (minimum of 500 clock hours).

#### **Human Services Minor**

An 18-hour minor is offered to students who desire basic understanding of the human services delivery system.

#### **Communication with the Hearing Impaired Minor**

An 18-hour minor is offered to students who desire to acquire introductory skills in American Sign Language. Signing skills are useful for personal growth, to expand one's communication ability beyond verbal and auditory boundaries, and to extend

the educated person's effectiveness in both social and professional contexts.

### **Department of Kinesiology and Health Promotion**

One of the oldest departments on campus, Kinesiology and Health Promotion consists of two undergraduate degree options (teaching and non-teaching) and boasts over 250 majors in the department. The department offers scientifically based programs for students who want to work with people, enjoy activity, and gain satisfaction in enhancing the quality of life of others. The curricular emphasis is on the professional preparation of students for careers in teaching, athletic administration, recreation management, fitness, health and sport club management. High schools and colleges, professional and recreational sports agencies and arenas, hospitals, rehabilitation centers, city parks and recreation, state and national parks, commercial agencies, health clubs and fitness centers are among the many organizations where our students find employment after graduation.

The purpose of the Physical Education (P-12) and Comprehensive Health (6-12) and Physical Education (P-12) degree programs is to provide a comprehensive teacher education program and teacher certification in either health and physical education, or physical education. The course of study focuses on the study of human movement as it relates to the cognitive, affective, and psychomotor domain of teaching and learning, as well as the facets related to health and physical education.

The Sport and Fitness Management Program at Troy University is committed to providing students with the highest quality educational experiences so that they will be prepared to meet the many demands and challenges of sport and fitness management in the 21st century. The purpose of the Sport and Fitness Management degree program is to provide students seeking an interdisciplinary approach to the fields of sport/exercise, marketing, and management with business, management, and administrative skills from a sport/fitness perspective. Within Sport and Fitness Management students will choose to concentrate in sport management, recreation management, exercise performance, health promotion, or athletics. The program prepares the student for careers in managerial positions in the above-listed professional areas.

### **School of Nursing**

The School of Nursing programs are designed to develop expertise necessary for the practice of nursing in a complex, changing health care system. Faculty are well qualified, and programs are accredited by the National League for Nursing Accrediting Commission (61 Broadway 33rd Floor, New York, NY 10006, phone 800-669-1656, ext. 153) and approved by the Alabama Board of Nursing. Traditional and mobility options are offered at the associate (ASN), baccalaureate (BSN) and master's (MSN) levels.

Students are accepted for admission to the ASN (Montgomery campus) and BSN (Troy campus) programs in the spring and fall semesters. The ASN degree may be completed in five semesters. Licensed practical nurses may receive advanced placement in the ASN Program. The BSN degree may be completed in four years. Registered nurses may receive advanced placement in the online RN-BSN/MSN track of the BSN Program. For information on admission to the Clinical Nurse Specialist, Family Nurse Practitioner, or Nursing Informatics Specialist tracks in the MSN Program, consult the Graduate Bulletin. Admission to the School of Nursing is selective, based on established criteria for each program.

All students must maintain current CPR certification, professional liability insurance and proof of annual physical examination when enrolled in clinical nursing courses. Professional liability insurance must be purchased through the School of Nursing. Students are responsible for their own medical care if needed in the clinical setting and must have health insurance. Students must abide by Centers for Disease Control and OSHA guidelines. Stu-

dents must present titer reports for Hepatitis B, measles, mumps, rubella, and varicella zoster. Drug screening and criminal background information are required before students may attend clinical course practicums. Standardized achievement tests are required at various points in the undergraduate programs of learning.

Students in the School of Nursing must comply with legal, moral and legislative standards in accordance with the Alabama Board of Nursing Administrative Code. A student may be denied permission to write the licensing examination to become a registered nurse (RN) if he/she has been convicted of a felony.

Challenge examinations are available for various courses for students who meet the eligibility criteria. No nursing course may be audited before it is taken for credit.

Many nursing courses have additional laboratory fees. These fees are printed in the schedule of classes.

---

### **ATHLETIC TRAINING EDUCATION PROGRAM MAJOR (129 HOUR TOTAL, 89 HOURS OF ATEP COURSES)**

---

#### **Specialized General Studies Requirements**

This degree has special general studies requirements. Students should see the ATEP program adviser along with this Bulletin.

#### **Admission to the ATEP Major, Application and Selection Process and Requirements:**

Requirements for admission to the Athletic Training Education Program major:

1. Student applicants must be enrolled at Troy University one year prior to application into the Athletic Training Education Program major.
2. Student applicants must have and maintain an overall GPA of 3.0 in all major athletic training core courses.
3. All student applicants applying for the Athletic Training Education Program major must have completed AT 1101, BIO 1100, L100, MTH 1112, CHM 1142 and L142 with a GPA of 3.0 or better.
4. All applications, along with three letters of recommendation, must be submitted to the Program Director of Athletic Training Education no later than the first week of August prior to the first year enrolled in the program.
5. Student applicants must have completed a minimum of 40 hours of observation documented in the Troy University Athletic Training Room prior to being considered for admissions into the Athletic Education Training Program major.
6. All students must meet with the Athletic Training Education Program Board of Admissions prior to being admitted into the Athletic Training Education Program major.
7. All transfer student applicants must meet with the Program Director of Athletic Training Education and have completed the equivalent to BIO 1100, L100, MTH 1112, CHM 1142, L142, and AT 1101 with a GPA of 3.0 prior to admission into the Athletic Training Education Program major.
8. Transfer students must meet these requirements, submit an application, three letters of recommendation, observe 40 hours in the Troy University Athletic Training Room, and meet with the Athletic Training Education Program Board of Admissions no later than the first week of August prior to the first year of enrollment in the Athletic Training Education Program major.

#### **Progression in the Athletic Training Education Program:**

1. Students are accepted into the Athletic Training Education Program major in the fall semester (first year).
2. Admission to the Athletic Training Education Program major is selective. Enrollment is limited due to the availability of resources.

3. Students are required to maintain 3.0 overall GPA and a 3.0 GPA in all Athletic Training Education major core courses.
4. All students must maintain current CPRO certification, professional liability insurance and proof of annual physical examination when enrolled in Athletic Training Education major clinical courses. Professional liability insurance must be purchased through Department of Athletic Training Education. Students are responsible for their own medical care if needed in the clinical education settings. Achievement tests are required at various points in the clinical education experiences. Students must abide by the Centers for Disease Control and OSHA guidelines. Students must present titers reports for Hepatitis B, measles, mumps, rubella and varicella zoster.
5. Because of the costs of the Athletic Training Education Program major, students are responsible for essential items of personal equipment, uniforms, Hepatitis B Vaccine Series, a titer review, liability insurance cost, and travel.
6. Each student accepted into the Athletic Training Education Program major must submit a letter stating that he/she accepts the invitation and responsibility connected with the Athletic Training Education Program.

#### **Academic Probation Policy**

Students must meet the following minimum standards for scholarships:

- maintain a cumulative grade point average of 3.0 on all work attempted
- maintain a cumulative grade point average of 3.0 on all work attempted in the major field (core curriculum)
- earn a grade no lower than C in all major courses

#### **Probation**

Once the student's cumulative GPA has fallen below 3.0 in the major core curriculum, the ATEP Director will place this student on academic probation. Access to clinical experiences will be denied. As a result of lack of clinical access, the student will be required to choose one of two options: (1) sit out the academic sequence for one academic year or (2) leave the ATEP. If the student does not improve his/her cumulative GPA to a 3.0 in the major core curriculum during the probationary period, he/she will be released from the ATEP.

#### **Athletic Training Education Program Technical Standards for Admissions.**

The Athletic Training Educational Program at Troy University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Educational Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Allied Health Education Programs [CAAHEP]). The following abilities and expectations must be met by all students admitted to the Athletic Training Educational Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the program's technical standards does not guarantee a student's eligibility for the NATABOC certification exam.

Candidates for selection to the Athletic Training Educational Program must demonstrate the following:

1. The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function and coordination to perform appropriate physical examinations using accepted techniques, and to accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds. This includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak English at a level consistent with competent professional practice.
4. The ability to record the physical examination results and a treatment plan clearly and accurately.
5. The capacity to maintain composure and continue to function well during periods of high stress.
6. The perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
8. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the athletic training education program will be required to verify that they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

The Troy University Department of Athletic Training Education will evaluate a student who states that he/she could meet the programs technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws.

If a student states that he/she can meet the technical standards with accommodation, then the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation. This determination includes a review of whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety or the educational process of the student or the institution, including all coursework, clinical experiences and internships deemed essential to graduation.

#### **Athletic Training Education Program Educational Goals and Objectives**

- A. To prepare the student to become competent in the various domains of athletic training education such as prevention, recognition, evaluation and assessment, immediate care, treatment rehabilitation and reconditioning, organization and administration, and professional development and responsibility
- B. To provide the student with a quality and diverse athletic training clinical experience
- C. To prepare the student with the knowledge and skills necessary to provide optimal athletic care in an allied health setting
- D. To provide the student with optimal skills and education necessary to become a competent and reliable certified athletic trainer

- E. To prepare the student with the necessary skills to network, obtain employment, or further pursue his/her education goals

**Course Requirements**

The ATEP requires the completion of a minimum of 89 hours of courses in the athletic training major. The course work involves a six-semester sequence beginning with the fall semester of admission into the program. This sequence is developed as a progression designed to incorporate all domains and objectives outlined in the competencies in athletic training education, culminating in AT 4402, which is taken the sixth semester of program enrollment.

AT 1101	(1)	Orientation to Athletic Training Education
AT 2201	(1)	Clinical Experiences in Athletic Training
AT 2202	(1)	Clinical Experiences in Athletic Training
AT 3301	(1)	Clinical Experiences in Athletic Training
AT 3302	(1)	Clinical Experiences in Athletic Training
AT 3360	(2)	Principles of Drug Therapy for Athletic Trainers
AT 3395	(3)	Care and Prevention of Athletic Injuries and Illnesses
AT L395	(1)	Care and Prevention of Athletic Injuries and Illnesses Clinical Experiences
AT 3396	(3)	Evaluation of Athletic Injuries and Illnesses I
AT L396	(1)	Evaluation of Athletic Injuries and Illnesses I Clinical Experiences
AT 3397	(3)	Evaluation of Athletic Injuries and Illnesses II
AT L397	(1)	Evaluation of Athletic Injuries and Illnesses II Clinical Experiences
AT 4401	(2)	Clinical Experiences in Athletic Training
AT 4402	(12)	Athletic Training Field Experience
AT 4447	(2)	Therapeutic Modalities
AT 4448	(2)	Therapeutic Exercises
BIO 3347	(3)	Anatomy and Physiology I
BIO 3348	(3)	Anatomy and Physiology II
BIO L347	(1)	Anatomy and Physiology I Lab
BIO L348	(1)	Anatomy and Physiology II Lab
CHM 1142	(3)	General Chemistry I
CHM L142	(1)	General Chemistry I Lab
HPR 2202	(2)	First Aid and Safety and CPRO
HPR 2240	(2)	Personal Health
HPR 3352	(3)	Kinesiology
HPR 3391	(3)	Testing and Statistical Interpretation
HPR 4443	(3)	Administration of Sport, Recreation and Athletic Training
HPR 4474	(4)	Exercise Physiology
NSG 1105	(1)	Medical Terminology
NSG 2211	(3)	Basic Nutrition
NSG 3309	(2)	Health Assessment
NSG 3310	(1)	Health Assessment Practicum
NSG 3315	(3)	Pathophysiology
PHI 2204	(3)	Ethics
PHY 2252	(3)	General Physics I

PHY L252	(1)	General Physics I Lab
PSY 2205	(3)	Psychology of Adjustment
PSY 4402	(3)	Principles of Counseling

---

**COMMUNICATION WITH THE HEARING IMPAIRED MINOR (18 HOURS)**

---

HS 3370	(3)	Professional Communication Skills
HS 3390	(3)	Introduction to Manual Communication
HS 3391	(3)	Intermediate Manual Communication
HS 3392	(3)	Advanced Manual Communication
HS 3393	(3)	Orientation to the Hearing Impaired
RHB 3345	(3)	Foundations of Rehabilitation

---

**DANCE MINOR (15-18 HOURS)**

---

DRA 4443	(3)	Theatre History I
HPR 2252	(2)	Methods of Teaching Dance
HPR 4451	(3)	Sport Facilities Management
HPR 4489	(3)	Practicum in Dance Production and Performance

*Select 4-7 hours from the following course (Consult your adviser):*

HPR 1130	(1)	Social Contemporary Dance
HPR 1131	(1)	Folk Dance I
HPR 1132	(1)	Modern Dance Techniques I
HPR 1133	(1)	Square Dance
HPR 1134	(1)	Ballroom Dance
HPR 1135	(1)	Ballet I
HPR 1136	(1)	Jazz Techniques I
HPR 1137	(1)	Tap Dance
HPR 1138	(1)	Clog Dance
HPR 1139	(1)	Aerobic Dance I
HPR 1144	(1)	Step Aerobics
HPR 1145	(1)	Slide Aerobics
HPR 2230	(1)	Rhythmic Activities Special Populations
HPR 2231	(1)	Folk Dance II
HPR 2232	(1)	Modern Dance Techniques II
HPR 2235	(1)	Ballet II
HPR 2236	(1)	Jazz Techniques II
HPR 2238	(1)	Clog Dance II
HPR 2239	(1)	Aerobic Dance II
HPR 3332	(1)	Modern Dance III

---

**HEALTH AND PHYSICAL EDUCATION COMPREHENSIVE PROGRAM (132 HOURS)**

---

*For professional studies information, see the College of Education chapter of this catalog.*

**Specialized general studies requirements**

**Area III**

BIO 1100	(3)	Principles of Biology I
BIO L100	(1)	Principles of Biology Lab
CHM 1142	(3)	General Chemistry I, or placement
CHM L142	(1)	General Chemistry I Lab, or placement
MTH 1112	(3)	Pre-Calculus Algebra, or placement

**Area V**

HPR 2201	(1)	Camping and Outdoor Recreation
HPR 2202	(2)	First Aid and Safety and CPRO
HPR 2240	(2)	Personal Health
HPR 2251	(2)	Foundations of Physical Education/ SFM
HPR 3360	(3)	Physiological Principles of Body Systems
IS 2241	(3)	Computer Concepts and Apps.
NSG 2211	(3)	Basic Nutrition
TROY 1101	(1)	University Orientation

Select 2 hours of physical activity courses.

**Requirements for the major**

HPR 2252	(2)	Teaching Dance
HPR 3330	(2)	Physical Skills Proficiency I
HPR 3331	(2)	Physical Skills Proficiency II
HPR 3352	(3)	Kinesiology
HPR 3361	(3)	Integrating HPER into the Curricu- lum
HPR 3395	(2)	Care and Prevention of Athletic Injuries
HPR 4410	(2)	Motor Development
HPR 4420	(3)	Community Health
HPR 4421	(3)	Human Sexuality
HPR 4422	(3)	Substance Abuse Education
HPR 4427	(3)	Health Behavior
HPR 4442	(3)	Health Education
HPR 4474	(3)	Exercise Physiology
HPR L474	(1)	Exercise Physiology Lab
HPR 4485	(3)	Teaching Individual and Team Sports
HPR 4486	(3)	Teaching Individual and Team Sports

NOTE: Students seeking Alabama teacher certification should select education as a second major. Students should consult with their advisers concerning all certification requirements.

**HEALTH SCIENCE MINOR (15 - 18 HOURS)**

*This minor cannot be used with the Sport and Fitness Management Major*

HPR 2240	(2)	Personal Health
HPR 4420	(3)	Community Health
HPR 4427	(3)	Health Behavior and Evaluation

Select one course:

HPR 4421	(3)	Human Sexuality and Sex Education
HPR 4422	(3)	Substance Abuse Education

Select 4-7 hours of adviser-approved health courses.

**HUMAN SERVICES MAJOR (36 HOURS)**

HS 2230	(3)	Survey of Human Services
HS 3310	(3)	Human Behavior in the Social Envi- ronment I
HS 3370	(3)	Professional Communication Skills
HS 4400	(3)	Human Services Field Experience
RHB/SWK 3320	(3)	Human Behavior in the Social Envi- ronment II

SWK 3302 (3) Social Service Resources  
Select 18 additional hours in HS, RHB, or SWK courses.

**HUMAN SERVICES MINOR (18 HOURS)**

HS 2230	(3)	Survey of Human Services
HS 3310	(3)	Human Behavior and the Social Environment I
RHB/SWK 3320	(3)	Human Behavior and the Social Environment II
HS 3370	(3)	Professional Communication Skills
SWK 3302	(3)	Social Service Resources

Select three additional hours in HS, RHB, or SWK courses.

**NURSING, ASSOCIATE OF SCIENCE (ASN) (70 HOURS)**

*Available: Montgomery*

**Admission**

For admission to the nursing program, the student must

1. file a completed application with the application fee;
2. submit completed Student Medical History Record form;
3. be a high school graduate or equivalent (GED) and submit official transcripts;
4. have official transcripts from all colleges attended submitted directly from the institution of attendance;
5. earn a required score of 40 on the National League for Nursing Pre-Admission Exam or ACT score of 19 or SAT equivalent (A bachelor's or higher degree from an accredited university will exempt a student from the pre-nursing test requirement). If student is seeking acceptance into the LPN-RN advanced placement track, LPN must score at least 70 on the NLN ACE I exam, in lieu of other tests.
6. have an overall GPA of at least 2.0 on 4.0 scale for all college work attempted (For additional information contact the office of Admission and Records at the School of Nursing, Montgomery campus.);
7. present evidence of current Alabama Licensed Practical Nurse licensure if the student is entering the LPN-ASN advanced placement track, as well as documentation showing one year of LPN work experience during the past three years unless graduation occurred within the past calendar year; and
8. be able to achieve certain core performance standards required by the duties of the nursing profession.

NOTE: If a student is attempting to transfer credit for nursing courses from another school of nursing (which must be NLNAC accredited), a letter from the dean/director of that school must be submitted stating that the student was eligible for continuation in the nursing program. If the student was not eligible for continuation in the program, the student must take all required Troy University ASN nursing courses (i.e., no nursing courses will be transferred).

**Progression**

- a. Student must maintain an overall Troy University GPA of at least 2.0 on 4.0 scale while enrolled in nursing courses.
- b. Student must earn a grade of C or better in each required course.
- c. A student will be able to repeat a nursing course only one time to achieve a grade of C or better (only exception is NSG 2213).
- d. A grade of D or F in more than nine semester hours of nursing courses will result in automatic dismissal from the ASN Program.

- e. Student must make 85% or higher on a dosage and solutions calculation examination in NSG 1151 to progress in the program.
- f. Student must complete the program within four years from the date of enrollment in the first clinical nursing course.
- g. Out-of-sequence students must obtain approval of the Admission and Progression Committee to register for nursing courses. Re-enrollment in a nursing course will depend on space availability.

### Degree

Upon satisfactory completion of the program, the student is awarded the Associate of Science in Nursing degree and may then apply to the Board of Nursing to write the licensing examination to become a registered nurse (RN).

### Location

The ASN program is located at 340 Montgomery Street, Montgomery, AL, 36104. The clinical facilities used for student learning experiences are located within an approximate 50-mile radius of Montgomery. Students are responsible for their transportation.

### ASSOCIATE DEGREE PROGRAM IN NURSING (70 Hours) (ASN Degree)

BIO 3347	(3)	Anatomy and Physiology I
BIO L347	(1)	Anatomy and Physiology I Lab
BIO 3348	(3)	Anatomy and Physiology II
BIO L348	(1)	Anatomy and Physiology II Lab
BIO 3372	(3)	General Microbiology
BIO L372	(1)	General Microbiology Lab
ENG 1101	(3)	Composition I
MTH 1112	(3)	Pre-Calculus Algebra
NSG 1131	(4)	Basic Nursing Concepts Practicum
NSG 1135	(1)	Health Assessment-Practicum
NSG 1140	(3)	Basic Nursing Concepts II
NSG 1141	(3)	Basic Nursing Practicum II
NSG 1151	(1)	Hospital Measurements
NSG 2202	(2)	Pharmacology
NSG 2213	(2)	Nutrition
NSG 2255	(2)	Maternal-Infant Nursing
NSG 2256	(2)	Maternal-Infant Nursing Practicum
NSG 2265	(2)	Nursing of Children
NSG 2266	(2)	Nursing of Children-Practicum
NSG 2271	(2)	Psychosocial Nursing Concepts
NSG 2272	(2)	Psychosocial Nursing Practicum
NSG 2280	(4)	Advanced Nursing Concepts
NSG 2281	(6)	Advanced Nursing Practicum
NSG 2282	(2)	Gerontological Nursing Concepts
NSG 2283	(2)	Gerontological Nursing Practicum
PSY 2200	(3)	General Psychology
PSY 3300	(3)	Developmental Psychology
TROY 1101	(1)	University Orientation

Select three hours of electives in fine arts, humanities, or social sciences.

Licensed Practical Nurses (LPNs) may qualify for advanced placement through validation of prior knowledge. For information contact the Admission Office, ASN Program, Montgomery, AL. (334-834-2320)

---

## NURSING, BACHELOR OF SCIENCE (BSN) (121 HOURS)

---

*Generic BSN Available: Troy*

*RN-BSN/MSN Available: Troy, Montgomery, Phenix City, University College*

### Admission

For admission to the BSN program, students must

1. have an overall GPA of at least 2.5 on 4.0 scale.
2. file written application with the School of Nursing. Consult academic adviser or director of the BSN program. Deadlines for receipt of BSN applications are April 15 for fall semester and October 15 for spring semester. Registered Nurse students enrolling in the RN-BSN/MSN track should contact the BSN Program Director for admission times.
3. have successfully completed general studies courses. A grade of C or above is required in many of these courses. For additional information, contact the office of the BSN Program Director or visit the School of Nursing web site: <http://spectrum.troy.edu/~nursing/>.
4. have a current, unencumbered RN license in state of clinical practice if student is entering the RN-BSN/MSN course sequence.
5. be able to achieve certain core performance standards required by the duties of the nursing profession (i.e., must have the use of two arms to perform CPR and position clients; be able to see numbers on the syringe; be able to hear emergency signals, etc.). Contact the BSN Program Director for more information.
6. If transferring from another school of nursing, submit a letter from the dean/department chair of that school stating that the student was eligible for continuation in the school. Students transferring from another school of nursing who are not or were not eligible to continue in the nursing program in which they are/were enrolled are not eligible for admission to Troy University's BSN program unless they first complete an accredited associate degree program and are registered nurses.

### Progression

- a. Students are required to have an overall GPA of 2.5 on a 4.0 scale for enrollment in the Clinical Nursing Sequence.
- b. Students are required to make a grade of C or better in each nursing course.
- c. Students may repeat only one 3300-4400 level nursing course required in the BSN clinical nursing sequence; therefore, a second D or F in any 3300-4400 level nursing course will result in automatic dismissal from the program.
- d. Students who are planning to apply, or have applied but have not yet begun, the BSN Clinical Nursing Sequence may repeat only one 3300-4400 level nursing course from the required courses in the clinical nursing sequence; thereafter, a D or F in a 3300-4400 level nursing course will automatically disqualify the student from entering the BSN Clinical Nursing Sequence.
- e. Students who drop or fail a theory or clinical course with a co-requisite component must drop the co-requisite course.
- f. Satisfactory performance on an exit exam is required for graduation. (Note: Exit exam is not required for students in the RN-BSN/MSN track.)

Additional policies related to the BSN program may be found on the School of Nursing web site. Enrollment may be limited based on available resources.

### Degree

Upon satisfactory completion of the program, the student is awarded the Bachelor of Science in Nursing degree and may then apply to the Board of Nursing to write the licensing examination to become a registered nurse (RN).

### Locations

The program of studies is based on the general studies requirements of Troy University. The clinical facilities used for student learning experiences in the generic track are located in Troy and surrounding communities. Students are responsible for transportation and the cost of meals. Students who buy university meal plans may arrange for a sack lunch. For child health nursing, students may be assigned to learning experiences in Birmingham, Alabama.

The clinical facilities used for students in the RN-BSN/MSN track are located in Troy, Montgomery and Phenix City, Ala., and in Norfolk, Va. and surrounding communities.

### BACCALAUREATE PROGRAM IN NURSING (121 Hours) (B.S. in Nursing Degree)

#### Specialized general studies requirements

#### Area II

Select PHI 2204, or the equivalent NSG 3340, from the list of approved courses in Area II.

#### Area III

BIO 3372	(3)	Microbiology
BIO L372	(1)	Microbiology Lab
CHM 1142	(3)	General Chemistry I
CHM L142	(1)	General Chemistry I Lab
MTH 1112	(3)	Pre-Calculus Algebra

#### Area IV

NSG 2205	(3)	Growth and Development
or		
PSY 2210	(3)	Developmental Psychology (Lifespan)

Select a six-hour history sequence (HIS 1101/1102; HIS 1111/1112; HIS 1122/1123).

Select 3 hours from :

ANT 2200	(3)	Anthropology
PSY 2200	(3)	General Psychology
SOC 2275	(3)	Introduction to Sociology

#### Area V

BIO 3347	(3)	Human Anatomy and Physiology I
BIO L347	(1)	Human Anatomy and Physiology I Lab
BIO 3348	(3)	Human Anatomy and Physiology II
BIO L348	(1)	Human Anatomy and Physiology II Lab
NSG 2204	(2)	Nutrition
NSG 3315	(3)	Pathophysiology
PSY 3301	(3)	Basic Statistics

### Major course requirements for pre-licensure students:

NSG 2201	(1)	Dosage Calculations
NSG 3301	(2)	Pharmacology
NSG 3306	(2)	Perspectives of Professional Nursing
NSG 3309	(2)	Health Assessment
NSG 3310	(1)	Health Assessment Practicum
NSG 3313	(3)	Nursing Concepts I
NSG 3314	(3)	Nursing Concepts I Practicum
NSG 3323	(3)	Maternal-Infant Health Nursing
NSG 3324	(2)	Maternal-Infant Health Nursing Practicum
NSG 3325	(3)	Nursing Concepts II
NSG 3326	(3)	Nursing Concepts II Practicum
NSG 3332	(3)	Child Health Nursing
NSG 3333	(2)	Child Health Nursing Practicum
NSG 3334	(3)	Psychiatric-Mental Health Nursing
NSG 3335	(2)	Psychiatric-Mental Health Nursing Practicum
NSG 3336	(3)	Adult Health Nursing
NSG 3337	(2)	Adult Health Nursing Practicum
NSG 4405	(3)	Public Health Nursing
NSG 4406	(2)	Public Health Nursing Practicum
NSG 4407	(1)	Clinical Nutrition
NSG 4413	(3)	Nursing Concepts III
NSG 4414	(2)	Nursing Concepts III Practicum
NSG 4415	(2)	Nursing Leadership/Management
NSG 4417	(1)	Senior Seminar
NSG 4419	(2)	Research Process in Nursing
NSG 4421	(3)	Senior Clinical Preceptorship

### Major course requirements for post-licensure students:

NSG 3370	(2)	Professional Nursing
NSG 3309	(2)	Health Assessment
NSG 3310	(1)	Health Assessment Practicum
NSG 4405	(3)	Public Health Nursing
NSG 4406	(2)	Public Health Nursing Practicum
NSG 4407	(1)	Clinical Nutrition
NSG 4419	(2)	Research Process in Nursing
or		
NSG 6691	(3)	Research Methodology
NSG 4430	(3)	Advanced Nursing Theory
NSG 4431	(2)	Advanced Nursing Preceptorship

### PHYSICAL EDUCATION MAJOR (123 HOURS)

For professional studies information, see the College of Education section of this catalog.

#### (P-12)

#### Specialized general studies requirements

#### Area III

BIO 1100	(3)	Principles of Biology I
BIO L100	(1)	Principles of Biology Lab
CHM 1142	(3)	General Chemistry I, or placement
CHM L142	(1)	General Chemistry I Lab, or placement
MTH 1112	(3)	Pre-Calculus Algebra, or placement

**Area V**

HPR 2201	(1)	Camping and Outdoor Recreation
HPR 2202	(2)	First Aid and Safety and CPRO
HPR 2240	(2)	Personal Health
HPR 2251	(2)	Foundations of Physical Education/SFM
HPR 3360	(3)	Physiological Principles of Body Systems
IS 2241	(3)	Computer Concepts and Apps.
NSG 2211	(3)	Basic Nutrition
TROY 1101	(1)	University Orientation

Select 2 hours of physical activity courses.

**Major requirements**

HPR 2252	(2)	Methods of Teaching Dance
HPR 3330	(2)	Physical Skills Proficiency
HPR 3331	(2)	Physical Skills Proficiency II
HPR 3352	(3)	Kinesiology and Efficiency of Human Movement
HPR 3361	(3)	Integrating HPER into the Curriculum
HPR 3395	(2)	Care and Prevention of Athletic Injury/Illness
HPR 4410	(2)	Motor Development
HPR 4474	(3)	Exercise Physiology
HPR L474	(1)	Exercise Physiology Lab
HPR 4485	(3)	Teaching Individual and Team Sports II
HPR 4486	(3)	Teaching Individual and Team Sports III

NOTE: Students seeking Alabama Teacher certification should select education as a second major. Students should consult with their advisers concerning all certification requirements.

---

**RECREATION MINOR (16-18 HOURS)**

---

\*The minor cannot be used with the sport and fitness management major.

HPR 2202	(2)	First Aid and Safety and CPRO
HPR 3340	(3)	Principles of Recreation
HPR 4443	(3)	Sport Administration

Select 9-11 hours from the following courses:

HPR 2201	(1)	Camping and Outdoor Education
HPR 2252	(2)	Methods of Teaching Dance
HPR 4400	(3)	Sports Officiating and Programs in Intramurals
HPR 4440	(3)	Governing Agencies in Sport
HPR 4451	(3)	Sport Finance and Business
HPR 4455	(3)	Facility Management

---

**REHABILITATION AND SOCIAL WORK PROGRAMS (120 HOURS EACH)**

---

**Specialized General Studies Requirements**

Students will complete the general studies requirements as outlined in the general studies section of this Bulletin with the following exception. In the history, social, and behavioral sciences block, rehabilitation and social work students must choose the two

social/behavioral science electives from ANT 2200, ECO 2251, POL 2241, PSY 2200, and SOC 2275.

**Pre-professional requirement:**

PSY 3304 (3) Abnormal Behavior

Students will take the history series (HIS 1101 and 1102 or HIS 1111 and 1112) not taken as a part of the general studies requirements.

Students will complete the remaining three social/behavioral science electives (from ANT 2200, ECO 2251, POL 2241, Psy 2200, and SOC 2275) not taken as a part of the general studies requirements.

**Departmental Core for Rehabilitation and Social Work Majors (29 Hours):**

HS 2230	(3)	Survey of Human Services
HS 3310	(3)	Human Behavior in the Social Environment I
HS 3370	(3)	Professional Communications
RHB/SWK #####	(3)	Program Elective
RHB/SWK 2280	(3)	Rehabilitation/Social Work Research I
RHB/SWK 2281	(3)	Rehabilitation/Social Work Research II
RHB/SWK 3320	(3)	Human Behavior in the Social Environment II
RHB/SWK 3340	(3)	Social Policy and Planning
RHB/SWK 4450	(2)	Senior Seminar
SWK 3302	(3)	Social Service Resources

**Rehabilitation professional program (25 hours):**

RHB 3345	(3)	Foundations of Rehabilitation
RHB 3350	(3)	Individual Differences and the World of Work
RHB 3360	(3)	Vocational Assessment
RHB 3380	(3)	Medical and Vocational Aspects of Physical Disabilities
RHB 4410	(1)	Rehabilitation Pre-practicum
RHB 4420	(12)	Rehabilitation Field Practicum

**Social Work professional program (25 hours):**

The principal educational objective is the preparation of graduates for beginning generalist social work practice.

SWK 2250	(3)	Introduction to Social Work
SWK 3390	(3)	Social Work with Individuals and Families
SWK 4471	(3)	Social Work with Groups
SWK 4472	(3)	Social Work with Organizations and Communities
SWK 4480	(1)	Social Work Pre-practicum
SWK 4481	(12)	Social Work Practicum

**Admission to the professional social work curriculum**

Students must be admitted to the professional social work curriculum in order to enroll in advanced social work courses, beginning with SWK 3390. Students are encouraged to declare social work as a major during the freshman or sophomore year in order to ensure that they will meet the requirements for admission in a timely manner. Otherwise, the student may be out of sequence in meeting program requirements. Admission to the professional social work curriculum is usually accomplished during the first semester of the junior year concurrent with enrollment in SWK 2250, which precedes enrollment in SWK 3390 the following semester. To be eligible to apply for admission, each social

work major must (1) have a minimum GPA of 2.25 (on a 4 point scale) in all college courses attempted and have completed a minimum of 30 semester hours, and (2) have completed ENG 1101 and 1102 or ENG 1103 and 1104, SPH 2241 or 2243, HS 2230, HS 3370, and SWK 2250, 2280 and HS 3310 (or be currently enrolled) with a grade of C or better. Procedures for applying for admission to the professional social work curriculum are outlined in the student manual which may be obtained from the Department of Social Work.

**Progression:**

- a. Students are required to make a grade of C or better in each of the required departmental core and professional curriculum courses (all HS, RHB, and SWK prefixed courses.)
- b. Students may repeat only one 3000-4000 level departmental course; thereafter, a D or F in any 3000-4000 level departmental required course will result in automatic dismissal from the social work program.
- c. A student remains in good standing by maintaining, at a minimum, a 2.0 GPA in all course work taken and a 2.0 GPA in all required departmental and professional courses.

**SPORT AND FITNESS MANAGEMENT PROGRAM  
(120 HOURS)**

**(For B.S. degrees with choice of concentration in health promotion, exercise performance, recreation, sport management, or athletics)**

This degree requires 64 hours of general studies courses, 28 hours of core courses and either (1) 14-16 hours of courses from one area of concentration and one 15-18 hour minor, or (2) 28 hours of courses from two areas of concentration.

All sport and fitness management majors must present proof of professional liability insurance in order to enroll in HPR 4490. Professional liability insurance may be purchased through the College of Health and Human Services. Professional liability insurance must be maintained in force through the completion of the internship.

**Specialized General Studies Requirements**

See the general studies section of this catalog for additional course information.

**Area II**

ENG 2205	(3)	World Literature before 1660, or placement in ENG 2207
ENG 2206	(3)	World Literature after 1660, or placement in ENG 2208
ART 1133	(2)	Visual Arts, or placement in ART 1134
MUS 1131	(2)	Music Appreciation, or placement in MUS 1132
SPH 2241	(3)	Fundamentals of Speech, or placement in SPH 2243

**Area III**

BIO 1100	(3)	Principles of Biology I
BIO L100	(1)	Principles of Biology Lab
CHM 1142	(3)	General Chemistry I, or placement
CHM L142	(1)	General Chemistry I Lab, or placement
MTH 1112	(3)	Pre-Calculus Algebra, or placement

**Area V**

HPR 2200	(1)	Health Concepts
HPR 2202	(2)	First Aid and Safety and CPRO

HPR 2240	(2)	Personal Health
HPR 2251	(2)	Foundations of Physical Education/SFM
HPR 3360	(3)	Physiological Principles of Body Systems
IS 2241	(3)	Computer Concepts and Apps.
NSG 2211	(3)	Basic Nutrition
TROY 1101	(1)	University Orientation

Select three hours of HPR physical education activity courses.

Select three hours of HPR electives as approved by the adviser.

**HPR Core Courses (28 Hours)**

HPR 3352	(3)	Kinesiology and Efficiency of Human Movement
HPR 3391	(3)	Testing and Statistical Interpretation
HPR 3350	(3)	Psychology of Wellness and Performance
HPR 3355	(2)	Introduction to Sport and Fitness Management
HPR 4420	(3)	Community Health
HPR 4430	(3)	Sport and Fitness Marketing
HPR 4453	(3)	Legal Aspects in Sport and Fitness Management
HPR 4474	(3)	Exercise Physiology
HPR L474	(1)	Exercise Physiology Lab
HPR 4490	(4)	Internship in Area of Concentration

Select (1) one of the following concentrations and one minor or (2) two of the following concentrations. Consult your adviser.

**Health Promotion Concentration (14 Hours)**

HPR 2250	(1)	Foundations of Health Science
HPR 4421	(3)	Human Sexuality and Sex Education
HPR 4422	(3)	Substance Abuse Education
HPR 4427	(3)	Health Behavior and Evaluation

Select four hours from courses approved by your adviser.

**Exercise Performance Concentration (16 Hours)**

HPR 4475	(3)	Exercise Testing and Prescription
HPR 4476	(2)	Laboratory Practicum in Exercise Physiology
HPR 4487	(2)	Special Topics in Exercise Performance
HPR 4488	(3)	Cardiac Rehabilitation
HPR 4499	(1)	Senior Seminar

Select five hours from courses approved by your adviser.

**Athletic Concentration (14 Hours)**

HPR 3395	(2)	Care and Prevention of Athletic Injuries
Select 10 hours from Theory and Technique of Coaching Courses		
HPR 4470	(2)	Theory and Technique of Coaching Softball
HPR 4477	(2)	Theory and Technique of Coaching Football
HPR 4478	(2)	Theory and Technique of Coaching Soccer
HPR 4479	(2)	Theory and Technique of Coaching Volleyball

HPR 4480	(2)	Theory and Technique of Coaching Track and Field Activities
HPR 4482	(2)	Theory and Technique of Coaching Basketball
HPR 4483	(2)	Theory and Technique of Coaching Baseball

*Select two hours from courses approved by your adviser.*

***Recreation Concentration (14 Hours)***

HPR 2201	(1)	Camping and Outdoor Education
HPR 3340	(3)	Principles of Recreation
HPR 4400	(3)	Sports Officiating and Programs in Intramurals
HPR 2252	(2)	Methods of Teaching Dance
HPR 4455	(2)	Facility Management

*Select three hours from courses approved by your adviser.*

***Sport Management Concentration (15 Hours)***

HPR 4435	(3)	Current Issues in Sport Management
HPR 4440	(3)	Governing Agencies in Sport
HPR 4443	(3)	Sport Administration
HPR 4451	(3)	Sport Finance and Business
HPR 4455	(3)	Facility Management