

## COLLEGE OF HEALTH AND HUMAN SERVICES

*The College of Health and Human Services was formed in 1994 in order to provide quality education for professional practice in a variety of areas associated with health and human services. The college aspires to the highest standards of educational excellence, blending a professional perspective with a liberal arts and science foundation.*

*Within the College of Health and Human Services are the School of Nursing, the School of Hospitality, Sport and Tourism Management, the Department of Human Services, the Department of Kinesiology and Health Promotion, and the Department of Athletic Training Education Program.*

*The college is committed to meeting the challenges of the next decade; hence, it emphasizes quality teaching and values scholar-*

*ly activity. The college is committed to the development of its students into knowledgeable, caring, responsive and self-directed individuals able to meet the health and human caring needs of a diverse and complex society through change, advocacy and leadership within their communities.*

*As part of ongoing planning and evaluation, the College of Health and Human Services regularly evaluates student learning outcomes for each degree program.*

### **School of Hospitality, Sport and Tourism Management**

The mission of the School of Hospitality, Sport, and Tourism Management is to prepare students to become future leaders and scholars in hospitality, sport and tourism management by providing exemplary integrative and experiential academic preparation in a collaborative environment, to conduct seminal and applied research that impacts the hospitality, sport, and tourism industries on a local, national, and global level, and to provide professional and community service.

The total experience within the School of Hospitality, Sport and Tourism Management facilitates students to have an exceptional fundamental education, engagement in service learning experiences, exposure to working professionals, and career preparation through internships. As a result, students are provided a competitive advantage in a job market that is projected to double in the next decade.

The School of Hospitality, Sport and Tourism Management prepares students for a variety of positions in the hospitality, sport and tourism industries. The goal of the faculty and School is to create an integrated academic learning environment for analyzing and resolving the challenges in the deliverance and business of hospitality, sport and tourism. The faculty and staff are committed to providing support for student achievement. Students can enter the hospitality, sport and tourism industries with exceptional knowledge, professional preparation, and the confidence to assume leadership positions.

The School of Hospitality, Sport and Tourism Management offers three undergraduate concentrations: (1) Hospitality Management, (2) Sport Management, and (3) Tourism Management. The focus of the undergraduate program is to provide a comprehensive educational experience and to train students for entry into the sport management, leisure services, and/or tourism and hospitality occupations at the professional level.

The Hospitality Management concentration prepares students for careers in hotels, restaurants, resorts, conference centers, casinos, retail businesses, and other entertainment related businesses.

The Sport Management concentration prepares students for careers in interscholastic, intercollegiate, professional, and recreational sports, program directors (recreational and/or fitness), marketing and promotions directors, event managers, facilities directors, corporate sales directors, directors of ticketing and financing, compliance directors, sport retail managers and sales representatives, athletic directors, and other sport related business/organizations.

The Tourism Management concentration prepares students for careers in convention and visitors bureaus, chamber of commerce, meeting planners, event coordinators, outfitters, recreation facilities/activities, resorts, tourism associations, destination marketing organizations, conference centers, national

and state parks, theme parks, historic sites, sport events, festival/event organizers, and other tourism related businesses.

### **Department of Human Services and Social Work**

#### **Case Management Minor**

A minor in Case Management is offered to students who desire a basic understanding of the process and foundational skill sets necessary to provide case management services in a variety of settings.

#### **Human Services Major**

The purpose of the human services major is twofold: (1) to prepare the graduate for entry level positions in a myriad of human services delivery systems where specialized training is not required, and (2) to prepare students for graduate education. The curriculum is designed to provide the student with an understanding of human behavior within the context of the social environment, an understanding of social and human service delivery systems, and basic skills in effective communication with client systems and basic skills in the development of intervention strategies to resolve interpersonal and social problems. A three-credit, 120-clock-hour field practicum is required.

#### **Human Services Minor**

A minor in human services is offered to students who desire basic understanding of the human services delivery system.

#### **Social Work Major**

The social work program is accredited by the Council on Social Work Accreditation and program graduates are eligible to sit for social work licensure examination. Social work licensure is required in the state of Alabama for those in the practice of social work. The principle educational objective of the social work program is the preparation of graduates for beginning level generalist social work practice. The curriculum is designed to provide the beginning-level practitioner an ability to apply an eclectic knowledge base guided by professional values; to use a wide range of intervention skills to target any-sized client system (micro to macro levels) while employing a planned change process directed toward client empowerment; to work effectively, under supervision, within social service delivery organizational structures while employing a wide range professional roles. A 12-credit-hour field practicum is required (minimum of 400 clock hours).

### **Department of Kinesiology and Health Promotion**

One of the oldest departments on campus, Kinesiology and Health Promotion consists of four undergraduate degree options and boasts more than 500 majors in the department. These degree options include Athletic Training, Exercise Science, Health Education, & Physical Education.

#### **Athletic Training Program**

The mission of the undergraduate Athletic Training (AT) Program at Troy University is to provide quality didactic and clinical experiences to entry-level athletic training students through the development and utilization of interactive instructional

methods and exposure to a variety of clinical education experiences and allied health professionals.

### **Athletic Training**

The Bachelor of Science in Athletic Training consists of two components: (1) pre-athletic training courses (2) Athletic Training Program courses (first, second and third year). All students must complete Pre-athletic training and the Athletic Training Program courses as described in the University catalog. Pre-athletic training courses must be completed and approved by the AT Program director before a student is eligible for admission to the Athletic Training Program. All students must make formal application to the Athletic Training Program and meet all admission requirements. Completion of pre-athletic training courses does not guarantee admission into the Athletic Training Program.

### **Exercise Science**

If a career in physical therapy, occupational therapy, clinical exercise testing and prescription, cardiopulmonary rehabilitation, health-fitness/wellness, strength and conditioning or nutrition is in your future, a Bachelor of Science in exercise science is a perfect fit. This competitive program includes concentrations in pre-health professions, health and wellness, or nutrition, and incorporates coursework from five academic departments spread across two colleges.

With an emphasis on preparation for entry into graduate health profession schools in the fields of physical therapy, occupational therapy, and physician assistant, you will be prepared to successfully enter into graduate health profession schools nationwide. Upon completion of the program, you will also be prepared to sit for certification examinations offered through the American College of Sports Medicine, National Strength and Conditioning Association, and other organizations in the related fields of health and fitness, clinical exercise testing, and strength and conditioning.

### **Health Education**

The Bachelor of Science degree in health education (Teaching Certification) prepares teachers to impact 6<sup>th</sup> – 12<sup>th</sup> grade students through concepts of nutrition, exercise, rest, disease prevention, and safety. Prospective health teachers will learn innovative classroom teaching strategies using the latest technology for instructional delivery. Through this preparation the health education graduate will be highly prepared to meet the challenges of growing health concerns across our nation by educating our youth.

### **Physical Education**

If you are passionate about teaching others the skills necessary to participate in health enhancing sport and physical activity for life, the Bachelor of Science in physical education (Teaching Certification) at Troy is for you. This program prepares preschool – 12<sup>th</sup> grade teachers to impact students in team, individual, and lifetime sport skills in order to enhance their quality of life beyond their school years. At Troy University our physical education program is based on three beliefs, 1. Teach students the proper skills necessary to participate in a variety of sport, individual, and lifetime activities, 2. Provide opportunities for the student to learn and participate in a wide variety of physical activities, 3. By doing so the student will find something they enjoy and are successful at and will continue to do this throughout life in order to lead a healthy active lifestyle.

Many of our graduates in health and physical education choose to double major. This is highly recommended by our department to provide more opportunities for our graduates. It is for this reason our department has such a high job placement rate. Troy University has set itself apart from many other programs (at other Universities throughout the state and southeast) by offering both majors and the option to double major. A mere 18 hours extra (one more semester) can provide the graduate with two degrees and prepare them for dual certification in physical education and health education making them more marketable than a graduate with only one of the aforementioned degrees.

## **School of Nursing**

The School of Nursing programs are designed to develop expertise necessary for the practice of nursing in a complex, changing health care system. Faculty are well qualified, and the ASN, BSN, MSN and DNP programs are accredited by the Accreditation Commission for Education in Nursing (ACEN) (3343 Peachtree Rd. NE, Suite 850, Atlanta, Ga., 30326, 404-975-5000) and approved by the Alabama Board of Nursing. Degree programs are offered at the associate (ASN), baccalaureate (BSN), master's (MSN) and doctoral (DNP) levels. Mobility options are available for registered nurses seeking to earn a bachelor's, master's or doctoral degree in nursing. For more information, visit the School of Nursing website at [www.troy.edu](http://www.troy.edu).

Students are accepted for admission to the ASN (Montgomery Campus) and BSN (Troy and Dothan Campus) programs in the spring and fall semesters. The ASN degree may be completed in five semesters. The BSN degree may be completed in nine semesters. Registered nurses may receive advanced placement in the online RN Mobility track of the BSN Program. For information related to progression from RN Mobility track to the Family Nurse Practitioner or Healthcare Informatics and Nursing Leadership tracks in the MSN Program or the DNP program, consult the Graduate Catalog. Admission to the School of Nursing is selective, based on established criteria for each program.

All students must maintain current CPR certification, annual proof of TB testing, and proof of annual physical examination when enrolled in clinical nursing courses. Students are responsible for their own medical care if needed in the clinical setting and must have health insurance. Students must abide by Centers for Disease Control, HIPAA, and OSHA guidelines. Students must present titer reports for Hepatitis B, measles, mumps, rubella, and varicella zoster. Drug screening and criminal background information are required before students may attend clinical course practicums. Students may have additional requirements based on specific facility policies. Standardized achievement tests are required at various points in the undergraduate programs of learning.

Students in the School of Nursing must comply with legal, moral and legislative standards in accordance with the Alabama Board of Nursing Administrative Code. A student may be denied permission to write the licensing examination to become a registered nurse (RN) if he/she has been convicted of a felony.

Challenge examinations are available for various courses for students who meet the eligibility criteria. No nursing course may be audited before it is taken for credit.

Many nursing courses have additional laboratory fees. These fees are printed in the schedule of classes.

Admission is competitive. All students who meet minimum requirements may not be admitted.

### **APPLIED HEALTH SCIENCES PROGRAM (121 HOURS)**

#### **General Education Requirements**

##### **Area I**

- |          |     |                                   |
|----------|-----|-----------------------------------|
| ENG 1101 | (3) | Composition and Modern English I  |
| ENG 1102 | (3) | Composition and Modern English II |

##### **Area II**

- ENG Literature Course (3)
- ENG Literature Course (3)
- Fine Arts Requirement (3)

Select one of the following:

*REL 2280, PHI 2203, or PHI 2204.*

#### **Specialized General Requirements**

##### **Area III**

- |          |     |                           |
|----------|-----|---------------------------|
| BIO 1100 | (3) | Principles of Biology     |
| BIO L100 | (1) | Principles of Biology Lab |
| MTH 1110 | (3) | Finite Mathematics        |

**OR**

MTH 1112	(3)	Pre-Calculus Algebra
CHM 1142	(3)	General Chemistry I
<b>AND</b>		
CHM L142	(1)	General Chemistry Lab I
<b>OR</b>		
CHM 1115	(3)	Survey of Chemistry
<b>AND</b>		
CHM L115	(1)	Survey of Chemistry Lab

**Area IV**

NSG 2205	(3)	Human Growth and Development
<b>OR</b>		
PSY 2210	(3)	Developmental Psychology (Lifespan)

**Select a six-hour history sequence (HIS 1101/1102; HIS 1111/1112; HIS 1122/1123).**

**Select three hours from the following:**

ANT 2200	(3)	Anthropology
PSY 2200	(3)	General Psychology

**Area V Requirements:**

BIO 3347	(3)	Human Anatomy and Physiology I
BIO L347	(1)	Human Anatomy and Physiology I Lab
BIO 3348	(3)	Human Anatomy and Physiology II
BIO L348	(1)	Human Anatomy and Physiology II Lab
IS 2241	(3)	Computer Concepts and Applications
NSG 2204	(2)	Nutrition
SOC 2275	(3)	Introduction to Sociology
TROY 1101	(1)	University Orientation

**Select 3 hours from the following:**

MTH 2210	(3)	Applied Statistics
PSY 3301	(3)	Basic Statistics
QM 2241	(3)	Business Statistics I

**Core Courses (30 hours)**

NSG 2230	(3)	Advanced Medical Terminology
NSG 2285	(3)	Perspectives of Aging
NSG 3309	(2)	Health Assessment
NSG 3310	(1)	Health Assessment Practicum
<b>OR</b>		
NSG 3345	(2)	Physical Examination for Allied Health Professionals
NSG 3346	(1)	Physical Examination for Allied Health Professionals Practicum
NSG 3315	(3)	Pathophysiology
NSG 3340	(3)	Ethics in Nursing
NSG 3350	(3)	Case Management to Healthcare
SOC 3355	(3)	Death and Dying
SOC 3356	(3)	Sociology of Aging
SOC 4456	(3)	Gerontology
<b>OR</b>		
PSY 4456	(3)	Gerontology
SOC 4459	(3)	Sociology of Health, Medicine, and Illness

**Students will select 12 hours in the following Communication Concentration:**

COM 3328	(3)	International/Intercultural Communication
COM 3360	(3)	Communication Research
COM 4426	(3)	Organizational Communication
COM 4430	(3)	Health Communication
COM4460	(3)	Crisis Communication
HS 3370	(3)	Professional Communication Skills

**Students will select 9 hours in the following Health and Nutrition Concentration:**

KHP 3311	(3)	Nutritional Assessment
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KHP 3316	(3)	Community Nutrition
KHP 3350	(3)	Psychology of Wellness
KHP 4427	(3)	Health Behavior
PSY 3330	(3)	Health Psychology

**Students will select 9 hours in the following Health and Humanities Concentration:**

HS 3310	(3)	Human Behavior in the Social Environment I
HS 3375	(3)	Diversity
HIS 4409	(3)	Infectious Disease and History
HIS 4410	(3)	Gender, Health and History
PSY 3310	(3)	Sensation and Perception
PSY 3315	(3)	Cultural and Diversity Psychology
PHI 3365	(3)	Bioethics in a Historical Context
<b>OR</b>		
HIS 3365	(3)	Bioethics in a Historical Context
PHI 3310	(3)	Applied Ethics

**APPLIED HEALTH SCIENCES MINOR (18 HOURS)**

*Students will select 18 credit hours of approved Nursing,*

*Sociology and Psychology courses with at least one course in each area. Nine (9) credit hours must be upper level.*

**ATHLETIC TRAINING PROGRAM****Specialized General Studies Requirements**

This degree has special general studies requirements. Students should see the Athletic Training program adviser along with this catalog.

Requirements for admission to the Athletic Training Program:

1. Students must possess an overall 3.0 GPA as well as a 3.0 GPA in all athletic training core courses to be considered for admission.
2. All student applicants applying for the Athletic Training Program must have completed AT 1101, BIO 1100 and L100, MTH 1112, CHM 1142 and L142, and ENG 1101 and 1102 with a GPA of 3.0 or better.
3. The Athletic Training Program accepts completed applications for program admission twice a year. The due dates are April 1 and July 1 of each academic year. Applicants applying by the April 1 deadline will receive priority and the July 1 applicants will receive consideration only if there are slots available after the April 1 program admission process is complete. Admission to the Athletic Training (AT) Program is selective and completed applications do not guarantee admission into the Athletic Training Program. Enrollment is limited due to the availability of resources.
4. All students must be interviewed by the Athletic Training Board of Admissions as a component of the application process. Student applicants must also submit three letters of recommendation and have documented a minimum of 40 observation hours under a certified athletic trainer prior to being considered for admission into the AT Program.
5. All transfer student applicants must complete the equivalent of BIO 1100 and L100, MTH 1112, CHM 1142 and L142, ENG 1101 and ENG 1102 with a minimum GPA of 3.0 prior to admission into the AT Program. AT 1101 must also be completed under the same criteria; however, it must be taken at Troy University. Transfer students must go through the same application process as Troy University students.
6. Each student accepted into the AT Program must submit a signed agreement stating that he/she accepts the invitation and responsibility connected with the AT Program.

**Progression in the Athletic Training Program:**

1. Students who are accepted into the AT Program begin course progression in the fall semester of the acceptance year.
2. All students must maintain current CPR for the Professional Rescuer, First Aid, AED, and Oxygen Administration certifications. Professional liability insurance must be purchased annually through the examination Hepatitis B vaccine, TB skin test, and current tetanus immunization must be on file when enrolled in the AT Program. Students are required to

purchase a package through Certified Background through which they will submit and maintain up-to-date fingerprint records, background check and drug test results. Students are responsible for their own medical care if needed in the clinical education setting.

- Achievement tests are required at various points in the student's educational experience.
- Due to clinical education requirements-within the Athletic Training Program, students are responsible for essential items of personal equipment (rain gear, tape scissors, stethoscope, pen light, and blood pressure cuff), uniforms, Hepatitis B Vaccine Series, liability insurance cost, purchase of Certified Background package (including fingerprinting service, yearly background check and drug testing), and travel.
- Students must maintain an overall 3.0 GPA as well as a 3.0 GPA in all athletic training core courses.
- Students must earn a C or better in all athletic training core courses. If a student earns a D or F in any AT Program courses, he/she must repeat that course.

#### Academic Probation Policy

- Once a student's GPA has fallen below a 3.0, in either the AT Program core courses or overall, the AT Program director will place the student on academic probation. The student will have one academic semester to raise the GPA to the program criteria. If the student does not meet this standard, he/she will no longer be able to progress in the AT Program and will be released from the program.

#### Athletic Training Program Technical Standards for Admissions

The Athletic Training Program at Troy University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the Athletic Training Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the program's technical standards does not guarantee a student's eligibility for the BOC certification exam.

Candidates for selection to the Athletic Training Program must demonstrate the following:

- The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
- Sufficient postural and neuromuscular control, sensory function and coordination to perform appropriate physical examinations using accepted techniques, and to accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
- The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds. This includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak English at a level consistent with competent professional practice.
- The ability to record the physical examination results and a treatment plan clearly and accurately.
- The capacity to maintain composure and continue to function well during periods of high stress.
- The perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
- Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
- Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the athletic training program will be required to verify that they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

The Troy University Department of Athletic Training will evaluate a student who states that he/she could meet the programs technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws.

If a student states that he/she can meet the technical standards with accommodation, then the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation. This determination includes a review of whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety or the educational process of the student or the institution, including all coursework, clinical experiences and internships deemed essential to graduation.

#### Course Requirements

The course work involves a six-semester sequence beginning with the fall semester of admission into the program. This sequence is developed as a progression designed to incorporate all domains and objectives outlined in the competencies in athletic training education, culminating in AT 4402, which is taken the sixth semester of program enrollment.

AT 1101	(1)	Orientation to Athletic Training
AT 2201	(1)	Clinical Experiences in Athletic Training I
AT 2202	(1)	Clinical Experiences in Athletic Training II
AT 3301	(2)	Clinical Experiences in Athletic Training III
AT 3302	(2)	Clinical Experiences in Athletic Training IV
AT 3394	(1)	Lifting Techniques for Conditioning and Rehabilitative Exercise
AT 3395	(3)	Care and Prevention of Athletic Injuries and Illnesses
AT L395	(1)	Care and Prevention of Athletic Injuries and Illnesses Lab
AT 3396	(3)	Evaluation of Athletic Injuries and Illnesses I
AT L396	(1)	Evaluation of Athletic Injuries and Illnesses I Lab
AT 3397	(3)	Evaluation of Athletic Injuries and Illnesses II
AT L397	(1)	Evaluation of Athletic Injuries and Illnesses II Lab
AT 3398	(3)	Organization and Administration for Athletic Trainers
AT 3399	(3)	General Medical Conditions Seminar
AT 4401	(3)	Clinical Experiences in Athletic Training V
AT 4402	(12)	Athletic Training Field Experience
AT 4447	(3)	Therapeutic Modalities
AT L447	(1)	Therapeutic Modalities Lab
AT 4448	(3)	Therapeutic Exercises
AT L448	(1)	Therapeutic Exercises Lab
BIO 3347	(3)	Human Anatomy and Physiology I
BIO L347	(1)	Human Anatomy and Physiology I Lab
BIO 3348	(3)	Human Anatomy and Physiology II
BIO L348	(1)	Human Anatomy and Physiology II Lab
CHM 1142	(3)	General Chemistry I
CHM L142	(1)	General Chemistry I Lab
KHP 3315	(2)	Complementary and Alternative Therapies
KHP 3350	(3)	Psychology of Wellness
KHP 3352	(3)	Kinesiology
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab
NSG 1105	(1)	Medical Terminology
KHP 2211	(3)	Human Nutrition
NSG 3309	(2)	Health Assessment
NSG 3310	(1)	Health Assessment Practicum
NSG 3315	(3)	Pathophysiology
PHI 2204	(3)	Ethics

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#### CASE MANAGEMENT MINOR (18 HOURS)

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*Students w/ Human Service Major:*

HS 2250	(3)	Fundamentals of Case Management (must be taken first)
NSG 2230	(3)	Advanced Medical Terminology
SWK 3302	(3)	Social Services Resources
SWK 3303	(3)	Crisis Intervention

**Students must take 2 (3 hour) elective (HS/SWK) or 3000/4000 level course with approval**

**Students w/o Human Service Major:**

HS 2230	(3)	Survey of Human Services
HS 2240	(3)	Ethics in the Helping Profession
HS 2250	(3)	Fundamentals of Case Management
HS 3375	(3)	Diversity
HS 3370	(3)	Professional Communication
SWK 3302	(3)	Social Services Resources

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**EXERCISE SCIENCE PROGRAM (123 HOURS)**

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This degree has specialized general studies requirements (see areas III-V). Students should consult with an Exercise Science Program adviser along with this catalog. Students enrolled in the Exercise Science Program should select an area of concentration from the following: Wellness and Fitness, Nutrition, or Pre-Health Professions. Students considering applying to a graduate health professions school (e.g. PT, OT, PA) assume responsibility for determining appropriate prerequisite courses required for admission.

Students must achieve a C or better in all courses contained in Area III, Area V, program core, and concentrations. If a student earns a D or F in any of these courses the course must be repeated.

All Exercise Science Program students must present proof of professional liability insurance in order to enroll in KHP 4498 Internship in Exercise Science. Professional liability insurance may be purchased through the College of Health and Human Services, and must be maintained in force through completion of the internship.

**Area III (11 hours)**

BIO 1100	(3)	Principles of Biology I
BIO L100	(1)	Principles of Biology Lab
†MTH 1112	(3)	Pre-Calculus Algebra
CHM 1142	(3)	General Chemistry I
CHM L142	(1)	General Chemistry I Lab

†Students considering applying to a graduate health professions school (e.g. PT, OT, PA) should take MTH 1114 Pre-Calculus Trigonometry

**Area IV (12 hours)**

†For students with a concentration in Wellness/Fitness or Nutrition select nine (9) hours:

ANT 2200	(3)	Anthropology
ECO 2251	(3)	Principles of Macroeconomics
ECO 2252	(3)	Principles of Microeconomics
GEO 2210	(3)	World Regional Geography
HIS 1101	(3)	Western Civ. I, or placement in HIS 1103 Honors Western Civics I
HIS 1102	(3)	Western Civ. II, or placement in HIS 1104 Honors Western Civics II
HIS 1111	(3)	U.S. to 1877, or placement in HIS 1113 Honors U.S. to 1877
HIS 1112	(3)	U.S. since 1877, or placement in HIS 1114 Honors U.S. since 1877
HIS 1122	(3)	World History to 1500
HIS 1123	(3)	World History from 1500
POL 2260	(3)	World Politics
POL 2241	(3)	American Nat'l Govt., or placement in POL 2240 Honors American Nat'l Gov

PSY 2200	(3)	General Psychology
PSY 2210	(3)	Developmental Psychology
SOC 2275	(3)	Introduction to Sociology

**For students with a concentration in Pre-Health Professions take the following nine (9) hours:**

PSY 2200	(3)	General Psychology
PSY 2210	(3)	Developmental Psychology
SOC 2275	(3)	Introduction to Sociology

†Students applying to a graduate health professions school (e.g. PT, OT, PA) may also need to take ANT 2200 Anthropology

**Area V (22 hours)**

BIO 2220	(3)	Cell Biology
BIO L220	(1)	Cell Biology Lab
IS 2241	(3)	Computer Concepts
KHP 1142	(1)	Beginning Weight Training
KHP 2202	(2)	First Aid, Safety, and CPR
KHP 2211	(3)	Human Nutrition
KHP 2242	(1)	Intermediate Weight Training
TROY 1101	(1)	University Orientation

**For students with a concentration in Wellness and Fitness take the following seven (7) hours:**

KHP 3391	(3)	Testing and Statistical Interpretation
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**Take one of the following three (3) hours and one (1) hour course Combinations**

BIO 1101	(3)	Organismal Biology
BIO L101	(1)	Organismal Biology Lab
<b>OR</b>		
KHP 2240	(3)	Personal and Community Health
KHP 2200	(1)	Health Concepts
<b>OR</b>		
KHP 4427	(3)	Health Behavior
KHP 2200	(1)	Health Concepts
<b>OR</b>		
KHP 4442	(3)	Health Education
KHP 2200	(1)	Health Concepts

**For Students with a concentration in Nutrition take the following seven (7) hours:**

CHM 1143	(3)	General Chemistry II
CHM L143	(1)	General Chemistry Lab II
KHP 3360	(3)	Physiological Principles of Body Systems

**For students with a concentration in Pre-Health Professions take the following seven (7) hours:**

NSG 1105	(1)	Medical Terminology
MTH 2210	(3)	Applied Statistics

**Select one (1) of the following:**

PSY 3304	(3)	Abnormal Psychology
PSY 4421	(3)	Physiological Psychology

**Program Core Requirements (40 hours)**

BIO 3347	(3)	Human Anatomy and Physiology I
BIO L347	(1)	Human Anatomy and Physiology Lab I
BIO 3348	(3)	Human Anatomy and Physiology II
BIO L348	(1)	Human Anatomy and Physiology Lab II
KHP 3352	(3)	Kinesiology and Efficiency of Human Movement
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab
KHP 4475	(3)	Exercise Testing and Prescription
KHP 4476	(2)	Laboratory Practicum in Exercise Performance
KHP 4488	(3)	Issues and Practice in Cardiac Rehabilitation
KHP 4495	(3)	Advanced Exercise Physiology

KHP 4496	(3)	Biomechanics
KHP L496	(1)	Biomechanics Lab
KHP 4497	(1)	Senior Seminar in Exercise Science
†KHP 4498	(3)	Internship in Exercise Science
NSG 3315	(3)	Pathophysiology

†It is the responsibility of the student to obtain a sufficient number of observation hours required to seek certification (e.g. ACSM Clinical Exercise Specialist) or gain entry into a graduate health professional school (e.g. PT, OT, PA).

**Select one Exercise Science Program concentration:**

**Wellness and Fitness Concentration (20 hours)**

AT 3394	(1)	Lifting Techniques for Conditioning and Rehabilitative Exercise
KHP 3350	(3)	Psychology of Wellness
KHP 3360	(3)	Physiological Principles of Body Systems
KHP 3395	(2)	Care and Prevention of Athletic Injuries
KHP 4405	(3)	Physical Activity and Disease Prevention
KHP 4460	(3)	Principles of Strength & Conditioning
KHP L460	(1)	Principles of Strength & Conditioning Lab
KHP 4487	(2)	Special Topics in Exercise Performance

**Select two (2) hours of advisor approved electives.**

**Nutrition Concentration (20 hours)**

KHP 3310	(3)	Introduction to Food Science
KHP L310	(1)	Introduction to Food Science Lab
KHP 3311	(3)	Nutritional Assessment
KHP 3315	(2)	Complementary and Alternative Therapies
KHP 3316	(3)	Community Nutrition
KHP 4458	(3)	Lifecycle Nutrition

Take one of the following three (3) hours and one (1) hour course combinations

BIO 1101	(3)	Organismal Biology
BIO L101	(1)	Organismal Biology Lab
<b>OR</b>		
BIO 3372	(3)	Microbiology
BIO L372	(1)	Microbiology Lab
<b>OR</b>		
CHM 3342	(3)	Organic Chemistry I
CHM L342	(1)	Organic Chemistry I Lab
<b>OR</b>		
KHP 2240	(3)	Personal and Community Health
KHP 2200	(1)	Health Concepts
<b>OR</b>		
KHP 3350	(3)	Psychology of Wellness
KHP 2200	(1)	Health Concepts
<b>OR</b>		
KHP 4427	(3)	Health Behavior
KHP 2200	(1)	Health Concepts
<b>OR</b>		
KHP 4442	(3)	Health Education
KHP 2200	(1)	Health Concepts
<b>OR</b>		
KHP 4460	(3)	Principles of Strength & Conditioning
KHP L460	(1)	Principles of Strength & Conditioning Lab

**Select one (1) hour of advisor approved elective.**

**†Pre-Health Professions Concentration (20 hours)**

BIO 3372	(3)	Microbiology
BIO L372	(1)	Microbiology Lab
CHM 1143	(3)	General Chemistry II
CHM L143	(1)	General Chemistry Lab II
PHY 2252	(3)	General Physics I

PHY L252	(1)	General Physics Lab I
PHY 2253	(3)	General Physics II
PHY L253	(1)	General Physics Lab II

Take one of the following three (3) hours and one (1) hour course combinations

BIO 1101	(3)	Organismal Biology
BIO L101	(1)	Organismal Biology Lab
<b>OR</b>		
KHP 3350	(3)	Psychology of Wellness
KHP 2200	(1)	Health Concepts
<b>OR</b>		
KHP 3360	(3)	Physiological Principles
KHP 2200	(1)	Health Concepts
<b>OR</b>		
KHP 4427	(3)	Health Behavior
KHP 2200	(1)	Health Concepts
<b>OR</b>		
KHP 4442	(3)	Health Education
KHP 2200	(1)	Health Concepts
<b>OR</b>		
KHP 4460	(3)	Principles of Strength & Conditioning
KHP L460	(1)	Principles of Strength & Conditioning Lab

**EXERCISE SCIENCE MINOR (18 HOURS)**

KHP 3352	(3)	Kinesiology
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab
KHP 4475	(3)	Exercise Testing
KHP 4488	(3)	Issues and Practice in Cardiac Rehabilitation
KHP 4476	(2)	Laboratory Practicum

**HEALTH EDUCATION MAJOR (127 HOURS)**

For professional studies information, see the College of Education section of this catalog.

NOTE: Students seeking Alabama Teacher certification in health education should select education as a second major. Students should consult with their advisers concerning all certification requirements.

**Specialized General Studies Requirements**

**Area III**

BIO 1100	(3)	Principles of Biology I
BIO L100	(1)	Principles of Biology Lab
MTH 1112	(3)	Pre-Calculus Algebra, or placement

**Select a four hour course/lab combination from the following:**

CHM 1142	(3)	General Chemistry I, or placement
CHM L142	(1)	General Chemistry I Lab, or placement
PHY 2252	(3)	General Physics I
PHY L252	(1)	General Physics I Lab
SCI 2233	(3)	Physical Science
SCI L233	(1)	Physical Science Lab

**Area V Requirements (18 hours)**

KHP 2202	(2)	First Aid and Safety and CPRO**
KHP 2240	(3)	Personal and Community Health**
KHP 2251	(3)	Foundations of Physical Education/SFM
KHP 3360	(3)	Physiological Principles of Body Systems
KHP 3395	(2)	Care and Prevention of Athletic Injury
IS 2241	(3)	Computer Concepts and Applications
TROY 1101	(1)	University Orientation

**Select two hours of physical activity courses.**

**Major requirements**

KHP 3350	(3)	Psychology of Wellness and Performance
KHP 3352	(3)	Kinesiology and Efficiency of Human Movement
KHP 3361	(3)	Integrating HPER into the Curriculum

KHP 4405	(3)	Physical Activity and Disease Prevention
KHP 4410	(3)	Motor Development
KHP 4427	(3)	Health Behavior
KHP 4442	(3)	Health Education
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab

\*\*course cannot be transferred, must be taken at Troy University.

**HEALTH PROMOTION MINOR (18 HOURS)**

KHP 3352	(3)	Kinesiology
KHP 4405	(3)	Physical Activity and Disease Prevention
KHP 4427	(3)	Health Behavior
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab

Select an additional two hours of adviser-approved courses.

**HOSPITALITY, SPORT AND TOURISM MANAGEMENT (120 HOURS)**

Hospitality, Sport and Tourism Management majors must earn a grade of C or better in all major courses for credit toward graduation. If a student earns a D or F in any major course, he/she must repeat that course.

The School of Hospitality, Sport & Tourism Management believes the practical experience gained through an internship is essential to the student's education and professional growth. Therefore, all undergraduate students seeking a Bachelor of Science in HSTM are required to complete an internship.

All Hospitality, Sport and Tourism Management majors should also select one 18-hour minor. This minor may be a minor housed in the School which include Event Management, Hospitality Management, Sport Management, Tourism Management, Recreation, or a minor outside the School.

**Area III Requirements**

MTH 1112	(3)	Pre-Calculus Algebra, or placement
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**Area V Requirements**

IS 2241	(3)	Computer Concepts and Applications
TROY 1101	(1)	University Orientation

Select one of the following:

QM 2241	(3)	Business Statistics
MTH 2210	(3)	Applied Statistics

Select one adviser-approved elective course (3 Hours).

**HOSPITALITY, SPORT AND TOURISM MANAGEMENT CORE (30 HOURS)**

HSTM 2201	(3)	Leisure in Society
HSTM 2255	(3)	Introduction to Hospitality, Sport and Tourism Management
HSTM 4430	(3)	Marketing in Hospitality, Sport and Tourism Management
HSTM 4445	(3)	Research Methods in Hospitality, Sport & Tourism Management
HSTM 4450	(3)	Event Management in Hospitality, Sport and Tourism Management
HSTM 4460	(3)	Leadership Principles in Hospitality, Sport and Tourism Management
HSTM 4470	(3)	Revenue Generation in Hospitality, Sport and Tourism Management
HSTM 4490	(6)	Internship
HSTM 4499	(3)	Seminar in Hospitality, Sport and Tourism Management

Select Hospitality, Sport or Tourism Management as concentration area.

**HOSPITALITY MANAGEMENT CONCENTRATION (21 HOURS)**

HSTM 3374	(3)	Hotel Management
HSTM 3360	(3)	Tourism Management
HSTM 3372	(3)	Hospitality Management
HSTM 4425	(3)	Human Resource Management in Hospitality
HSTM 4465	(3)	Hospitality Service
HSTM 4466	(3)	Restaurant Management

Select one of the following:

HSTM 4423	(3)	Current Issues in Hospitality
HSTM 4485	(3)	Practicum

**SPORT MANAGEMENT CONCENTRATION (21 HOURS)**

HSTM 4440	(3)	Governing Agencies
HSTM 4443	(3)	Sport Administration
HSTM 4451	(3)	Sport Finance
HSTM 4452	(3)	Sport Communications
HSTM 4453	(3)	Legal Aspects in Sport Management
HSTM 4455	(3)	Facility Management

Select one of the following:

HSTM 4435	(3)	Current Issues in Sport Management
HSTM 4485	(3)	Practicum

**TOURISM MANAGEMENT CONCENTRATION (21 HOURS)**

HSTM 3330	(3)	Festivals and Special Events
HSTM 3360	(3)	Tourism Management
HSTM 3372	(3)	Hospitality Management
HSTM 4414	(3)	Sustainable Tourism
HSTM 4415	(3)	Tourism Impacts and Planning
HSTM 4419	(3)	Tourism Enterprises

Select one of the following:

HSTM 4417	(3)	Current Issues in Tourism
HSTM 4485	(3)	Practicum

**EVENT MANAGEMENT MINOR (18 HOURS)**

HSTM 2210	(3)	Introduction to Event Management
HSTM 3320	(3)	Event Information, Communication, and Technology
HSTM 3330	(3)	Festivals and Special Events
HSTM 4465	(3)	Hospitality Service
HSTM 4480	(3)	Event Planning and Operation
HSTM 4485	(3)	Practicum

**EVENT MANAGEMENT MINOR HOSPITALITY MANAGEMENT MAJOR (18 HOURS)**

HSTM 2210	(3)	Introduction to Event Management
HSTM 3320	(3)	Event Information, Communication, and Technology
HSTM 3330	(3)	Festivals and Special Events
HSTM 4480	(3)	Event Planning and Operation
HSTM 4485	(3)	Practicum

Advisor approved elective (3)

**EVENT MANAGEMENT MINOR TOURISM MANAGEMENT MAJOR (18 HOURS)**

HSTM 2210	(3)	Introduction to Event Management
HSTM 3320	(3)	Event Information, Communication, and

Technology  
 HSTM 4465 (3) Hospitality Service  
 HSTM 4480 (3) Event Planning and Operation  
 HSTM 4485 (3) Practicum  
*Advisor approved elective (3)*

**HOSPITALITY MANAGEMENT MINOR  
 (18 HOURS)**

HSTM 2255 (3) Introduction to Hospitality, Sport and  
 Tourism Management or advisor approved  
 elective  
 HSTM 3372 (3) Hospitality Management  
 HSTM 3374 (3) Hotel Management  
 HSTM 4423 (3) Current Issues in Hospitality  
 HSTM 4465 (3) Hospitality Service  
 HSTM 4466 (3) Restaurant Management

**SPORT MANAGEMENT MINOR (18 HOURS)**

HSTM 2255 (3) Introduction to Hospitality, Sport and  
 Tourism Management or advisor  
 approved elective  
 HSTM 4435 (3) Current Issues in Sport Management  
 HSTM 4451 (3) Sport Finance  
 HSTM 4452 (3) Sport Communications  
 HSTM 4453 (3) Legal Aspects in Sport Management  
 HSTM 4455 (3) Facility Management

**TOURISM MANAGEMENT MINOR  
 (18 HOURS)**

HSTM 2255 (3) Introduction to Hospitality, Sport  
 and Tourism Management or advisor  
 approved elective  
 HSTM 3360 (3) Tourism Management  
 HSTM 3330 (3) Festivals and Special Events  
 HSTM 4414 (3) Sustainable Tourism  
 HSTM 4415 (3) Tourism Impacts and Planning  
 HSTM 4417 (3) Current Issues in Tourism

**RECREATION MINOR  
 NON-HSTM MAJORS (18 HOURS)**

HSTM 2255 (3) Introduction to HSTM or advisor  
 approved elective  
 HSTM 3340 (3) Principles of Recreation  
 HSTM 3345 (3) Recreation Programming  
 HSTM 4453 (3) Legal Aspects in Sport and Physical  
 Activity

*Select 6 additional hours in HSTM courses*

**RECREATION MINOR HOSPITALITY  
 MANAGEMENT MAJORS (18 HOURS)**

HSTM 3340 (3) Principles of Recreation  
 HSTM 3345 (3) Recreation Programming  
 HSTM 3360 (3) Tourism Management  
 HSTM 4453 (3) Legal Aspects in Sport and Physical  
 Activity

*Select 6 additional hours in HSTM courses*

**RECREATION MINOR  
 SPORT MANAGEMENT MAJORS (18 HOURS)**

HSTM 3340 (3) Principles of Recreation  
 HSTM 3345 (3) Recreation Programming  
 HSTM 3360 (3) Tourism Management  
 HSTM 3372 (3) Hospitality Management

*Select 6 additional hours in HSTM courses*

**RECREATION MINOR  
 TOURISM MANAGEMENT MAJORS (18 HOURS)**

HSTM 3340 (3) Principles of Recreation  
 HSTM 3345 (3) Recreation Programming  
 HSTM 3372 (3) Hospitality Management  
 HSTM 4453 (3) Legal Aspects in Sport & Physical Activity

*Select 6 additional hours in HSTM courses*

**HUMAN SERVICES MAJOR (36 HOURS)**

HS 2230 (3) Survey of Human Services  
 HS 2240 (3) Ethics  
 HS 3310 (3) Human Behavior in the Social  
 Environment I  
 HS 3375 (3) Diversity  
 HS 3370 (3) Professional Communication Skills  
 HS 3399 (3) Human Services Seminar  
 HS 4400 (3) Human Services Field Experience  
 RHB/  
 SWK 3320 (3) Human Behavior in the Social  
 Environment II

*Select 12 additional hours in HS, RHB, or SWK courses.*

**HUMAN SERVICES MINOR (18 HOURS)**

HS 3310 (3) Human Behavior and the Social  
 Environment I  
 HS 3370 (3) Professional Communication Skills  
 SWK 3320 (3) Human Behavior and the Social  
 Environment II

HS/  
 SWK/3375 (3) Diversity  
 HS 2230 (3) Survey of Human Services

**OR**  
 HS 2240 (3) Ethics

*Select three additional hours in HS, RHB, or SWK courses.*

**NURSING, ASSOCIATE OF SCIENCE (ASN)  
 (70 HOURS)**

**Admission**

Students are admitted into the ASN Program in the spring and fall terms. The Admissions Committee reviews all records of qualified applicants. Applicants receive a ranking based on measurable criteria (i.e., test scores, GPA, etc.). Deadline for filing application and all required admission documentation is May 30 for fall admission and Oct. 1 for spring admission.

For admission to the ASN program, the student must:

1. submit application for admission to undergraduate studies with \$30 application fee;
2. submit **Official** high school transcript or the equivalent (GED). A high school transcript or GED is not required for students transferring in a minimum 24 semester hours of college credit;
3. Submit **Official** transcripts from all colleges and universities attended;
4. submit **Official** admission test scores. The ASN program accepts a "Proficient Score" on the TEAS (Test of Essential Academic Skills)
  - The test must have been taken within the 2 years prior to the date of application for admission.
  - If the student submits TEAS scores (from exams taken twice during the 2 year period), the highest score will be considered. If more than 2 attempts are submitted, only the first two taken during the two year period would be considered.
5. meet all unconditional admission requirements for freshman students as listed in the Troy University undergraduate catalog and ; have a minimum grade point average GPA of at least 2.0/4.0 scale on all college work attempted at the undergraduate level and a minimum grade point average of at least 2.5/4.0 scale on all college work attempted at Troy



University at the undergraduate level. If less than 24 HR of college work has been attempted, you must have a minimum 2.5/4.0 High School GPA or a GED with a score of 500; and

6. meet core performance standards required for duties of the nursing profession (copy of standards available upon request).

NOTE: If a student is attempting to transfer credit for nursing courses from another accredited school of nursing, a letter from the dean/director of that school must be submitted stating that the student was eligible for continuation in the nursing program. If the student was not eligible for continuation in the program, the student must take all required Troy University ASN nursing courses (i.e., no nursing courses will be transferred).

#### Progression

- a. Student must maintain an overall Troy University GPA of at least 2.0 on 4.0 scale while enrolled in nursing courses.
- b. Student must earn a grade of C (74%) or better in each required course.
- c. A student will be able to repeat a nursing course only one time to achieve a grade of C or better.
- d. A student may repeat only one ASN Program nursing course (with the exception of NSG 2204 or NSG 2213); therefore, a second D or F in any ASN nursing course (with the exception of NSG 2204, or NSG 2213) will result in automatic dismissal from the Program.
- e. Student must make 85% or higher on a dosage and solutions calculation examination in NSG 1151 to progress in the program.
- f. Student must satisfactorily complete an NCLEX predictor exam in NSG 2280.
- g. Student must complete the program within four years from the date of initial enrollment in the first clinical nursing course (NSG 1131 and/or NSG 1135) to remain in the program. Whether a student drops, fails or withdraws from NSG 1131 or NSG 1135 the student can only re-enroll once more. If a student drops, fails, or withdraws a second time, the student will be dismissed from the ASN program.

#### Degree

Upon satisfactory completion of the program, the student is awarded the Associate of Science in Nursing degree and may then apply to the Board of Nursing to write the licensing examination to become a registered nurse (RN).

#### Location

The ASN program is located at 340 Montgomery Street, Montgomery, AL, 36104. The clinical facilities used for student learning experiences are located within an approximate 50-mile radius of Montgomery. Students are responsible for their transportation.

#### Specialized General Studies Requirements

##### Area I

ENG 1101 (3) Composition I

##### Area II

Select three hours in humanities or fine arts.

##### Area III

BIO 3347 (3) Human Anatomy and Physiology I  
 BIO L347 (1) Human Anatomy and Physiology I Lab  
 BIO 3372 (3) General Microbiology  
 BIO L372 (1) General Microbiology Lab  
 MTH 1110 (3) Finite Mathematics

OR

MTH 1112 (3) Pre-Calculus Algebra

##### Area IV

PSY 2200 (3) General Psychology  
 PSY 2210 (3) Developmental Psychology

##### Area V

TROY 1101 (1) University Orientation

#### Additional Requirements

BIO 3348 (3) Human Anatomy and Physiology II  
 BIO L348 (1) Human Anatomy and Physiology II Lab  
 NSG 1130 (2) Basic Nursing Concepts  
 NSG 1131 (2) Basic Nursing Concepts Practicum  
 NSG 1135 (1) Health Assessment-Practicum  
 NSG 1140 (3) Basic Nursing Concepts II  
 NSG 1141 (3) Basic Nursing Practicum II  
 NSG 1151 (1) Hospital Measurements  
 NSG 2202 (2) Pharmacology  
 NSG 2213 (2) Nutrition  
 NSG 2286 (3) Maternal/Child Nursing  
 NSG 2287 (3-6) Maternal-Child Nursing Practicum  
 NSG 2271 (2) Psychosocial Nursing Concepts  
 NSG 2272 (2) Psychosocial Nursing Practicum  
 NSG 2280 (4) Advanced Nursing Concepts  
 NSG 2281 (6) Advanced Nursing Practicum  
 NSG 2282 (3) Adult Health Nursing II: Geriatrics  
 NSG 2283 (3-6) Adult Health II Practicum: Geriatrics

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### NURSING, BACHELOR OF SCIENCE (BSN) (124 HOURS)

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#### Admission

Admission to the BSN program is competitive. Meeting minimal admission criteria does not guarantee acceptance. For admission to the BSN program, students must

1. have an overall GPA of at least 2.5 on 4.0 scale. (All hours attempted are used in calculation of overall GPA.)
2. file written application with the School of Nursing. Consult academic adviser or BSN Coordinator. For information regarding BSN courses on the Dothan campus, please contact the School of Nursing at (334) 983-6556 EXT 1435. Deadlines for receipt of BSN applications are March 15 for fall semester and Sept. 15 for spring semester. Registered Nurse students enrolling in the RN Mobility track should contact the RN Mobility Assistant Coordinator for admission times.
3. have successfully completed general studies courses. A grade of C or above is required in many of these courses. For additional information, contact the office of the BSN Program Coordinator or visit the School of Nursing website at [www.troy.edu](http://www.troy.edu).
4. have a current, unencumbered RN license in state of clinical practice if student is entering the RN Mobility course sequence.
5. be able to achieve certain core performance standards required by the duties of the nursing profession.
6. If transferring from another school of nursing, submit a letter from the dean/department chair of that school stating that the student was eligible for continuation in the school. Students transferring from another school of nursing who are not or were not eligible to continue in the nursing program in which they are/were enrolled are not eligible for admission to Troy University's BSN program unless they first completed an associate degree program from a regionally accredited institution and/or Accreditation Commission for Education in Nursing (ACEN) accreditation and are registered nurses.

#### Progression

- a. Students are required to have an overall GPA of 2.5 on a 4.0 scale for enrollment in the Clinical Nursing Sequence.
- b. Students are required to make a grade of C or better in each nursing course.
- c. Students may repeat only one 3300-4400 level nursing course required in the BSN clinical nursing sequence (with the exception of NSG 3315, Pathophysiology); therefore, a second D or F in any 3300-4400 level nursing course (with the exception of NSG 3315 Pathophysiology) will result in automatic dismissal from the program.
- d. Students who are planning to apply, or have applied, but have not yet begun, the BSN Clinical Nursing Sequence, may repeat only one 3300-4400 level nursing course from the required courses in the clinical nursing sequence; thereafter, a D or F in a 3300-4400 level

- nursing course will automatically disqualify the student from entering the BSN Clinical Nursing Sequence.
- e. Students who drop or fail a theory or clinical course with a co-requisite component must drop the co-requisite course.
- f. Satisfactory performance on an exit exam is required for completion of NSG 4417 Professional Nursing Seminar. (Note: Exit exam is not required for students in the RN Mobility track.)
- g. Students must graduate within 150% of program completion time (7 semesters to be completed in no more than 3 1/2 years) from date of admission to the clinical nursing sequence to date of graduation from BSN program.

Additional policies related to the BSN program may be found on the School of Nursing website. Enrollment may be limited based on available resources.

**Degree**

Upon satisfactory completion of the program, the student is awarded the Bachelor of Science in Nursing degree and may then apply to the Board of Nursing to write the licensing examination to become a registered nurse (RN).

**Locations**

The clinical facilities used for student learning experiences in the BSN generic track are located in Troy and surrounding communities. Students are responsible for transportation and the cost of meals. For child health nursing, students may be assigned to learning experiences in Birmingham, Alabama.

The clinical facilities used for students in the RN Mobility track are located in a variety of settings and geographical locations.

**Specialized General Studies Requirements**

**Area II**

Select one of the following: *ANT 2280, NSG 3340, PHI 2203, or PHI 2204*

**Area III**

- BIO 3372 (3) Microbiology
- BIO L372 (1) Microbiology Lab
- MTH 1112 (3) Pre-Calculus Algebra
- CHM 1142 (3) General Chemistry I
- CHM L142 (1) General Chemistry Lab I

**Area IV**

- NSG 2205 (3) Human Growth and Development

**OR**

- PSY 2210 (3) Developmental Psychology (Lifespan)

Select a six-hour history sequence (*HIS 1101/1102; HIS 1111/1112; HIS 1122/1123*).

Select three hours from the following:

- ANT 2200 (3) Anthropology
- PSY 2200 (3) General Psychology
- SOC 2275 (3) Introduction to Sociology

**Area V Requirements:**

- BIO 3347 (3) Human Anatomy and Physiology I
- BIO L347 (1) Human Anatomy and Physiology I Lab
- BIO 3348 (3) Human Anatomy and Physiology II
- BIO L348 (1) Human Anatomy and Physiology II Lab
- NSG 2204 (2) Nutrition
- NSG 3315 (3) Pathophysiology
- NSG 3319 (3) Informatics in Nursing
- TROY 1101 (1) University Orientation

Select 3 hours from the following:

- MTH 2210 (3) Applied Statistics
- PSY 3301 (3) Basic Statistics
- QM 2241 (3) Business Statistics I

Select 3 hours from elective choice

**Core Course Requirements for Generic or Pre-licensure students (62 hours)**

- NSG 3300 (1) Dosage Calculations

- NSG 3301 (3) Pharmacology
- NSG 3306 (2) Perspectives of Professional Nursing
- NSG 3309 (2) Health Assessment
- NSG 3310 (1) Health Assessment Practicum
- NSG 3313 (3) Nursing Concepts
- NSG 3314 (3) Nursing Concepts Practicum
- NSG 3323 (3) Maternal-Infant Health Nursing
- NSG 3324 (2) Maternal-Infant Health Nursing Practicum
- NSG 3325 (3) Adult Health Nursing I
- NSG 3326 (3) Adult Health Nursing I Practicum
- NSG 3334 (3) Psychiatric-Mental Health Nursing
- NSG 3335 (2) Psychiatric-Mental Health Practicum
- NSG 3336 (3) Adult Health Nursing II
- NSG 3337 (2) Adult Health Nursing II Practicum
- NSG 4403 (3) Child Health Nursing
- NSG 4404 (2) Child Health Nursing Practicum
- NSG 4405 (3) Public Health Nursing
- NSG 4406 (2) Public Health Nursing Practicum
- NSG 4407 (1) Clinical Nutrition
- NSG 4413 (3) Complex Nursing
- NSG 4414 (2) Complex Nursing Practicum
- NSG 4415 (2) Nursing Leadership/Management
- NSG 4417 (1) Professional Nursing Seminar
- NSG 4419 (2) Research and Evidence in Nursing Practice
- NSG 4421 (3) Professional Nursing Clinical Preceptorship

**Core course requirements for post-licensure students:**

- NSG 3309 (2) Health Assessment
- NSG 3310 (1) Health Assessment Practicum
- NSG 3370 (2) Professional Nursing
- NSG 3380 (3) Pathophysiology and the Human Response
- NSG 4410 (3) Population Health Nursing
- NSG 4411 (2) Population Health Nursing Practicum
- NSG 4430 (3) Advanced Nursing Theory
- NSG 4431 (2) Advanced Nursing Preceptorship

Select One of the Following courses (3 hours)

- NSG 4440 (3) Research and Evidence for the Practicing Registered Nurse
- NSG 6691 (3) Research and Evidence for Advanced Nursing Practice

*Selected General Studies course requirements may differ for students admitted to the RN Mobility program. See the director of admission and records at the School of Nursing in Montgomery for further information.*

**NUTRITION MINOR (18 HOURS)**

- KHP 2211 (3) Human Nutrition
- KHP 3310 (3) Introduction to Food Science
- KHP L310 (1) Introduction to Food Science Lab
- KHP 3311 (3) Nutritional Assessment
- KHP 3315 (2) Complementary and Alternative Therapies
- KHP 3316 (3) Community Nutrition
- KHP 4458 (3) Lifecycle Nutrition

**PHYSICAL EDUCATION MAJOR (128 HOURS)**

*For professional studies information, see the College of Education section of this catalog.*

NOTE: Students seeking Alabama Teacher certification in physical education should select education as a second major. Students should consult with their advisers concerning all certification requirements.

**(P-12)**

**Specialized General Studies Requirements**

**Area III**

- BIO 1100 (3) Principles of Biology I
- BIO L100 (1) Principles of Biology Lab
- MTH 1112 (3) Pre-Calculus Algebra, or placement

**Select a four hour course/lab combination from the following:**

CHM 1142	(3)	General Chemistry I, or placement
CHM L142	(1)	General Chemistry I Lab, or placement
PHY 2252	(3)	General Physics I
PHY L252	(1)	General Physics I Lab
SCI 2233	(3)	Physical Science
SCI L233	(1)	Physical Science Lab

**Area V Requirements**

KHP 2201	(2)	Camping and Outdoor Recreation
KHP 2202	(2)	First Aid and Safety and CPRO
KHP 2240	(3)	Personal and Community Health
KHP 2251	(3)	Foundations of Physical Education and Health
KHP 3360	(3)	Physiological Principles of Body Systems
IS 2241	(3)	Computer Concepts and Applications
TROY 1101	(1)	University Orientation

**Select two hours of physical activity courses.****Major requirements:**

KHP 2252	(3)	Methods of Teaching Dance
KHP 3330	(2)	Physical Skills Proficiency
KHP 3331	(2)	Physical Skills Proficiency II
KHP 3352	(3)	Kinesiology and Efficiency of Human Movement
KHP 3361	(3)	Integrating HPER into the Curriculum
KHP 3395	(2)	Care and Prevention of Athletic Injury/Illness
KHP 4410	(3)	Motor Development
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab
KHP 4485	(3)	Teaching Individual and Team Sports
KHP 4486	(3)	Teaching Individual and Team Sports

**COACHING MINOR (18 HOURS)****Students must select one (1) of two (2) or three (3) courses from Sections 1-7.**

1. KHP 2211 (3) Human Nutrition  
**OR**  
KHP 4459 (3) Sport and Exercise Nutrition
2. KHP 3350 (3) Psychology of Wellness  
**OR**  
KHP 4410 (3) Motor Development  
**OR**  
PSY 2210 (3) Developmental Psychology
3. KHP 3360 (3) Physiological Principles of Body Systems  
**OR**  
KHP 2251 (3) Foundations of Physical Education Health
4. KHP 3352 (3) Kinesiology and Efficiency of Human Movement  
**OR**  
LDR 2200 (3) Tools for Leadership
5. KHP 2202 (2) First Aid and Safety and CPRO  
**OR**  
KHP 3395 (2) Care and Prevention of Athletic Injury
6. KHP 4400 (3) Sports Officiating and Programs in Intramurals  
**OR**  
KHP 4460 (3) Principles of Strength and Conditioning
7. KHP 2260 (2) Applied Fitness Concepts  
**OR**  
KHP L460 (1) Principles of Strength and Conditioning Lab

**SOCIAL WORK PROGRAM****Specialized General Studies Requirements**

Students will complete the general studies requirements as outlined in the general studies section of this catalog with the following exception. In AREA II take COM 2241 and any 1000-2000 level Literature Series (6 hours); and, in Area IV take a History Series (6 hours). The following general studies courses are required for social work majors: ANT 2200, ECO 2251, POL 2241, PSY 2200, SOC 2275, and PSY 3304. Courses will similar course content in

General Studies may be considered for substitution by the department chair.

**Admission to the professional social work curriculum**

Students must be admitted to the professional social work curriculum in order to enroll in advanced social work courses, beginning with SWK 3390. Students are encouraged to declare social work as a major during the freshman or sophomore year in order to ensure that they will meet the requirements for admission in a timely manner. Otherwise, the student may be out of sequence in meeting program requirements. Admission to the professional social work curriculum is usually accomplished during the first semester of the junior year concurrent with enrollment in SWK 2250, which precedes enrollment in SWK 3390 the following semester. To be eligible to apply for admission, each social work major must (1) have a minimum GPA of 2.5 (on a 4 point scale) in all college courses attempted and have completed a minimum of 30 semester hours, and (2) have completed ENG 1101 and 1102 or ENG 1103 and 1104; COM 2241 or 2243; HS 2240, 3310 and 3370; and SWK 2250 and 2280 (or be currently enrolled) with a grade of C or better. Procedures for applying for admission to the professional social work curriculum may be obtained from the Department of Social Work. Students completing all but 3-6 hours of general studies courses will have the best opportunity of being unconditionally accepted into the program. Students with more than 6 hours may have a delayed acceptance or conditional admission.

**Progression in Social Work**

- a. Students are required to make a grade of C or better in each of the required departmental core and professional curriculum courses (all HS, RHB, and SWK prefixed courses.)
- b. Students may repeat only one 3000-4000 level departmental course; thereafter, a D or F in any 3000-4000 level departmental required course will result in automatic dismissal from the social work program.
- c. A student remains in good standing by maintaining, at a minimum, a 2.5 GPA in all course work taken and a 2.5 GPA in all required departmental and professional courses.

**Core Requirements (27 Hours)**

HS 2240	(3)	Ethics
HS 3310	(3)	Human Behavior and the Social Environ I
HS/SWK/3375	(3)	Diversity
HS 3370	(3)	Profession Communications Skills
SWK	(3)	Program Elective
SWK 2280	(3)	Social Work Research I
SWK 2281	(3)	Social Work Research II
SWK 3320	(3)	Human Behavior/the Social Environ II
SWK 3340	(3)	Social Policy and Planning

**Social Work Professional Program (25 hours)**

*The principal educational objective is the preparation of graduates for beginning generalist social work practice.*

SWK 2250	(3)	Introduction to Social Work
SWK 3390	(3)	Social Work with Individuals/Family
SWK 4471	(3)	Social Work with Groups
SWK 4472	(3)	Social Work w/ Org and Communities
SWK 4480	(3)	Social Work Seminar
SWK 4481	(12)	Social Work Practicum