

Chinese Culture Club CIT Montgomery Campus

2017 Spring Schedule

Purpose *Confucius Institute at Troy University (CIT) on Montgomery Campus will hold Chinese Culture Club Events on a regular basis (once every two weeks) for the purpose of promoting Chinese programs and attracting more people to learn about Chinese culture and learn Chinese language.*

Participants *Any Troy university students, staff of different departments and visitors who have interest in Chinese cultures.*

Order	Topic	Content	Time	Location
1	Harbin International Ice and Snow Festival (presented by Jing Zhao)	Harbin Ice Festival provides the visitors each year a whole new world of ice and snow. The Festival, established in 1985, is held annually from January 5 and lasts for over one month. It is China's original and greatest ice artwork festival, attracting hundreds of thousands of local people and visitors from all over the world.	3:00 pm- 4:30pm Wednesday Feb.15, 2017	Room 114 Bartlett Hall
2	Chinese Traditional Festivals (presented by Wei Yu)	General Introduction to the Festivals (the Spring Festival, the Lantern Festival, the Pure Brightness Day, the Dragon-boat Festival, the Mid-Autumn Festival).	3:00 pm- 4:30pm Wednesday March.1, 2017	Room 114 Bartlett Hall
3	Dujiangyan Water Project— UNESCO World Heritage (presented by Kai Zeng)	Do you want to know the secrets of an ancient irrigation system — Dujiangyan Water Project, UNESCO World Heritage? You may find some clues in this workshop. Besides, Mount Qingcheng—the First Daoist, is also located here.	3:00 pm- 4:30pm Wednesday March.15, 2017	Room 114 Bartlett Hall
4	China Northeast Culinary Journey (Presented by Jing Zhao)	Northeastern Chinese cuisine is a style of Chinese cuisine in Northeast China. While many dishes originated from Manchu cuisine, it is also heavily influenced by Hebei and Shandong cuisines, and even some Russian influence. It relies significantly on preserved foods and large portions due to the region's harsh winters and relatively short growing seasons.	3:00 pm- 4:30pm Wednesday April.5, 2017	Room 114 Bartlett Hall

5	China Tips - Where to go/move in China? (presented by Kai Zeng)	There are 5 distinct regions of China that will be highlighted: Northeastern China, Eastern China, Southern China, South Western China and Western China. All of these places have different weather, culture, food, language, and job.	3:00 pm- 4:30pm Wednesday April.19, 2017	Room 114 Bartlett Hall
6	Chinese Arts and Crafts—Chinese Paper Cutting (Presented by Jing Zhao)	Paper-cut is a very distinctive visual art of Chinese handicrafts. It originated from the 6th century when women used to paste golden and silver foil cuttings onto their hair at the temples, and men used them in sacred rituals. Later, they were used during festivals to decorate gates and windows. After hundreds of years' development, now they have become a very popular means of decoration among country folk, especially women.	3:00 pm- 4:30pm Wednesday May.3, 2017	Room 114 Bartlett Hall
7	Chongqing—China's City of Opportunity (presented by Kai Zeng)	Chongqing, a major city in Southwest China and one of the Five national central cities in China, is the 4th municipal city in China besides Beijing, Shanghai and Tianjin. Chongqing has a significant history and culture and serves as the economic centre of the upstream Yangtze basin. It is a major manufacturing centre and transportation hub; a recent report by the Economist Intelligence Unit described it as one of China's "13 emerging megacities".	3:00 pm- 4:30pm Wednesday May.17, 2017	Room 114 Bartlett Hall
8	Shenyang City—a Bright Pearl of Northeast China (Presented by Jing Zhao)	Shenyang is the capital of Liaoning Province and centre of economy, culture, transportation, commerce and trade of northeast China, industrial and famous historic and cultural city with a total area of 13,000 square kilometres.	3:00 pm- 4:30pm Wednesday Sep.27, 2017	Room 114 Bartlett Hall
9	Ancient Costumes — Hanfu Style and Qipao (presented by Kai Zeng)	In Chinese traditional weddings and daily lives, there are some people dressed in Hanfu and Qipao, two traditional costumes in China. What are the implications of these costumes?	3:00 pm- 4:30pm Wednesday Oct.11, 2017	Room 114 Bartlett Hall
10	Taichi Fan I (presented by Jing Zhao)	The Tai Chi Fan Form is another sequence of Tai Chi movements that promotes wellbeing and brings awareness to our own internal resilience. The series will begin with instruction in the exercises of the form. Subsequent classes during the series	3:00 pm- 4:30pm Wednesday Oct.25, 2017	Room 114 Bartlett Hall

		will provide an opportunity for more in-depth exploration of the movements, including principles of Yin Yang, energy work and related theories. Please wear loose, comfortable clothing and flat-soled shoes; be prepared for an enjoyable and thought-provoking session. This class is open to all experience levels. Fans will be available .		
11	Eating Etiquettes in China (presented by Kai Zeng)	There are many differences between eating etiquettes in China and in the US. Are there anything shocking to you?	3:00 pm- 4:30pm Wednesday Nov.8, 2017	Room 114 Bartlett Hall
12	Taichi Fan II (presented by Jing Zhao)	The Tai Chi Fan Form is another sequence of Tai Chi movements that promotes wellbeing and brings awareness to our own internal resilience. The series will begin with instruction in the exercises of the form. Subsequent classes during the series will provide an opportunity for more in-depth exploration of the movements, including principles of Yin Yang, energy work and related theories. Please wear loose, comfortable clothing and flat-soled shoes; be prepared for an enjoyable and thought-provoking session. This class is open to all experience levels. Fans will be available .	3:00 pm- 4:30pm Wednesday Nov.22, 2017	Room 114 Bartlett Hall
13	(optional)		3:00 pm- 4:30pm Wednesday Dec.6, 2017	