

Montgomery Focus- Chinese Taichi Fan

On Oct 25, 2017, the fourth lecture of Montgomery Focus on Chinese Culture was held on CIT Montgomery Campus in Bartlett Hall in the Fall Season with the title “Chinese Taichi Fan”. Ms. Wei Yu briefly introduced the history of fan in China, and the types of fan by watching the related videos. And then she mentioned that Taichi Fan has been popular with ordinary people in China and worldwide as a warm-up exercise. Afterwards, Ms. Wei Yu demonstrated the Taichi Fan dance step by step. The participants all followed the motions with great effort, and felt the particular charm of body-building. At last, they showed their great interest in Taichi Fan and hoped to practice it again in the future.

