

Montgomery Focus – the Workshop of

Hotpot in China

On April. 4, 2018, the sixth workshop of the Chinese Culture Club at the Confucius Institute at Troy University (CIT) Montgomery campus was held in Bartlett Hall with the title of *Hotpot in China*.

Firstly, Ms. Kai Zeng introduced Chinese hotpot, also known as Chinese fondue, is one of the most popular meals in China. It consists of a simmering metal pot with broth at the center of a table, and all raw ingredients placed beside the metal pot, so people can add and cook whatever they like in the broth. From her introduction, the audience learnt that there are several varieties of hot pot in China with differently flavored broth. Two of the most popular hotpots are Sichuan hotpot and Beijing mutton hotpot. Some other popular hotpots include seafood hotpot in Guangdong, sauerkraut hotpot in Northeast China, chrysanthemum hotpot in Suzhou and Hangzhou, and beef hotpot in Hong Kong.

At last, Ms. Kai Zeng invited the audience to taste the Chinese hotpot made by herself and taught them how to cook hotpot at home. The audience tasted it and enjoyed the great benefit of her introduction of hotpot in China.

