



Date: October 17, 2015
Time: 8:30 A.M.

Registration:
 Pre-Registration ends October 14th
 Race day registration begins at 7:30 a.m.

***A guaranteed ticket to the homecoming game and a t-shirt are included for all pre-registered participants**

For questions please contact:
 Lynsey Madison 334-808-6574
 lamadison@troy.edu
 Robert Mathner 334-670-3811
 rmathner@troy.edu

Age Divisions:
 15-Under, 16-22, 23-29, 30-36,
 37-43, 44-50, 50-Up

Course Description: A scenic route through the Historic district of Troy with a fun finish at the downtown square.

Pricing:
 Pre-Registration \$20 (\$25 on Race Day)
 Troy Staff \$15 (\$20 on Race Day)
 Students \$12 (\$20 on Race Day)
 Military, Fire & Rescue, Police \$15 (\$20 on Race Day)
Must bring a valid ID on race day

Checks made payable to Troy University HSTM

The race will be chip timed by Montgomery Multisport. Registration and packet pick up will be available in front of Sartain Hall on October 16, 2015 from 3:00 p.m. to 6:00 p.m. Snacks and refreshments will be available to all runners before and after the race. Awards will be given to the top male and female of each age division and the overall top three times. The awards ceremony will begin immediately following the completion of the 5K. All proceeds will benefit Campus Kitchens Project at Troy University, a national organization that empowers student volunteers to fight hunger in their community.

Participant Information				
Last Name:		First Name:		Male Female
T-shirt Size:		Select if Applicable		Age (As of 10/17/15)
Youth:	Small	Medium	Large	Military/F&R/Police Troy Staff Student
Adult:	Small	Medium	Large	
	X-Large	XX-Large		
Street Address:				
City:		State:	Zip Code:	
Email Address:				
Student Referral:				

WAIVER: Must be signed and dated below	
<p>Release Form: I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and participate unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, in good health, and properly trained. I agree to abide by any decision of race officials relative to my ability to participate in this event. I assume all risks associated with running the Nick Costes 5K, including but not limited to: falls, contact with other participants, the effects of weather including high heat and/or humidity, and traffic conditions of the road. All such risks are known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Troy University, the city of Troy and all sponsors, and their representatives/successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I give permission for the use of my name and all likeness in any broadcast, telecast, or publication of this event, including any print promotion in subsequent years. All entries are final with no refunds. Race held in rain or shine.</p>	
Participant Signature:	Date:
Parent Signature (If runner is under 18)	Date: