# My Degree Map

College of Health and Human Services Approved Academic Plan

Athletic Training Major - Program Year 2014-2015

## 1st YEAR

<table>
<thead>
<tr>
<th>FALL SEMESTER</th>
<th>HRS</th>
<th>SPRING SEMESTER</th>
<th>HRS</th>
<th>SUMMER SEMESTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Troy 1101 University Orientation</td>
<td>1</td>
<td>ENG 1102/04 Comp/Mod English II</td>
<td>3</td>
<td>SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN</td>
</tr>
<tr>
<td>ENG 1101/03 Comp/Mod English I</td>
<td>3</td>
<td>CHM 1142/lab Gen Chem I/lab</td>
<td>3/1</td>
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</tr>
<tr>
<td>MTH 1112 Pre-Calculus Algebra</td>
<td>3</td>
<td>COM 2241 Fundamentals Speech</td>
<td>3</td>
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</tr>
<tr>
<td>BIO 1100/lab Prin Biology/lab</td>
<td>3/1</td>
<td>PHI 2204 Ethics and Mod World</td>
<td>3</td>
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<tr>
<td>AT 1101 Orientation AT Education</td>
<td>1</td>
<td>NSG 1105 Medical Terminology</td>
<td>1</td>
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<tr>
<td>AREA IV, Grp 2 course option (PSY 2200 Recommended)</td>
<td>3</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td>15</td>
<td><strong>TOTAL</strong></td>
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## 2nd YEAR

<table>
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<tr>
<th>FALL SEMESTER</th>
<th>HRS</th>
<th>SPRING SEMESTER</th>
<th>HRS</th>
<th>SUMMER SEMESTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO 3347/lab Human A &amp; P I/lab</td>
<td>3/1</td>
<td>AT 2201 Clinical Experiences I</td>
<td>1</td>
<td>SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN</td>
</tr>
<tr>
<td>BIO 3348/lab Human A &amp; P II/lab or AREA II, Grp 3 lit course (ENG 2205 Recommended)</td>
<td>4-3</td>
<td>AT 3395/lab Care/Prevent Ath Inj/Illness</td>
<td>3/1</td>
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<tr>
<td></td>
<td></td>
<td>AT 3396/lab Eval Ath Injuries/Illnesses I</td>
<td>3/1</td>
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</tr>
<tr>
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<td>Hist crase from AREA IV (HIS 1101/1111 Recommended)</td>
<td>3</td>
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<tr>
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<td>AREA II, Grp 3 lit course (ENG 2205 Recommended) OR BIO 3348/lab Human A &amp; P II/lab</td>
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<td><strong>TOTAL</strong></td>
<td>7-8</td>
<td><strong>TOTAL</strong></td>
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## 3rd YEAR

<table>
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<tr>
<th>FALL SEMESTER</th>
<th>HRS</th>
<th>SPRING SEMESTER</th>
<th>HRS</th>
<th>SUMMER SEMESTER</th>
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<tbody>
<tr>
<td>AT 2202 Clinical Experiences II</td>
<td>1</td>
<td>NSG 3315 Pathophysiology</td>
<td>3</td>
<td>SELECT COURSES THAT HAVE NOT BEEN COMPLETED FROM PREVIOUS 2 SEMESTERS OR COURSES SUCH AS PREREQUISITE COURSES OR COURSES TO BE RETAKEN</td>
</tr>
<tr>
<td>AT 3397/lab Eval Ath Injuries/Illnesses II</td>
<td>3/1</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>IS 2241 Computer Concepts/Applications</td>
<td>3</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>AT 3398 Organ/Admin Athletic Trainers</td>
<td>3</td>
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<tr>
<td>KHP 2211 Human Nutrition</td>
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<td></td>
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<tr>
<td>AT 3399 Gen Medical Condition Seminar</td>
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<td><strong>TOTAL</strong></td>
<td>17</td>
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## 4th YEAR

<table>
<thead>
<tr>
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<th>HRS</th>
<th>SPRING SEMESTER</th>
<th>HRS</th>
<th>SUMMER SEMESTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>AT 3301 Clinical Experiences III</td>
<td>2</td>
<td>AT 3302 Clinical Experiences IV</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>AT 4447/lab Therapeutic Modalities/lab</td>
<td>3/1</td>
<td>AT 4448/lab Therapeutic Exercise/lab</td>
<td>3/1</td>
<td></td>
</tr>
<tr>
<td>KHP 3352 Kine/Efficiency Human Move</td>
<td>3</td>
<td>KHP 3315 Comp &amp; Alternative Therapies</td>
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<tr>
<td>ART 1133 or MUS 1131 or DRA 2200</td>
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<td>KHP 4474/lab Exercise Physiology/lab</td>
<td>3/1</td>
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<tr>
<td>AREA IV, Grp 2 course option (HIS 1102 or 1112 Recommended to complete sequence in history)</td>
<td>3</td>
<td>AT 3394 Lifting Tech Cond/Rehab Exer</td>
<td>1</td>
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</tr>
<tr>
<td></td>
<td></td>
<td>ART 1133 or MUS 1131 or DRA 2200</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>14</td>
<td><strong>TOTAL</strong></td>
<td>15</td>
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## 5th YEAR

<table>
<thead>
<tr>
<th>FALL SEMESTER</th>
<th>HRS</th>
<th>SPRING SEMESTER</th>
<th>HRS</th>
<th>SUMMER SEMESTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>AT 4401 Clinical Experiences V</td>
<td>3</td>
<td>AT 4402 Athletic Training Field Exper</td>
<td>12</td>
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<tr>
<td>NSG 3309 Health Assessment</td>
<td>2</td>
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<tr>
<td>NSG 3310 Health Assessment Practicum</td>
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<td></td>
<td></td>
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<tr>
<td>KHP 3350 Psychology of Wellness</td>
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<td>AREA IV, Group 2 course option</td>
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<td></td>
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<tr>
<td><strong>TOTAL</strong></td>
<td>12</td>
<td><strong>TOTAL</strong></td>
<td>12</td>
<td></td>
</tr>
</tbody>
</table>

**TOTAL HOURS 125**

* Every reasonable attempt to ensure accuracy has been made. Some courses (such as developmental or pre-requisite courses) are not reflected in this degree map. Completion of degree requirements is based on the specific catalog year for each student. A minimum of 120 hours is required for all baccalaureate degree programs. At least 50% of required coursework must be earned at a senior institution. At least 25% of the credit hours required for the degree must be completed in residency with Troy University. At least 12 semester hours of residency must be completed in each major field(s) of study. A minimum GPA of 2.0 overall and in the major is required to graduate. NOTE: Please consult the College of Health & Human Services or current catalog for other requirements not covered in this document.*
A. AREA I:

Minimum Grade of ‘C’ required
ENG-1101 Comp and Modern English I 3 hours
ENG-1102 Comp and Modern English II 3 hours

B. AREA II:

Group 1: Take COM 2241 Fundamentals of Speech 3 hours
Group 2: Take PHI 2204 Ethics and the Modern World
Group 3: Select two courses from ART 1133*, MUS 1131* or DRA 2200 4 hours
Group 4: Take three semester hours from the following:
ENG 2205*, ENG 2206*, ENG 2211, ENG 2212, ENG 2244, ENG 2245

C. AREA III:

Take the following courses:
Take BIO 1100/L100 General Biology w/Lab 3/1 hours
Take MTH 1112 Pre-Calculus Algebra 3 hours
CHM 1142/L142 General Chemistry I w/Lab 3/1 hours

D. AREA IV:

Group 1: Take three semester hours from the following:
HIS 1101, HIS 1102, HIS 1111, HIS 1112, HIS 1122 or HIS 1123
Group 2: Take nine semester hours from the following:
ANT 2200, ECO 2251, ECO 2252, GEO 2210, HIS 1101, HIS 1102, HIS 1111, HIS 1112, HIS 1122, HIS 1123, IDS 2200, LDR 1100, POL 2260, POL 2241, PSY 2200, PSY 2210, OR SOC 2275

E. AREA V:

Take the following courses:
IS 2241 Computer Concepts & Applications 3 hours
TROY 1101 University Orientation 1 hour
### ATHLETIC TRAINING PROGRAM

(79 HOURS)

**Take the following courses:**

**Minimum 3.0 GPA Required**

The following courses must be taken in a particular sequence:

Consult adviser or department for more information.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>AT 1101</td>
<td>Orientation to Athletic Training</td>
<td>1</td>
</tr>
<tr>
<td>AT 2201</td>
<td>Clinical Experiences in Athletic Training I</td>
<td>1</td>
</tr>
<tr>
<td>AT 2202</td>
<td>Clinical Experiences in Athletic Training II</td>
<td>1</td>
</tr>
<tr>
<td>AT 3301</td>
<td>Clinical Experiences in Athletic Training III</td>
<td>2</td>
</tr>
<tr>
<td>AT 3302</td>
<td>Clinical Experiences in Athletic Training IV</td>
<td>2</td>
</tr>
<tr>
<td>AT 3394</td>
<td>Lifting Techniques for Conditioning &amp; Rehabilitative Exercise</td>
<td>1</td>
</tr>
<tr>
<td>AT 3395/L395</td>
<td>Care &amp; Prevention of Athletic Injuries &amp; Illnesses I w/Lab</td>
<td>3/1</td>
</tr>
<tr>
<td>AT 3396/L396</td>
<td>Evaluation of Athletic Injuries &amp; Illnesses I w/Lab</td>
<td>3/1</td>
</tr>
<tr>
<td>AT 3397/L397</td>
<td>Evaluation of Athletic Injuries &amp; Illnesses II w/Lab</td>
<td>3/1</td>
</tr>
<tr>
<td>AT 3398</td>
<td>Organization &amp; Administration for Athletic Trainers</td>
<td>3</td>
</tr>
<tr>
<td>AT 3399</td>
<td>General Medical Conditions Seminar</td>
<td>3</td>
</tr>
<tr>
<td>AT 4401</td>
<td>Clinical Experiences in Athletic Training V</td>
<td>3</td>
</tr>
<tr>
<td>AT 4402</td>
<td>Athletic Training Field Experience</td>
<td>12</td>
</tr>
<tr>
<td>AT 4447/L447</td>
<td>Therapeutic Modalities w/Lab</td>
<td>3/1</td>
</tr>
<tr>
<td>AT 4448/L448</td>
<td>Therapeutic Exercises w/Lab</td>
<td>3/1</td>
</tr>
<tr>
<td>BIO 3347/L347</td>
<td>Human Anatomy &amp; Physiology I w/Lab</td>
<td>3/1</td>
</tr>
<tr>
<td>BIO 3348/L348</td>
<td>Human Anatomy &amp; Physiology II w/Lab</td>
<td>3/1</td>
</tr>
<tr>
<td>KHP 3315</td>
<td>Complementary &amp; Alternative Therapies</td>
<td>2</td>
</tr>
<tr>
<td>KHP 3350</td>
<td>Psychology of Wellness &amp; Performance</td>
<td>3</td>
</tr>
<tr>
<td>KHP 3352</td>
<td>Kinesiology &amp; Efficiency of Human Movement</td>
<td>3</td>
</tr>
<tr>
<td>KHP 4474/L474</td>
<td>Exercise Physiology w/Lab</td>
<td>3/1</td>
</tr>
<tr>
<td>NSG 1105</td>
<td>Medical Terminology</td>
<td>1</td>
</tr>
<tr>
<td>KHP 2211</td>
<td>Human Nutrition</td>
<td>3</td>
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<tr>
<td>NSG 3309</td>
<td>Health Assessment</td>
<td>2</td>
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<tr>
<td>NSG 3310</td>
<td>Health Assessment Practicum</td>
<td>1</td>
</tr>
<tr>
<td>NSG 3315</td>
<td>Pathophysiology</td>
<td>3</td>
</tr>
</tbody>
</table>

My Degree Map serves as a guide to assist you with the proper sequence and selection of courses. It does not replace your Program Evaluation (available through Trojan Web Express), which depicts the official document used to clear students for graduation. My Degree Map includes the required coursework and suggested sequence of courses for a particular degree program. Every reasonable attempt has been made to ensure accuracy of content. Please keep in mind that some courses, such as developmental or pre-requisite courses, are not reflected in My Degree Map. Completion of degree requirements is based on the specific catalog year under which you were admitted to TROY. Please consult the college catalog, your academic advisor, your specific school, department, or your Program Evaluation for any additional requirements.